## Vilas County, Wisconsin Opioid Addiction Resource Guide



"Addiction has no boundaries. It's a disease, but it's a treatable disease."

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#### In the event of an overdose or life-threatening medical emergency, CALL 9-1-1!!!!

### **Hotlines and Helplines**

Northwoods 2-1-1 and First Call for Help Hotline: 24/7 Call 211, or 800.266.0028 Online at www.211now.org Health Department 24/7: 715.478.3331 HOPE Consortium: 844.305.4673 Partnership to End Addiction Hotline: Text CONNECT to 55753 https://drugfree.org SAMHSA Helpline: 1.800.662.4357 (HELP) National Suicide Prevention Lifeline: 988 Crisis Text Line (TEXT) Text the word 'LIFE' to 741741 LGBTQ Teen/Young Adult Crisis Line (Trevor Project): 1.866.488.7386 / Text to 678 678 or chat online Veterans Crisis Line: 1.800.273.8255 Heroin Hopeline: 1.877.695.NEED (6333) WISHOPE: 1.844.WIS.HOPE or www.wishope.org

### **Detox / Inpatient Programs**

Ministry Ascension Behavioral Health: Eagle River, Rhinelander and Woodruff 800.866.8673

Options Counseling/Koinonia Residential Treatment Center: 1991 Winnebago St, Rhinelander 715.362.5745

**Family Health Center of Marshfield, Inc:** 9792 Hwy 70 Minocqua **(Care Coordination, MAT and Outpatient)** 

#### Arbor Place:

4076 Kothlow Ave, Menomonie, WI **715.235.4537** 

#### Burkwood Treatment Center: 615 Old Mill Rd, Hudson, WI 1.866.524.6678



LE Phillips Libertas Treatment Center: 2301 Cty I, Chippewa Falls 715.723.5585

North Central Health Care Center 1100 Lakeview, Wausau 715.536.9482

### **Opioid Treatment Programs: Outpatient / Recovery**

Lac du Flambeau Chippewa Family Resource Center: Native American Services 533 Peace Pipe Rd, Lac du Flambeau 715.478.4370

 Family Health Center of Marshfield, Minocqua Alcohol and Drug Recovery Services

 9792 Hwy 70, Minocqua

 715.358.1208

Cornerstone Psychological Associates, LLC: 315 South Oneida Ave #101, Rhinelander 715.420.1201

Impact Counseling Services LLC: (Day treatment for Children and Adolescents) 158 S Anderson St, Rhinelander 715.362.6390



Marshfield Clinic Minoqua Center: 9601 Townline Rd, Minocqua 715.358.1814

#### **Peer Support / Counseling**

Cornerstone Psycholgical Associates LLC :315 S Oneida Ave #101 Rhinelander 715.420.1201

DLM Consulting, LLC: 415 Menominee St, Minoqua 715.356.5811

Northland Counseling Services: 615 East Wall St, Eagle River **715.479.2600** 

Options Counseling Services: 722 East Wall St, Eagle River 715.477.2875

Transitions Center: 22 N. Pelham, Rhinelander 715.365.6696



#### Narcotics Anonymous Meetings: Vilas County

Woods And Waters NA woodsandwatersna.org 866.310.9077

NAMI Northern Lakes:

715.272.1294 (Peer support groups, Faithnet, and Educational Meetings



**Naloxone** is a prescription medicine used for the treatment of a known or suspected opioid overdose emergency with signs of breathing problems and severe sleepiness or not being able to respond. Emergency Narcan is easy to administer. It is also available at certain locations without a prescription.

https://www.narcan.com/patients/how-to-use-narcan. Steps for the rescuer:

- 1. Call 911: Tell the operator if the person experiencing the overdose has stopped or slowed breathing.
- 2. Give Naloxone
  - a.Remove any objects from the mouth of the person experiencing the overdose.
  - b. Start rescue breathing: tilt head back, lift chin, pinch nose with other hand, give one breath every five seconds. Continue this for 30 seconds.
  - c. Give naloxone again after 2-3 minutes if there is still no response. More than one dose is sometimes needed.
- 3. *Lay person on side:* Lay the person on their side to prevent choking. Keep the person awake and breathing.
- 4. Stay until help arrives: Stay with the person experiencing the overdose until emergency workers arrive.

### Where to get Naloxone (Narcan)

**Peter Christensen Health Care:** 125 Old Abe Rd, Lac Du Flambeau

Pharmacies that Carry Narcan:

Walgreens, 108 W Wall, Eagle River Trigs, 925 E Wall, Eagle River Hometown Pharmacy, 252 Hwy 70, St. Germaine



### Safe Disposal of Unused Medication: Drop Off Locations

Both the Lac du Flambeau Police Department and the Eagle River Police Department collect old and unused prescription and over-the-counter medicines during their normal business hours.



**Needle Exchange Program** 

Life Point Needle Exchange by Vivent Health 1105 Grand Ave #1, Schofield, WI 715.355.6867 or Call 2-1-1 for locations



### **Educational Resources and Information**

*Minobiimaadiziiwin Coalition:* Lac Du Flambeau Band of Lake Superior Chippewa Indians 715.588.4480

**Positive Alternatives Coalition (PAC) for Oneida and Vilas Counties:** 715.588.3324

*Wisconsin Voices for Recovery http://wisconsinvoicesforrecovery.org/* 608.262.9791

**Partnership to End Addiction** Text CONNECT to 55753 https://drugfree.org

Poison Control: 1.800.222.1222

SAMHSA: 1.800.662.HELP (4357)

Dose of Reality https://doseofrealitywi.gov/

Healthy Wisconsin Opioid Education https://www.dhs.wisconsin.gov/healthywi/opioids.htm

#### Wisconsin Addiction Recovery

https://211wisconsin.communityos.org/addiction-helpline

Centers for Disease Control: Opioids

<u>https://www.cdc.gov/rxawareness/</u>

National Institute on Drug Abuse https://www.drugabuse.gov/drug-topics/opioids

**Trevor Project: 1.866.488.7386** Text START to 678 678 or Chat Online

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