

## **Hilary L. DeShong, Ph.D.**

### **Curriculum Vitae**

#### **Work Address**

**Department of Psychology  
180 Magruder Street  
Mississippi State, MS 39762**

#### **Contact**

**Email: hld166@msstate.edu  
Phone: 662-325-7771  
Licensed Clinical Psychologist MS 59-1033**

### **ACADEMIC AND PROFESSIONAL POSITIONS (Current and Upcoming)**

July 2026	<b>Director of Clinical Training, WVU</b>
January 2026	<b>Associate Professor with Tenure</b> Department of Psychology West Virginia University Morgantown, West Virginia
August 2024-August 2025	<b>Graduate Coordinator, MSU</b>
August 2023-December 2025	<b>Associate Professor with Tenure, MSU</b>
August 2017-2023	<b>Assistant Professor, Tenure-Track</b> Department of Psychology Mississippi State University Starkville, Mississippi
08/2016-08/2017	<b>Clinical Psychology Internship</b> Ann Arbor VA Healthcare System APA Accredited Site Ann Arbor, Michigan

### **PROFESSIONAL VOLUNTEER SERVICE**

#### **National Level Professional Service**

2023-Present	Society for Personality Assessment Awards Committee Member
2022-Present	Society for Personality Assessment DEISJ Committee Member

#### **State Level Professional Service**

2025-Present	Mississippi Psychological Association Region 1 Representative
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### **EDUCATIONAL HISTORY**

08/2013-08/2017	<b>Doctor of Philosophy in Psychology</b> <b>Concentration in Clinical Psychology</b> APA Accredited Program Oklahoma State University; Stillwater, Oklahoma <b>Dissertation Title:</b> <i>Neuroticism as a Predictor of Rumination and Maladaptive Behaviors: A Prospective Approach</i> <b>Chairperson:</b> Stephanie N. Mullins-Sweatt, Ph.D.
08/2011-07/2013	<b>Master of Science in Psychology</b> Oklahoma State University; Stillwater, Oklahoma <b>Thesis Title:</b> <i>Personality and Workplace Behaviors: Assessing the Five-Factor Model and Dark Triad in Relation to Counterproductive Workplace Behaviors</i> <b>Chairperson:</b> Stephanie N. Mullins-Sweatt, Ph.D.

- 08/2009–08/2011      **Master of Science in Psychology**  
 Villanova University; Villanova, Pennsylvania  
**Thesis Title:** *Differentiating Between Borderline and Antisocial Personality Disorders Using the Four Factors of Impulsivity*  
**Chairperson:** John Kurtz, Ph.D.
- 08/2005–05/2009      **Bachelor of Science in Psychology, Summa Cum Laude**  
**Phi Beta Kappa Inductee**  
 West Virginia University; Morgantown, West Virginia

### **EXTERNAL GRANTS FUNDED**

- 2021-2025      NIMH R15 MH122937-01A1  
 Title: An Experimental Approach to Emotion Regulation: Investigating Rumination, Cognitive Control, and Maladaptive Behaviors  
 Total Costs: \$421,155  
 Role: Principal Investigator
- 2022-2026      NIMH R15 MH127565-01A1  
 Title: Motivational Interviewing to Enhance Behavioral Change in Older Adults with Hoarding Disorder  
 Total Costs: \$427,415  
 Role: Co-Investigator
- 2021-2022      Society for Personality Assessment Student Research Grant  
 Title: Investigating the Transdiagnostic Potential of Rumination in Relation to Cluster B Personality Disorder Symptoms  
 Total Costs: \$500  
 Role: Co-PI (Kren Kelley as doctoral graduate student Co-PI)
- 2021-2022      Psi Chi Graduate Student Research Grant  
 Title: Impulsivity and Young Adult Alcohol Outcomes: An Integration of Trait and Behavioral Risk Factors.  
 Total Costs: \$1500  
 Role: Co-PI (Kren Kelley as doctoral graduate student Co-PI)
- 2020-2021      Society for Personality Assessment Student Research Grant  
 Title: Facets of the Five Factor Model and Negative Thoughts Predicting Non-Suicidal Self-Injury  
 Total Costs: \$500  
 Role: Co-PI (Courtney Mason as doctoral graduate student Co-PI)
- 2020-2021      Psi Chi Graduate Research Grant  
 Title: Facets of the Five Factor Model and Negative Thoughts Predicting Non-Suicidal Self-Injury

Role: Principal Investigator

Total Cost: \$1,500

Role: Co-PI (Courtney Mason as doctoral graduate student Co-PI)

2019-2020 Department of Defense, Military Suicide Research Consortium Dissertation Award

Title: Exploring Suicide Acceptability in a Veteran and non-Veteran Sample

Total Costs: \$2,000

Role: Co-PI (Caitlin Titus as doctoral graduate student Co-PI)

2020-2023 NIMH R15 MH101573-03

Title: Reward Devaluation, Positive Valence System Disturbance, and Impairment

Requested Total Costs: \$423,178

Role: Co-Investigator

2019-2024 Substance Abuse and Mental Health Services Administration  
(As part of state of Mississippi Garrett Lee Smith grant)

Title: Innovative MSU Cares – Preventing and Responding to Mississippi Youth Suicide

Total Costs: \$1,678,552

Role: Co-Investigator

#### **EXTERNAL GRANTS PENDING REVIEW**

2025 NIMH R01 Grant Mechanism

Title: An Experimental Approach to Emotion Regulation: Testing a Personalized Exercise Bout for Decreasing Negative Affect

Total Costs: \$2,715,004

Role: Primary Investigator

2025 Health and Human Services Administration for Community Living

Title: Helping Older Adults Reclaim a Healthy Living Situation: Development and Testing of a Brief Intervention for Late Life Hoarding

Total Costs: \$1,121,617

Role: Co-Investigator

2025 NIMH R21 Grant Mechanism

Title: Applying the Theory of Planned Behavior to Reduce Hoarding Symptoms in the United States.

Total Costs: \$386,975

Role: Co-Investigator

#### **EXTERNAL GRANTS SUBMITTED; NOT FUNDED**

2022 NIMH Notice of Special Interest Administrative Supplement

Title: An Experimental Approach to Emotion Regulation: Investigating Rumination, Cognitive Control, and Maladaptive Behaviors

Requested Total Costs: \$97,667  
Role: Primary Investigator

- 2019 NIMH R15 Grant Mechanism  
Title: An Experimental and Ecological Momentary Approach to Emotion Regulation: Investigating Rumination, Cognitive Control, and Maladaptive Behaviors  
Requested Total Costs: \$299, 968  
Role: Primary Investigator
- 2018 Substance Abuse and Mental Health Services Administration  
Title: Mississippi Community Wellness Initiative  
Requested Total Costs: \$375,000  
Role: Primary Investigator
- 2018 Military Suicide Research Consortium  
Title: An Examination of the Efficacy and Acceptability of the Dream EZ Application in Reducing Nightmares and Suicide Risk  
Requested Total Costs: \$1,074,326  
Role: Co-Investigator

#### **INTERNAL GRANTS FUNDED**

- 2023-2024 A&S Strategic Research Initiative  
Title: The Trait-Interpersonal Theory of Suicide: A Prospective Approach  
Total Costs: \$9,465  
Role: Primary Investigator
- 2023-2024 MSU Division of Access, Diversity, and Inclusion Grant  
Title: Psychology Undergraduate Mentorship Pilot Program  
Total Costs: \$1500  
Role: Primary Co-Investigator

#### **PEER-REVIEWED PUBLICATIONS**

(\*undergraduate mentee; \*\*graduate mentee)

46. Hein, K. E., Min, J., Helle, A. C., Dennis, S. J., Folger, L. F., Meyer, N. A., **DeShong, H. L.**, Mason, C. K., Grant, D. M., Wells, T. T., Mullins-Sweatt, S. N. (in press). State and trait impulsivity predicting binge eating in individuals with borderline personality traits. *Current Psychology*.
45. **DeShong, H.L.**, Cain, N., Dowgwillo, E., Mulay, A., Nelson, S., & Iwanacki, S. (in press). Working with the Alternative Model for Personality Disorders: A Case Study Illustration. *Journal of Psychotherapy Integration*.
44. Guadalupe, C.\*\*, & **DeShong, H. L.** (2025). Personality and Coping: A Systematic Review of Recent Literature. *Personality and Individual Differences*, 239, 113119.

