

spa exchange

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Use of Projective Techniques on Internship: Facts Students Need to Know

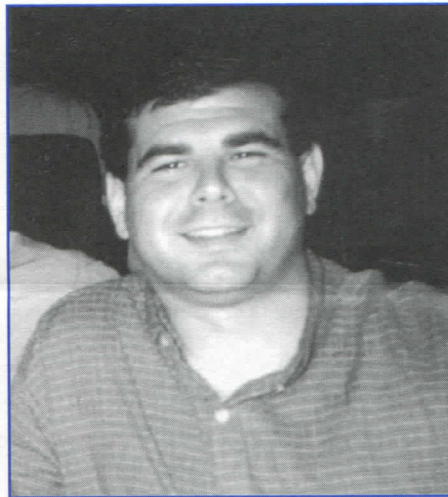
by Mark J. Hilsenroth, PhD

Editor's Note: *The implications of the Piotrowski and Belter (1999) discussed in the present article from a training perspective are considered from a managed-care perspective by Dr. Petrosky in the last issue (Fall/Winter, 2000) of the SPA Exchange.*

In the past, a very high level of interest has been reported by internship directors in recruiting students well trained in projective assessment (Durand, Blanchard, & Mindell, 1988). However, an increase in recent criticisms over the last five years regarding the reliability and validity of projective techniques may have some students wondering what current directors of training expect from internship applicants. Three recent surveys have examined whether the positive findings reported by Durand et al. (1988) regarding the desire of internship training directors to highly value training in projective techniques for their applicants continue in the present.

In a survey of 84 (19%) of the 446 APA-approved internship programs in 1999, Piotrowski and Belter reported, that the MMPI-2/MMPI-A, WAIS-R/WAIS-III, and Rorschach were found to be the top three assessment instruments employed in internship programs and the top three instruments considered essential for practicing psychologists, as rated by internship directors (Piotrowski & Belter, 1999). While this study has been cited as an indication of the declining need for training in projective methods by some critical of projective assessment, a closer examination of the facts proves otherwise. These authors report that 27 directors of training reported decreased emphasis on projective assessment in their programs, as opposed to 12 reporting an increased emphasis. However, hours of seminar time required by internship programs were virtually identical for projective and objective assessment measures. Finally, any of the five specific projective assessment

instruments listed by Piotrowski and Belter (1999) were found to be employed more often in internship programs than any intelligence instrument, other than the WAIS or WISC, and more so than all five of the behavioral assessment instruments listed.



Mark J. Hilsenroth, PhD

Two of the largest contemporary surveys of pre-doctoral internships (four times the respondents than the study by Piotrowski & Belter, 1999) addressing more than 500 internship sites listed in the Association of Psychology Post-doctoral and Internship Centers (APPIC) Directory for 1997-1998 and 1998-1999 (Hall, 1998) have continued to support the value internship training directors place in doctoral level training of applicants. Stedman, Hatch, & Schoenfeld (2000) surveyed the expectations of internship directors regarding psychological testing and psychotherapy training. Results from 324 of the 524 APPIC (62%) member institutions surveyed showed that all types of training institutions value integrated test batteries significantly. Experience with test batteries that included the Rorschach and TAT were

especially or highly valued at many different types of internship settings (i.e. VA Hospitals, Medical Schools, Community Mental Health Clinics, Private General & Psychiatric Hospitals, State Institutions, and Child, Military, and Correctional facilities). These results are virtually identical (i.e. replicated) to an upcoming article by Clemence and Handler (in press) who present empirical data from the training directors of 329 (58%) internship sites, 228 (69%) of which were from programs accredited by the APA. Again, training directors reported a desire for incoming interns to have had courses or a good working knowledge of the WAIS/WISC, MMPI-2/MMPI-A, and Rorschach, respectively, as the three assessment techniques most frequently reported. In addition, these three measures, respectively, were most frequently reported as constituting an assessment battery. It seems then, that little has changed from the data reported by Durand et al., 1988 who found that training in projective techniques was highly desirable to internship directors, who also felt that this training should be done prior to beginning the internship.

...continued on page 6.

