Buffalo County, Wisconsin

Opioid Addiction Resource Guide



"Addiction has no boundaries. It's a disease, but it's a treatable disease."



In the event of an overdose or life-threatening medical emergency, CALL 9-1-1!!!!

Hotlines and Helplines

2-1-1 and First Call for Help Hotline: 24/7 Call 211, 1.866.211.33380 or text your zip code to 898211

Online at www.211now.org

Northwest Connections Crisis Line: 1.888.552.6642

Partnership to End Addiction Hotline: Text CONNECT to 55753 https://drugfree.org

SAMHSA Helpline: 1.800.662.4357 (HELP)
National Suicide Prevention Lifeline: 988

Crisis Text Line (TEXT) Text the word 'LIFE' to 741741

LGBTQ Teen/Young Adult Crisis Line (Trevor Project): 1.866.488.7386 / Text to 678 678 or chat online

Veterans Crisis Line: 1.800.273.8255 **Heroin Hopeline:** 1.877.695.NEED (6333)

WISHOPE: 1.844.WIS.HOPE or www.wishope.org

Detox / Inpatient Programs

Arbor Place:

4076 Kothlow Ave, Menomonie **715.235.4537**

Fahrman Center:

3136 Craig Rd, Eau Claire **715.835.9110**

LE Phillips Libertas Center:

2301 Cty Hwy I, Chippewa Falls **715.723.5585**

Common Ground:

730 West 6th St, Winona, MN **507.615.0101**



Gundersen LaCrosse Behavioral Health:

1901 7th St S, LaCrosse

608.775.3523

LSS Wisconsin Affinity House:

3042 Kilbourne Ave, Eau Claire **715.833.0436**

Mayo Clinic System Behavioral Health:

1221 Whipple St, Eau Claire **715.838.3274**

Sacred Heart Hospital: Behavioral Health

900 W. Clairemont Ave, Eau Claire

715.717.4272

Opioid Treatment Programs: Outpatient / Recovery

Buffalo County Health/Human Services:

407 S 2nd St, Alma **608.685.4412**

Mayo Clinic Health Services:

895 Dettloff Dr, Arcadia **608.323.7775**

Gundersen Whitehall Behavioral Health:

18606 Ervin St, Whitehall **608.775.2287**

Eau Claire Comprehensive Treatment

Center

3440 Oakwood Hills Pkwy, Eau Claire **715.713.3878**

Peer Support / Counseling

Area Narcotics Anonymous Meetings:

161 W Broadway, Winona, MN

Mondays 6pm Tuesdays 6pm Fridays 7:30pm

Or call 1.866.801.6621 for additional options



Carr Center: Lutheran Social Services:

120 South Barstow St, Eau Claire

715.855.1373

Arbor Place:

4076 Kothlow, Menomonie

715.235.4537

Caillier Clinic Ltd:

2620 Stein Blvd, Eau Claire

715.836.0064





Counseling Associates:

111 Market St, Winona MN

507.452.5033

Winona Counseling Clinic/Assoc in Counseling:

902 East 2nd St, Winona MN

608.782.1117

Aurora Community Counseling:

1302 Arlen Ct, Eau Claire

888.261.5585

Winona Health Psychiatric and Counseling:

855 Mankato Ave, Winona MN

507.454.2606

A Better Life Counseling:

1101 West Clairemont Ave, Eau Claire

715.835.5110

Prevea Behavioral Care Eau Claire:

2119 Heights Drive, Eau Claire

715.717.5899

Naloxone is a prescription medicine used for the treatment of a known or suspected opioid overdose emergency with signs of breathing problems and severe sleepiness or not being able to respond. Emergency Narcan is easy to administer. It is also available at certain locations without a prescription.

https://www.narcan.com/patients/how-to-use-narcan. Steps for the rescuer:

- 1. **Call 911:** Tell the operator if the person experiencing the overdose has stopped or slowed breathing.
- 2. Give Naloxone
 - a. Remove any objects from the mouth of the person experiencing the overdose.
 - b. Start rescue breathing: tilt head back, lift chin, pinch nose with other hand, give one breath every five seconds. Continue this for 30 seconds.
 - c. Give naloxone again after 2-3 minutes if there is still no response. More than one dose is sometimes needed.
- 3. **Lay person on side:** Lay the person on their side to prevent choking. Keep the person awake and breathing.
- 4. **Stay until help arrives:** Stay with the person experiencing the overdose until emergency workers arrive.



Where to get Naloxone (Narcan)

Narcan Direct:

Pharmacies Dispensing Narcan:

Buffalo County Health and Human Services: https://www.dhs.wisconsin.gov/opioids/naloxone-pharmacies.htm

402 S. 2nd, Alma

608.685.4412

Vivent Health and Needle Exchange:

505 Dewey #107, Eau Claire

715.836.7710

NARCOTIC NALOXONE DISPENSING PHARMACY

Safe Disposal of Unused Medication: Drop Off Locations

Buffalo County Sheriff's Department:

407 S. 2nd St, Alma

608.685.4433



Educational Resources and Information

Western Region Recovery and Wellness Constortium
715.738.2585
WESTERN REGION

Partnership to End Addiction Text CONNECT to 55753 https://drugfree.org

Poison Control: 1.800.222.1222

SAMHSA: 1.800.662.HELP (4357)

Dose of Reality

https://doseofrealitywi.gov/

Healthy Wisconsin Opioid Education

https://www.dhs.wisconsin.gov/healthywi/opioids.htm

Wisconsin Addiction Recovery

https://211wisconsin.communityos.org/addiction-helpline

Centers for Disease Control: Opioids

https://www.cdc.gov/rxawareness/

National Institute on Drug Abuse

https://www.drugabuse.gov/drug-topics/opioids

Trevor Project: 1.866.488.7386Text START to 678 678 or Chat Online

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Recovery & Wellness Consortium