## Trempealeau County, Wisconsin

**Opioid Addiction Resource Guide** 



"Addiction has no boundaries. It's a disease, but it's a treatable disease."



In the event of <mark>an overd</mark>ose or life-threatening medical emergency, CALL 9-1-1!!!!

### **Hotlines and Helplines**

Northwest Connections: 888.552.6642 (24/7 Mental Health and AODA Crisis Line) SAMHSA Helpline: 1.800.662.HELP (4357) Addiction Recovery Helpline: 211 or toll free 877.947.2211 or Text zip code to 898211 National Suicide Prevention Lifeline: 988 Crisis Text Line (TEXT) Text the word 'LIFE' to 741741 LGBTQ Teen/Young Adult Crisis Line (Trevor Project): 1.866.488.7386 Veterans Crisis Line: 1.800.273.8255

#### **Detox / Inpatient Programs**

Mayo Clinic Health System, Franciscan Healthcare/Arcadia: 895 Dettloff Dr, Arcadia 608.323.7775

# Tellurian, Inc. LaCrosse CARE Center: 4647 Mormon Coulee Rd, LaCrosse 608.519.3080

Gundersen Lutheran Medical Center (GLMC): 1901 7th St, LaCrosse, WI 608.775.3523

GLMC Unity House (Women) 1312 5th Ave South, LaCrosse, WI 608.775.4718

GLMC Unity House (Men) 1918-1924 Miller St, LaCrosse, WI 608.775.4753



Veterans Affairs Medical Center/Tomah 500 Veterans St, Tomah 608.372.3971

#### Driftless Recovery Services 444 Main St #301, LaCrosse 608.519.5906 Men's residential housing and referrals

Trempealeau County Dept of Human Services: 36245 Main St, Whitehall 715.538.2311 (Assessment/Referrals)

AMS Lacrosse: 9532 East 16 Frontage Rd, Onalaska 608.783.0506

### **Opioid Treatment Programs: Outpatient**

Trempealeau County Dept of Human Services: 36245 Main St, Whitehall 715.538.2311

Clean Slate Outpatient Addiction Medicine: 2635 Hemstock St, LaCrosse, WI 608.406.2250

West Central Wisconsin Behavioral Health: 206 S. Roosevelt Plaza, Black River Falls 715.284.2831

Tomah VAMC: 4000 State Road 16, Valley View Mall Annex LaCrosse, WI 608.787.6411

Gundersen Behavioral Health: 1900 South Ave Lacrosse 123 16th Ave South, Onalaska 608.775.2287 Driftless Recovery Services Addiction Treatment Center: 444 Main St, #301, LaCrosse, WI 608.519.5906

Addiction Medical Solutions (AMS) of Wisconsin: 9532 East 16 Frontage Road, Onalaska, WI 608.783.0506

Trempealeau Health Care Center: W20410 State Road 121, Whitehall 715.538.4312

Recover

#### **Counselors / Peer Support / Meeting Resources**

Narcotics Anonymous Trempealeau County Call 866.801.6621 for information on meetings Meetings in LaCrosse, and Winona, MN are closest

Coulee Council on Addictions: Coulee Recovery Center, 933 Ferry St, LaCrosse 608.784.4177

Johnson Counseling and Consulting: 505 King St Suite 227, LaCrosse 608.796.2710

CESA 4 (School Districts including Trempealeau) 608.786.4838

Krohn Clinic, LTD: 610 S Adams St, Black River Falls 715.284.4311

Innerchange Counseling: 1401 Main St, Onalaska 608.783.2186 VA River Valley Integrated Health Center:1525 Losey Blvd South, LaCrosse608.787.6411(VA Drug Dependency Support Groups)

LGBT Resource Center for the Seven Rivers Region, Inc.230 Sixth St South, LaCrosse608.784.0452(Drug Dependency Support Groups)

### About Naloxone (Narcan) / Emergency Use



**Narcan** is a prescription medicine used for the treatment of a known or suspected opioid overdose emergency with signs of breathing problems and severe sleepiness or not being able to respond. Emergency Narcan is easy to administer. It is also available at certain locations without a prescription. https://www.narcan.com/patients/how-to-use-narcan. **Steps for the rescuer:** 

1. *Call 911:* Tell the operator if the person experiencing the overdose has stopped or slowed breathing.

#### 2. Give Naloxone

- a. Remove any objects from the mouth of the person experiencing the overdose.
- b. Start rescue breathing: tilt head back, lift chin, pinch nose with other hand, give one breath every five seconds. Continue this for 30 seconds.
- c. Give naloxone again after 2-3 minutes if there is still no response. More than one dose is sometimes needed.
- 3. *Lay person on side:* Lay the person on their side to prevent choking. Keep the person awake and breathing.
- 4. **Stay until help arrives:** Stay with the person experiencing the overdose until emergency workers arrive.

#### Where to Get Naloxone (Narcan)

AMS of Wisconsin Onalaska 9532 E 16 Frontage Rd, Onalaska, WI

Gundersen Lutheran Medical Center 1910 South Ave, LaCrosse, WI

LaCrosse County Health Department 300 4th Street N FL 2, LaCrosse, WI

Vivent Health 811 Rose St, LaCrosse, WI

#### PHARMACIES DISPENSING NALOXONE

WalMart: 1133 N Main, Viroqua Walgreens: 517 N. Main, Viroqua Walmart Supercenter, 3107 Market Pl, Onalaska Walgreens, 4415 State Rd 16, LaCrosse CVS, 9400 State Road 16, Onalaska Walgreens, 2626 Rose St, LaCrosse Walgreens, 900 Avenue South, LaCrosse Walgreens, 3909 Mormon Coulee Rd, LaCrosse



### Safe Disposal of Unused Medication: Drop Off Locations

**Trempealeau Police Dept** 24455 3rd St, Trempealeau

**Trempealeau County Sheriff's Dept/Courthouse** 36245 Main St, Whitehall

**Arcadia City Hall** 945 S. Dettloff Dr, Arcadia

Independence City Hall 23688 Adams St, Independence

*Gundersen Tri-County Hospital* 18601 Lincoln St, Whitehall

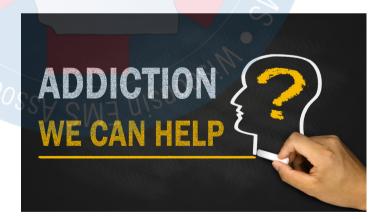
Mayo Health 13025 8th St, Osseo

#### Needle Exchange Program

Lifepoint Needle Exchange Vivent Health 811 Rose Street, LaCrosse, WI 608.785.9866

For Appointments, go to: https://viventhealth.org/requestan-appointment/





#### **Educational Resources and Information**

Alliance To Heal: LaCrosse https://www.alliancetoheal.com/

*Great Rivers 211* http://www.greatrivers211.org/ 211 or 1.800.362.8255

Dose of Reality <u>https://doseofrealitywi.gov/</u>

Healthy Wisconsin Opioid Education https://www.dhs.wisconsin.gov/healthywi/opioids.htm

Wisconsin Addiction Recovery https://211wisconsin.communityos.org/addiction-helpline

Centers for Disease Control: Opioids https://www.cdc.gov/rxawareness/

National Institute on Drug Abuse https://www.drugabuse.gov/drug-topics/opioids

Funding for this project was made possible by the Overdose Data to Action (OD2A) cooperative agreement #6NU17CE925003-02-02 from the Centers for Disease Control and Prevention (CDC). The views expressed do not necessarily reflect the official policies of the Department of Health and Human Services; nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.

