

My "Ideal Mentor" Profile Worksheet

Consider your current role. What are the areas you should continue to develop to ensure you are as effective as possible? What knowledge and behaviors will make you successful in this role? Identify strengths and skill gaps. (TIP: Use a SWOT analysis worksheet)

Consider your next role (and ultimate career goal). What are the areas in which you should focus to develop new skills, enhance your skills, leverage your existing strengths? Ask yourself, what experiences, competencies, and knowledge would someone successful in this role have?

I would prefer my mentoring relationship include a structured schedule and agenda OR a semi-structured/semi-flexible schedule and agenda OR a flexible schedule and agenda.

My Ideal Mentor will have strengths in . . .

My Ideal Mentor will have knowledge of . . .

My Ideal Mentor will have access to groups/experiences/resources . . .

Mentor Elevator Pitch: I am looking for a mentor to help in my professional development of (skills, competencies) . . . they will have (strengths, knowledge, experience) . . . to help me reach my goal(s) of (skills, role). (Tip: Be open to someone who doesn't fit the criteria)