

Curriculum Vitae Sharon M. Nelson, PhD

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Clinical Psychologist; licensed in PA

Education & Employment

Current	Assistant Professor of Psychology; Psychology Department; Pennsylvania State Harrisburg , Harrisburg, PA
Current	President; International Society for the Study of Personality Disorders
2023-2025	Assistant Clinical Professor; Psychology Department; Pennsylvania State University , State College, PA
2021-2025	Research Science Specialist (Evaluation Specialist); VHA Center for Evaluation and Implementation Resources , QUERI, Ann Arbor, MI
2021-2023	Research Science Specialist (Evaluation Specialist); VHA Serious Mental Illness Treatment, Resource, and Evaluation Center , Ann Arbor, MI
Aug. 2021	Advanced Fellowship; VA Serious Mental Illness Treatment Resource and Evaluation Center and University of Michigan, Department of Psychiatry , Ann Arbor, MI
Aug. 2019	Internship, Clinical Psychology, Ann Arbor VA Healthcare System , Ann Arbor, MI APA-accredited internship program
Aug. 2019	PhD, Clinical Psychology, Eastern Michigan University , Ypsilanti, MI <i>Dissertation</i> : “Long Term Follow-Up of Participants in Three Treatments for Borderline Personality Disorder” (<i>Passed February 2019</i>) <i>Dissertation Co-Chairs</i> : Ken N. Levy, PhD & Ellen Koch, PhD <i>Qualifying paper</i> : “A Comparative Analysis of Cognitive-Behavioral and Psychodynamic Frameworks for Understanding Borderline Personality Disorder” (<i>Passed May 2017</i>)
Dec. 2015	MS, Clinical Psychology, Eastern Michigan University , Ypsilanti, MI <i>Thesis</i> : “Modification and Further Validation of the Malignant Self-Regard Questionnaire” <i>Thesis Chair</i> : Steven Huprich, PhD
May 2012	BS, Psychology, The Pennsylvania State University , University Park, PA
Dec. 2008	AA, Psychology (High Honors), Harrisburg Area Community College , Harrisburg, PA

Publications

- 31 Papa, J., Choi, Y., Nault, E., **Nelson, S.M.**, Fineberg, S.K., & Tusiani-Eng, P. (2026). Processes and early lessons from a peer-designed recovery-oriented borderline personality disorder online support group. *Personality and Mental Health*, 20 (1).

