

Powerful You!

THE JOURNEY FROM THINKING TO
BEHAVING

the
Bolder
company

theboldercompany.com



Three things on our journey:

- ❖ You & You
- ❖ You in Your Body
- ❖ You & Others

❖ BONUS!

Be yourself,
everyone else
is already taken.

IAMFEARLESSSOUL.COM
-OSCAR WILDE

What does it mean to show up as a **powerful version** of yourself?

“Connecting with your strengths & capabilities & trusting them. Competent, able, confident.”

In Chat

- ▶ Where are the places you feel MOST comfortable being yourself?
- ▶ Where (and with whom) do you know you lose power?
- ▶ Why does it MATTER to YOU to develop strategies to show up with more personal power?



Body

Face

Posture

Stance

B

O

Lighten

Up!

Own It

Your intelligence

Your expertise

Your personality

L

D

Deliver

Confidence

Presence





Christian Mazza

Vjerran Pavic

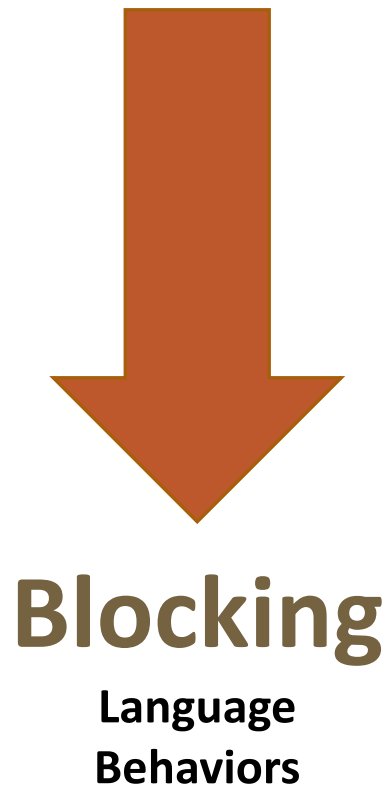


MacBook Pro



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- ❖ What did you observe about our behaviors in the No, Because round? How did that affect our results?
 - ❖ What did you observe about our behaviors in the Yes, BUT round? What did that result in?
 - ❖ What did you observe about our behaviors in the Yes, And round?

Building & Blocking Personal Power





Fake it until
you make it

Where Can You Make the First Move?

- ❖ You & You (personal power convo)
- ❖ You in Your Body (in person or virtually)
- ❖ You & Others (language and behaviors that build or block)



**PRACTICE
ISN'T THE THING YOU DO
ONCE YOU'RE GOOD.
IT'S THE THING YOU DO
THAT MAKES YOU GOOD.**

Malcolm Gladwell

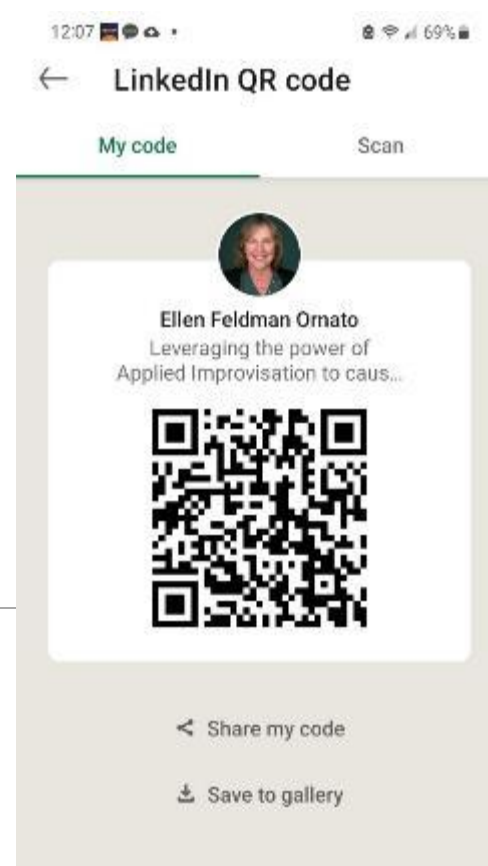
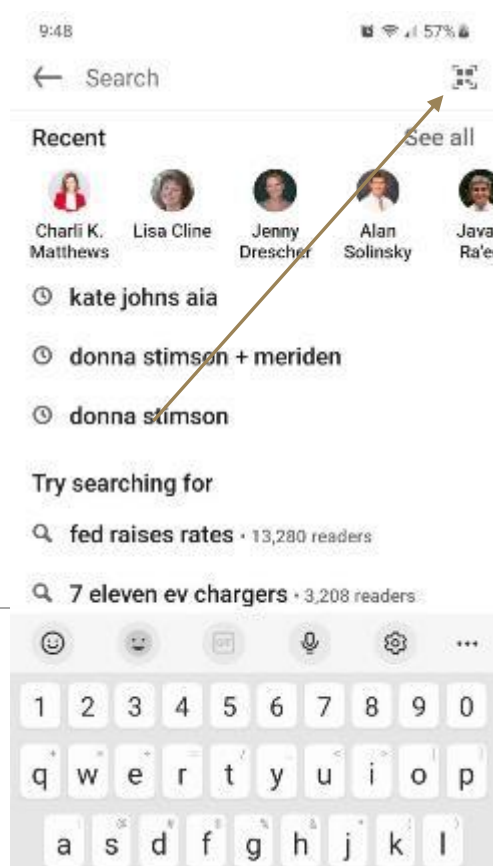


Malcolm Gladwell is the author of five New York Times bestsellers – The Tipping Point, Blink, Outliers, What the Dog Saw, and David and Goliath

POLL: Which part of this session has been the most valuable?



BONUS LinkedIn Makes it Simple



Upcoming Bolder & WiM Events:

WiM Summit – October 2024

WiM Winter Leadership Conference – January 2025

Thank You!

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