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Rorschach Archives and Museum

by Bruce Smith

September 5, 2000 was a very special day in the history of projective psychology and assessment in general. The Dedication of the Rorschach Archives and Museum in Bern, Switzerland, marked the culmination of many years of effort and the fulfillment of a long-held dream.

The Archives, housed in a charming building in the University area of Bern, comprises two rooms and a garden, and is under the auspices of the Library of the City and University of Bern. The space is light and airy and has a lovely garden at the back. John Exner, currently the Past-President of the International Rorschach Society, is the Curator of the museum and its inspiration over the many years of its development. Anne Andronikoff, current First Vice-President of the IRS and a Professor at the University of Paris, is the Assistant Curator.

The Dedication was held in the main auditorium of the Library and was presided over by the Library's director. Over 100 guests from all over the world attended, including representatives from such far-flung locales as Japan, Argentina, and Israel. Irving Weiner, currently the President of the IRS, welcomed the guests, and brief remarks were offered by Drs. Exner, Andronikoff, Nina Rausch de Traubenberg, formerly the President of the IRS, Dr. G-Jürgen Hogrefe, of the Hans Huber Verlag publishing house, and in a moving moment, Ms. Elisabeth Rorschach, Hermann's daughter, who had provided much of the memorabilia that is on display. After the ceremony a lavish reception allowed the international

gathering to mingle and share their pride in the preservation of heritage.

The Archives houses what are believed to be copies of all books written on the Rorschach and is endeavoring to have reprints of all articles written about the instrument as well. In addition, there is a computerized database for searches of the Rorschach literature. On the walls of the Museum are several of Hermann Ror-



Fraülein Elisabeth Rorschach

schach's drawings, one of the hand puppets that he made early in his career, various proofs of the original blots as well as studies that he did during the development of them, pages from his original manuscript of *Psychodiagnostik*, and even data sheets from his original experiments. These exhibits bring to life the history of the instrument and provide fascinating glimpses into Rorschach's creative process. (For example, apparently Card VI as we know it is actually upside down from what Rorschach intended; it appears that the printer inadvertently flipped it between the final

proof and the actual printing of the book.) Bern is a charming medieval city near Switzerland, and the Archives preserve the living history of this field.

In other International news, the IRS is sponsoring a workshop next summer, tentatively entitled "Summer Rorschach Dialogues" to be held in Spiez, Switzerland from July 25-28. Spiez is a charming lakeside resort, just a short train ride from Zurich. The plan is for presentations from senior scholars with plenty of time for informal discussion in the mornings, and the afternoons free for leisure activities on the lake and the nearby mountains (the Jungfrau is a short drive away), or informal contact with colleagues. Among the presenters who are expected to be there are John Exner and Anne Andronikoff. Members of the International Section will receive flyers and application forms in the mail. Others who are interested may also obtain information on the IRS website: www.rorschach.org.

Also, plan now to attend the 17th International Congress which is to be held September 9-14, 2002 in Rome, Italy. The Italian Rorschach Federation have secured an excellent (air-conditioned!) venue for the Congress, and Rome is the Eternal City.

If you are not a member of the International Section, I urge you to join. The dues are only \$15/year, and include the IRS Bulletin and a subscription to Rorschachiana, the only international journal of the Rorschach and projective techniques.