43. Macali, I. C.\*\* , Smith, L., Dale, M., Lind, E., **DeShong, H. L.**, & Holmes, M. E. (2025). Influences of Motivation and Personality on Physical Activity Behavior: A Systematic Review. *Journal of Sports Sciences*, 43(6), 623-635.
42. **DeShong, H. L.**, Mason, C.K.\*\* , Porter, B., Kelley, K.\*\* , Mullins-Sweatt, S.N., Lynam, D., Miller J., Lynam, D. & Widiger, T. (2025). Development and validation of the Five Factor Borderline Inventory Super Short Form and Screener. *Assessment*, 32(4), 488-500.
41. **DeShong, H. L.**, Mason, C.\*\* , Nelson, S. M., Kelley, K.\*\* , & McDaniel, C.\*\* (2024). Borderline personality disorder traits and symptoms and rates of NSSI during the COVID-19 Pandemic: An initial investigation. *Journal of American College Health*, 72(9), 3632-3642. <https://doi.org/10.1080/07448481.2023.2186139>
40. Dozier, M. E., Nix, C. A., & **DeShong, H. L.** (2024). Personality Profile of Rural-Dwelling Older Adults with Hoarding Disorder. *Journal of Public Health in the Deep South*, 4(1), 5.
39. Kelley, K.\*\* , Miller, J. A.\* , Mason, C.\*\* , & **DeShong, H.L.** (2024). Investigating the transdiagnostic potential of rumination in relation to cluster B personality disorder symptoms. *Personality Disorders: Theory, Research, and Treatment*, 15(6), 469-478.
38. Mason, C. K.\*\* , Miller, J. A.\* , Kelley, K.\*\* , & **DeShong, H. L.** (2024). Personality facets and negative thoughts related to non-suicidal self-injury. *Current Psychology 1-11*. <https://doi.org/10.1007/s12144-024-05738-7>
37. Mason, C.\*\* , Kelley, K.\*\* , & **DeShong, H. L.** (2024). Repetitive negative thoughts and thought control strategies within borderline personality disorder: A systematic review. *Journal of Affective Disorders Reports*, 15, 100693.
36. Mason, C. K.\*\* , Rios, L. A.\* , & **DeShong, H. L.** (2024). Examining negative thinking styles and thought control strategies within borderline personality disorder. *Journal of Psychopathology and Behavioral Assessment*, 46(2), 277-286. <https://doi.org/10.1007/s10862-023-10058-4>
35. Mason, C.\*\* & **DeShong, H. L.** (2023). Comparing Conceptualizations of Narcissism in Predicting Negative Thinking Styles. *Journal of Psychopathology and Behavioral Assessment*, 46(1), 126-136. <https://doi.org/10.1007/s10862-023-10085-1>.
34. Lass, A., Veilleux, J., **DeShong, H.L.**, & Winer, E. S. (2023). What is distress tolerance? Presenting a need for conceptual clarification based on qualitative findings. *Journal of Contextual Behavioral Science*, 29, 23-32. <https://doi.org/10.1016/j.jcbs.2023.05.003>
33. Nails, J. G., Maffly-Kipp, J., **DeShong, H. L.**, Lowmaster, S. E., & Kurtz, J. E (2023). A crisis in college student health? Self-ratings of psychopathology before and after the

- COVID-19 Pandemic. *Psychological Assessment*, 35, 1010-1018.  
<https://doi.org/10.1037/pas0001241>
32. Kelley, K.\*\*, & **DeShong, H.L.** (2023). Examining Facet-Level Distinctions within the Trait-Interpersonal Model of Suicide Risk. *Personality and Individual Differences*, 202, 111973. <https://doi.org/10.1016/j.paid.2022.111973>
31. Pate, A. R., **DeShong, H. L.**, Stafford, T. W. D., & Nadorff, M. R. (2023). Impact of social support on suicidal ideation and attempts among gender minority adults. *The International Journal of Aging & Human Development*, 96(1), 117-130.  
<https://doi.org/10.1177/00914150221128>
30. **DeShong, H.L.**, & Kelley, K.\*\* (2022). Investigating the incremental validity of negative thinking styles and facets of neuroticism within depression, anxiety, and borderline personality disorder. *Journal of Psychopathology and Behavioral Assessment*, 44, 962-971.
29. McDaniel, C. J.\*\*, **DeShong, H. L.**, Nadorff, M. D., & Rufino, K. (2022). The Synergistic Effects of Neuroticism and Extraversion on Suicidal Ideation, Single Attempts, and Multiple Attempts in an Inpatient Sample. *Journal of Personality Disorders*, 36, 717-730.
28. Athar, M. E., Jazi, E. A., Lashgari, Z., Azizi, M., Karimi, S., & **DeShong, H. L.** (2022). Psychometric properties of the Persian version of the short-form five factor borderline inventory (FFBI-SF). *BMC Psychiatry*, 22, 83-93.
27. Dozier, M., & **DeShong, H. L.** (2022). The association between personality traits and hoarding behaviors. *Current Opinion in Psychiatry*, 35, 53-58.
26. Kelley, K.\*\*, Walgren, M.D.\*, & **DeShong, H. L.** (2021). Rumination as a transdiagnostic process: The role of rumination in relation to antisocial and borderline symptoms. *Journal of Affective Disorders*, 295, 865-872.
25. Rodriguez, L., **DeShong, H. L.**, & Shriner, M. (2021). Type D Personality as a Predictor of COVID-19-related Dysfunctional Anxiety and Psychological Trauma in the United States. *EC Psychology and Psychiatry*, 10.9, 01-11.
24. Fastring, D. R., Nadorff, D. K., & **DeShong, H. L.** (2021). The influence of rurality on fruit and vegetable intake and BMI: Findings in Mississippi are not consistent with those at the national level. *International Journal of Environmental Research and Public Health*, 18, 5021, 1-13.
23. Robertson, M. N., **DeShong, H. L.**, Steen, J. S., Buys, D. R., & Nadorff, M. R. (2021). Mental health first aid training for extension agents in rural communities. *Suicidal and Life-Threatening Behavior*, 51, 301-307.

22. Nadorff, M.R., **DeShong, H.L.**, Golding, S., Cerel, J., McDaniel, C.J.\*\*\*, Pate, A.R., Kelley, K.\*\*, & Walgren, M.D.\* (2021). Rates of exposure to natural, accidental, and suicide deaths. *Suicide and Life-Threatening Behavior*, 51, 478-481.
21. Titus, C. E.\*\*, & **DeShong, H. L.** (2020). Thought control strategies as predictors of borderline personality disorder and suicide risk. *Journal of Affective Disorders*, 266, 349-355.
20. Mullins-Sweatt, S. N., **DeShong, H. L.**, Lengel, G. J., Helle, A. C., & Krueger, R. F. (2019). Disinhibition as a unifying construct in understanding how personality dispositions undergird psychopathology. *Journal of Research in Personality*, 80, 55-61.
19. **DeShong, H. L.**, Grant, D. M., & Mullins-Sweatt, S. N. (2019). Precursors of the Emotional Cascade Model of BPD: The role of neuroticism, childhood emotional vulnerability, and parental invalidation. *Personality Disorders: Theory, Research, and Treatment*, 10, 317-329.
18. Daghighi, A., **DeShong, H. L.**, Daghighi, V., Niazi, M., & Titus, C. E.\*\* (2019). Exploring the relation between religiosity and narcissism in an Iranian sample. *Personality and Individual Differences*, 139, 96-101.
17. **DeShong, H. L.**, & Tucker, R. P. (2019). Borderline Personality Disorder and suicide risk: The mediating role of insomnia and nightmares. *Journal of Affective Disorders*, 244, 85-91.
16. Helle, A. J., **DeShong, H. L.**, Lengel, G. J., Meyer, N., Butler, J., & Mullins-Sweatt, S. N. (2018). Utilizing Five Factor Model facets to conceptualize counterproductive, unethical, and organizational citizenship workplace behaviors. *Personality and Individual Differences*, 135, 113-120.
15. Helle, A. C., **DeShong, H. L.**, Baraldi, A. N., & Mullins-Sweatt, S. N. (2018). The Five Factor Borderline Inventory: Behavioral outcomes over time. *Psychological Assessment*, 30, 43-61.
14. **DeShong, H. L.**, Helle, A. C., Lengel, G. J., Meyer, N., & Mullins-Sweatt, S. N. (2017). Facets of the Dark Triad: Utilizing the five factor model to describe Machiavellianism. *Personality and Individual Differences*, 105, 218-223.
13. Meyer, N. A., Helle, A. C., Tucker, R. P., Lengel, G. J., **DeShong, H. L.**, Wingate, L. R., & Mullins-Sweatt, S. N. (2017). Humor styles moderate borderline personality traits and suicide ideation. *Psychiatry Research*, 249, 337-342.
12. Oltmanns, J. R., **DeShong, H. L.**, Sanders, C. A., & Kurtz, J. E. (2016). Validation of the Five-Factor Model personality disorder prototype counts with the personality assessment inventory. *Journal of Psychopathology and Behavioral Assessment*, 38, 590-599.

