Washburn County, Wisconsin Opioid Addiction Resource Guide



"Addiction has no boundaries. It's a disease, but it's a treatable disease."

In the event of an overdose or life-threatening medical emergency, CALL 9-1-1!!!!

Hotlines and Helplines

2-1-1 and First Call for Help Hotline: 24/7 Call 211, 1.866.211.33380 or text your zip code to 898211 Online at www.211now.org Washburn County Mental Health Crisis Line 24/7: 1.888.860.0373 Partnership to End Addiction Hotline: Text CONNECT to 55753 https://drugfree.org SAMHSA Helpline: 1.800.662.4357 (HELP) National Suicide Prevention Lifeline: 988 Crisis Text Line (TEXT) Text the word 'LIFE' to 741741 LGBTQ Teen/Young Adult Crisis Line (Trevor Project): 1.866.488.7386 / Text to 678 678 or chat online Veterans Crisis Line: 1.800.273.8255 Heroin Hopeline: 1.877.695.NEED (6333) WISHOPE: 1.844.WIS.HOPE or www.wishope.org

Detox / Inpatient Programs

Arbor Place: 4076 Kothlow Ave, Menomonie **715.235.4537**

Libertas LE Phillips Treatment Center 2661 Cty Hwy I, Chippewa Falls 715.723.5585

Burkwood Treatment Center: 615 Old Mill Rd, Hudson 855.408.9915



Residential / Transitional Housing:

Butterfly House (Women Only) 336 N Washington St, St Croix Falls 715.417.1216

Onyx Sober Living (Men Only) Houses in New Richmond, Amery and Menomonie 715.245.1275

Monarch House Peer Run Respite: (Short Term) 820 Broadway, Menomonie 715.505.5641

Opioid Treatment Programs: Outpatient / Recovery

Washburn County Human Services: 304 2nd St, Shell Lake 715.468.4747

Essentia Health Spooner Clinic: 1180 Chandler, Spooner 715.635.2151

Prevea Rice Lake Health Center: 1051 West Ave, Rice Lake 715.717.4582

Programs for Change: Amery Hospital/Clinics 230 Deronda St, Amery 715.268.0060

Northlakes Community Clinic: 15954 Riversedge Dr, Hayward 888.834.4551

Peer Support / Counseling

Narcotics Anonymous Meetings Call 1.800.240.0276

Lake Park Alliance Church: 53 3rd St, Shell Lake Sundays 6pm

Shell Lake Alano Club: 202 6th Ave, Shell Lake Wed 7pm and Fri at 12pm

329 S River #301, Spooner **Sat 6pm**







Whole Life Services: 819 Ash St #150, Spooner 715.6<mark>45.0336</mark>

Aurora Community Counseling: 24248 WI 35, Siren 715.349.7233 or Spooner, 715.635.4858

Callier Clinic LTD: Rice Lake 715.234.5388

Northlake Community Counseling: 600 Shell Creek Rd, Minong 715.466.2201

Soar Services: 246 Industrial Blvd, Shell Lake 715.468.2841 **Naloxone** is a prescription medicine used for the treatment of a known or suspected opioid overdose emergency with signs of breathing problems and severe sleepiness or not being able to respond. Emergency Narcan is easy to administer. It is also available at certain locations without a prescription.

https://www.narcan.com/patients/how-to-use-narcan. Steps for the rescuer:

1. Call 911: Tell the operator if the person experiencing the overdose has stopped or slowed breathing.

2. Give Naloxone

a. Remove any objects from the mouth of the person experiencing the overdose.

- b. Start rescue breathing: tilt head back, lift chin, pinch nose with other hand, give one breath every five seconds. Continue this for 30 seconds.
- c. Give naloxone again after 2-3 minutes if there is still no response. More than one dose is sometimes needed.
- 3. *Lay person on side:* Lay the person on their side to prevent choking. Keep the person awake and breathing.
- 4. Stay until help arrives: Stay with the person experiencing the overdose until emergency workers arrive.



Where to get Naloxone (Narcan)

Washburn County Health Department: 304 2nd St, Shell Lake 715.635.4400

Schmitz's Economart Pharmacy: 700 S River, Spooner 715.635.2836



Safe Disposal of Unused Medication: Drop Off Locations

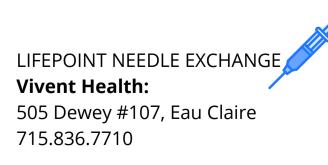
Birchwood Village Hall: 101 N. Main Street, Birchwood, WI 54817 Monday-Thursday 8:00 am – 4:00 pm; Friday 8:00 am – 1:00 pm

Minong Police Department: 123 5th Ave E, Minong, WI 54859 Available 24/7

Spooner Police Department: 221 Elm Street, Spooner, WI 54801 Available 24/7

Washburn County Sheriff's Office:

421 Highway 63, Shell lake, WI 54871 Monday-Friday 8:00 am- 4:30 pm



Educational Resources and Information

Washburn County Mental Health Task force and Community Alliance for Prevention: 715.468.4747

Partnership to End Addiction Text CONNECT to 55753 https://drugfree.org

Poison Control: 1.800.222.1222

SAMHSA: 1.800.662.HELP (4357)

Dose of Reality https://doseofrealitywi.gov/

Healthy Wisconsin Opioid Education https://www.dhs.wisconsin.gov/healthywi/opioids.htm

Wisconsin Addiction Recovery https://211wisconsin.communityos.org/addiction-helpline

Centers for Disease Control: Opioids https://www.cdc.gov/rxawareness/

National Institute on Drug Abuse https://www.drugabuse.gov/drug-topics/opioids

Trevor Project: 1.866.488.7386 Text START to 678 678 or Chat Online

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Mental Health Task Force Washburn County