



WISCONSIN CHEESE MAKERS ASSOCIATION

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MEMBER ALERT

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As often news and needs warrant, WCMA will distribute special bulletins alerting you to information and resources related to industry operations and coronavirus (COVID-19). Your WCMA staff is here to support you.

CDC Revises Guidance on Quarantine Length

The U.S. Centers for Disease Control and Prevention (CDC) late this morning announced alternative quarantine lengths following close contact with a person who has tested positive for COVID-19.

While the 14-day quarantine recommendation from the CDC remains "the best way to reduce risk," the agency's revised guidance notes quarantine periods may be shortened. **CDC officials now say a person may end self-quarantine at seven days after exposure, if they test negative for COVID-19 and have no symptoms.** Without a test, the CDC notes a person should self-quarantine for ten days, and monitor themselves an additional four days for symptoms.

The CDC's revised guidance reflects new scientific findings on the development of COVID-19 infection and is designed to encourage quarantine compliance. The CDC website has not yet been updated to reflect today's announcement.

State and local public health officials have not yet commented on alternative quarantine lengths. WCMA will discuss the CDC changes with Wisconsin regulators, encouraging adoption of these new, science-based guidelines.

For more on this breaking story, see the news articles linked below.

- *Washington Post:* [CDC says two week coronavirus quarantines can be cut to ten or seven days](#)
 - *FOX News:* [CDC shortens coronavirus exposure quarantine period](#)
 - *Wall Street Journal:* [CDC shortens recommended quarantine period to seven to ten days](#)
 - *CNBC:* [CDC says 14-day quarantine best way to reduce COVID risk, but ten- and seven-day periods work in some cases](#)
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