



FOUR SEASONS
RESORT AND RESIDENCES
WHISTLER

SUMMER ACTIVITY GUIDE

HELI PICNIC & PADDLE

Leave the Whistler valley and fly deep into the pristine coastal mountains. Enjoy a scenic flight over glaciers and peaks before landing at a beautiful backcountry lake. Your guide will set up a delicious picnic for you. Afterward, relax, hike, or try paddle-boarding to fully experience the alpine beauty.



WHITE WATER RAFTING



BEAR VIEWING TOURS



VALLEA LUMINA



ZIPLINE TOURS



ATV TOURS



AERIAL OBSTACLE



BUGGY TOURS



GOLFING



BUNGEE JUMPING



CANOE/KAYAK/PADDLE BOARD RENTALS



HELICOPTER SIGHTSEEING TOURS



FISHING TOURS



FLOATPLANE TOURS



MOUNTAIN BIKING



BOBSLED EXPERIENCE



CLOUDRAKER SKYBRIDGE/
GONDOLA SIGHTSEEING



HIKING TRAILS



SLCC TOURS



ART GALLERIES & MUSEUMS

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Activities are weather dependant and may only be available throughout certain periods. Please contact our concierge team to verify availability.

MOUNTAIN-TOP AFTERNOON TEA - take in the snow-covered mountain range and endless coastal views as you make your way to the breathtaking Cheakamus and Garibaldi lakes. As you soak in the 360-degree views, an elevated Whistler-inspired afternoon tea is served, catered exclusively by the Four Seasons Whistler culinary team. Champagne is optional to toast such a precious moment, in a setting like no other.

WHITE WATER RAFTING - feel the power of the raging white water as you raft through old growth forests and glimpse stunning views of the coastal mountains. *Ages 5+, must be able to swim.

BEAR VIEWING TOUR - accompany expert bear guides while viewing bears in their natural habitat in the comfort of a 4x4 vehicle. *Suitable for all ages, recommended for ages 5+.

VALLEA LUMINA - join a twilight expedition to explore mysterious beauty as you experience lights, sound and special effects. The adventure will bring you through a pathway of hidden wonder, telling a story along the way. *Suitable for all ages.

ZIPLINE TOURS - experience a thrilling journey high in the treetops. Zipline guides take you on an interpretive adventure across sky high views. *Ages 6+, must be within 65lbs - 250lbs.

ATV/RZR TOURS - wind your way through lush forests and rugged trails as you drive an all-terrain vehicle offroad.

AERIAL OBSTACLE COURSE - a unique aerial adventure in the forest, making your way through an elevated obstacle course. Securely suspended among the trees, tackle ziplines, bridges, scramble nets & swinging logs. *Ages 6+.

GOLFING - enjoy Whistler's incredible beauty at any of the four Champion Courses.

WHISTLER BUNGEE JUMPING - B.C.'s highest and most pristine year round bungee jumping site, located 15 km south of Whistler village. Experience 160ft. of heart pounding exhilaration as you drop over the glacial fed Cheakamus river. *Suitable for all ages.

CANOEING, KAYAKING & SUP - paddle your way through wetlands down the meandering River of Golden Dreams or enjoy a lake paddle with a knowledgeable and qualified guide. Various tours and rentals are available to help you explore the local surroundings. *Suitable for all ages.

HELICOPTER SIGHTSEEING TOURS - sit back and relax as you are transported above the mountains to views of glacier lakes and panoramic

CLOUDRAKER SKYBRIDGE/ PEAK 2 PEAK GONDOLA

SIGHTSEEING- journey across the longest and highest suspended gondola in the world as you travel Peak 2 Peak, walk the Cloudraker Skybridge with breathtaking views from Whistler Peak.

*Suitable for all ages.

HIKING - hike through giant Douglas firs and enjoy the calm of ancient cedar groves. Visit a land of glaciers, lakes, and snow-capped mountains with an experienced mountain guide or just go for a casual stroll starting here at the Resort.

FLOATPLANE - take in B.C.'s supernatural beauty with a bird's eye view of the Garibaldi Provincial Park in a floatplane.

*Suitable for all ages.

MOUNTAIN BIKING - Whistler is world famous for its mountain biking and home to the largest bike park in the world. Guided tours make cycling a great activity for groups+ families.

*Ages 5+, must know how to ride a bike.

BOBSLED EXPERIENCE- ride down the fastest track in the world! the Whistler sliding centre offers public bobsleigh rides and skeleton slides. *Ages 14+.

SLCC TOURS - learn more about the two First Nations communities that lived in the Whistler area. Friendly Cultural Ambassadors from both the Squamish Nation and Lil'wat Nation provide guided museum tour experiences each hour. Please register with concierge team.

ART GALLERIES AND MUSEUMS - Whistler's vibrant arts and culture scene flourishes year round. From engaging local workshops, art exhibitions, music and theatrical performances, to international film and culinary events.

FAQ

DO I NEED ADVANCED RESERVATIONS FOR THE PEAK 2 PEAK GONDOLA?

No! You do not need to reserve a specific time for the gondola - you may go at your leisure during the hours of operation (changes seasonally). You will need a ticket which is available at the base of the mountain.

WHAT IS A MUST-DO ACTIVITY IN THE SUMMER?

Anything outdoors. Whether it is a hike, canoe ride, crosscountry mountain bike or bear safari, the possibilities are (almost) endless.

DO I NEED TO PRE-BOOK MY ACTIVITIES AND DINNER RESERVATIONS?

Most definitely. We are a very small but lively village and popular activities and restaurants will book up entirely during our peak season. The best way to do everything you want is to make advanced reservations to secure your spot.

IF I GO ON A HIKE WILL I SEE A BEAR?

There are many factors that will affect the likliness of this (time of year, temperature, which hike you do, etc.). The majority of the Whistler bear population are black bears which are typically non-aggressive. Come talk to the concierge to find out what to do in the unlikely event that you run into a bear.

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