# Polk County, Wisconsin

**Opioid Addiction Resource Guide** 



"Addiction has no boundaries. <mark>It's a disea</mark>se, but it's a treatable disease."

## In the event of an overdose or life-threatening medical emergency, CALL 9-1-1!!!!

### **Hotlines and Helplines**

2-1-1 and First Call for Help Hotline: 24/7 Call 211, 1.866.211.33380 or text your zip code to 898211 Online at www.211now.org Polk County Crisis Line (24/7): 888.552.6642 Partnership to End Addiction Hotline: Text CONNECT to 55753 https://drugfree.org SAMHSA Helpline: 1.800.662.4357 (HELP) National Suicide Prevention Lifeline: 988 Crisis Text Line (TEXT) Text the word 'LIFE' to 741741 LGBTQ Teen/Young Adult Crisis Line (Trevor Project): 1.866.488.7386 / Text to 678 678 or chat online Veterans Crisis Line: 1.800.273.8255 Heroin Hopeline: 1.877.695.NEED (6333) WISHOPE: 1.844.WIS.HOPE or www.wishope.org

# Detox / Inpatient Programs

**Arbor Place:** 4076 Kothlow Ave, Menomonie **715.235.4537** 

Burkwood Treatment Center: 615 Old Mill Rd, Hudson 855.408.9915

D·E·T·O·X

Libertas LE Phillips Treatment Center 2661 Cty Hwy I, Chippewa Falls 715.723.5585

Hazelden Betty Ford Treatment Center: 15251 Pleasant Valley Rd, Center City, MN 866.728.1714

Mom's and Dad's Against Meth of St Croix Falls Women's Sober Living: Butterfly House 336 N Washington, St. Croix Falls 715.417.1216

Health Partners Programs for Change:Amery Hospital/Clinics Behavioral Health225 Scholl Ct, Amery715.268.0070

# **Opioid Treatment Programs: Outpatient / Recovery**

#### **Polk County Behavioral Health Dept** 100 Polk County Plaza, Suite 180, Balsam Lake

715.485.8400

Health Partners Programs for Change Amery Amery Clinic, Behavioral Health Center 230 Deronda St, Amery 715.268.0070

Healing and Wellness: 2163 US 8 Suite 100-4017, St Croix Falls 608.259.1244

Empower Recovery Services: 645 3rd Ave SW, Pine City, MN 320.629.0059

### Peer Support / Counseling

Narcotics Anonymous Meetings Polk County

St. Croix Falls Alano Club 221 S Adams St, Saint Croix Falls Wednesdays at 6pm Fridays at 7pm

Call 866.801.6621





WINGS (Women Initiating New Growth and Self Discovery Group)

Call Polk Co Mental Health Clinic 715.485.8423





#### Counselors

Peace Tree Counseling: 108 Chieftain St, Osceola 715.417.3241

Thoen Counseling Services: 307 N Cascade St, Osceola 612.554.8914

**Family Innovations:** 215 W Main #205, Balsam Lake **715.338.3133** 

Juanita McCabe, MS, Private Practice 516 2nd St, Hudson, WI 715.781.5494 **Naloxone** is a prescription medicine used for the treatment of a known or suspected opioid overdose emergency with signs of breathing problems and severe sleepiness or not being able to respond. Emergency Narcan is easy to administer. It is also available at certain locations without a prescription.

https://www.narcan.com/patients/how-to-use-narcan. Steps for the rescuer:

1. Call 911: Tell the operator if the person experiencing the overdose has stopped or slowed breathing.

2. Give Naloxone

a. Remove any objects from the mouth of the person experiencing the overdose.

- b. Start rescue breathing: tilt head back, lift chin, pinch nose with other hand, give one breath every five seconds. Continue this for 30 seconds.
- c. Give naloxone again after 2-3 minutes if there is still no response. More than one dose is sometimes needed.
- 3. *Lay person on side:* Lay the person on their side to prevent choking. Keep the person awake and breathing.
- 4. Stay until help arrives: Stay with the person experiencing the overdose until emergency workers arrive.

### Where to get Naloxone (Narcan)

#### Chet Johnson Drugs

204 Kellar Ave N, Amery 715.268.8121 **Pharmacies Dispensing Narcan:** 

https://www.dhs.wisconsin.gov/opioids/naloxonepharmacies.htm



**WalMart Super Center** 2212 Glacier Dr, Saint Croix Falls 715,483,1499



# Safe Disposal of Unused Medication: Drop Off Location

#### Polk County Sheriff's Department

1005 W Main Suite 900 Balsam Lake



LIFEPOINT NEEDLE EXCHANGE 505 Dewey St #107, Eau Claire 715.836.7710



### **Educational Resources and Information**

Polk United Healthier Together polkunited.org

**Partnership to End Addiction** Text CONNECT to 55753 https://drugfree.org

Poison Control: 1.800.222.1222

SAMHSA: 1.800.662.HELP (4357)

Dose of Reality https://doseofrealitywi.gov/

Healthy Wisconsin Opioid Education https://www.dhs.wisconsin.gov/healthywi/opioids.htm

Wisconsin Addiction Recovery <u>https://211wisconsin.communityos.org/addiction-helpline</u>

Centers for Disease Control: Opioids https://www.cdc.gov/rxawareness/

National Institute on Drug Abuse https://www.drugabuse.gov/drug-topics/opioids

**Trevor Project: 1.866.488.7386** Text START to 678 678 or Chat Online

Funding for this project was made possible by the Overdose Data to Action (OD2A) cooperative agreement #6NU17CE925003-02-02 from the Centers for Disease Control and Prevention (CDC). The views expressed do not necessarily reflect the official policies of the Department of Health and Human Services; nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.

