

# Monroe County, Wisconsin Opioid Addiction Resource Guide



***"Addiction has no boundaries. It's a disease, but it's a treatable disease."***



***In the event of an overdose or life-threatening medical emergency, CALL 9-1-1!!!!***

## Hotlines and Helplines

**2-1-1 and First Call for Help Hotline:** 24/7 Call 211, 1.866.211.33380 or text your zip code to 898211  
Online at [www.211now.org](http://www.211now.org)

**Partnership to End Addiction Hotline:** Text CONNECT to 55753 <https://drugfree.org>

**SAMHSA Helpline:** 1.800.662.4357 (HELP)

**National Suicide Prevention Lifeline:** **988**

**Crisis Text Line (TEXT)** Text the word 'LIFE' to 741741

**LGBTQ Teen/Young Adult Crisis Line (Trevor Project):** 1.866.488.7386 / Text to 678 678 or chat online

**Veterans Crisis Line:** 1.800.273.8255

**Heroin Hopeline:** 1.877.695.NEED (6333)

**WISHOPE:** 1.844.WIS.HOPE or [www.wishope.org](http://www.wishope.org)

## Detox / Inpatient Programs/Recovery Houses

### Gundersen Behavioral Health

1901 7th St LaCrosse, WI  
**608.775.3523**

### Tomah VA Medical Center

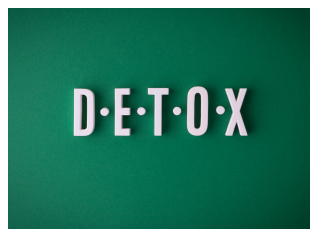
500 East Veterans St, Tomah, WI  
**608.372.3971**

### Gundersen Unity House Women

1312 5th Ave South, LaCrosse  
**608.775.4718**

### Gundersen Unity House Men

1918-24 Miller St, LaCrosse  
**608.775.4753**



### Mayo Health System Franciscan-Skemp

700 West Ave, LaCrosse  
**1.800.362.5454**

### St Joseph's Hospital:

611 St Joseph Ave, Marshfield  
**715.389.7882**

### LE Phillips Libertas

2661 Co Hwy I, Chippewa Falls, WI  
**715.723.5585**

# Opioid Treatment Programs: Outpatient / Recovery

## Monroe County Department of Human Services:

14301 Hwy B, Sparta, WI  
608.269.8600

## Mayo Clinic Healthcare Systems:

325 Butts Ave, Tomah, WI  
608.372.5951  
310 W. Main St, Sparta, WI  
608.392.9555

## Gundersen Lutheran Medical Centers:

1900 South Ave, LaCrosse 608.775.2287  
124 North Court St, Sparta 608.269.1588  
123 16th Ave, Onalaska, WI 608.775.2287

## AMS of Wisconsin LLC:

9532 East 16 Frontage Rd, Onalaska, WI  
608.783.0506 X106



## Counseling Associates LLC:

115 5th Ave South, Suite 301, LaCrosse  
608.785.0827

Hiawatha Valley Mental Health Center

## Peer Support / Counseling

### Narcotics Anonymous Meetings

#### New Life

Coulee Recovery Center, 933 Ferry, LaCrosse  
Sundays 7p-8:30p

#### Miracles Happen

Coulee Recovery Center, 933 Ferry, LaCrosse  
M/W/F 12pm-1pm

#### New Beginnings

Coulee Recovery Center, 933 Ferry, LaCrosse  
Mondays 6p-7p

#### Ties that Bind Grow Stronger with Time

Bridges Methodist Church, 310 N 4th, LaCrosse  
Tuesdays 6p-7p (Zoom Available)