11. Lengel, G. J., Helle, A. C., **DeShong, H. L.**, Meyer, N., & Mullins-Sweatt, S. N. (2016). Translational applications of personality science for the conceptualization and treatment of psychopathology. *Clinical Psychology: Science and Practice*, 23, 288-308.
10. **DeShong, H.L.**, Helle, A.C., & Mullins-Sweatt, S.N. (2016). Unmasking Cleckley's psychopathy: Assessing historical case studies. *Personality and Mental Health*, 10, 141-151.
9. Mullins-Sweatt, S. N., Lengel, G. J., & **DeShong, H. L.** (2016). The importance of considering clinical utility in the construction of a diagnostic manual. *Annual Review of Clinical Psychology*, 12, 133-155.
8. Lengel, G. J., **DeShong, H.L.**, & Mullins-Sweatt, S. N. (2016). Impulsivity and nonsuicidal self-injury: Examining the role of affect manipulation. *Journal of Psychopathology and Behavioral Assessment*, 38, 101-112.
7. **DeShong, H.L.**, Mullins-Sweatt, S. N., Miller, J. D., Widiger, T. A., & Lynam, D. R. (2016). Development of a Short Form of the Five Factor Borderline Inventory. *Assessment*, 23, 342-352.
6. **DeShong, H. L.**, Lengel, G. J., Sauer-Zavala, S. E., O'Meara, M. & Mullins-Sweatt, S. N. (2015). Construct validity of the Five Factor Borderline Inventory. *Assessment*, 22, 319-331.
5. **DeShong, H. L.**, Tucker, R. P., O'Keefe, V. M., Mullins-Sweatt, S. N., & Wingate, L. R. (2015). Five factor model traits as a predictor of suicidal ideation and interpersonal suicide risk in a college sample. *Psychiatry Research*, 226, 217-223.
4. **DeShong, H.L.**, Grant, D., & Mullins-Sweatt, S. N. (2015). Comparing models of counterproductive workplace behaviors: The Five Factor Model and the Dark Triad. *Personality and Individual Differences*, 74, 55-60.
3. Tucker, R. P., O'Keefe, V.M., Cole, A.B., Rhodes-Kerswill, S., Hollensworth, D., Helle., A., **DeShong, H. L.**, Mullins-Sweatt, S.N., & Wingate, L.R. (2014). Mindfulness tempers the impact of personality on suicidal ideation. *Personality and Individual Differences*, 68, 229-233.
2. **DeShong, H.L.**, & Kurtz, J. E. (2013). Four factors of impulsivity differentiate antisocial and borderline personality disorders. *Journal of Personality Disorders*, 27, 144-156.
1. Brand, R. J., Bonatsos, A., D'Orazio, R. J., & **DeShong, H. L.** (2012). What is beautiful is good, even online: Correlations between photo qualities and text qualities in men's online dating profiles. *Computers in Human Behavior*, 28, 166-170

## **BOOK CHAPTERS**



1. **DeShong, H. L.**, Mullins-Sweatt, S. N., & Widiger, T. A. (2012). Which 5?: Examining Personality Pathology with the Five Factor Model and Personality Psychopathology-5. *New Developments in Personality Disorders Research*. Nova Science Publishers, Inc.

### **MANUSCRIPTS UNDER REVIEW**

(\*undergraduate mentee; \*\*graduate mentee)

Dozier, M., **DeShong, H.L.**, & Krafft, J. (n.d.). Who is treating stigmatized psychological conditions? Availability of providers and evidence-based treatment for hoarding and borderline personality disorder. Revised paper under review.

Guadalupe, C. \*\*, & **DeShong, H.L.** (n.d.). Personality and Complementary and Alternative Medicine as potential explanations of Self-Rated Health: A Longitudinal Investigation. Revised paper under review.

Macali, I., **DeShong, H.L.**, & Holmes, M. (n.d.). Personality Traits as Cross Sectional and Longitudinal Predictors of Health in the MIDUS Study. Paper under review.

Pulver, A. \*, & **DeShong, H.L.** (n.d.). The antagonistic triad and interpersonal problems: The role of rejection sensitivity.

### **MANUSCRIPTS IN REVISION**

(\*undergraduate mentee; \*\*graduate mentee)

Aschenbrenner, L. \*, & **DeShong, H. L.** (n.d.). Does gender moderate the relationship between narcissism and risky sex?

Griffin, Y.\*\*, & **DeShong, H.L.** (n.d.). Personality Change Overtime: An Examination of Life Satisfaction as a Moderator for the Relation between Age and Personality.

Hein, K. E., Baraldi, B. N., Min, J., Helle, A. C., Meyer, N. A., **DeShong, H. L.**, Grant, D. M., Wells, T. T., & Mullins-Sweatt, S. N. (n.d.). Borderline personality traits and maladaptive eating: The role of emotion dysregulation and personality factors.

Rodriguez, L., **DeShong, H.L.**, & Shriner, M. (n.d.). Type D personality change during Covid.

Simmons, S. \*, & **DeShong, H.L.** (n.d.). UPPS-P Impulsivity facets of BPD, SUD, and ED in a college student sample.

### **INVITED COLLOQUIA**

Mullins-Sweatt, S. N., Lengel, G. J., **DeShong, H. L.**, & Helle, A. C. (2016, March). Classification of personality pathology and maladaptive behaviors: Progress toward a new diagnostic framework. Invited colloquium presented at The Ohio State University.

**PAPERS PRESENTED AT SCIENTIFIC MEETINGS**

(\*undergraduate mentee; \*\*graduate mentee)

26. **DeShong, H.L.**, Dowgwillo, E., Iwanicki, S., Mulay, A. L., & Nelson, S. (2025, March). *Implementation and Training of the AMPD Model: Incorporating Dimensional Personality Models into Student Training*. Symposium presented at the Society for Personality Assessment annual conference, Denver, Co.
25. **DeShong, H.L.**, Cain, N., Dyette, K., Iwanacki, S., Mulay, A., & Nelson, S. (2024, March). *The Empowered Path – Shaping the Future of Psychology Careers*. Symposium presented at the Society for Personality Assessment annual conference, San Diego, CA.
24. Nelson, S., Mulay, A., Cain, N., Iwanacki, S., Dowgwillo, E., & **DeShong, H. L.** (2023, March). Working with the Alternative Model of Personality Disorders: A case discussion. Symposium presented at the Society for Personality Assessment annual conference, Austin, TX.
23. Kelley, K.\*\*, Miller, J.\*, Mason, C.\*\*, & **DeShong, H.L.** (2023, March). Investigating the transdiagnostic potential of rumination in relation to cluster B personality disorder symptoms. Paper presented at the Society for Personality Assessment annual conference, Austin, TX.
22. Winer, E.S., Collins, A., Mason, C.K., Gallagher, M.R., Hanna, M., & **DeShong, H.L.** (2022, November). *The Complex Inter-relations among anhedonia, devaluing reward, and self-injury*. In *Responses to Reward and Risk for Suicide Across Age, Context, and Levels of Analysis*. [Symposium]. Association for Behavioral and Cognitive Therapies Annual Convention, New York City, NY.
21. McDaniel, C.J.\*\*, Kelley, K.\*\*, & **DeShong, H.L.** (2022, March). *Using Latent Profiles of Impulsivity to Differentiate Constructs of the Dark Triad*. Paper presented at the Society for Personality Assessment annual conference, Chicago, IL.
20. Mason, C.K.\*\*, & **DeShong, H.L.** (2021, October). *Negative thoughts predicting differential conceptualizations of narcissism*. Oral presentation at the annual symposium of Mississippi State University's Graduate Student Association, Starkville, MS.
19. Kelley, K.\*\*, & **DeShong, H.L.** (2021, October). *Evidence for anger rumination as a transdiagnostic processes within BPD and ASPD*. In S.N. Mullins-Sweatt (Chair). *Emotion dysregulation as a biopsychosocial mechanism of borderline personality disorder*. [Symposium]. International Society for the Study of Personality Disorders, Oslo, Norway.
18. McDaniel, C.\*\* & **DeShong, H.L.** (2021, October). *Reconceptualizing the biosocial model: Contributions from independent childhood factors*. In S.N. Mullins-Sweatt (Chair). *Emotion dysregulation as a biopsychosocial mechanism of borderline personality*

