# Lincoln County, Wisconsin Opioid Addiction Resource Guide



"Addiction has no boundaries. <mark>It's a disea</mark>se, but it's a treatable disease."

## In the event of an overdose or life-threatening medical emergency, CALL 9-1-1!!!!

# Hotlines and Helplines

North Central Health Care Crisis Line: 24/7: 715.845.4326 or 1.800.799.0122 Lincoln County Health Dept: 715.536.0307 2-1-1 and First Call for Help Hotline: 24/7 Call 211, 1.866.211.33380 or text your zip code to 898211 Online at www.211now.org National Suicide Prevention Hotline: 988 Partnership to End Addiction Hotline: Text CONNECT to 55753 https://drugfree.org SAMHSA Helpline: 1.800.662.4357 (HELP) Crisis Text Line (TEXT) Text the word 'LIFE' to 741741 LGBTQ Teen/Young Adult Crisis Line (Trevor Project): 1.866.488.7386 / Text to 678 678 or chat online Veterans Crisis Line: 1.800.273.8255 Heroin Hopeline: 1.877.695.NEED (6333) WISHOPE: 1.844.WIS.HOPE or www.wishope.org

# **Detox / Inpatient Programs**

North Central Health Care Inpatient Hospital: 1100 Lake View Dr, Wausau 715.845.4326

## Koinonia Residential Treatment Center:

1991 Winnebago St, Rhinelander **715.362.5745** 

North Central Health Care Youth Stabilization: 1100 Lake View Dr, Wausau 715.845.4326 (24 hour maximum stay for youth) D·E·T·O·X

# **Opioid Treatment Programs: Outpatient / Recovery**

**Center for Human Development:** 1509 N. 4th St, Tomahawk 631 Forest St, Wausau **715.842.0944 or 1.800.236.3792** 

North Central Health Care Outpatient Services: 607 N. Sales St #309, Merrill 715.536.9482 213 W Wisconsin Ave, Tomahawk 715.453.5381

Visions Counseling: N2355 Smith Rd, Merrill 715.551.1970 888.784.8842

#### **Elmergreen Associates:**

114 Grand Ave, Wausau **715.845.7175** 

# Northwest Journey (Youth): 5655 N. 28th, Wausau

715.675.5454



# Peer Support / Counseling

Narcotics Anonymous: Lincoln County "Just for Today" Our Savior's Lutheran Church

300 Logan Street, Merrill Thursdays at 6:30pm

# Call NA at 1.866.801.6621 for additional options





726 E. Second St, Merrill 741 1st St, W<mark>ausau 715.842.0944 or 1.800.236.3792</mark>

Psychological Resource Center: 1218 N. 4th Suite 108, Tomahawk 715.224.2100

Soul-Full Solutions: 1104 W. 10th St, Merrill 715.805.6111

The Centre for Wellbeing, Inc: 607 Cedar St, Merrill 715.848.5022

Dix and Gillette Counseling Services, LLP: 1720 Merrill Ave Suite 401, Wausau 715.675.3888

Readjustment Counseling for War Zone Vets 605 S 24th, Wausau 715.842.1724 (Free to Veterans) **Naloxone** is a prescription medicine used for the treatment of a known or suspected opioid overdose emergency with signs of breathing problems and severe sleepiness or not being able to respond. Emergency Narcan is easy to administer. It is also available at certain locations without a prescription.

https://www.narcan.com/patients/how-to-use-narcan. Steps for the rescuer:

1. Call 911: Tell the operator if the person experiencing the overdose has stopped or slowed breathing.

- 2. Give Naloxone
  - a. Remove any objects from the mouth of the person experiencing the overdose.
  - b. Start rescue breathing: tilt head back, lift chin, pinch nose with other hand, give one breath every five seconds. Continue this for 30 seconds.
  - c. Give naloxone again after 2-3 minutes if there is still no response. More than one dose is sometimes needed.
- 3. *Lay person on side:* Lay the person on their side to prevent choking. Keep the person awake and breathing.
- 4. *Stay until help arrives: Stay with the person experiencing the overdose until emergency workers arrive.*

# Where to get Naloxone (Narcan)

Wal Mart Super Center: 505 S. Pine Ridge, Merrill

Walgreens: 101 N. Center Ave, Merrill

**Trigs:** 662 N. 4th, Tomahawk

# Safe Disposal of Unused Medication

Lincoln County Medication Drop-Off Locations

**Merrill Police Department** 1004 East First Street ~ <mark>715-536-8311</mark> Monday - Friday, 8:00am - 4:30pm

## Marshfield Clinic—Merril

1205 O'Day Street ~ 715-539-0101 Monday - Friday, 9:00am - 5:00pm Located in pharmacy *No holiday drop offs Lincoln county residents only* 

### **Tomahawk Police Department**

219 West Somo Avenue ~ 715-453-2121 Available 24/7 Call to coordinate drop off Located in lobby

## Tomahawk Pharmacy

844 N. 4th Street ~ 715-453-6600 Monday-Friday, 8:30am - 6:00pm Saturday, 8:30am - 12:00pm

Bring medications in a Ziploc bag without any personal information on it. Do not bring needles, syringes, IV bags, or radioactive chemotherapy medications.

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## Needle Exchange Program

AIDS Resource Center of Wisconsin 1105 Grand Ave, Schofield **715.355.6867** 

# **Educational Resources and Information**

*Live Well Lincoln: Healthy Minds / Drug Free Coalition:* 715.536.0307 *Call for information on Trainings/Events/Education* 

**Partnership to End Addiction** Text CONNECT to 55753 https://drugfree.org

Poison Control: 1.800.222.1222

SAMHSA: 1.800.662.HELP (4357)

Dose of Reality https://doseofrealitywi.gov/

Healthy Wisconsin Opioid Education https://www.dhs.wisconsin.gov/healthywi/opioids.htm

Wisconsin Addiction Recovery https://211wisconsin.communityos.org/addiction-helpline

Centers for Disease Control: Opioids https://www.cdc.gov/rxawareness/

National Institute on Drug Abuse <u>https://www.drugabuse.gov/drug-topics/opioids</u>

Trevor Project: 1.866.488.7386 Text START to 678 678 or Chat Online

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