

# LaCrosse County, Wisconsin

## Opioid Addiction Resource Guide



*"Addiction has no boundaries. It's a disease, but it's a treatable disease."*



***In the event of an overdose or life-threatening medical emergency, CALL 9-1-1!!!!***

### Hotlines and Helplines

**LaCrosse County Human Services Dept 24 hour Crisis Line:** 608.784.HELP (4357)

**SAMHSA Helpline:** 1.800.662.HELP (4357)

**Addiction Recovery Helpline:** 211 or toll free 877.947.2211 or Text zip code to 898211

**National Suicide Prevention Lifeline:** 988

**Crisis Text Line (TEXT)** Text the word 'LIFE' to 741741

**LGBTQ Teen/Young Adult Crisis Line (Trevor Project):** 1.866.488.7386

**Veterans Crisis Line:** 1.800.273.8255

### Detox / Inpatient Programs

**Mayo Clinic Health System:**

212 S. 11th St, LaCrosse, WI

608.392.9555

**Gundersen Lutheran Behavior Health:**

123 16th Avenue South, Onalaska, WI

608.775.2287

**Gundersen Lutheran Medical Center (GLMC):**

1910 South Ave, LaCrosse, WI

608.775.2287

**GLMC Unity House (Women)**

1312 5th Ave South, LaCrosse, WI

608.775.4718

**GLMC Unity House (Men)**

1918-1924 Miller St, LaCrosse, WI

608.775.4753

**Arbor Place, Inc:**

4076 Kothlow Ave, Menomonie, WI

715.203.8489

**Chileda Residential:**

1825 Victory St, LaCrosse, WI

608.782.6480 X275

**Tellurian:**

300 Femrite Drive, Madison, WI

608.597.6899

**Adult and Teen Challenge:**

(Womens Residential)

2507 Weston St, LaCrosse, WI

608.351.2828

**D·E·T·O·X**

# Opioid Treatment Programs: Outpatient

**Clean Slate Outpatient Addiction Medicine:**  
2635 Hemstock St, LaCrosse, WI  
**608.406.2250**

**Arbor Place, Inc:**  
4076 Kothlow Ave, Menomonie, WI  
**715.235.4537**

**Viterbo Students Assessment:**  
900 Viterbo Drive, LaCrosse, WI  
**608.796.3808 (Viterbo students only)**

**Onalaska Behavioral Health:**  
191 Theater Rd, Onalaska, WI  
**608.392.9555**

**Tomah VAMC:**  
4000 State Road 16, Valley View Mall Annex  
LaCrosse, WI  
**608.787.6411**

**Driftless Recovery Services Addiction Treatment Center:**  
444 Main St, #301, LaCrosse, WI  
**608.519.5906**

**Addiction Medical Solutions (AMS) of Wisconsin:**  
9532 East 16 Frontage Road, Onalaska, WI  
**608.783.0506**



## Counselors / Peer Support / Meeting Resources

**Narcotics Anonymous LaCrosse County  
Coulee Recovery Center**

933 Ferry Street, LaCrosse, WI

**Find a meeting via link below:**

[https://www.na.org/meetingsearch/text-results.php?](https://www.na.org/meetingsearch/text-results.php?country=USA&state=Wisconsin&city=La+Crosse&zip=&street=&within=20&day=0&lang=&orderby=dateti)

[country=USA&state=Wisconsin&city=La+Crosse&zip=&street=&within=20&day=0&lang=&orderby=dateti](https://www.na.org/meetingsearch/text-results.php?country=USA&state=Wisconsin&city=La+Crosse&zip=&street=&within=20&day=0&lang=&orderby=dateti)  
me

**Counseling Associates**

115 5th Avenue South Suite 301, LaCrosse, WI

**608.785.0827**

**Stein Counseling:**

571 Braund St, Onalaska, WI

**608.785.7000 X 2**

**Winona Counseling Clinic:** (Serves LaCrosse County, WI)

902 East 2nd Street, Winona, MN

**608.782.1117**

Peer Run Respite:

**LaCrosse Lighthouse**

(Short Term stay and support by Peers)

**608.519.1489**

Call to arrange a stay; first come first serve



# About Naloxone (Narcan) / Emergency Use



**Narcan** is a prescription medicine used for the treatment of a known or suspected opioid overdose emergency with signs of breathing problems and severe sleepiness or not being able to respond. Emergency Narcan is easy to administer. It is also available at certain locations without a prescription. <https://www.narcan.com/patients/how-to-use-narcan>. **Steps for the rescuer:**

1. **Call 911:** Tell the operator if the person experiencing the overdose has stopped or slowed breathing.
2. **Give Naloxone**
  - a. Remove any objects from the mouth of the person experiencing the overdose.
  - b. Start rescue breathing: tilt head back, lift chin, pinch nose with other hand, give one breath every five seconds. Continue this for 30 seconds.
  - c. Give naloxone again after 2-3 minutes if there is still no response. More than one dose is sometimes needed.
3. **Lay person on side:** Lay the person on their side to prevent choking. Keep the person awake and breathing.
4. **Stay until help arrives:** Stay with the person experiencing the overdose until emergency workers arrive.