- disorder*. [Symposium]. International Society for the Study of Personality Disorders, Oslo, Norway.
17. Nelson, S., **Mason, C.K.\*\***, & DeShong, H.L. (2021, October) *Borderline Personality Disorder Traits and Symptoms and Rates of NSSI During the COVID-19 Pandemic: An Initial Investigation*. In S.N. Mullins-Sweatt (Chair). *Emotion dysregulation as a biopsychosocial mechanism of borderline personality disorder*. [Symposium]. International Society for the Study of Personality Disorders, Oslo, Norway.
  16. Kelley, K.--, & **DeShong, H. L.** (2021, September 29 – October 1). *Revisiting the conceptualization of impulsivity: Integrating self-report and laboratory task data*. Student data blitz presented at the Mississippi Psychological Association 72<sup>nd</sup> Annual Convention, Biloxi, MS.
  15. **DeShong, H. L.** (2021, September). *Personality Traits and Personality Pathology: Bridging the Divide*. Presented at the Mississippi State University Psychology Department Colloquia Series, Starkville, Mississippi.
  14. Pate, A.R., **DeShong, H.L.**, Stafford, T.W.D., & Nadorff, M.R. (2020, April). *Intersecting identities impacting suicidal ideation and attempts among gender minority adults*. Paper session presented at the 53rd Annual Conference of the American Association of Suicidology, Portland, OR.
  13. McDaniel C.J.\*\* , Pate, A.R., **DeShong, H.L.**, & Nadorff, M.R., (2019, October). *Emotion Dysregulation as a Mediator for Common Sleep Disturbances and Suicide Risk*. Paper presented at the annual meeting of the Mississippi State University Graduate Student Symposium, Starkville, MS.
  12. Kelley, K.\*\* , McDaniel, C.\*\* , Titus, C.\*\* , Rufino, K., **DeShong, H. L.**, & Nadorff, M. (2019, April) *Alcohol and Cannabis as Mediators of the Relationship between Emotional Dysregulation and Suicide Attempts*. K. Rufino (Chair), *Single and Multiple Suicide Attempts: What We Can Learn from an Inpatient Sample*. Symposium presentation at the American Association of Suicidology Annual Conference, Denver, CO.
  11. McDaniel, C.J.\*\* , **DeShong H.L.**, Nadorff M., & Rufino, K. (2019, April). *Differentiating between suicidal ideation, single attempts, and multiple attempts: The role of neuroticism*. Paper presented at the annual meeting of the American Association of Suicidology, Denver, CO.
  10. **DeShong, H. L.** (2016, April). *Utilizing dimensional models to understand personality pathology and maladaptive behaviors*. Paper presented at Oklahoma State University Research Presentation, Oklahoma State University, Stillwater, Oklahoma.
  9. **DeShong, H. L.** (2016, February). *The role of neuroticism within the Emotional Cascade Model of Borderline Personality Disorder*. Paper presented at Oklahoma State University Research Week. Oklahoma State University, Stillwater, Oklahoma.

8. **DeShong, H. L.** (2015, October). *The Dark Triad: Utilizing the five factor model to decode Machiavellianism*. Paper presented at Oklahoma State University Research Presentation, Oklahoma State University, Stillwater, Oklahoma.
7. **DeShong, H. L.** (2015, April). *The Five Factor Borderline Inventory – Short Form*. Paper presented at Oklahoma State University Research Presentation, Oklahoma State University, Stillwater, Oklahoma.
6. **DeShong, H. L.** (2015, February). *Five Factor Model Traits as a Predictor of Suicide Ideation and Interpersonal Suicide Risk*. Paper presented at Oklahoma State University Research Week. Oklahoma State University, Stillwater, Oklahoma.
5. Helle, A. C., **DeShong, H. L.**, & Mullins-Sweatt, S. N. (2015, February). *Unmasking psychopathy through the assessment of historical case studies*. Paper presentation at Oklahoma State University Research Week Symposium, Stillwater, Oklahoma.
4. Helle, A. C., Meyer, N. A., **DeShong, H. L.**, Lengel, G. J., & Mullins-Sweatt, S. N. (2015, October). *Predicting workplace behaviors: Using general personality traits to examine unethical and citizenship workplace behaviors*. Presented at the Oklahoma State University Psychology Department Colloquia Series, Stillwater, Oklahoma.
3. Mullins-Sweatt, S. N., **DeShong, H. L.**, Lengel, G. J., & Sauer-Zavala, S. E. (2014, March). *Validating a new measure of borderline personality in individuals who self-injure*. Paper Presented at the annual convention of the Society for Personality Assessment.
2. **DeShong, H. L.**, & Mullins-Sweatt, S.N. (2014, February). *The Dark Triad and Five-Factor Model of Personality in Predicting Counterproductive Workplace Behaviors*. Paper presented at Oklahoma State University Research Week. Oklahoma State University, Stillwater, Oklahoma.
1. **DeShong, H.L** (2013, October). *Personality and workplace behaviors: Assessing the five-factor model and dark triad in relation to counterproductive workplace behaviors*. Paper presented at Oklahoma State University Research Presentation, Oklahoma State University, Stillwater, Oklahoma.

#### **POSTERS PRESENTED AT SCIENTIFIC MEETINGS**

(\*undergraduate mentee; \*\*graduate mentee)

83. Collum S.\*, Massengill, A.\*, Pulver, A.\*, & **DeShong, H.L.** (2025, April). Do Mental Health Symptoms Make Interpersonal Problems Worse for People with Elevated Antagonistic Personality Traits? Poster to be presented at the MSU Undergraduate Spring Research Symposium, Starkville, MS.

82. Walters, G.\*, Westbrook, A.\*, Porter, B., & **DeShong, H.L.** (2025, April). Investigating Potential Shared Childhood Risk Factors for BPD and PTSD. Poster to be presented at the MSU Undergraduate Spring Research Symposium, Starkville, MS.
81. Barton, C.\*, Green, B.\*, Simmons, S., & **DeShong, H.L.** (2025, April). Investigating Shared Underlying Impulsivity Traits as an Explanation for the Comorbidity between Borderline Personality Disorder and Eating Disorder Symptoms. Poster to be presented at the MSU Undergraduate Spring Research Symposium, Starkville, MS.
80. Pulver, A.G.\*, Mathis, C.\*, & **DeShong, H.L.** (2025, April). Exploring the relationship between the antagonistic triad and psychological well-being. Poster to be presented at the MSU Undergraduate Spring Research Symposium, Starkville, MS.
79. Griffin, Y.\*\*, & **DeShong, H.L.** (2025, March). *Personality Change Over Time: Investigating the Role of Life Satisfaction*. Poster presented at the Society for Personality Assessment annual conference, Denver, Co.
78. Petersen, S.\*, Toliver, J.\*, Porter, B. W., & **DeShong, H.L.** (2025, March). *Borderline Personality Disorder and Behavioral Impulsivity: Investigating the Relationship between Self-Report and Computerized Inhibition/Control Tasks*. Poster presented at the Society for Personality Assessment annual conference, Denver, Co.
77. Shapiro, G.\*, Daniel, L.\*, Porter, B. W., & **DeShong, H.L.** (2025, March). *Borderline Personality Traits and Emotional Reactivity: An Investigation on Changes in Negative and Positive Affect after an In-Lab Rumination Task*. Poster presented at the Society for Personality Assessment annual conference, Denver, Co.
76. Pulver, A. G.\*, & **DeShong, H.L.** (2025, March). *The Antagonistic Triad and Interpersonal Problems: The Role of Rejection Sensitivity*. Poster presented at the Society for Personality Assessment annual conference, Denver, Co.
75. Aschenbrenner, L., & **DeShong, H.L.** (2025, March). Investigating the potential comorbidity of BPD and ADHD through the lens of impulsivity. Poster presented at the Society for Personality Assessment annual conference, Denver, Co.
74. Macali, I. C., **DeShong, H. L.**, & Holmes, M. E. (2025, February). Personality traits as cross-sectional and longitudinal predictors of health in the MIDUS study. *Poster to be presented at the Southeast American College of Sports Medicine Annual Meeting (SEACSM)*.
73. Nguyen, T. H., & **DeShong, H.L.** (2024, November). *A Person-Centered Approach to Young Adult Trait Impulsivity: Associations with Substance Use Disorders*. Poster presented at the Association for Behavioral and Cognitive Therapies annual convention, Philadelphia, PA.