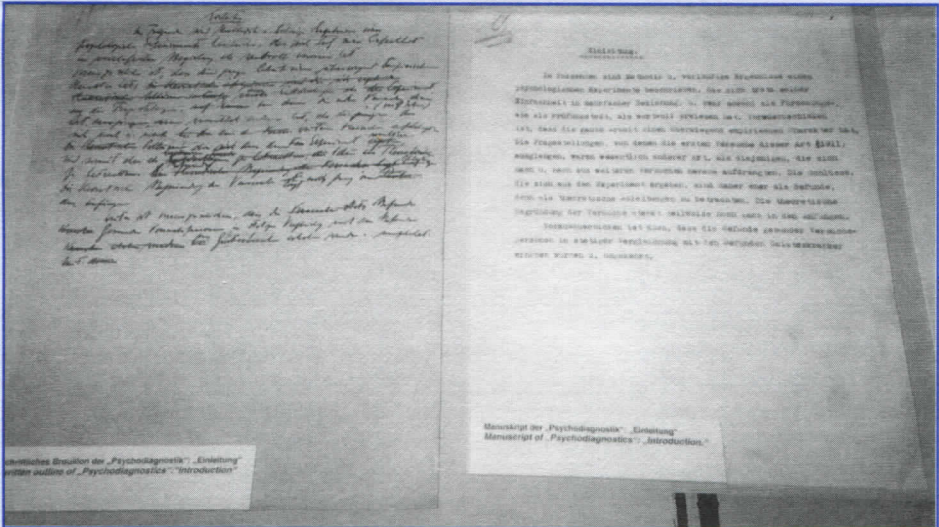
Rorschach Archives and Museum Photographs



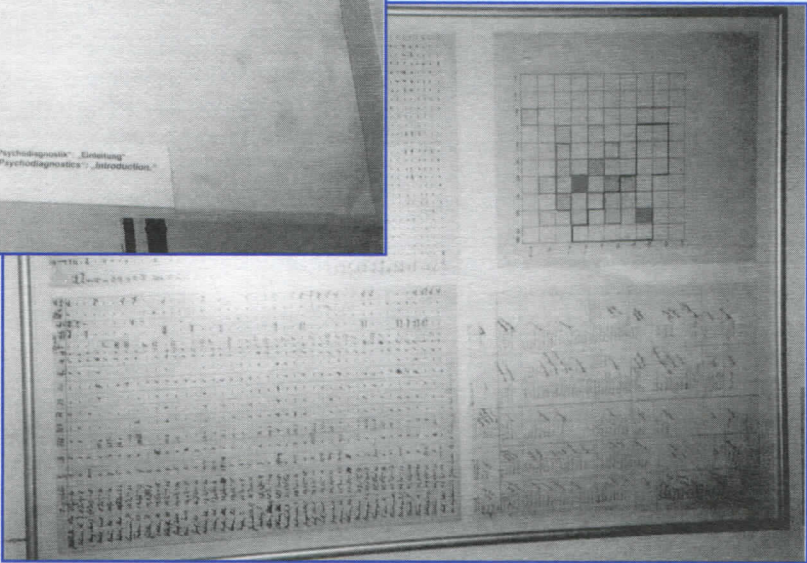
The Archives Museum and Barn



Shadow Puppet by H. Rorschach



Original Manuscript for Psychodiagnostik



Data Sheets From Rorschach's Original Manuscript

The Personal Column

C. Jonathan Ahr has accepted the position of Staff Psychologist with the Holly Hill Hospital in North Carolina where he performs personality and diagnostic assessments with in-patients.

Thomas S. Bartlett was appointed Director of Training and Education in November 1999 at The Family Service and Guidance Center in Topeka, Kansas.

Bill Berman recently sold his outcomes company to The Echo Group, and now serves as Director of the Outcomes and Performance Division of the company, which is still based in Mamaronee, New York.

Robert S. Bornstein, Professor of Psychology at Gettysburg College, was recently elected to Fellow Status in the American Psychological Society. Dr. Bornstein also served as an advisor to the DSM-IV Personality Disorders Text Revision Work Group. Additionally, he was quoted extensively in an article entitled, *The Rorschach Chronicles* which appeared in the October 17, 1999 edition of the *New York Times Magazine*. The article focused on the history and current status of personality testing in the United States.

Arthur C. Carr has written to let us know that he is recently retired.

Robert William Davis, the former Associate Editor of *JPA*, an interim editor from 1985 to 1986, is now a Jungian Analyst. He has completed a monograph, *The Phantom Father*, researching the effects of an absent or uncommitted parent upon the psychic development of a child.

Barton Evans at Bethesda, Maryland was invited speaker on two panels at the annual Conference of the American Immigration Law Association in June 2000. He spoke on forensic assessment in asylum and Convention Against Torture claims and on presentation of psychological assessment in Immigration Court. He is interested in hearing from other SPA members about their experience or interest in forensic assessment for Immigration Court.