## Where to Get Naloxone (Narcan)

### AMS of Wisconsin Onalaska

9532 E 16 Frontage Rd, Onalaska, WI

### Gundersen Lutheran Medical Center

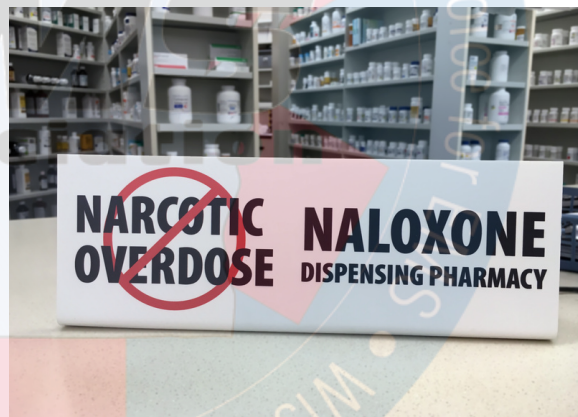
1910 South Ave, LaCrosse, WI

### LaCrosse County Health Department

300 4th Street N FL 2, LaCrosse, WI

### Vivent Health

811 Rose St, LaCrosse, WI



### PHARMACIES DISPENSING NALOXONE

### Needle Exchange Program



#### Lifepoint Needle Exchange

#### Vivent Health

811 Rose Street, LaCrosse, WI

608.785.9866

For Appointments, go to:

<https://viventhealth.org/request-an-appointment/>

**Walmart Supercenter**, 3107 Market Pl, Onalaska

**Walgreens**, 4415 State Rd 16, LaCrosse

**CVS**, 9400 State Road 16, Onalaska

**Walgreens**, 2626 Rose St, LaCrosse

**Walgreens**, 900 Avenue South, LaCrosse

**Walgreens**, 3909 Mormon Coulee Rd, LaCrosse

# Safe Disposal of Unused Medication: Drop Off Locations

**LaCrosse County Sheriff's Department, M-F 8am-4:30pm**  
333 Vine St, LaCrosse, WI

**LaCrosse Police Department, M-F 8:30am-4:30pm**  
400 LaCrosse St, LaCrosse, WI

**Onalaska Police Department, M-F 8am-5pm**  
415 Main Street, Onalaska, WI

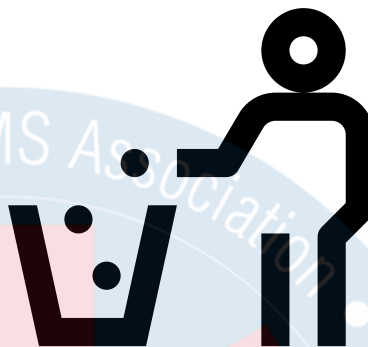
**West Salem Police Department, M-F 8am-4:30pm**  
175 Leonard St South, West Salem, WI

**Holmen Police Department, M-F 8am-4:30pm**  
119 W. Wall St, Holmen, WI

**Campbell Police Department, M-F 8am-4:30pm**  
2219 Bainbridge St, LaCrosse, WI

**Bangor Police Department, M-F 8am-4pm**  
100 17th Sve North, Bangor, WI

**Gudersen Health Center Campuses**  
LaCrosse Clinic Pharmacy  
East Building Pharmacy  
Onalaska Clinic Pharmacy Retail



# Educational Resources and Information

## **Alliance To Heal: LaCrosse**

<https://www.alliancetoheal.com/>

## **Great Rivers 211**

<http://www.greatrivers211.org/>

211 or 1.800.362.8255

## **Dose of Reality**

<https://doseofrealitywi.gov/>

## **Healthy Wisconsin Opioid Education**

<https://www.dhs.wisconsin.gov/healthywi/opioids.htm>

## **Wisconsin Addiction Recovery**

<https://211wisconsin.communityos.org/addiction-helpline>

## **Centers for Disease Control: Opioids**

<https://www.cdc.gov/rxawareness/>

## **National Institute on Drug Abuse**

<https://www.drugabuse.gov/drug-topics/opioids>

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