72. Daniel, L.\*, **DeShong, H.L.**, Toliver, J.\*, & Petersen, S.\* (2024, September). *Investigating the Relationship Between Rumination and Personality Disorders*. Poster presented at the Mississippi Psychological Association annual convention, Biloxi, MS.
71. Toliver, J.\*, **DeShong, H.L.**, Petersen, S.\*, & Daniel, L.\* (2024, September). *Investigations of Thought Control Strategies Influence Across Personality Disorders*. Poster presented at the Mississippi Psychological Association annual convention, Biloxi, MS.
70. Petersen, S.\* , **DeShong, H.L.**, Toliver, J.\*, & Daniel L.\* (2024, September). *An Exploration of Childhood Risk Factors within Personality Disorder Diagnoses*. Poster presented at the Mississippi Psychological Association annual convention, Biloxi, MS.
69. Macali, I. C., Smith, L.K., Dale, M., Lind, E., **DeShong, H.L.**, & Holmes, M.E. (2024, April). Influence of Motivation and Personality on Physical Activity Behavior: A Systematic Review. Poster presented at the MSU Graduate Student Research Symposium.
68. Herndon, M., Olson, E., **DeShong, H.L.**, & Porter, B. (2024, March). Comparing Mental Health Stigma between ROTC Cadets and Non-cadets. Poster presented at the Southeastern Psychological Association, Orlando, FL.
67. Griffin, Y.\*\* , & **DeShong, H.L.** (2024, March). The role of cognitive control strategies within the pathway from childhood risk factors to BPD. (2024, March). Poster presented at the Society for Personality Assessment Annual Conference, San Diego, CA.
66. Toliver, J.\*, Mangus, A.\* , & **DeShong, H.L.**, (2024, March). Exploring the overlapping forms of rumination, thought control strategies, and impulsivity traits across psychopathology. Poster presented at the Society for Personality Assessment Annual Conference, San Diego, CA.
65. Foster, W. H.\*, Jones, R. L.\*, Bennet, P. W., & **DeShong, H.L.** (2024, March). Impulsivity and Changes in Positive and Negative Affect: Assessing the Utility of an in-Lab Mood Induction Rumination Task. Poster presented at the Society for Personality Assessment Annual Conference, San Diego, CA.
64. Aschenbrenner, L.\* , & **DeShong, H. L.** (2024, March). Narcissism, the UPPS-P Impulsivity, and Risky Sex: Do Certain Impulsivity Facets Explain the Relationship Between Narcissism and Risky Sex? Poster presented at the Society for Personality Assessment Annual Conference, San Diego, CA.
63. Hall, J.\*, Aschenbrenner, L.\*, Griffin, Y.\*\* , & **DeShong, H.L.** (2023, September). Comparing categorical and dimensional measures of BPD: Investigating sex differences and impulsivity. Poster presented at the Mississippi Psychological Association Annual Convention, Tupelo, MS.

62. Mangus, A.\*, Toliver, J.\*, Griffin, Y.\*\*., M.A., **DeShong, H.L.**, Ph.D. (2023, September) *Investigating the Relationships between BPD Traits and Thought Control Strategies*. Poster presented at the Mississippi Psychology Association 2023, Tupelo, MS.
61. Folger, L. F., **DeShong, H.L.**, & Mullins-Sweatt, S.N. (2023, September). *Does agreeableness predict anger rumination better than borderline personality disorder symptoms and proneness to anger?* Poster presented at the Society for Research in Psychopathology Annual Conference, St. Louis, MO, United States.
60. Jones, R.L.\*, Foster, W.\*, Porter, B., & **DeShong, H.L.** (2023, August). Explaining comorbidities between borderline, substance, and alcohol use disorders: Investigating the potential shared risk factors of parental invalidation and childhood emotional sensitivity. Poster to be presented at the Mississippi State University Summer Undergraduate Research Showcase, Starkville, MS.
59. Toliver, J.M.\*, Porter, B., & **DeShong H.L.** (2023, August) *Investigating comorbidity rates between BPD and PTSD across men and women*. Poster to be presented at the Mississippi State University Summer Undergraduate Research Showcase, Starkville, MS.
58. Folger, L. F., Helle, A.C., **DeShong, H.L.**, & Mullins-Sweatt, S.N. (2023, April). Does impulsivity relate to psychological wellbeing in individuals who binge eat? Poster presented at the Oklahoma Psychological Society Annual Conference, Edmond, OK, United States.
57. Herndon, M.\*, All, A.\*, Kelley, K.\*\*., & **DeShong, H.L.** (2023, April). Five Factor Model personality traits subsume the impact of grit on depression, anxiety, and stress. Poster presented at the Mississippi State University Spring 2023 Undergraduate Research Symposium, Mississippi State, MS.
56. All, A.\*, Herndon, M.\*, Kelley, K.\*\*., & **DeShong, H.L.** (2023, April). Facet-level personality traits account for resiliency effects observed between grit and interpersonal theory of suicide risk factors. Poster presented at the Mississippi State University Spring 2023 Undergraduate Research Symposium, Mississippi State, MS.
55. Brinner, J.\*, Kelley, K.\*\*., Mason, C.\*\*., & **DeShong, H.L.** (2023, April). The mediating role of emotion regulation strategies within childhood adversity and suicide risk. Poster presented at the Mississippi State University Spring 2023 Undergraduate Research Symposium, Mississippi State, MS.
54. Aschenbrenner, L.\*, Kelley, K.\*\*., & **DeShong, H.L.** (2023, April). Limited access to emotion regulation strategies mediates the relation between vulnerable narcissism and suicide risk. Poster presented at the Mississippi State University Spring 2023 Undergraduate Research Symposium, Mississippi State, MS.