- 30 DeShong, H.L., Cain, N. M., Dowgwillo, E.A., Mulay, A.L., **Nelson, S.**, & Iwanicki, S. (2025). Working with the alternative model for personality disorders: A case study illustration. *Journal of Psychotherapy Integration*.
- 29 Barbera, E.R. & **Nelson, S.M.** (2025). Measures and methods of the AMPD: A comprehensive review. Chapter in "Clinical Applications of the DSM-5 Alternative Model for Personality Disorders."
- 28 Huprich, S. K., Jowers, C., Dowgwillo, E., Ethridge, H., **Nelson, S. M.**, & Porcerelli, J. (2025). Prototype models of personality disorders: Prototype convergence and association with pathological traits. *Clinical Psychology & Psychotherapy*, 32 (1).
- 27 Grau, P.P., Browne, J., **Nelson, S.M.**, Austin, K., Keith, J.A., Claes, N.J., Kawentel, L.M., & Bowersox, N.W. (2024). Engagement in posttraumatic stress disorder treatment for veterans who experienced military sexual trauma and are diagnosed with serious mental illness. *Psychological Services*. Advance online publication. <https://dx.doi.org/10.1037/ser0000845>.
- 26 Bowersox, N. W., Smith, C. M., Austin, K., Bradford, D.W., Browne, J., **Nelson, S.M.**, Szymanski, B.R., & Glynn, S.M. (2024). Mortality and suicidality in veterans health administration patients with newly-identified early episode psychosis. *Schizophrenia Research*, 264, 362-369.
- 25 DeShong, H. L., Mason, C. K., Kelley, K., **Nelson, S. M.**, & McDaniel, C. (2023). Borderline personality disorder traits and rates of NSSI during the COVID-19 Pandemic: An initial investigation. *Journal of American College Health*, 1-11.
- 24 Ellison, W. D., Huprich, S., Behn, A., Goodman, M., Kerr, S., Levy, K. N., **Nelson, S. M.**, Sharp, C., Board of Directors of the International Society for the Study of Personality Disorders (2023). Attitudes, clinical practices and perceived advocacy needs of professionals with interests in personality disorders. *Journal of Personality Disorders*, 37, 1-15.
- 23 Bradford, D. W., Austin, K., **Nelson, S. M.**, Merrill, S., & Bowersox, N. W. (2022). Predictors of high-intensity psychiatric service utilization by Veterans Health Administration patients with early psychosis. *Psychiatric Services*, 73(3), 287-292.
- 22 **Nelson, S. M.**, Merrill, S., & Bowersox, N. (2022). Veterans affairs serious mental illness patients: Differences in high-intensity service use by personality disorder status. *Psychological Services*.
- 21 **Nelson, S. M.**, Griffin, C. A., Hein, T. C., Bowersox, N. W., & McCarthy, J. F. (2022). Personality disorder and suicide risk among patients in the Veterans Affairs Health System. *Personality Disorders: Theory, Research, & Treatment*, Epub ahead of print. PMID: 34726449.
- 20 **Nelson, S. M.**, Lusk, R., Cawood, C., Chapman, E., & Suzuki, T. (invited chapter, 2022). Dialectical Behavior Psychotherapy. To be in S. K. Huprich (Editor). *Personality Disorders and Pathology: Integrating Clinical Assessment and Practice in the DSM-5 and ICD-11 ERA*. Washington, D. C.: American Psychological Association.

- 19 **Nelson, S. M.**, Mach, J. J., Hein, T. C., Abraham, K. M., Jedele, J. M., & Bowersox, N. W. (2022). Access to timely mental health care treatment initiation among Veterans Health Administration patients with and without serious mental illness. *Psychological Services*, 19.
- 18 Cain, N. C., Jowers, C., Blanchard, M., **Nelson, S. M.**, & Huprich, S. K. (2021). Examining the interpersonal profiles and nomological network associated with narcissistic grandiosity and narcissistic vulnerability. *Psychopathology*, 54, 26-38.
- 17 Hale, A. C., **Nelson, S. M.**, Reckow, J., & Spencer, R. J. (2020). Validation and extension of personality disorder spectra scales from MMPI-2-RF items. *Journal of Clinical Psychology*, 76, 1754-1774.
- 16 Siefert, C. J., Sexton, J., Meehan, K., **Nelson, S. M.**, Haggerty, G., Dauphin, B., & Huprich, S. K. (2020). Development of a short form for the DSM-5 Levels of Personality Functioning Questionnaire. *Journal of Personality Assessment*, 102, 516-526.
- 15 Jedele, J., Griffin, C., & **Nelson, S. M.** (2020). Personality disorders and system use among older veterans using the Veterans Health Administration (published abstract). *Innovation in Aging*, 4(Suppl 1), 388–389.
- 14 Huprich, S. K., Jowers, C. E., & **Nelson, S. M.** (2019). Comparing DSM-5-Hybrid, SWAP, and PDM prototype models of personality disorders: Convergent and divergent findings. *Personality Disorders: Theory, Research, and Treatment*, 10, 376.
- 13 **Nelson, S. M.**, Huprich, S. K., Meehan, K. B., Siefert, C., Haggerty, G., Sexton, J., Dauphin, V. B., Macaluso, M., Zackula, R., Baade, L., & Jackson, J. (2018). Convergent and discriminant validity and utility of the DSM-5 Levels of Personality Functioning Questionnaire (DLOPFQ): Associations with medical health care provider ratings and measures of physical health. *Journal of Personality Assessment*, 100, 671-679.
- 12 Huprich, S. K., **Nelson, S. M.**, Meehan, K. B., Siefert, C., Haggerty, G., Sexton, J., Dauphin, V. B., Macaluso, M., Baade, L., Jackson, J. L., & Zackula, R. (2018). Introduction of the DSM-5 Levels of Personality Functioning Questionnaire (DLOPFQ). *Personality Disorders: Theory, Research, and Treatment*, 9, 553-563.
- 11 Huprich, S. K., **Nelson, S.**, Sohnleitner, A., Lengu, K. Shankar, S., & Rexer, K. G. (2018). Are malignant self-regard and vulnerable narcissism different constructs? *Journal of Clinical Psychology*, 74, 1556-1569.
- 10 Pedone, R., Huprich, S. K., **Nelson, S. M.**, Cosenza, M., Carcione, A., Giuseppe, N., Semerari, A., & Colle, L. (2018). Expanding the validity of the malignant self-regard construct in an Italian general population sample. *Psychiatry Research*, 270, 688-697.
- 9 **Nelson, S. M.**, Huprich, S. K., Shankar, S., Sohnleitner, A., & Paggeot, A. V. (2017). A quantitative and qualitative evaluation of trainee opinions of four methods of personality disorder diagnosis. *Personality Disorders: Theory, Research, and Treatment*, 8.
- 8 Paggeot, A., **Nelson, S. M.**, & Huprich, S. K. (2017). The impact of theoretical orientation and training on preference for diagnostic models of personality pathology. *Psychopathology*, 50, 304-320.

