## Waushara County, Wisconsin

### **Opioid Addiction Resource Guide**



"Addiction has no boundaries. It's a disease, but it's a treatable disease."



# In the event of an overdose or life-threatening medical emergency, CALL 9-1-1!!!!

#### **Hotlines and Helplines**

Waushara County Health Dept Crisis Line 24/7: 920.787.3321

Healthy Minds Opioid Rehab Wisconsin Wautoma Helpline 24/7: 920.260.3331

National Suicide Hotline: 988

2-1-1 and First Call for Help Hotline: 24/7 Call 211, 1.866.211.33380 or text your zip code to 898211

Online at www.211now.org

Partnership to End Addiction Hotline: Text CONNECT to 55753 https://drugfree.org

**SAMHSA Helpline**: 1.800.662.4357 (HELP)

Crisis Text Line (TEXT) Text the word 'LIFE' to 741741

LGBTQ Teen/Young Adult Crisis Line (Trevor Project): 1.866.488.7386 / Text to 678 678 or chat online

Veterans Crisis Line: 1.800.273.8255 Heroin Hopeline: 1.877.695.NEED (6333) WISHOPE: 1.844.WIS.HOPE or www.wishope.org

### **Detox / Inpatient Programs**

**North Central Health Care Inpatient Hospital:** 

1100 Lake View Dr, Wausau

715.845.4326

#### **Koinonia Residential Treatment Center:**

1991 Winnebago St, Rhinelander **715.362.5745** 

**Tomorrow's Children Inpatient Residential Care:** 

N3066 Tomorrow's Lane, Waupaca **715.258.1440** (Child/Adolescent)



#### **Opioid Treatment Programs: Outpatient / Recovery**

**Waushara County Health Services:** 

230 W Park, Wautoma **920.787.6590** 

Family Health/LaClinica:

400 S. Townline Rd, Wautoma **920.787.5514** 

**Center for Human Development:** 

1509 N. 4th St, Tomahawk 631 Forest St, Wausau **715.842.0944 or 1.800.236.3792** 

**North Central Health Care Outpatient Services:** 

1100 LakeView Drive, Wausau **715.848.4600** 

Wausau Comprehensive Treatment Center:

210 Washington St, Wausau **877.612.1053** 

Northwest Journey (Youth):

5655 N. 28th, Wausau **715.675.5454** 



### Peer Support / Counseling



Call NA at 1.866.801.6621 for meeting options

Readjustment Counseling for War Zone Vets

605 S 24th, Wausau

715.842.1724 (Free to Veterans)

Peer Recovery Center:
205 E Main St, Wautoma
920.787.9095
Facebook Page is
https://www.facebook.com/Waushar
aShines



**Naloxone** is a prescription medicine used for the treatment of a known or suspected opioid overdose emergency with signs of breathing problems and severe sleepiness or not being able to respond. Emergency Narcan is easy to administer. It is also available at certain locations without a prescription.

https://www.narcan.com/patients/how-to-use-narcan. Steps for the rescuer:

- 1. *Call 911:* Tell the operator if the person experiencing the overdose has stopped or slowed breathing.
- 2. Give Naloxone
  - a. Remove any objects from the mouth of the person experiencing the overdose.
  - b. Start rescue breathing: tilt head back, lift chin, pinch nose with other hand, give one breath every five seconds. Continue this for 30 seconds.
  - c. Give naloxone again after 2-3 minutes if there is still no response. More than one dose is sometimes needed.
- 3. **Lay person on side:** Lay the person on their side to prevent choking. Keep the person awake and breathing.
- 4. **Stay until help arrives:** Stay with the person experiencing the overdose until emergency workers arrive.

#### Where to get Naloxone (Narcan)

Waushara County Human Services: 230 W Park, Wautoma 920.787.6618 (Narcan Direct Agency)

#### **Needle Exchange Program**

AIDS Resource Center of Wisconsin 1105 Grand Ave, Schofield **715.355.6867** 



### **Safe Disposal of Unused Medication**



**Waushara County Medication Drop-Off Locations** 

Wautoma City Hall, 210 E Main, Wautoma

Waushara County Sheriff's Dept, 430 E. Division St, Wautoma

Redgranite Village Hall, 161 Dearborn St, Redgranite

Wild Rose Village Hall, 500 Main St, Wild Rose

#### **Educational Resources and Information**

Waushara County REACH (Recognize, Educate, Activate, Community Health):

https://www.co.waushara.wi.us/pView.aspx?id=13405 For more information contact Mary LaBlanc at **920-787-6600** or email: MaryKay.LaBlanc@co.waushara.wi.us

#### Waushara County Health Improvement Plan:

https://waushara.municipalcms.com/files/documents/document1723011711022018.pdf

Partnership to End Addiction

Text CONNECT to 55753 https://drugfree.org

**Poison Control:** 1.800.222.1222

**SAMHSA:** 1.800.662.HELP (4357)

Dose of Reality

https://doseofrealitywi.gov/

**Healthy Wisconsin Opioid Education** 

https://www.dhs.wisconsin.gov/healthywi/opioids.htm

Wisconsin Addiction Recovery

https://211wisconsin.communityos.org/addiction-helpline

Centers for Disease Control: Opioids

https://www.cdc.gov/rxawareness/

National Institute on Drug Abuse

https://www.drugabuse.gov/drug-topics/opioids

Trevor Project: 1.866.488.7386

Text START to 678 678 or Chat Online

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