#### Women Helping Women (Women Only)

Christ Episcopal Church, 111 9th St N, LaCrosse  
Tuesdays 7p-8:30p



#### Amethyst

Coulee Recovery Center, 933 Ferry, LaCrosse  
Thursdays 7:30pm-9pm

#### Work It

Coulee Recovery Center, 933 Ferry, LaCrosse  
Fridays 7p-8:30pm

#### It Works

Riteway Club, 805 1/2 Sill St, LaCrosse  
Saturdays 10a-11:30a

#### NAMI Monroe/Juneau Counties

<https://namimonroejuneau.org/>

#### Arrow Behavioral Health

1021 N Superior #13, Tomah  
608.387.9638

**Northwest Connections:** 1.888.552.6642 24/7

#### Counselors at:

##### Gundersen

1111 W Wisconsin, Sparta  
608.269.1588

##### Mayo Clinic Behavioral Health

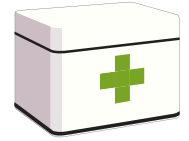
310 W Main, Sparta  
608.392.9555



**Naloxone** is a prescription medicine used for the treatment of a known or suspected opioid overdose emergency with signs of breathing problems and severe sleepiness or not being able to respond. Emergency Narcan is easy to administer. It is also available at certain locations without a prescription.

<https://www.narcan.com/patients/how-to-use-narcan>. Steps for the rescuer:

1. **Call 911:** Tell the operator if the person experiencing the overdose has stopped or slowed breathing.
2. **Give Naloxone**
  - a. Remove any objects from the mouth of the person experiencing the overdose.
  - b. Start rescue breathing: tilt head back, lift chin, pinch nose with other hand, give one breath every five seconds. Continue this for 30 seconds.
  - c. Give naloxone again after 2-3 minutes if there is still no response. More than one dose is sometimes needed.
3. **Lay person on side:** Lay the person on their side to prevent choking. Keep the person awake and breathing.
4. **Stay until help arrives:** Stay with the person experiencing the overdose until emergency workers arrive.



## Where to get Naloxone (Narcan)

### Narcan Direct:

#### AMS of Wisconsin : Onalaska

9532 E 16 Frontage Rd, Onalaska

### Vivent Health:

811 Rose St, LaCrosse

### Next Steps for Change Inc

128 Water St Suite B, Sparta

### Gundersen Lutheran Medical Center

1910 South Ave, LaCrosse

### Walgreens

710 W Wisconsin, Sparta

### WalMart

1600 W Wisconsin St, Sparta

222 W McCoy, Tomah



## Safe Disposal of Unused Medication: Drop Off Locations

### Sparta Police Department

121 E Oak St, Sparta, WI 54656

### Tomah Police Department

805 Superior Ave, Tomah, WI 54660

**Monday - Friday 7:30 a.m. - 4:30 p.m. Monday - Friday 8:00 a.m. - 8:30 p.m. Closed Saturday, Sunday and Legal Holidays Closed Saturday, Sunday and Legal Holidays**

### Needle Exchange Program

### ARCW Aids Resource Center of WI/LaCrosse

505 King St Suite 200, LaCrosse  
608.785.9866

### Vivent Health LaCrosse

811 Rose, LaCrosse  
608.785.9866



# Educational Resources and Information

## **Monroe County Safe Community Coalition**

<http://www.mcsafecommunities.org/index.php/resource-center>  
Website has lots of informative resources and information

## **Partnership to End Addiction**

Text CONNECT to 55753  
<https://drugfree.org>

**Poison Control:** 1.800.222.1222

**SAMHSA:** 1.800.662.HELP (4357)

## **Dose of Reality**

<https://doseofrealitywi.gov/>

## **Healthy Wisconsin Opioid Education**

<https://www.dhs.wisconsin.gov/healthywi/opioids.htm>

## **Wisconsin Addiction Recovery**

<https://211wisconsin.communityos.org/addiction-helpline>

## **Centers for Disease Control: Opioids**

<https://www.cdc.gov/rxawareness/>

## **National Institute on Drug Abuse**

<https://www.drugabuse.gov/drug-topics/opioids>

## **Trevor Project: 1.866.488.7386**

Text START to 678 678 or Chat Online

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