

Ozaukee County, Wisconsin

Opioid Addiction Resource Guide



"Addiction has no boundaries. It's a disease, but it's a treatable disease."



In the event of an overdose or life-threatening medical emergency, CALL 9-1-1!!!!

Hotlines and Helplines

Ozaukee County COPE 24 Hour Crisis Line: 262.377.2673

2-1-1 24/7 Call 211 or text your zip code to 898211

SAMHSA Helpline: 1.800.662.4357

Addiction Recovery Helpline: 211 or toll free 877.947.2211 or Text zip code to 898211

National Suicide Prevention Lifeline: 988

Crisis Text Line (TEXT) Text the word 'LIFE' to 741741

LGBTQ Teen/Young Adult Crisis Line (Trevor Project): 1.866.488.7386

Veterans Crisis Line: 1.800.273.8255

Detox / Inpatient Programs

Columbia St Mary's Huiras Center:
13111 N. Port Washington Rd, Mequon
262.243.6127

Healing Point House (Men's Recovery)
Sirona Recovery
2360 Dakota Dr Suite M, Grafton
262.377.1477

Rogers Behavioral Health:
4600 West Schroeder
414.865.2500

Aurora Dewey Center Residential:
1220 Dewey Ave, Wauwatosa
414.454.6600

Nova Counseling Services Inpatient Rehab
3240 Jackson St, Oshkosh
920.231.0143

Meta House (Women's Residential)
2625 N Weil, Milwaukee
414.962.1200



Opioid Treatment Programs: Outpatient / Recovery

Opioid Treatment Center of WI
4020 W. Mequon Rd, Mequon
920.240.1005

Clean Slate Outpatient Addiction Medicine:
In Columbia St Mary's River Woods Campus
375 N. River Woods Pkwy, Glendale
414.326.1800

Alarus Health Care:
1971 Washington St, Grafton
262.377.6276

St Mary's Hospital, Ozaukee Intensive OP
262.241.6127

Roots Recovery:
(Sober Living Houses Available)
1681 N Prospect, Milwaukee
414.246.8873

Rogers Behavioral Health Outpatient:
4555 West Schroeder, Brown Deer
414.355.9000

Cornerstone Counseling Services:
11649 N. Port Washington Rd #201, Mequon
262.789.1191

Comprehensive Counseling Services
101 E Pier St Suite 2, Port Washington
262.284.5789

Mequon Clinical Associates
1045 W. Glen Oaks Lane #1, Mequon
262.241.8100

North Shore Clinic and Consultants:
W62N248 Washington Ave #207, Cedarburg
262.375.1116



Peer Support / Counseling

Alliance Bible Church

- 12-Step Alcoholics Anonymous and other programs.
- 12929 N. Cedarburg Road, Mequon, WI, 53097
- 262-375-2400
- 12Steps@allianceMequon.org

Women for Sobriety

- Mequon Clinical Associates
- 1045 W. Glen Oaks Lane, Mequon
- Thursdays at 6:00 PM
- 262-241-7778

Celebrate Recovery

- Christ Church
- 13460 N. Port Washington Rd., Mequon
- Thursdays 6:00 to 8:00 PM
- 262-243-3093

It Works, If You Work It

- 12 Step Meeting for addicts and alcoholics
- Aurora Hospital in Grafton, 975 Port Washington Rd.
- Thursdays 6:30 to 7:30 PM
- Go through the main entrance and there will be someone to greet you and guide you to the meeting.

