

# Level 1 Training on the Crisi Wartegg System (CWS): Introduction, Administration, and Scoring



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#### 5 Online Meetings (16 hours):

Fridays: September 20, October 4, 18, & 25, November 8
7:00am - 10:30am (Pacific)
8:00am - 11:30am (Mountain)
9:00am -12:30pm (Central)
10:00am - 1:30pm (Eastern)

# Presented by:







**Jacob A. Palm, Ph.D.,** serves as the founder and director of the Southern California Center for Collaborative Assessment. He is the United States representative of the *Istituto Italiano Wartegg* in Rome, Italy, where he works closely with Dr. Alessandro Crisi on clinical applications, research, and training of the Wartegg Drawing Completion Test. Dr. Palm has facilitated over 1000 clinical consultations using the CWS, and regularly presents at national conferences, community-based agencies, and university training programs about the test. Along with Alessandro Crisi, Dr. Palm is coauthor of *The Crisi Wartegg System (CWS): Manual for Administration, Scoring, and Interpretation (Routledge, 2018)*.

Dr. Palm is on staff at Miller Children's Hospital at Long Beach Memorial and provides assessment consultation to various programs throughout the southern California area, including the Professional Recovery Center. He provides integrated assessments as a member of the Teen Brain Team at Hoag-Presbyterian Hospital, Neurosciences Institute (Newport Beach). Dr. Palm completed his doctorate at Fordham University, in the Bronx, New York. He has previously served as the Director of APA Internship Training and Director of Psychological Assessment for The Guidance Center, a community mental health center, in Long Beach, California.

# Training Overview

This workshop introduces the Crisi Wartegg System (CWS), a standardized methodology for the clinical use of the Wartegg Drawing Completion Test (WDCT). The WDCT is a performance-based personality measure (semi-structured drawing technique) that can be completed in 5-10 minutes and is appropriate for children, adolescents, and adults. It is easy to administer and not overwhelming for clients to complete. Meta-analysis (Gronnerod & Gronnerod, 2011) attests to the validity of the WDCT in assessing personality and psychopathology. It is recognized as a valid performance-based personality test that can be used for certification in Therapeutic Assessment.

The Level 1 workshop focuses on history and statistical foundations of the measure, reviews standardized administration procedures, and builds proficiency in the CWS normative scoring system.

### **Sequence** General Overview of Training Sequence

During Levels 1 through 4, the presenters will review the history and theory of the WDCT, teach its administration, introduce the major features of the scoring system, discuss interpretation, and illustrate the utility of the test in combination with other personality measures. Opportunities for participation in Levels 2 and 3 will be discussed during Level 1 training. Like any performance-based measure, learning the CWS is training intensive (and the entire sequence of training can take 12-18 months, including certification). A brief description of each level is provided below:

Level 1—Learn administration and basics about the test (including statistical foundations, history, and scoring guidelines).\* Upon completion of this training level, clinicians are able to administer the test independently with clients, but require consultation with a member of the IIW to score, interpret, and incorporate into clinical work.

Level 2—Review basic (normative) interpretation of calculated indices and scores.\* Clinicians continue to be able to administer the test independently, but require consultation with a member of the IIW to score, interpret, and incorporate into clinical work.

Level 3—Hone interpretation and clinical conceptualization.\* Clinicians continue to be able to administer the test independently, but require consultation with a member of the IIW to score, interpret, and incorporate into clinical work.

**(Optional)** Level 4—Integrate the Wartegg with other measures (i.e., MMPI, Rorschach), and discuss Therapeutic Assessment utility, through case consultations. This training is optional but is a good way to improve competence and prepare for certification.

\*Certification is required to independently score, interpret, and integrate CWS results into clinical work. Certification is attained via a three-step process administered by the IIW: 1) submission/review of clinical administration, 2) competent (80%) completion of provided scoring exercises; and 3) successful interpretation of provided clinical cases. Specifics of the certification process will be reviewed during training sequence.

Once Level 1 is completed (and administration is mastered), it is possible to meet individually with Dr. Crisi in Rome or Dr. Palm in Southern California for scoring, interpretation and consultation on cases. Consultation is typically completed via online Skype-based consultation (1 hour), with consultant reviewing scoring and interpretation with requesting clinician.