Lucille K. Forer wrote to alert us of the death of her husband, Bertram, who was a prominent psychologist in personality assessment, on April 6, 2000. She wrote that he was influential in the formation of The Society for Projective Techniques, served 11 years as the Editor of its Journal, and 18 years as an Associate Executive Editor. Additionally, he filled numerous other offices including that of National President.

Lindsay C. Gibson has just published a new self-help book entitled *Who You Were Meant to Be: A Guide to Finding or Recovering Your Life's Purpose* (New Horizon Press, 2000). This is an excellent resource for patients and therapists alike or for anyone who may be contemplating the anxieties and self-doubts involved in following his/her life's purpose. There are several useful questionnaires and self-rating scales in the book to help readers identify where they are in the self-discovery process.

Gary Grenell notifies us that he was certified in psychoanalysis by The American Psychoanalytic Association in May 1999.

John M. Haroian is now a licensed psychologist in Washington State and is practicing at The Western State Hospital. He is also teaching an Introductory Rorschach class at The Washington School of Professional Psychology in Seattle. He can be reached at (253) 756-2703 or inkblotphd@iname.com.

Bede Healey received The William Smith Award for Outstanding Young Alumnus from the Menninger Alumni Association in June 2000.

Harald Jansen defended his doctoral dissertation entitled *Projective Methods and Longitudinal Developmental Research: Considerations of Data's Nature and Reliability at Stockholm University*. Since February 2000, he has been employed as a researcher at The Regional Center for Child and Adolescent Psychiatry in Oslo, Norway. He supervises research, conducts independent research, and contributes administrative support for the recently started center.

Jim Kleiger has left his position as Director of Psychology Training at The Menninger Clinic and moved to Bethesda, Maryland where he and his wife, Mary Jo Peebles-Kleiger, will begin their practice in adult and child psychodiagnosis, psychotherapy, and psychoanalysis.

Alex C. Kristevski recently became board certified in Advanced Psychopharmacology by the International College of Prescribing Psychologists. He also passed a written national psychopharmacology exam in September 1999 in New York. In addition, he was awarded a Board Certification as a medical psychologist by The Academy of Medical Psychology with a specialty designation in Psychopharmacology in November 1999.

Ralph Piedmont published a book with Plenum Press entitled *The Revised NEQ Personality Inventory: Clinical and Research Applications*. It has been favorably reviewed by Thelma Widiger in a recent *Contemporary Psychology*.

Aaron Pincus, an Associate Professor of Psychology at Pennsylvania State University was recently elected President of The Society for Interpersonal Theory and Research (SITAR). This is a multidisciplinary society dedicated to the scientific study of interpersonal behaviors, processes, and dynamics. He invites interested SPA members to visit the Society's website at www.uwpedusitar.

Wayne Price is doing volunteer work for the Human Rights Clinic of the Doctors of the World (NYC). He is doing psychological assessment of asylum-seekers who allege they have been tortured or traumatized in countries from which they are fleeing. He evaluates psychological evidence for these claims. Mostly, he uses the Clinical Interviews and Rorschachs. His most recent case was that of a Tibetan Buddhist monk.

Martin D. Segel's new address is 9250 Glades Road #9, Boca Raton, FL 33434, and his new phone number is (561) 558-8333.

Shane Shackford recently published two book reviews in *Readings*—a publication of the American Orthopsychiatric

Exciting, Diverse Program in Place for Philadelphia Mid-Winter Meeting

by Stephen Finn

Association. He jointly published in the *Journal of Loss and Interpersonal Loss* on the topic of, "Pet Loss Across the Life Span."

David E. Silber is retiring from George Washington University after 35 years. He expects to continue involvement in personality assessment and the Apperception Personality Test.

Rebecca B. Spohn recently moved to Little Rock, Arkansas and joined the staff of the Behavioral Medicine Department of University of Arkansas for Medical Sciences (UAMS), a local university hospital where clinical emphasis is on psycho-oncology. She maintains a small private practice where she continues her much loved work in psychological assessment.