- 7 Huprich, S. K., **Nelson, S. M.**, Paggeot, A., Lengu, K., & Albright, J. (2017). Object relations predicts borderline personality disorder symptoms beyond emotional dysregulation, negative affect, and impulsivity. *Personality Disorders: Theory, Research, and Treatment*, 8, 46.
- 6 Natoli, A. P., **Nelson, S. M.**, Lengu, K. J., & Huprich, S. K. (2016). Sensitivity to criticism differentially mediates the relationship between interpersonal problems and state and trait depressivity. *Personality and Mental Health*, 10, 293-304.
- 5 Lengu, K. J., Evich, C. D., **Nelson, S. M.**, & Huprich, S. K. (2015). Expanding the utility of the malignant self-regard construct. *Psychiatry Research*, 229, 801-808.
- 4 Huprich, S. K., & **Nelson, S. M.** (2015). Advancing the assessment of personality pathology with the cognitive-affective processing system. *Journal for Personality Assessment*, 97, 467-477.
- 3 Huprich, S. K., Pouliot, G. S., **Nelson, S. M.**, Pouliot, S. K., Porcerelli, J. H., Cawood, C. D., & Albright, J. (2015). Factor structure of the assessment of the qualitative and structural dimensions of object representations (AOR) scale. *Journal of Personality Assessment*, 97, 605-615.
- 2 Huprich, S. K., & **Nelson, S. M.** (2015). The Cognitive-affective processing system model of Personality pathology: Ready-made for theoretical integration. In S. K. Huprich (Editor). *Personality Disorders: Assessment, Diagnosis, Research*. Washington, D. C.: American Psychological Association.
- 1 Huprich, S.K., & **Nelson, S.M.** (2014) Malignant self-regard: Accounting for commonalities in vulnerably narcissistic, depressive, self-defeating, and masochistic personality disorders. *Comprehensive Psychiatry*, 55, 989-998.

Reports

- 1 Kawentel LM, **Nelson SM**, Yahya GM, Doredla JS, Bowersox NB. *A Qualitative Evaluation of VA Graduate Medical Education (GME) Training Program Impact: Perspectives from Health Professions Trainees (HPTs), Educational Site Leadership, and Service Chiefs*. Center for Evaluation and Implementation Resources (CEIR). October 2022. Presented to the VHA Office of Academic Affiliations (OAA) following national evaluation.