### 🛞 Learning Objectives for Level 1

By the end of this Level 1, participants will be able to:

- 1. Describe personal experience of test completion, applying to clinical work with clients, predicting client reactions, behaviors, and performance variability
- 2. Discuss the history of the WDCT as a performance-based personality assessment tool
- 3. Summarize the empirical and conceptual foundations of the CWS and its potential applications in clinical research and practice
- 4. List the steps required for proper administration of the CWS to adults according to standardized administration procedures
- 5. List the steps required for proper administration of the CWS to children and differently abled clients according to standardized administration procedures
- 6. Identify the graphic stimulus, evocative character, and interpretive meaning of each WDCT box, per the CWS
- 7. Describe and correctly score the Evocative Character of completed CWS protocols
- 8. Describe and correctly score the Affective Quality of completed CWS protocols
- 9. Describe and correctly score the Form Quality of completed CWS protocols
- 10. Describe and correctly score Content of completed CWS protocols
- 11. Describe and correctly score Frequency (Popular) responses of completed CWS protocols
- 12. Describe and correctly score Special Scores of completed CWS protocols
- 13. Describe and correctly score Movement responses of completed CWS protocols
- 14. Correctly calculate Box Codes and elaborate the Analyses of Sequence 1 and 2 of the CWS
- 15. Correctly calculate the indices and percentages contained on the CWS structural summary
- 16. Correctly calculate Adaptive Area and Affective Area indices and percentages, per CWS guidelines

#### Rrerequisite Training

This is an introductory level workshop, open to psychologists and graduate students in training to be psychologists. Participants need no previous experience with the WDCT, but previous knowledge of other performance-based personality tests will be useful.

# **Workshop Schedule**

The online workshop will be offered over the course of five sessions, each of which builds on previously presented material. Between sessions, participants will be expected to review assigned readings, complete "live" practice activities related to administration, review independent learning videos, and score practice exercises. These activities are integral to consolidation of knowledge, review of presented materials, and identification of learning edges for participants.

Sessions will last 3-hours and 30-minutes long, with a 15-minute break offered at the mid-point of each session. Approximately 2 hours of independent reading and exercises will be completed between session. The following table reviews the topics covered in each meeting, as well as required readings and activities:

Meeting	Lesson: Topic	Reading to be completed prior to next meeting*	Exercises to be completed after session (prior to next meeting)
1	Introduction to the CWS Personal Reactions to CWS History and Developmental Statistical Foundations Administration (part 1)	Chapters 1 and 2	Activity #1: Practice administration
2	Administration (part 2) Evocative Character Scoring (Simple vs. Complex Boxes) Scoring: EC, AQ Case Application	Chapters 3 and 4	Activity #1: Practice administration Scoring Exercise #1
3	Scoring: FQ, Content, Special Scores Case Application	Chapter 5	Scoring Exercise #1 Scoring Exercise #2
4	Scoring: Movement, IR Noted Special Phenomenon Analyses of Sequence Case Application	Chapter 6	Scoring Exercise #1 Scoring Exercise #2
5	Wartegg Index of Psychopathology Computation of Indices Adaptive vs. Affective Areas Case Application	Chapter 6	Scoring and Computation Exercises

\*Reference: Crisi, A., & Palm, J.A. (2018). The Crisi Wartegg System (CWS): Manual for Administration, Scoring, and Interpretation. Routledge.

# **Continuing Education**

This workshop qualifies for **16 hours** of Type I CE credits for psychologists. Alliant International University is approved by the American Psychological Association to sponsor continuing education for psychologists. Alliant International University maintains responsibility for this program and its content.

Participants will be expected to keep their cameras on throughout the workshop, and in and out times will be recorded by the presenter. In addition, participants will complete an attendance Attestation Statement at the conclusion of the training sequence, attesting to their participation, completion of all required independent learning activities, and verifying attendance. To receive CEs, participants must be present for all instruction, and complete all independent portions of the workshop. *CE credits are available for \$20, payable at the time of training, or during online registration.* 



#### Location

This workshop will be presented online, via an online e-learning platform. Upon registration, detailed information will be sent to participants providing instructions to access learning sessions.

### Registration and Payment

The fee for this workshop is \$500 (US Dollars) for professionals, \$400 for students. To register, please visit the SCCCA online store at: <a href="https://sc-cca-com.3dcartstores.com">https://sc-cca-com.3dcartstores.com</a>. Please select the *Online-Level 1 (Friday-Palm) Training* option, complete the online registration, and pay by credit card to reserve your space. Space is limited to 12-16 participants.

# **&** Cancellation Policy

Registrations received prior to August 15, 2024, will be offered 50% refund, or full credit to be used toward a future CWS training. Registrations received on or after August 16, 2024, will be considered non-refundable. (Should unforeseen circumstances arise post-registration, it may be possible to credit registration payments toward a future CWS training).

### **Conflict of Interest Disclosure**

There is no commercial support for this program, instructor, content of instruction, or endorsement of products.

# Nondiscrimination Statement

SCCCA does not discriminate on the bases of race, color, national origin, religion, sex, disability, military status, sexual orientation, gender identity or age. We committed to accessibility and non-discrimination in all aspects of our training and educational activities. Participants who have special needs are encouraged to contact Dr. Jacob Palm (at the email below) so that all reasonable efforts to accommodate these needs can be made.

# **For More Information**

For more information regarding training or logistics, or to request accommodations, please contact Dr. Jacob Palm at the Southern California Center for Collaborative Assessment (co-sponsor of the training) by emailing CWSinfo@sc-cca.com.