David B. Stein received, from the California Psychological Association, in March 2000, "Outstanding Contribution to the Profession of Psychology," for his work in forensic psychology.

John R. Thibodeau was recently appointed Director of the APA Accredited Internship at the Albany Psychology Internship Consortium in Albany, New York. He graduated from the formal 300-hour program which upheld APA guidelines for training in psychopharmacology and will take the National Exam, as he has already passed the rigorous exam of the Prescribing Psychologists Register, to become a Diplomat fellow in Psychopharmacology. He was asked to present at the Register's Las Vegas Convention on "How Psychological Testing Can Aid in the Prescribing Process," and demonstrated how his roots remain in SPA.

Robert I. Yufit has been elected President Elect of the newly formed Section 7, of APA Division 12, (Clinical Psychology titled Emergencies and Crisis). SPA members interested in the areas of suicide and violence prevention are invited to join. Contact Lillian Range, PhD, at (601) 266-4588, or lrange@usm.edu. The focus will be to create training programs using newly developed assessment techniques to evaluate suicide violence potential. Phillip Keespies is the current president.

An exciting program is in store for the next SPA Midwinter Meeting, which will take place in Philadelphia, March 14-18, 2001 at the elegant Leows Hotel. Steve Finn, President Elect and program chair, reports that there were a large number of excellent submissions, and that the 2001 program is notable for its diversity and the quality of its presentations.

The continuing education workshops will begin on Wednesday, March 14, and continue through Sunday, March 18. This year's presentations feature such loved and regular SPA presenters as Barry Ritzler and Tony Sciarra ("Advanced Coding, Administration, and New Variables for the Rorschach Comprehensive System"), Phil Erdberg ("Using the Rorschach to Consult about Intervention"), and Roger Greene ("Forensic Applications of the MMPI-2"). In addition, Greg Meyer, the workshop coordinator enlisted a number of nationally known experts, some of whom have never before presented at SPA. For example, Richard Rogers will discuss "Malingering of Mental Disorders," Robert Mapou will discuss "Learning Disabilities and ADHD in Adults," and Bob Bornstein will discuss "The Dependent Patient."

The regular program begins on Thursday afternoon, March 15, with the customary plenary session. Sandra Russ, outgoing SPA President, will speak on "The Future of Personality Assessment: Dreams and Realities." This talk will be followed by the Marguerite Hertz Memorial Presentation, honoring Molly R. Harrower. Other honorees at this year's meeting include Theodore Millon, who will receive the Bruno Klopfer Award for distinguished contributions to personality assessment.

There are a number of excellent symposia, paper sessions, and posters scheduled for Thursday through Saturday. In spite of the usual packed program, Steve Finn was able to preserve the more "leisurely" pace of last year's meeting, with coffee breaks between sessions and slightly longer lunches than in past years. This format recognizes a widely known secret: one of the best parts of Midwinter Meetings is the chance to interact informally with friends and colleagues who share our love of assessment. In this same spirit, one of the

regular poster sessions will take place during the traditional Thursday night cocktail hour. We will also socialize together at a banquet dinner on Friday evening in the hotel. Entertainment for this event will be provided by the "Playback Philadelphia" interactive theater group, who will improvise scenes based on ideas from the audience.

A new feature at this Midwinter Meeting will be several Case Discussion sessions, in which presenters will apply theoretical or research-based knowledge to actual clinical material. For example, James Kleiger has assembled a panel of experts to discuss a single Rorschach protocol from multiple psychoanalytic perspectives (e.g., ego psychology, Schachtel's experiential approach, interpersonal theory.) In another session organized by Bruce Smith, a set of personality test data from one client will be analyzed sequentially: the Rorschach by Philip Erdberg, the MMPI-2 by Alex Caldwell and the TAT by Paul Lerner. Each expert will be blind to the other test data, and presenters will enter the room successively, so as to make independent interpretations. Now there are alternatives for those of you who squirm listening to endless (if well designed) research studies!