Invited Talks

- 7 *Cain, N.M., DeShong, H.L., Iwanicki, S., & Nelson, S.M. (September 2023). *Advancing Modern Psychometric Discussions: Exploring the alternative model for personality disorders (AMPD): Integration in clinical practice*. Invited training, Psychological Assessment Resources, inc., virtual. *authors presented alphabetically. [received payment from PAR]

- 6 **Nelson, S. M.**, Griffin, C., Hein, T., Bowersox, N., & McCarthy, J. (June 2021). *Impact of personality disorders on high-intensity care utilization in VHA*. Invited Grand Rounds, University of Michigan Psychiatry Department, Ann Arbor, MI.
- 5 **Nelson, S. M.** & McCarthy, J. (February 2021). *Personality disorders and suicide risk among veteran VHA patients*. Presented to the national Suicide Prevention Program (SPP) leadership, virtual.
- 4 **Nelson, S. M.**, Merrill, S., & Bowersox, N. B. (May 2020). *An evaluation of co-morbid personality disorders and serious mental illness in the VA system*. Invited Grand Rounds, VA Mental Health Grand Rounds, Ann Arbor, MI.
- 3 Spencer, R. J. & **Nelson, S. M.** (January-July 2020). *Mental health annual refresher training*. Series of trainings presented to the Ann Arbor Police Force, Ann Arbor, MI. [*received payment from the Ann Arbor Police Force*]
- 2 **Nelson, S. M.** EMU Psychology Honors Graduation Speaker
Invited to speak at the EMU Psychology Honors Graduation Ceremony on social justice in Psychology.
- 1 **Nelson, S. M.** (2012). Guest Lecturer at Harrisburg Area Community College. Invited to speak to introductory psychology research classes on transitioning to a four-year university and applying to graduate school.

Workshop Presentations

- 4 **Nelson, S. M.**, Cawood, C., Lusk, R., DeShong, H., & Chapman, E. (, 2022). *A dialectical behavior therapy approach to working with veterans with borderline personality disorder who have received disruptive behavior flags*. Workshop presented at the Yale NEABPD annual conference.
- 3 Klement, K., Lozano, N., & **Nelson, S. M.** (2019). *Sexual violence*. Workshop presented at the Society for Personality and Social Psychology annual meeting.
- 2 **Nelson, S. M.**, Fernando, M., & Koch, E. (2018, March). *Student concerns and best mentoring practices for women and caregivers in graduate school*. Workshop presented at the King-Chavez-Parks Equity in the Classroom Conference, Southfield, MI.
- 1 Fernando, M., **Nelson, S. M.**, & Koch, E. (2018, March). *Student concerns and best mentoring practices for racial minority students in graduate school*. Workshop presented at the King-Chavez-Parks Equity in the Classroom Conference, Southfield, MI.

Paper/Oral Presentations

- 33 *DeShong, H., Iwanicki, S., Mulay, A., & **Nelson, S.** (to be presented March, 2025).
Implementation and training of the AMPD model: Incorporating dimensional personality models into student training. Panel session presented at the annual meeting of the Society for Personality Assessment, Denver, C.O. [**authors ordered alphabetically*]