53. Hill, A. \*, Miller, J. A. \*, Kelley, K. \*\*, & **DeShong, H.L.** (2023, April). Five factor model domains differentially predict engagement in anger and depressive rumination. Poster presented at the Mississippi State University Spring 2023 Undergraduate Research Symposium, Mississippi State, MS.
52. Miller, J. M. \*, Kelley, K. \*\*, Mason, C. K. \*\*, & **DeShong, H. L.** (2023, April). Examining childhood risk and protective factors and adult attachment styles in relation to borderline personality disorder and depressive symptoms. Poster presented at the Mississippi State University Spring 2023 Undergraduate Research Symposium, Mississippi State, MS.
51. McDaniel, C. J. \*\*, Kelley, K. \*\*, **DeShong, H.L.** (2023, March). Adverse childhood events and antagonistic personality trait: An initial investigation and exploration of Machiavellianism, psychopathy, and narcissism. Poster to be presented as the Society for Personality Assessment annual conference, Austin, TX.
50. Miller, J. A. M. \*, Brinner, J. V. \*, Mason, C. K. \*\*, & **DeShong, H. L.** (2023, March). Maladaptive adult attachment styles and borderline personality disorder: Investigating differential relations to childhood risk factors. Poster to be presented as the Society for Personality Assessment annual conference, Austin, TX.
49. Mason, C. \*\*, Porter, B., Kelley, K. \*\*, McDaniel, C. \*\*, & **DeShong, H.L.** (2023, March). Development and validation of the Five Factor Borderline Inventory Short Form. Poster to be presented as the Society for Personality Assessment annual conference, Austin, TX.
48. Alvarez Rios, L. \*, Kelley, K. \*\*, Mason, C.K. \*\*, & **DeShong, H.L.** (2022, August). Examining Life Satisfaction as a Moderator of the Relation between Borderline Personality Disorder and Alcohol Use. Poster presented at the Mississippi State University Summer Undergraduate Research Showcase, Starkville, MS.
47. Kelley, K. \*\*, & **DeShong, H.L.** (2022, June). *Investigating the Incremental Validity of Self-Report and Behavioral Risk Factors as Predictors of Alcohol-Related Problems*. Poster presented at the Research Society in Alcoholism Annual Conference, Orlando, FL.
46. Vaughn, S.C. \*, Mason, C.K. \*\*, & **DeShong, H.L.** (2022, March). *The Dark Triad, Anger Rumination, and Criminal Maladaptive Behaviors*. Poster presented at the Society for Personality Assessment Annual Conference, Chicago, IL.
45. Mason, C.K. \*\* & **DeShong, H.L.** (2022, March) *Facets of the Five Factor Model and Negative Thoughts Predicting Non-Suicidal Self-Injury*. Poster presented at the Society for Personality Assessment Annual Conference, Chicago, IL.
44. Kelley, K. \*\*, & **DeShong, H.L.** (2021, September 29 – October 1). *Examining the direct and indirect effects of trait and behavioral predictors of impulsivity on alcohol-related outcomes*. Poster presented at the Mississippi Psychological Association 72<sup>nd</sup> Annual Convention, Biloxi, MS.



43. Rodriguez, L., **DeShong, H.L.**, & Shriner, M. (2021, August). *Type D Personality as a Predictor of COVID-19-related Dysfunctional Anxiety and Psychological Trauma in the United States*. Poster presented at the American Psychological Association Conference, Virtual.
42. Mason, C.K.\*\* , McDaniel, C.J.\*\* , & **DeShong, H.L.** (2020, March). *The Indirect Effects of Narcissism on Antagonism and Anger Rumination*. Poster accepted at the Society for Personality Assessment Conference, San Diego, CA. (Conference canceled).
41. Kelley, K., Walgren, M., & **DeShong, H.L.** (2020, February). *In the Moment: Facets of Mindfulness Differentially Related to Components of Impulsivity*. Poster presented at the Society for Personality and Social Psychology 21st Annual Convention, New Orleans, LA.
40. Kelley, K.K.\*\* , McDaniel, C.J.\*\* , & **DeShong H.L.**, (2020, February) *Personality, Grit, and Resilience; Moderating Factors Between Childhood Adversity and Adult Adjustment*. Poster presented at the annual meeting of The Society for Personality and Social Psychology, New Orleans, LA.
39. McDaniel C.J.\*\* , Pate, A.R., **DeShong, H.L.**, & Nadorff, M.R., (2019, November). *Emotion Dysregulation as a Mediator for Common Sleep Disturbances and Suicide Risk*. Poster presented at the annual meeting of the Association for Behavior and Cognitive Therapies Behavioral Sleep Medicine Special Interest Group, Atlanta, GA.
38. Mason, C.K.\*\* & **DeShong, H. L.** (2019, October). *Affective dysregulation and behavior dysregulation are mediated by anger rumination*. Poster presented at the annual symposium of Mississippi State University's Graduate Student Association, Starkville, MS.
37. Billingsley, M.\* , McDaniel, C.J.\*\* , Kelley, K.A.\*\* , & **DeShong, H.L.**, (2019, April). *The role of personality in the relationship between Suicide Risk and Life Satisfaction*. Poster presented at the annual meeting of the American Association for Suicidology, Denver, CO.
36. Shurden, S.\* , Kelley, K.\*\* , & **DeShong, H. L.** (2019, April) *Investigating the Potential Chain Mediating Effects Between Neuroticism, Stressful Life Events, and Substance Use in Predicting Suicide Risk*. Poster presented at the annual meeting of the American Association of Suicidology, Denver, CO.
35. Walgren, M.\* , McDaniel, C.J.\*\* , **DeShong, H.L.**, Nadorff, M. D., & Rufino, K., (2019, April). *Emotion Dysregulation and Hopelessness as Mediators for Disability and Suicide*. Poster presented at the annual meeting of the American Association for Suicidology, Denver, CO.
34. Kelley, K.\*\* & **DeShong, H.L.** (2019, November). *Borderline Features and Suicide: Investigating Pathways through Drug and Alcohol Use*. Poster presented at the

Association for Behavioral and Cognitive Therapies 53rd Annual Convention, Atlanta, GA.

33. Shurden, S.\*, Kelley, K.\*\*, & **DeShong, H.L.** (2019, April 16). *Potential mediating effects between neuroticism, substance use, and stressful life events in predicting risk for suicide*. Presented at Mississippi State's Undergraduate Research Symposium, Starkville, MS.
32. Kelley, K.\*\* & **DeShong, H. L.** (2019, March) *Assessing the Incremental Validity of Neuroticism and Rumination as Predictors of Borderline Personality Disorder Symptoms*. Poster presented at the annual meeting of the Society for Personality Assessment, New Orleans, LA.
31. McDaniel, C.J.\*\*, Kelley, K.A.\*\*, & **DeShong, H.L.**, (2019, March). *The Relationship between BPD Traits and Rumination in Predicting Suicide Risk*. Poster presented at the annual meeting of the Society for Personality Assessment, New Orleans, LA.
30. Shurden, S.R.\*, McDaniel, C.J.\*\*, & **DeShong, H.L.**, (2019, March). *The Relationship between Neuroticism, Sleep Problems, and Suicide Risk*. Poster presented at the annual meeting of the Society for Personality Assessment, New Orleans, LA.
29. Walgren, M.\*, Kelley, K.\*\*, & **DeShong, H. L.** (2019, March) *Type of Rumination Differentially Predicts Antisocial and Borderline Symptoms*. Poster presented at the Society for Personality Assessment, New Orleans, LA.
28. **DeShong, H. L.**, & Tucker, R. P. (2018, September). *The influence of sleep problems on suicide within borderline personality disorder*. Poster presented at the annual meeting for the Society for Research in Psychopathology, Indianapolis, IN.
27. Walgren, M.\* & **DeShong, H. L.** (2018, April). *The relationship between personality, rumination, and general mental health*. Poster presented at the annual meeting for Mississippi State University's Honor's College Research Symposium. Starkville, MS.
26. **DeShong, H. L.**, Grant, D. M., & Mullins-Sweatt, S. N. (2018, March). *Personality predicts rumination above current depression and anxiety symptoms*. Poster presented at the annual meeting for the Society of Personality Assessment, Washington DC.
25. **DeShong, H. L.**, Morris, D., VanderVeen, J. W., Chermack, S., & Winters, J. (2017, November). *Substance use and suicide safety planning in Veterans: Relationships to psychopathology and combat experience*. Poster presented at the annual meeting for the Association of Behavioral and Cognitive Therapies, San Diego, CA.
24. **DeShong, H. L.**, Morris, D., VanderVeen, J. W., Chermack, S., & Winters, J. (2017, June). *Substance use and suicide safety planning in Veterans: Relationships to psychopathology and combat experience*. Poster presented at the annual Ann Arbor Veteran's Health Center Research Conference, Ann Arbor, MI.