Besides diversity of topics and formats, this Midwinter Meeting will include presenters from many different countries, including the Bahrain, Argentina, the Netherlands, Japan, Italy, Portugal, and Finland. In a series of two symposia organized by Phil Erdberg and Tom Shaffer, some of our overseas colleagues will present and discuss Rorschach nonpatient data collected in their respective countries. A similar presentation two years ago at the International Rorschach Congress in Amsterdam was fascinating and generated vigorous (in fact, at times heated) debates.

An added attraction is the wonderful city of Philadelphia, with its world class cultural attractions (including the Philadelphia Museum of Art and the Philadelphia Orchestra), its fine restaurants, and its many historic sites including the Liberty Bell, Betsy Ross' house, and City Hall.

We look forward to seeing you all in Philadelphia!

Who Says There's No Such Thing as a Free Lunch?

by Mark J. Hilsenroth, PhD

As the SPA Committee Chair for Student Development I have said at a number of functions already that other than perhaps Steven Van Zandt, who gets to gig with the "Boss" and moonlight as "Silvio Dante" on the *Sopranos*, I have one of the greatest jobs around. A large part of this work is basically finding ways to give money away to graduate students (a skill my own students at UA have done well to prepare me for during after lab happy hours). Two of these monetary functions are detailed below. Also, in the coming year please don't hesitate to contact me directly via e-mail (hils@comp.uark.edu) to share any ideas, suggestions, or concerns.

This past March during the Mid-Winter meeting in Albuquerque, the SPA Board initiated a new program at the conference, the "SPA-Graduate Student Luncheon," and by any standard it was a great success. Given the number of students who had signed up, through the evening prior to and morning of, we didn't expect to have over 50 students attend, but very glad we did. I am also glad that the food held out for all, or I might have been the first SPA Board member K.I.A. during the Mid-Winter meeting. Some outstanding and informative questions were posed to our inaugural luncheon guest, Dr. John Exner. Dr. Exner responded to a variety of student questions providing a number of helpful comments and anecdotes relevant to training, the state of personality assessment in clinical psychology, and most important, the development of professional identity.

Thanks again to all the students who participated!

Also at this luncheon, an impromptu list of graduate student e-mail addresses was passed around as an initial attempt to promote more interaction among SPA student members. Based on this input the SPA board has approved the development of an SPA student bulletin board at the SPA website in order to encourage graduate students to contact their colleagues across the country concerning student issues in SPA, personality assessment, or the general fear and loathing associated with graduate school. Another issue that was discussed in relation to such a network was student interest in the SPA advocacy program regarding legislative and professional issues concerning psychological assessment directed by Irv Weiner, who has specifically expressed a desire to get students involved in this effort.

I'm glad to announce that after this very positive response, the SPA board has approved funds for the "Second Annual Graduate Student Luncheon" in Philadelphia at the 2000 Mid-Winter meeting with special guest Dr. Paul Lerner. So I hope all of you will make it to Philly next year (Yes, more FREE FOOD!). On a related topic ("Who says there's no such thing as a free ride?"), the SPA board has also approved \$5,500 for student travel grants to Philadelphia (for those who are first authors presenting papers and posters). Look for these materials in February.

Use of Projective Techniques on Internship ...continued from page 1.

Even more perplexing is the recent task force report by Division 12 (Clinical) of the American Psychological Association (APA, 1999) concerning the development of a model assessment curriculum for graduate training in assessment. In this report, Rorschach training was ranked 95th in importance out of the total 105 topics. The available reliability and validity data coupled with other contemporary survey material suggest that there is vast disparity between the Division 12 Task Force future model curriculum for assessment and actual

graduate training needs. Should these changes in graduate assessment training occur, students (not to mention their future patients) will have to pay for the misconceptions of their graduate faculty. However, it should be noted that this would not be the first time a discrepancy has occurred between Division 12 Task Force recommendations and the realities of applied practice.

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Announcements

Dr. Carl B. Gacono continues to add forensic protocols to a growing Rorschach computer database. This database now contains over 800 different protocols classified by age, gender, diagnosis, offense type, psychopathy level, or any combination of these variables. Please contact Dr. Gacono at DRCARL14@aol.com or (512) 278-0198 if you desire more information about the project, wish to contribute data, would like to collaborate utilizing existing data, or have a unique forensic sample(s) you would want to include (as your own sample) in an edited Comprehensive System *Forensic* Rorschach Workbook that Dr. Gacono is developing.