- 32 *Asan, A.E., Cain, N., Davis, K., DeShong, H., Dyette, K., Iwanicki, S., Mulay, A., Nelson, S. (March, 2024). *The empowered path- Shaping the future of psychology careers*. Panel session presented at the annual meeting of the Society for Personality Assessment, San Diego, C.A.
[*authors ordered alphabetically]
- 31 * Bliton, C., Boland, J., Dowgwillo, E., Jowers, C., Long, T., Natoli, A., & **Nelson, S. M.** (March, 2022). *Applying to internship: A how-to guide written by successful applicants*. Paper session presented at the annual meeting of the Society for Personality Assessment, Chicago, Illinois.
[*authors ordered alphabetically]
- 30 **Nelson, S. M.**, Griffin, C., Hein, T., Bowersox, N., McCarthy, J. (October, 2021). Personality Disorder and Suicide Risk Among Patients in the Veterans Affairs Health System. Paper session presented at the International Society for the Study of Personality Disorders, Oslo, Norway (virtual attendance).
- 29 Merrill, S., **Nelson, S. M.**, & Bowersox, N. (October, 2021). Comparison of Characteristics and High-Intensity Mental Health Service Utilization of Patients with Serious Mental Illness with and without a Comorbid Personality Disorder. Paper session presented at the International Society for the Study of Personality Disorders, Oslo, Norway (virtual attendance).
- 28 **Nelson, S. M.**, Mason, C., & DeShong, H. (October, 2021). Borderline Personality Disorder Traits and Symptoms and Rates of Non-Suicidal Self Injury (NSSI) During the COVID-19 Pandemic: An Initial Investigation. Paper session presented at the International Society for the Study of Personality Disorders, Oslo, Norway (virtual attendance).
- 27 Shankar, S., **Nelson, S. M.**, & Huprich, S. K. (October, 2021). Meeting the Training and Advocacy Needs of the Next Generation of Personality Disorder Scholars, Practitioners, and Patients. Paper session presented at the International Society for the Study of Personality Disorders, Oslo, Norway (virtual attendance).
- 26 **Nelson, S. M.**, Hale, A. C., & Spencer, R. J. (2019, October). *Validation of existing personality disorder scales for the MMPI-2-RF, and development of new scales*. Paper session presented at the International Society for the Study of Personality Disorders, Vancouver, Canada.
- 25 Jowers, C. E., **Nelson, S. M.**, & Huprich, S. K. (2019, October). *Comparing DSM-5, SWAP, and PDM prototype models and trait profiles of personality disorders: Where do they converge?* Paper session presented at the International Society for the Study of Personality Disorders, Vancouver, Canada.
- 24 **Nelson, S. M.**, Jowers, C. E., & Huprich, S. K. (2019, March). *Exploratory factor analysis of the DSM-5 Section III Trait Model*. Paper session presented at the annual meeting of the Society for Personality Assessment, New Orleans, Louisiana.
- 23 **Nelson, S. M.** (2019, March). *The impact of acculturation and intersectionality in the field of personality assessment*. Paper session presented at the annual meeting of the Society for Personality Assessment, New Orleans, Louisiana.
- 22 Jowers, C. E., Huprich, S. K., & **Nelson, S. M.** (2019, March). *Comparing DSM-5, SWAP, and PDM prototype models of personality disorders: Convergent and divergent findings*. Paper session

presented at the annual meeting of the Society for Personality Assessment, New Orleans, Louisiana.

- 21 Jowers, C. E., Huprich, S. K., & Nelson, S. M. (2019, March). *Comparing the DSM-5 trait profiles of DSM-5, SWAP, and PDM prototype models of personality disorders*. Paper session presented at the annual meeting of the Society for Personality Assessment, New Orleans, Louisiana.
- 20 Nelson, S. M., Huprich, S. K. (2018, March). *Assessing clinical utility of the DSM-5 Levels of Personality Functioning Questionnaire (D-LOPFQ) through provider and patient Level of Personality Functioning Ratings*. Paper session presented at the annual meeting of the Society for Personality Assessment, Washington, D.C.
- 19 Nelson, S. M., Huprich, S. K., Meehan, K., Siefert, C., Haggerty, G., Sexton, J., & Dauphin, V. B. (2017, September). *Assessing levels of functioning: Development and validation of the DSM-5 levels of personality functioning questionnaire*. Paper session presented at the International Society for the Study of Personality Disorders, Heidelberg, Germany.
- 18 Nelson, S. M. (2017, September). *Malignant self-regard*. Paper session presented at the International Society for the Study of Personality Disorders, Heidelberg, Germany.
- 17 Nelson, S. M., Huprich, S. K., Baade, L., Dauphin, V. B., Haggerty, G., Jackson, J., Macaluso, M., Meehan, K. B., Sexton, J., Siefert, C., & Zackula, R. (2017, March). *Preliminary psychometric evaluation of the DSM-5 Levels of Functioning Questionnaire in two clinical outpatient samples*. Paper session presented at the annual meeting of the Society for Personality Assessment, San Francisco, CA.
- 16 Nelson, S. M. (2016, March). *Anaclitic and introjective depression differences in terms of self-criticism, neediness, and gender differences on narcissism and dependence*. Paper session presented at the annual meeting of the Society for Personality Assessment, Chicago, IL.
- 15 Sohnleitner, A., Nelson, S. M., & Huprich, S. K. (2016, March). *Clinical utility and utilization of DSM personality disorder diagnostic labels*. Paper session presented at the annual meeting of the Society for Personality Assessment, Chicago, IL.
- 14 Nelson, S. M. & Huprich, S. K. (2015, October). *Initial construction and validation of the Malignant Self-Regard Questionnaire*. Panel member on invited symposium presented at the International Society for the Study of Personality Disorders, Montreal, Canada.
- 13 Nelson, S. M. & Huprich, S. K. (2015, June). *The cognitive-affective processing system as an integrative model for understanding personality disorders*. Paper session presented at the international meeting of the Society for the Exploration of Psychotherapy Integration, Baltimore, MD.
Chair: Nelson, S. M.
- 12 Nelson, S. M., Paggot, A. V., Lengu, K. J., Huprich, S. K., Sohnleitner, A., & Shankar, S. (2015, March). *The forest and the trees: A quantitative and qualitative evaluation of student preferences for four methods of personality disorder diagnosis*. Paper session presented at the annual meeting of the Society for Personality Assessment, New York, NY.

