# **Iowa County, Wisconsin**

**Opioid Addiction Resource Guide** 



"Addiction has no boundaries. It's a disease, but it's a treatable disease."



In the event of an overdose or life-threatening medical emergency, CALL 9-1-1!!!!

### **Hotlines and Helplines**

Iowa County Crisis Hotline: 1.800.362.5717

2-1-1 24/7 Call 211 or text your zip code to 898211

Addiction Hotline, Portage Co: 715.341.2481 NAMI Helpline, Portage County: 800.950.6264

**SAMHSA Helpline**: 1.800.662.4357

PRISM 24/7 Substance Abuse Recovery Hotline: 920.345.7747

Addiction Recovery Helpline: 211 or toll free 877.947.2211 or Text zip code to 898211

**National Suicide Prevention Lifeline: 988** 

Crisis Text Line (TEXT) Text the word 'LIFE' to 741741

LGBTQ Teen/Young Adult Crisis Line (Trevor Project): 1.866.488.7386

Veterans Crisis Line: 1.800.273.8255

### **Detox / Inpatient Programs**

#### **Upland Hills Health Hospital:**

800 Compassion Way, Dodgeville **608.930.8000** 

#### **SouthWest Health:**

1400 Eastside Rd, Platteville **608.348.2331** 

#### **Tellurian Inc:**

2914 Industrial Drive, Madison **608.223.3311** 



#### **Veterans**

#### **Tomah VA Medical Center:**

500 East Veterans St, Tomah **608.372.3971** 

## William S Middleton VA Addictive Disorder Treatment Program:

2500 Overlook Terrace, Madison **608.280.7073** 

### **Opioid Treatment Programs: Outpatient / Recovery**

#### **Iowa County Human Services:**

303 W Chapel, Dodgeville 608.930.9806

#### **Community Connections Free Clinic:**

101 E Fountain St, Dodgeville 608.930.2232

#### **Unified Community Services:**

1122 Professional Drive, Dodgeville

608.935.2776

200 W Alona La, Lancaster

608.723.6357

#### **Upland Hills Health Clinic:**

1204 Joseph St, Dodgeville

608.930.8000

#### **Lafyette County Human Services:**

15701 County Rd K, Darlington 608.776.4800

#### **Platteville Family Resource Center:**

1075 North Elm St. Platteville

608.348.4060



## **Peer Support / Counseling**

#### Narcotics Anonymous Iowa County Area

#### Serenity Club:

401 South Union St, Dodgeville

Sundays 4:00pm Mondays 12:00pm Tuesdays 7:00pm



#### For additional options on meetings, call 866.801.6621



#### **COUNSELORS**

#### **Addiction Counselors:**

101 E Fountain, Dodgeville 608.835.5050

#### **Unified Community Services:**

1122 Professional Dr Dodgeville 608.935.2776

#### Mindful Solutions:

6861 N. 2nd, Platteville

608.642.2491

**Naloxone** is a prescription medicine used for the treatment of a known or suspected opioid overdose emergency with breathing problems and severe sleepiness or non-responsiveness. Emergency Naloxone is easy to administer. It is also available at certain locations without a prescription.

https://www.narcan.com/patients/how-to-use-narcan. Steps for the rescuer:

- 1. *Call 911:* Tell the operator if the person experiencing the overdose has stopped or slowed breathing.
- 2. Give Naloxone
  - a. Remove any objects from the mouth of the person experiencing the overdose.
  - b. Start rescue breathing: tilt head back, lift chin, pinch nose with other hand, give one breath every five seconds. Continue this for 30 seconds.
  - c. Give naloxone again after 2-3 minutes if there is still no response. More than one dose is sometimes needed.
- 3. **Lay person on side:** Lay the person on their side to prevent choking. Keep the person awake and breathing.
- 4. **Stay until help arrives:** Stay with the person experiencing the overdose until emergency workers arrive.

## Where to get Naloxone (Narcan)

#### **Unified Community Services:**

1122 Professional Dr, Dodgevi<mark>lle 608.935.2776</mark>

200 W Alona La, Lancaster **608.723.6357** 

To schedule Narcan Training: Call 608.885.0711



## Safe Disposal of Unused Medication: Drop Off Locations

**Iowa County Sheriff's Department:** 

1205 North Bequette St, Dodgeville (Jail Entrance)

What you can get rid of at Med Drop: Prescription medicine (pills, liquids and creams) Over the counter medicine (pills, liquids and creams) Medications for pets Vitamins Nebulizer solution Medication samples How to Use Med Drop To dispose of medications in the Med Drop boxes, please bring your unused or expired medication and place it in the drop box. Place pills or capsules in a bag, without the container. Dispose of the container after you have removed and destroyed the label. There is no limit to the amount of drugs that can be brought and no questions will be asked of whoever brings them. If you have liquids, gels or creams, please leave those in their original containers and place them in a seal plastic bag. All drugs are properly disposed. Do Not Bring to Med Drop: IV bags Oxygen tanks Nebulizer machines Thermometers Inhalers Sharps, Epi-pens or anything with a needle or lancet.



**Needle Exchange Program** 

**Vivent Health:**600 Williamson St. Ma

600 Williamson St, Madison **608.252.6540** 

**Call 211 Wisconsin (211)** for additional options

### **Educational Resources and Information**

**Iowa County Drug Treatment Court:** 

222 N Iowa St, Dodgeville

608.935.0343

**Unified Community Services:** 

1122 Professional Dr, Dodgeville

608.935.2776

**Dose of Reality** 

https://doseofrealitywi.gov/

**Healthy Wisconsin Opioid Education** 

https://www.dhs.wisconsin.gov/healthywi/opioids.htm

**Wisconsin Addiction Recovery** 

https://211wisconsin.communityos.org/addiction-helpline

Centers for Disease Control: Opioids

https://www.cdc.gov/rxawareness/

National Institute on Drug Abuse

https://www.drugabuse.gov/drug-topics/opioids

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