

High-Quality Work-Based Learning Opportunities in Virginia

High-Quality Work-Based Learning comprises experiences related to students' career interests based on instructional preparation and take place in partnership with local businesses or organizations. HQWBL enables students to apply classroom instruction in a real-world work environment. HQWBL promotes the following:

- Career awareness
- Career exploration
- Career preparation

HQWBL Experience	Suggested Grade Levels	Related CTE Instruction	Training Agreement	Training Plan	Minimum Duration	Paid Option	Credit Option	Meets Graduation Requirement	CCCRI
Job Shadowing	6-12	✓	✓		Varies by type				
Service Learning	6-12	✓	✓		Varies by type			✓	✓
Mentorship	6-12	✓	✓		Course duration or 140 hours for .5 credit option		✓	✓ (at least 140 hours)	✓ (at least 140 hours)
Externship	6-12	✓	✓		40 hours			✓ (at least 40 hours)	✓ (at least 40 hours)
School-Based Enterprise	6-12	✓	✓		Course duration	✓		✓	✓
Internship	11-12	✓	✓	✓	Course duration or 280 hours for 1 credit option	✓	✓	✓	✓
Entrepreneurship	11-12	✓	✓	✓	Course duration or 280 hours for 1 credit option	✓	✓	✓	✓
Clinical Experience	11-12	✓	✓		Varies by type			✓	✓
Cooperative Education	11-12	✓	✓	✓	280 hours for 1 credit option	✓	✓	✓	✓
Youth Registered Apprenticeship	11-12	✓	✓		280 hours for 1 credit option	✓	✓	✓	✓
Registered Apprenticeship	11-12	✓	✓		144 hours RTI per 2,000 hours OJT	✓		✓	✓
SAE (Immersion)	9-12	✓	✓	✓	280 hours for 1 credit option	✓	✓	✓	✓

There are 12 HQWBL experiences offered in Virginia. This summary page offers a quick checklist guide for each experience.