The Bridge

- Take steps to recovery with Encouraging Bible Teaching
- Christian Life Church
- 2909 W. Mequon Rd. Mequon, WI 53092 (Lower Level--Use Administration Entrance)
- Mondays 7:00 PM
- contact thebridgemen@clcw.com or thebridgeladies@clcw.com

Just Listen

- 11431 North Port Washington Road Suite 210 Mequon, WI 53092
- (414) 837-8041
- Goal Setting Sundays (1st Sunday of each month, 6pm - 8pm)
- Recovery Support Groups (1st and 3rd Thursday of every month, 11am - 12:30pm and 6:30 pm - 8:00pm)
- Family n' Friends of Addicts Support Group (2nd Tuesday of every month, 11am - 12:30pm and 6:30 pm - 8:00pm)

Families Anonymous

- For Families and Friends concerned with the destructive behavior of loved ones due to drugs, alcohol or related behavioral problems.
- Crossroads Presbyterian Church
- 6031 W. Chapel Hill Road, Mequon WI
- Thursday at 7:00 p.m.
- hankh@familiesanonymous.org
- 414-378-5815

GRASP (Grief Recovery After a Substance Passing)

- Local support group for immediate family members who have lost a loved one to a substance
- Meetings on the 3rd Thursday of the month
- Must RSVP to attend. Please contact the chapter leader, [Tracy Schueller](mailto:Tracy.Schueller).
- 262-339-9898



Naloxone is a prescription medicine used for the treatment of a known or suspected opioid overdose emergency with breathing problems and severe sleepiness or non-responsiveness. Emergency Naloxone is easy to administer. It is also available at certain locations without a prescription.



<https://www.narcan.com/patients/how-to-use-narcan>. Steps for the rescuer:

1. **Call 911:** Tell the operator if the person experiencing the overdose has stopped or slowed breathing.
2. **Give Naloxone**
 - a. Remove any objects from the mouth of the person experiencing the overdose.
 - b. Start rescue breathing: tilt head back, lift chin, pinch nose with other hand, give one breath every five seconds. Continue this for 30 seconds.
 - c. Give naloxone again after 2-3 minutes if there is still no response. More than one dose is sometimes needed.
3. **Lay person on side:** Lay the person on their side to prevent choking. Keep the person awake and breathing.
4. **Stay until help arrives:** Stay with the person experiencing the overdose until emergency workers arrive.

Where to get Naloxone (Narcan)

Washington Ozaukee Public Health:

121 W. Main #246, Port Washington
262.284.8170

or

Call 2-1-1

Pharmacies Dispensing Narcan

<https://www.dhs.wisconsin.gov/opioids/naloxone-pharmacies.htm>



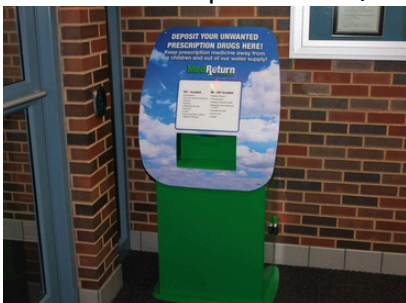
Safe Disposal of Unused Medication: Drop Off Locations

Ozaukee County Sheriff's Office (262) 284-7172
Cedarburg Police Department (262) 375-7620
Grafton Police Department (262) 375-5320
Mequon Police Department (262) 242-3500
Port Washington Police Department (262) 284-5575
Saukville Police Department (262) 284-0444
Thiensville Police Department (262) 242-2100

Needle Exchange Program

LifePoint Needle Exchange
Ozaukee County Mobile Service
4th Wednesday of the month (414-429-9701)

Call 211 Wisconsin (211) for additional options



Educational Resources and Information

THE COPE HOTLINE PROVIDES EMOTIONAL SUPPORT, CRISIS INTERVENTION INFORMATION AND REFERRAL SERVICES TO OZAUKEE COUNTY AND THE GREATER MILWAUKEE AREA. THE HOTLINE IS STAFFED BY TRAINED VOLUNTEERS. HOTLINE NUMBER: 262-377-2673- OFFICE: 262-377-1477

Dose of Reality

<https://doseofrealitywi.gov/>

Healthy Wisconsin Opioid Education

<https://www.dhs.wisconsin.gov/healthywi/opioids.htm>

Wisconsin Addiction Recovery

<https://211wisconsin.communityos.org/addiction-helpline>

Centers for Disease Control: Opioids

<https://www.cdc.gov/rxawareness/>

National Institute on Drug Abuse

<https://www.drugabuse.gov/drug-topics/opioids>



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