23. **DeShong, H. L.**, Morris, D., VanderVeen, J. W., Chermack, S., & Winters, J. (2017, April). *Substance use, psychopathology, and suicide safety planning in combat and noncombat Veterans*. Poster presented at the annual University of Michigan Silverman Conference, Ann Arbor, MI.
22. McDaniel, C. J., Helle, A. C., **DeShong, H. D.**, & Mullins-Sweatt, S. N. (2017, April). *The relationship between neuroticism, maladaptive reassurance seeking, and general functioning*. Poster presented at the 35<sup>th</sup> annual meeting of the Oklahoma Psychological Society, Edmond, OK.
21. **DeShong, H. L.** & Mullins-Sweatt, S. N. (2016, October). *The role of neuroticism within the emotional cascade model of borderline personality disorder*. Poster presented at the annual meeting for the Association of Behavioral and Cognitive Therapies, New York City, New York.
20. **DeShong, H. L.** & Mullins-Sweatt, S. N. (2016, April). *The role of neuroticism within the Emotional Cascade Model of Borderline Personality Disorder: A general personality perspective*. Poster presented at the North American Society for the Study of Personality Disorders. New York City, New York.
19. Helle, A. C., **DeShong, H. L.**, Lengel, G. J., Meyer, N. A., Grant, D. M., & Mullins-Sweatt, S. N. (2016, April). *Predictors of affect in real time: Examining the role of neuroticism, agreeableness, and maladaptive dependency*. Poster presented at the North American Society for the Study of Personality Disorders. New York City, New York.
18. Meyer, N. A., Lengel, G. J., Helle, A. C., **DeShong, H. L.**, & Mullins-Sweatt, S. N. (2016, April). *Testing a theoretical model of nonsuicidal self-injury: Personality and social vulnerability factors as predictors for frequency and severity of NSSI*. Poster presented at the North American Society for the Study of Personality Disorders, New York City, NY.
17. **DeShong, H. L.** & Mullins-Sweatt, S. N. (2015, November). *Validation of a new measure of maladaptive behavior*. Poster presented at the annual meeting for the Association of Behavioral and Cognitive Therapies, Chicago, Illinois.
16. **DeShong, H. L.**, Mullins-Sweatt, S. N., Miller, J. D., Widiger, T. A., & Lynam, D. R. (2015, June). *Development of a Short Form of the Five Factor Borderline Inventory*. Poster presented at the bi-annual meeting of the Association for Research in Personality. St. Louis, Missouri.
15. Hadwiger, A., Meyer, N., **DeShong, H. L.**, & Mullins-Sweatt, S. N. (2015, February). *Dependent Personality Disorder: The Five Factor Model Perspective*. Poster presented as the annual Oklahoma State University Research week. Oklahoma State University, Stillwater, Oklahoma.

14. **DeShong, H. L.**, Mullins-Sweatt, S. N., & Lynam, D. R. (2014, September). *Development of an Abbreviated Version of the Five Factor Borderline Inventory*. Poster presented at the annual meeting of the Society for Research in Psychopathology. Evanston, Illinois.
13. **DeShong, H.L.**, & Mullins-Sweatt, S.N. (2014, March). *Assessment of the Dark Triad Constructs using the Five Factor Model and the Dirty Dozen*. Poster presented at the annual meeting of the Society for Personality Assessment. Arlington, Virginia.
12. **DeShong, H. L.**, Tucker, R. P., O’Keefe, V. M., Wingate, L. R., & Mullins-Sweatt, S. N. (2013, November). *Impulsivity and suicide: Painful and provocative events mediate the relationship between impulsivity and acquired capability*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Nashville, Tennessee.
11. **DeShong, H. L.**, Helle, A.C., & Mullins-Sweatt, S.N. (2013, November). *Clinical case studies of psychopathy: The relationship of success, gender, and personality*. Poster presented at the annual meeting of the Oklahoma Psychological Association, Oklahoma City, Oklahoma.
10. O’Meara, M. S., **DeShong, H.L.**, & Mullins-Sweatt, S.N. (2013, November). *Nonsuicidal self-injury: Prevalence, functions, and relation to borderline personality symptoms*. Poster presented at the annual meeting of the Oklahoma Psychological Association, Oklahoma City, Oklahoma.
9. Hills, M.E., **DeShong, H.L.**, & Mullins-Sweatt, S.N. (2013, November). *Personality traits as predictors of unethical decision-making*. Poster presented at the annual meeting of the Oklahoma Psychological Association, Oklahoma City, Oklahoma.
8. O’Meara, M. S., **DeShong, H. L.**, & Mullins-Sweatt, S. N. (2013, April). *The role of self-esteem on functions of nonsuicidal self-injury*. Poster presented at the annual meeting of the Wentz Scholarship, Oklahoma State University, Stillwater, Oklahoma.
7. **DeShong, H. L.**, O’Meara, M.S., & Mullins-Sweatt, S. N. (2012, November). *Construct validation of the Five Factor Borderline Inventory with the biosocial theory of BPD*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, National Harbor, Maryland.
6. Tucker, M. P., **DeShong, H. L.**, O’Keefe, V. M., Slish, M. L., Wingate, L. R. & Mullins-Sweatt, S. N. (2012, November). *Protective capability of Extraversion against suicide, suicidal ideation, and thwarted belongingness and perceived burdensomeness*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, National Harbor, Maryland.
5. **DeShong, H. L.**, & Mullins-Sweatt, S.N. (2012, November). *Personality Traits and Workplace Behaviors*. Poster presented at the annual meeting of the Oklahoma Psychological Association, Oklahoma City, OK.

4. **DeShong, H. L.**, Lengel, G. J., O'Meara, & Mullins-Sweatt, S. N. (2012, October). *Validation of the FFBI with a nonsuicidal self-injury sample and with the Biosocial Theory of Borderline Personality Disorder*. Poster presented at the annual meeting of the Society for Research in Psychopathology, Ann Harbor Michigan.
3. **DeShong, H. L.**, Deason, D., & Mullins-Sweatt, S. N. (2011, November). *Comparisons of the SWAP-200 with the NEO-PI-R and the MMPI-2 PSY-5 scales*. Poster session presented at the annual meeting of the Oklahoma Psychological Association, Tulsa, OK.
2. **DeShong, H. L.**, & Kurtz, J. E. (2011, March). *Differentiating BPD and APD using the four factors of impulsivity*. Poster session presented at the annual meeting of the Society for Personality Assessment, Boston, MA.
1. **DeShong, H. L.**, Bonatsos, A., D'Orazio, R. J., & Brand, R. J. (2011, March). *Correlations between photo qualities and text qualities in men's online dating profiles*. Poster presented at the annual meeting of the Eastern Psychological Association, Cambridge, MA.

#### **HONORS AND AWARDS**

2024	MSU Arts and Sciences Research Award
2023	Early Career Travel Grant, Society for Personality Assessment
2022	Diversity Travel Award, Society for Personality Assessment
2020	MSU Psychology Department, Teacher of the Year Award
2020	Early Career Travel Grant, Society for Personality Assessment
2019	MSU Psychology Department Mentor of the Year Award
2019	Early Career Travel Grant, Society for Personality Assessment
2019	ACADEX Faculty Travel Award, Mississippi State University
2018	NIH Loan Repayment Program Recipient
2018	SEC Faculty Travel Grant, Mississippi State University
2018	ACADEX Faculty Travel Award, Mississippi State University
2018	Early Career Travel Grant, Society for Personality Assessment
2018	ACADEX Faculty Travel Award, Mississippi State University
2017	Graduate and Professional Students Government Association Travel Award, Oklahoma State University
2016	Outstanding Student in Clinical Psychology Award, Oklahoma State University Psychology Department
2016	Robberson Summer Dissertation Fellowship, Oklahoma State University
2015	Qualtrics Research Grant
2015	Graduate and Professional Students Government Association Travel Award, Oklahoma State University
2015	Distinguished Graduate Student Fellowship, Oklahoma State University
2014	Graduate and Professional Students Government Association Travel Award, Oklahoma State University
2014	Graduate and Professional Students Government Association Travel Award, Oklahoma State University
2014	Society for Personality Assessment Student Travel Award

2013	Remember the Ten Scholarship, Oklahoma State University
2012	National Society of Collegiate Scholars Chapter Scholarship, Oklahoma State University
2010-2011	Graduate Assistant Scholarship, Villanova University
2009-2010	Tuition Scholarship, Villanova University
2005-2009	Blue and Gold Level 1 Academic Scholarship, West Virginia University

### **PROFESSIONAL SERVICE**

#### **Mississippi State University Standing Committees**

2024-2025	MSU Psychology Department Faculty Awards Committee Chair
2024-2025	MSU Psychology Department Executive Graduate Committee Member
2024-2025	MSU Psychology Department Graduate Programs Committee Chair
2023-2025	MSU Psychology Department Faculty Retreat Chair
2022-2024	IDEA Clinical Faculty Representative
2021-2023	Facilitator of an IDEA reading group
2018-Present	Founding Member of the Phi Beta Kappa Society at MSU
2018-2024	MSU Psychology Department Undergraduate Committee Member
2018-2023	MSU Psychology Department Library Liaison
2017-Present	MSU Psychology Clinic Committee Member
2017-Present	MSU Psychology Clinical Training Committee Member

