# St. Croix County, Wisconsin

# **Opioid Addiction Resource Guide**



"Addiction has no boundaries. It's a disease, but it's a treatable disease."



# In the event of an overdose or life-threatening medical emergency, CALL 9-1-1!!!!

## **Hotlines and Helplines**

2-1-1 and First Call for Help Hotline: 24/7 Call 211, 1.866.211.33380 or text your zip code to 898211

Online at www.211now.org

St Croix County Behavioral Health Access Line: 715.246.8255

Partnership to End Addiction Hotline: Text CONNECT to 55753 https://drugfree.org

SAMHSA Helpline: 1.800.662.4357 (HELP)
National Suicide Prevention Lifeline: 988

Crisis Text Line (TEXT) Text the word 'LIFE' to 741741

LGBTQ Teen/Young Adult Crisis Line (Trevor Project): 1.866.488.7386 / Text to 678 678 or chat online

Veterans Crisis Line: 1.800.273.8255 Heroin Hopeline: 1.877.695.NEED (6333) WISHOPE: 1.844.WIS.HOPE or www.wishope.org

## **Detox / Inpatient Programs**

#### **Arbor Place:**

4076 Kothlow Ave, Menomonie **715.235.4537** 

#### **Beauterre Recovery Institute:**

2480 South County Rd 45, Owatonna, MN **1.855.211.5869** 

Burkwood Treatment Center:

615 Old Mill Rd, Hudson **855.408.9915** 

#### **Regions Hospital:**

640 Jackson, St Paul MN **561.254.3456** 



## Lakeshore Treatment Center: (Men)

140 Quail St, Mahtomedi, MN

651.429.2311

## Libertas LE Phillips Treatment Center

2661 Cty Hwy I, Chippewa Falls **715.723.5585** 

#### **Adult and Teen Challenge:**

740 E 24th Minneapolis, MN **612.FREEDOM** 

#### The Retreat

1221 Wayzata Blvd E, Wayzata, MN **866.928.3434** 

# **Opioid Treatment Programs: Outpatient / Recovery**

**Eau Claire Comprehensive Treatment Center:** 

3440 Oakwood Hills Pkwy, Eau Claire

715.713.3878

Vahalla Place:

6043 Hudson Rd, Woodbury MN

651.925.8200

Westfield's Hospital and Clinic Program for Change:

535 Hospital Rd, New Richmond

715.243.2900

**Conceptual Counseling:** 

287 East Sixth St #300, St Paul, MN **651.221.0334** 

Peer Support / Counseling

**Narcotics Anonymous Meetings** 

Grounded in Gratitude, Thurs 7p-8:30pm
New Richmond Alano Club

1448 N. 4th St. New Richmond

Call 866.801.6621 for additional info



Free Counseling Center (By Appt)

First Congregational Church 110 North Third, River Falls, WI 715.418.3839

**Regions Hospital ADAP, Regions Clinic** 

640 Jackson St, St Paul, MN

952.967.7992





**ACP Hudson:** 

250<mark>1 Hanley R</mark>d #101, Hudson

612,925,8496

**Addictions and Substance Abuse Counseling:** 

375 Orleans St E, Stillwater, MN

651.430.2720

Juanita McCabe, MS, Private Practice

516 2nd St, Hudson, WI

715.781.5494

**Naloxone** is a prescription medicine used for the treatment of a known or suspected opioid overdose emergency with signs of breathing problems and severe sleepiness or not being able to respond. Emergency Narcan is easy to administer. It is also available at certain locations without a prescription.

https://www.narcan.com/patients/how-to-use-narcan. Steps for the rescuer:

- 1. **Call 911:** Tell the operator if the person experiencing the overdose has stopped or slowed breathing.
- 2. Give Naloxone
  - a. Remove any objects from the mouth of the person experiencing the overdose.
  - b. Start rescue breathing: tilt head back, lift chin, pinch nose with other hand, give one breath every five seconds. Continue this for 30 seconds.
  - c. Give naloxone again after 2-3 minutes if there is still no response. More than one dose is sometimes needed.
- 3. **Lay person on side:** Lay the person on their side to prevent choking. Keep the person awake and breathing.
- 4. **Stay until help arrives:** Stay with the person experiencing the overdose until emergency workers arrive.



# Where to get Naloxone (Narcan)

Vahalla Place:

6043 Hudson Rd #220, Woodbury, MN

651.648.5641

**Pharmacies Dispensing Narcan:** 

https://www.dhs.wisconsin.gov/opioids/naloxonepharmacies.htm

**SSP Clinic:** 

555 Cedar St, St Paul, MN

651.266.1264



# Safe Disposal of Unused Medication: Drop Off Locations

- Baldwin Police Department. 400 Cedar Street. Monday -Friday. ...
- Glenwood City Police Department. 113 West Oak Street. Monday - Friday. ...
- Hudson Police Department. 101 Vine Street.
- New Richmond Police Department. 1443 Campus Drive. ...
- Village of Roberts Police Department. 107 East Maple Street.



LIFEPOINT NEEDLE EXCHANGE **505 Dewey St #107, Eau Claire** 715.836.7710

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### **Educational Resources and Information**

St Croix County Substance Use Disorder Info:

1752 Dorset La, New Richmond

715.246.6991

Partnership to End Addiction

Text CONNECT to 55753 https://drugfree.org

Poison Control: 1.800.222.1222

**SAMHSA:** 1.800.662.HELP (4357)

Dose of Reality

https://doseofrealitywi.gov/

**Healthy Wisconsin Opioid Education** 

https://www.dhs.wisconsin.gov/healthywi/opioids.htm

Wisconsin Addiction Recovery

https://211wisconsin.communityos.org/addiction-helpline

Centers for Disease Control: Opioids

https://www.cdc.gov/rxawareness/

National Institute on Drug Abuse

https://www.drugabuse.gov/drug-topics/opioids

**Trevor Project: 1.866.488.7386**Text START to 678 678 or Chat Online

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