Sheboygan County, Wisconsin

Opioid Addiction Resource Guide



"Addiction has no boundaries. It's a disease, but it's a treatable disease."



In the event of an overdose or life-threatening medical emergency, CALL 9-1-1!!!!

Hotlines and Helplines

2-1-1 and First Call for Help Hotline: 24/7 Call 211, 1.866.211.33380 or text your zip code to 898211

Online at www.211now.org

Sheboygan County 24 hour Crisis Line: 920.459.3151

Partnership to End Addiction Hotline: Text CONNECT to 55753 https://drugfree.org

SAMHSA Helpline: 1.800.662.4357 (HELP)
National Suicide Prevention Lifeline: 988

Crisis Text Line (TEXT) Text the word 'LIFE' to 741741

LGBTQ Teen/Young Adult Crisis Line (Trevor Project): 1.866.488.7386 / Text to 678 678 or chat online

Veterans Crisis Line: 1.800.273.8255 **Heroin Hopeline:** 1.877.695.NEED (6333)

WISHOPE: 1.844.WIS.HOPE or www.wishope.org

Detox / Inpatient Programs/Recovery Houses

Rogers Behavioral Health

1108 S. Wildwood Ave, Sheboygan

888.927.2203

Pathways to a Better Life:

530 State Rd 67, Kiel, WI

920.894.1374

Blandine House (Men)

25 N Park, Fond du Lac

920.922.9487

Beacon House (Women)

166 S Park, Fond du Lac

920.923.3999

Mahala's Hope at Reilly's Ranch of Recovery

N4590 Hwy 45, Eden

920.904.6445

Women's Residential

with Equine Experiential Workshops

Apricity:

Mooring House, 607 W 7th, Appleton (Men)

920.739.3235

Casa Clare, 201 S Glenridge Ct, Appleton (Women)

920.731.3981

Nova Counseling:

3240 Jackson St, Oshkosh

920.231.0143



Opioid Treatment Programs: Outpatient / Recovery

Sheboygan Comprehensive Treatment Center:

2842 S. Business Dr, Sheboygan **(844) 980-2585**

Samaritian's Hand, Inc.:

1714 N. 8th St Suite 4, Sheboygan **920.254.6922**

Sheboygan Health and Human Services:

1011 North 8th St, Sheboygan **920.459.3207**

Clean Slate Outpatient Addiction Medicine:

2707 S. Business Dr, Sheboygan **920.783.0122**



Peer Support / Counseling

Narcotics Anonymous Meetings/ Sheboygan County: Call 888.611.1813 to confirm Meetings

Alternative Solutions: M/W at 7pm

1014 N. 6th St, Sheboygan

Breaking the Chains: Sun 7pm

1014 N. 6th St, Sheboygan

Keep it Spiritually Simple: Thurs 6:30pm

4627 S. 12th St, Sheboygan

Learning to Live Again: Tues 7pm

2908 N. 21st St, Sheboygan

NA Fix: Fridays 7pm

2629 N. 7th Room B, Sheboygan

Counseling

Community Consultants:

1504 New Jersey Ave, Sheboygan

920.447.4545

Nett-Work Family Counseling:

3321 S. 12th St, Sheboygan

920.783.6201

Catholic Charities:

503 Wisconsin Suite 2, Sheboygan

920.458.5726



Naloxone is a prescription medicine used for the treatment of a known or suspected opioid overdose emergency with signs of breathing problems and severe sleepiness or not being able to respond. Emergency Narcan is easy to administer. It is also available at certain locations without a prescription.

https://www.narcan.com/patients/how-to-use-narcan. Steps for the rescuer:

- 1. *Call 911:* Tell the operator if the person experiencing the overdose has stopped or slowed breathing.
- 2. Give Naloxone
 - a. Remove any objects from the mouth of the person experiencing the overdose.
 - b. Start rescue breathing: tilt head back, lift chin, pinch nose with other hand, give one breath every five seconds. Continue this for 30 seconds.
 - c. Give naloxone again after 2-3 minutes if there is still no response. More than one dose is sometimes needed.
- 3. **Lay person on side:** Lay the person on their side to prevent choking. Keep the person awake and breathing.
- 4. **Stay until help arrives:** Stay with the person experiencing the overdose until emergency workers arrive.



Where to get Naloxone (Narcan)

Narcan Box Locations:

WIRCO (Wisconsin Recovery Community Organization): The Bridge Recovery Center, 730 Erie Ave, Sheboygan Days Inn, 600 N Main St, Sheboygan Falls Plymouth Police Department, 128 Smith St, Plymouth The Other Side Gifts, 424 E Mill St, Plymouth Big Apple Bagels, 2619 Calumet Drive, Sheboygan



Safe Disposal of Unused Medication: Drop Off Locations

Elkhart Lake Police Department – 40 Pine St., Elkhart Lake, WI 920-876-2244

Kohler Police Department – 319 Highland Dr., Kohler, WI 920-459-3977

Plymouth Police Department - 128 Smith St., Plymouth, WI 920-893-6541

Sheboygan Police Department – 1315 N. 23rd St., Sheboygan, WI 920-459-3333

Sheboygan Sheriff's Department – 525 N. 6th St., Sheboygan, WI 920-459-3111

Sheboygan Falls Police Department - 375 Buffalo St., Sheboygan Falls, WI 920-467-7902



Needle Exchange Program

Life Point Needle Exchange by Vivent Health Plymouth / Fond du Lac / Sheboygan / Kiel: 2nd Wednesday of each month 11:00am-1:00pm. Call or text what area you are in to 920-619-2270 to schedule an exchange.



Educational Resources and Information

WIRCO Wisconsin Recovery Community Organization

https://wirco.org/

Wisconsin Voices for Recovery

http://wisconsinvoicesforrecovery.org/608.262.9791

Partnership to End Addiction

Text CONNECT to 55753 https://drugfree.org

Poison Control: 1.800.222.1222

SAMHSA: 1.800.662.HELP (4357)

Dose of Reality

https://doseofrealitywi.gov/

Healthy Wisconsin Opioid Education

https://www.dhs.wisconsin.gov/healthywi/opioids.htm

Wisconsin Addiction Recovery

https://211wisconsin.communityos.org/addiction-helpline

Centers for Disease Control: Opioids

https://www.cdc.gov/rxawareness/

National Institute on Drug Abuse

https://www.drugabuse.gov/drug-topics/opioids

Trevor Project: 1.866.488.7386Text START to 678 678 or Chat Online

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