#### **Mississippi State University – Ad Hoc Committees**

2024-2025	MSU Clinical Training Course Sequences Subcommittee Chair
2024-2025	MSU Psychology Department Bylaws Committee Member
2023	Clinical Faculty Search Committee Chair
2021	Clinical Faculty Search Committee Member
2019	Clinical Faculty Search Committee Member

#### **Master's Thesis Committees**

Matthew Dean  
 Karen Kelley (*chair*)  
 Jenna Kilgore  
 Courtney Mason (*chair*)  
 Chandler McDaniel (*chair*)  
 Justin Mendonca  
 Caitlyn Nix  
 Liz Olson  
 Ashley Pate  
 Lydia Stanhope  
 AlliGrace Story  
 Caitlin Titus (*chair*)

#### **Dissertation Committees**

Courtney Bolstad  
 Ashley Coleman

Amanda Collins  
Matthew Dean  
Morgan Dorr  
Lediya Dumessa  
Andi Durham  
Abigail Kukay  
Alisson Lass  
Ian McKay  
Kara Nayfa  
Tran Nguyen  
Ashley Pate  
Kat Speed  
Lydia Stanhope  
Anisha Thomas  
Caitlin Titus (*chair*)

### **Comprehensive Examinations Committees**

Courtney Bolstad  
Ashley Coleman  
Amanda Collins  
Matthew Dean  
Michale Gallagher  
Karen Kelley (*chair*)  
Jenna Kilgore  
Courtney Mason (*chair*)  
Chandler McDaniel (*chair*)  
Ian McKay  
Kara Nayfa  
Richard Nelson  
Caitlyn Nix  
Ashley Pate  
Lydia Stanhope  
Erica Szkody  
Anisha Thomas  
Caitlin Titus (*chair*)

### **Editorial Service**

Consulting Editor  
    *Assessment* 2022-Present  
General Contributing Editor  
    *Psychological Injury and Law* 2024-Present

Ad-Hoc Reviewer  
    *Applied Psychology: An International Review*  
    *Behavioral Sciences*  
    *BMC Psychiatry*

*Current Psychology*  
*European Journal of Psychological Assessment*  
*International Journal of Environmental Research and Public Health*  
*International Journal of Psychiatry in Medicine*  
*Journal of Affective Disorders*  
*Journal of Clinical Psychology*  
*Journal of Consulting and Clinical Psychology*  
*Journal of Mental Health and Clinical Psychology*  
*Journal of Personality*  
*Journal of Personality Assessment*  
*Journal of Personality Disorders*  
*Journal of Psychiatric Research*  
*Journal of Psychopathology and Behavioral Assessment*  
*Journal of Research in Personality*  
*New Media and Society*  
*Personality and Individual Differences*  
*Personality Disorders: Theory, Research, and Treatment*  
*Personality and Mental Health*  
*Psychiatry Research*  
*Psychological Assessment*  
*Risk Management and Healthcare Policy*  
*Social Sciences Journal*  
*Translational Issues in Psychological Science*  
*Violence and Victims*

### **Teaching Experience**

Instructor of Record at Mississippi State University  
Advanced Topics in Clinical Psychotherapy and Intervention  
Advanced Clinical Seminar on Motivational Interviewing  
General Psychology  
Internal Practicum Supervision  
Personality Appraisal  
Systems of Psychotherapy  
Theories of Personality

Instructor of Record Oklahoma State University  
Psychology of Human Problems  
Introduction to Psychology

Laboratory Instructor at Oklahoma State University  
Experimental Psychology/Research Methods  
Graduate Level Cognitive Assessment  
Abnormal Psychology

Teaching Assistant Oklahoma State University  
Comparative Psychology and Basics in Behaviorism



Graduate Level Personality Assessment Teaching Assistant  
 History of Psychology Teaching Assistant  
 Cognitive Science Teaching Assistant  
 Psychology and Human Problems Teaching Assistant  
 Psychology and Media Teaching Assistant

Teaching Assistant West Virginia University

Teaching Assistant for Freshman Orientation class  
 Teaching Assistant for Developmental Psychology Class  
 Teaching Assistant for Small Group Communications Class

**Clinical and Supervision Positions**

July 2023-Present	Telehealth Private Practice
January 2018-Present	MSU Psychology Clinic
August 2016 – August 2017	Veteran's Affairs Ann Arbor Healthcare System
	Rotations: General Mental Health Clinic
	Substance Use Clinic
	Compensation and Pension Assessment
July 2014 – June 2015	Veterinary Medicine Psychological Services Association
August 2013 – July 2014	Wings of Hope Family Crisis Center Counseling Intern
August 2011 – August 2015	Psychological Services Center (PSC) Associate

**Professional activities/affiliations**

2023-Present	Mississippi Psychological Association
2019-Present	Research Society on Alcoholism
2018-Present	American Association of Suicidology
2017-Present	Sigma Xi
2015-Present	Association for Research in Personality
2014-Present	North American Society for the Study of Personality Disorders
2012-Present	Association for Behavioral and Cognitive Therapies
2012-Present	Society for Research in Psychopathology
2011-2017	Oklahoma Psychological Association
2011-Present	Society for Personality Assessment
2011-Present	American Psychological Association
2009-Present	Phi Beta Kappa Society
2008-Present	Psi Chi National Honor Society
2006-Present	Golden Key National Honor Society
2006-Present	National Society of Collegiate Scholars
2006-Present	Phi Kappa Phi Honor Society

**Public Service**

*Case Conceptualization, Treatment Planning, and Client Consolidation/Termination.* (2023, October and November). Presentation to MSU Clinical Psychology students.

*Personality Disorders: DSM-5 and Beyond.* (2022, September). Presentation to MSU Clinical Psychology students on the DSM-5 PD model and the DSM-5 Alternative model.

*Psychologist Round Table.* (2022, March). Panel discussion presented to the MSU Student Counseling Services Interns.

*Dialectical Behavior Therapy (DBT): Therapy for Borderline Personality Disorder.* (2022, February). Workshop presented to the MSU Student Counseling Services Interns.

*Psychologist Round Table.* (2021, October). Panel discussion presented to the MSU Student Counseling Services Interns.

*Mock Oral Exams.* (2021, June). Panel discussion presented to the MSU Student Counseling Services Interns.

*Psychologist Round Table.* (2021, March). Panel discussion presented to the MSU Student Counseling Services Interns.

*Mississippi Licensure Process and the EPPP.* (2021, February). Workshop presented to the MSU Student Counseling Services Interns.

*Interpersonal Psychotherapy: A Case Example of a Veteran Caregiver.* (2021, January). Workshop presentation provides to the psychology department graduate students and faculty.

*Psychologist Round Table.* (2020, October). Panel discussion presented to the MSU Student Counseling Services Interns.

*Psychologist Round Table.* (2020, April). Panel discussion presented to the MSU Student Counseling Services Interns.

*Mississippi Licensure Process and the EPPP.* (2020, March). Workshop presented to the MSU Student Counseling Services Interns.

*Personality and Leadership* (2019, December). Workshop provided to the Mississippi Police Department.

*Stress, Trauma, and Student Success.* (2019, September). Panel discussion presented to faculty, instructors of record, and teaching assistants at Mississippi State University.

*The Academic Job Market.* (2019, September). Workshop presentation provided to the psychology department graduate students and faculty.

*Veteran Caregivers.* (September 2018). Workshop presentation provides to the psychology department graduate students and faculty.

## **Media Activities**

Interviewed for a story on daily stressors and coping skills, February 27, 2019,  
<https://www.youtube.com/watch?v=PxxAIPhISfQ&list=PLHDgJHKfAB2mF9M1MWyg29ExKFD102y-o&index=164>

Interviewed for a story on Anxiety during back to school and other life transitions, August 27<sup>th</sup>,  
2018, <https://www.youtube.com/watch?v=U-hVciMdzIw&list=PLHDgJHKfAB2mF9M1MWyg29ExKFD102y-o&index=253>

Interviewed for a story on Mindfulness and the mindfulness group offered by the MSU  
Psychology Clinic, May 29, 2018, <https://www.youtube.com/watch?v=19pzKirUUGU>