The American Projective Drawing Institute offers two summer workshops this year in New York City:

- (a) Basic: July 23, 24, 25;
- (b) Advanced and Cases Seminar: July 25, 26, 27.

The Clinical Application of Projective Drawings, Hammer, E. F. (Ed.), Charles Thomas, Publisher, 2600 South First Street, Springfield, Illinois 62717, is suggested as preparation for the workshops.

Advances in Projective Drawing Interpretation, Charles Thomas, Publisher, 2600 South First Street, Springfield, Illinois 62717, is suggested for the advanced section.

For information, write:
Dr. Emanuel Hammer
381 West End Avenue
New York, New York 10024

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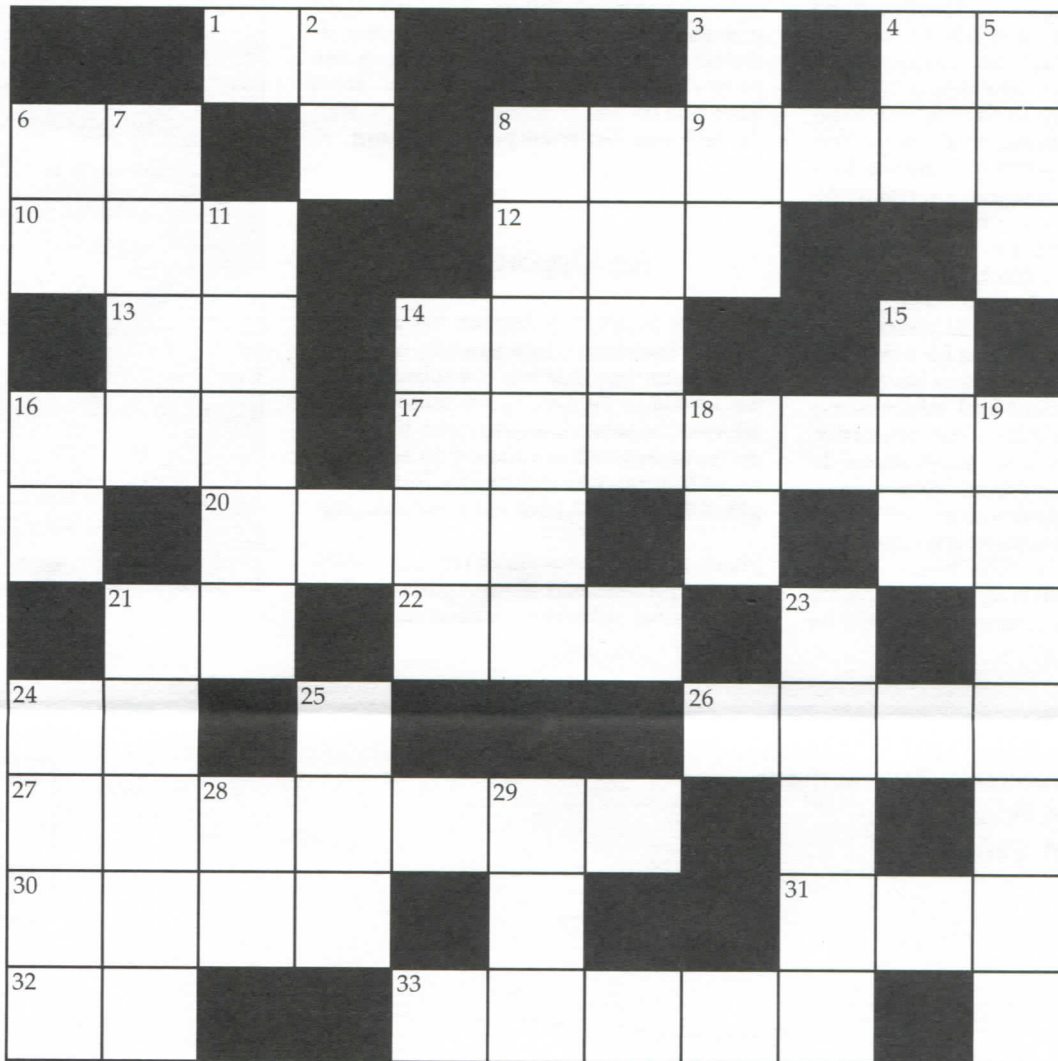
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Are You Ready for the 2001 Mid-Winter Meeting in Philadelphia?

