



## Frequently Asked Questions

### **How do I register for The HERizon 5K?**

Registration is \$45 and is available through the HERizon 5k [official race page](#);

If you are attending [WiM SUMMIT 2023](#), you may sign up and submit payment for HERizon 5k as an add-on activity to your SUMMIT registration; however, you must still register through the official race page.

After paying on the SUMMIT page, you'll receive a promo code to enter into the HERizon 5k race page where you will sign the waiver and will have opportunities to fundraise and to join/form teams.

All registrants are required to sign waivers to participate in the race.

### **What if I am not attending the SUMMIT but would like to run in the 5K?**

The HERizon 5K is open to the public and to guests of SUMMIT or WiM Hall of Fame attendees, simply register and pay at the HERizon [official race page](#).

### **How do I create a team?**

All teams must be created on the [HERizon 5K website](#).

Check the YES box on the registration page when asked if you want to create or join a team. Select the Create a New Team tab.

Enter a team name.

You are not required to set a password for your group, however if you do, you must share the password with your intended teammates so they can access the team page.

Individuals can select to join your team as they complete their registration by selecting the team's name from the drop-down tab.

Teams must include a minimum of 2 racers.

### **What if I registered as an individual and want to join a team or want to create a new team?**

From the home page of the [HERizon 5k website](#), select Teams from the top menu of the.

Individuals can search for the team's name and select to join. They will be routed to the registration page where they can sign in and add themselves to that team from the drop-down menu.

Similarly, individuals can select the Create a Group/Team button and follow the prompts to create the new team.

### **How many awards will be given?**

Top 10 finishers will receive a medal.

Top individual and team fundraisers will receive an achievement award.

The first 150 registered racers will receive a limited edition 2023 HERizon 5k t-shirt

**Where does the race start / finish?**

The race steps off just outside of the [Hilton San Diego Bayfront](#) hotel, the site of WiM's 2023 SUMMIT, and ends at the same location. The hotel is located at 1 Park Blvd, San Diego, CA 92101.

**What can I expect from the race course?**

The course is planned and managed by Fit City; a woman-owned business based in San Diego. The race begins and ends just steps from the Hilton San Diego Bayfront hotel and follows a relatively flat (20ft elevation gain) out-and-back course along a wide path with gorgeous views of the water.

The course includes public restrooms, and water fountains and will be clearly marked with directional signage.

There are minimal street crossings which will be monitored by local law enforcement to ensure safe crossings.

**Where can I pick up my race packet?**

You can pick up your runner packet including t-shirt and bib, at the WiM Education Foundation / HERizon 5k booth during SUMMIT.

Packet pickup will also be available starting at 6:00 am on race day.

**Can an individual register at Packet Pick-Up and/or Day of Race?**

Yes, individual runners NOT running with a registered team, may sign up at both Packet Pick-Up on Day of Race.

Fee will be \$65 with no guarantee of a race t-shirt.

**Is there a virtual option to participate?**

The HERizon 5K is a fundraiser in support of the [Women in Manufacturing Education Foundation](#) (WiMEF) with proceeds from registration funding WiMEF's programs.

Virtual attendees are able to register individually or with a team to show their support, simply follow the same registration as described for SUMMIT attendees.

If you are one of the first 150 registered racers, you will receive your race t-shirt in the mail based on address provided in your registration.

**I am a SUMMIT attendee but do not want to race. How can I support the event?**

Non-racers can donate on the [HERizon 5k website](#) by selecting the Donate button.

Indicate the amount of the donation and direct WiMEF on how to acknowledge the support by entering a name, choosing to remain anonymous, or selecting "Other."

Donations can be directed to a fundraising team or individual by selecting the name of the registered fundraiser from the search area.

We also need race day volunteers! Contact Julianne Radish if interested at [jradish@womeninmfg.org](mailto:jradish@womeninmfg.org).

**Who can be a 5k Fundraiser and what do they do to raise funds?**

The HERizon 5K allows individuals and teams to fundraise independently with their own donation page. Fundraisers can track their progress and compete to raise the most funds with all proceeds benefiting the [WiMEF](#).

Fundraisers/Team Fundraisers will receive and share a custom URL that links to a unique webpage specifically for them to collect donations to help them reach their goals.

Funds raised go to the WiMEF - our non-profit that is working to increase the number of women in leadership roles and inspire the next generation of women in manufacturing.

Fundraisers can ask for donations to their page, or raise money in another way (e.g. host a bake sale, lemonade stand, rummage sale, [wine wall](#), or [other simple fundraiser](#)) with proceeds supporting the Fundraiser's race goal.

**How do I become an individual or team Fundraiser?**

Select Become a Fundraiser from the left side menu on the [HERizon 5K website](#).

For individual racers, complete the individual fundraiser information at the top of the page and set a fundraising goal.

Team fundraisers complete the Team information section at the bottom of the page.

Create a custom fundraising URL to share as a direct link to your fundraising page.

The Fundraiser option is also available upon initial race registration.

**Is there a fundraising minimum?**

There is no minimum, but we encourage participants to raise funds to support our programs.

Registration fees help offset some of the expenses associated with making The HERizon 5K a success, but fundraising is essential for the WIMEF to continue to develop, support and provide affordable educational and leadership programs for women in the manufacturing industry to lead and succeed in a predominantly male dominated industry.

**What are your contingency plans for bad weather?**

Rain— The event will NOT be cancelled due to rain alone unless the downpour is such that athletes, police, and volunteers lose visibility making situations unsafe. If this occurs, we will wait until the rain subsides and follow the same procedure listed for lightning conditions (minus the 30-minute rule).

Lightning – In the event of lightning the race will be postponed by 30 minutes every time lightning is spotted and thunder is heard within 6 miles of the event.

Tornado Warning – If at any time before (close to race start) or during the event, a tornado warning is issued, the race will be cancelled.

On Course Cancellation – If the race is canceled due to storms (lightning and/or excessive rain) or tornado warnings while it is in progress, we will do everything in our power to alert everyone on the course. Those that are on course without means of rescue should seek immediate shelter via open stores, buildings, garages, homes and/or any other means of protection from the dangerous conditions.

**Can I be issued a refund in the event I cannot attend the race or event cancellation?**

As this is a charitable event, NO REFUNDS will be issued for any reason.