- 11 Lengu, K. J., **Nelson, S. M.**, Evich, C., & Huprich, S. K. (2015, March). *Utilizing the pathological narcissism inventory and the malignant self-regard questionnaire to predict maladaptive reactions to criticism and interpersonal rejection*. Paper session presented at the annual meeting of the Society for Personality Assessment, New York, NY.
- 10 Natoli, A. P., **Nelson, S. M.**, Lengu, K. J., & Huprich, S. K. (2015, March). *Comparing two different methods for measuring object relations when predicting depressive states and traits*. Paper session presented at the annual meeting of the Society for Personality Assessment, New York, NY.
- 9 Paggeot, A. V., **Nelson, S. M.**, & Huprich, S. K. (2015, March). *Into the lion's den: The influence of therapeutic orientation and training on preference for diagnostic methods*. Paper session presented at the annual meeting of the Society for Personality Assessment, New York, NY.
- 8 **Nelson, S. M.** & Huprich, S. K. (2014, November). *The cognitive affective processing system (CAPS) as an integrative model through which to understand and improve psychotherapeutic assessment and technique*. Paper session presented at the annual Eastern Michigan University Graduate Research Conference.
- 7 **Nelson, S. M.** & Huprich, S. K. (2014, April). *Integrating the cognitive affective processing system (CAPS) into psychotherapeutic assessment and technique*. Paper session presented at the annual meeting of the Society for the Exploration of Psychotherapy Integration, Montreal, QC.
- 6 **Nelson, S. M.** & Huprich, S. K. (2014, March). *Modification and further validation of the malignant self-regard scale*. Paper session presented at the annual meeting of the Society for Personality Assessment, Arlington, VA.
- 5 **Nelson, S. M.**, Paggeot, A., & Huprich, S. K. (2014, March). *Measurement invariance between clinical and nonclinical samples across two measures of borderline personality disorder*. Paper session presented at the annual convention of the Society for Personality Assessment, Arlington, VA.
- 4 Baluck, T., Paggeot, A. V., **Nelson, S. M.**, & Huprich, S. K. (2014, March). *Measurement invariance across Caucasians and African-Americans in two measures of borderline personality disorder*. Paper session presented at the annual meeting of the Society for Personality Assessment, Arlington, VA.
- 3 **Nelson, S. M.** & Huprich, S. K. (2014, January). *Malignant self-regard and its relationship with pathological narcissism*. Paper session presented at the annual meeting of the Psychodynamic Psychoanalytic Research Society, New York, NY.
- 2 **Nelson, S. M.**, & Huprich, S. M. (2013, March). *Multimethod assessment of object relations in borderline personality disorder*. Paper session presented at the Annual Convention of the Society for Personality Assessment, San Diego, CA.
- 1 **Nelson, S. M.**, & Huprich, S. M. (2013, March). *Preliminary evidence of the reliability and validity of the malignant self-regard scale*. Paper session presented at the Annual Convention of the Society for Personality Assessment, San Diego, CA.