Find out by completing our SPA Crossword Puzzle!

by Jed Yalof



ACROSS

1. A neologism gets this special score
4. Former 76er basketball star Julius Erving, known also as ___ r. ___
6. A story byline word
8. say "chi" ___ to this friendly non-parametric test
10. One-half of an implausible combo
12. ___-of-war; it has the potential for AG & COP (also a former left-handed Phillie's relief pitcher who got the last out against Kansas City in the 1980 World Series)
13. __ AP (a computerized Rorshchach acronym for scoring?)
14. Philadelphia native and now fugitive in France, ___ Einhorn
16. Paul's younger brother, initials only (also the "good" cholesterol)
17. When two people are this, a COP is likely
20. Philadelphia, known as the City of Brotherly ___ (possible Hx and AB, too)
21. Abbrev. for Exner's method
22. A likely determinant code to Card VI: "A very soft, shaggy rug"
4. A "self-focus" code?
26. The Philadelphia Electric Company acronym
27. Philadelphia actually preceded D.C. as the nation's first
30. Don't accept card rejections, be _____!
31. Elevated scale 4 types might be prone to do this
32. A "bowtie" will get this content code
33. Philadelphia's "Independence" and New York's "Carnegie"

DOWN

2. SPA Exchange Editor, initials
3. Common response content for FT and Hh codes
4. Tangential thinking gets this special score
5. This puzzle's author gives himself a PER for use of this first-person pronoun
6. The initials of a great Philadelphia scientist, he did not invent the electric light bulb!
7. Philadelphia's former Naval Ship ___
8. A "Broad" and a Mayor of Philadelphia have this in common
9. Form ___ (abbrev.)
11. A JPA editor, and what we must also pay monthly
14. A JPA editor, CS author, and an abbrev. first name
15. Along with Mark, a coauthor of "Teaching & Learning Personality Assessment"
16. MMPI Scale 3
18. Initials of the local who painted Helga
19. Stress tolerance indices
21. MMPI and MCMI author Robert J. _____
23. The "Liberty" and Alexander Graham are both this
24. An impossible color blend
25. First name of author of "Disordered Thinking on the Rorschach"
28. __ N, use only as needed
29. The "insight" word

From the Editor

Members of the Society occasionally ask me how they might contribute to the newsletter. The ways are various. The submission of brief articles is always welcomed. Certainly, such articles will be subjected to an editorial evaluation. You may also wish to write a response to a published article or compose a Letter to the Editor. Introducing topics for consideration is another way. We have one regular column, *The Teacher's Block*, which features topics of pedagogical significance. If you don't want to write an article yourself for this column but have an idea for a possible topic, contact Jed Yalof. We now have a new column on assessment and ethics being coordinated by Radhika Krishnamurthy. She, too, welcomes your suggestions. Is there a famous SPA luminary about whom you would like to learn more about? Robert Lovitt will be happy to receive names of candi-dates for our SPA biographies. Finally, Joan Weltzien is always waiting for updates on your professional life. Do let us hear from you.

Do You Need an Application?

The Society appreciates your assistance in enlisting new members. Your effort to interest a new member is much appreciated. Seal the deal by presenting the prospect with an application. You don't have one on hand? Just download it from the SPA website: www.personality.org

An Opportunity

LEA, the Society's publisher, has a special offer for members who are faculty members at an institution that has not subscribed to the *Journal for Personality Assessment* or has allowed the subscription to lapse. If you can get your institution's library to subscribe to the Journal, you will receive from LEA a gift of \$100 of LEA books of your choosing.

Please notify Central Office (703) 534-4SPA if your professional library purchased an institutional subscription because of your efforts.

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