

FDA-Recognized Food Allergens



Under the Food Allergen Labeling and Consumer Protection Act (FALCPA) the FDA recognizes the following food allergens in the US:



Peanuts



Tree Nuts

including almonds, walnuts, and hazelnuts, among others



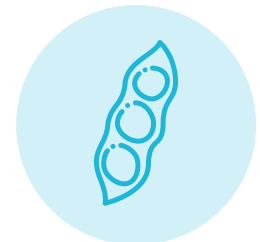
Milk



Eggs



Wheat



Soy

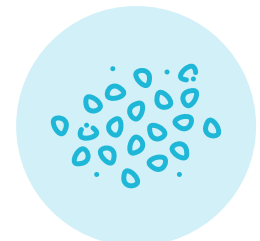


Fish



Crustacean Shellfish

(crab, lobster, shrimp, etc.)



Sesame

With the signing of the Food Allergy Safety, Treatment, Education, and Research (FASTER) Act of 2021 into law, sesame will become the 9th major food allergen in the US as of January 1, 2023. Manufacturers will need to reassess their ingredient and process hazard analysis to identify and control the presence of sesame addressing any potential areas of cross contamination, relabel any products with sesame to comply with the new regulation, and retrain employees on allergen control programs and procedures prior to the compliance date.