Poster Presentations

- 11 Diggett, S., Cain, N., Daly, S., Draganov, B., Gottfried, E., ... **Nelson, S.M.**, Waugh, M. (2024, March). *“Did you hear my covert narcissism I disguise as altruism?” : An AMPD Interrater reliability study using Taylor Swift’s song lyrics*. Poster session presented at the annual meeting of the Society for Personality Assessment, San Diego, C.A. [awarded honorable mention]
- 10 Kuribayashi, S., Dowgwillo, E., **Nelson, S.M.**, & Huprich, S.K. (2023, March). *A factor-analytic investigation of personality pathology among patients diagnosed with MDD using three different methods of personality disorder diagnosis*. Poster session presented at the annual meeting of the Society for Personality Assessment, Austin, T.X.
- 9 Kawentel LM, **Nelson SM**, Yahya GM, Doredla JS, Bowersox NB. *A Qualitative Evaluation of VA Graduate Medical Education (GME) Training Program Impact: Perspectives from Health Professions Trainees (HPTs), Educational Site Leadership, and Service Chiefs*. Poster presented at the 2023 VA HSR&D/QUERI National Conference; February 8-10, 2023, Baltimore, MD.
- 8 Jedele, J. M., Griffin, C. A., & **Nelson, S. M.** (2020, November). *Personality disorders and veterans health administration use among older veterans*. Poster session presented at the Gerontological Society of America annual scientific meeting. [virtual due to COVID-19]
- 7 Benfield, E., **Nelson, S. M.**, Huprich, S. K. (2018, March). *Trainee ‘experts’ perceptions of clinical utility across four diagnostic methods of personality pathology*. Poster session presented at the annual meeting of the Society for Personality Assessment, Washington, D.C.
- 6 Terry, A., **Nelson, S.**, Fernando, M., & Koch, E. (2018, March). *Examining the mentoring needs of non-white graduate students*. Poster presented at the 38th annual Eastern Michigan University Undergraduate Symposium, Ypsilanti, MI.
- 5 Fernando, M., Nahhas, C., **Nelson, S. M.**, & Koch, E. (2017, November). *Assessing the relationship quality between graduate psychology mentors and mentees of varying race and gender*. Poster session to be presented at the 2017 annual meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
- 4 Lusk, R., **Nelson, S. M.**, Stanley, E., & Cochran, H. (2016, June). *Use of the McLean Screening Instrument for Borderline Personality Disorder in a sample of veterans seeking admission to dialectical behavior therapy*. Poster session presented at the annual VA Trainee Research Fair, Ann Arbor, MI.
- 3 Sohnleitner, A., Lengu, K. J., **Nelson, S. M.**, & Huprich, S. K. (2015, March). *Understanding interpersonal problems in individuals using contingent and global self-esteem measures*. Poster presented at the annual meeting of the Society for Personality Assessment, New York, NY.
- 2 Ellison, W. D., Levy, K. N., & **Nelson, S. M.** (2013, April). *Ethnic variation in the factor structure of borderline personality disorder items on the IPDE screener*. Poster session presented at the North American Society for the Study of Personality Disorders, Boston, MA.

- 1 **Nelson, S. M.,** Ellison, W. D., & Levy, K. N. (2011). *Ethnic variation in the factor structure of borderline personality disorder criteria*. Poster session presented at the Annual Convention of the Pennsylvania Psychological Association, Harrisburg, PA.

Clinical Experience

- 2021-current Licensed Clinical Therapist, **Private Practice**
- Specializing in providing virtual care for individuals with pervasive and chronic mental health disorders (including personality disorders).
- 2019-2021 Postdoctoral Advanced Fellow Therapist, **VA Ann Arbor Healthcare System**
- Psychosocial Rehabilitation and Recovery Center (PRRC)
Provided group and individual therapy services to Veterans with serious mental illness and personality pathology. Provided inter-disciplinary consultations. Developed materials to move treatment protocols online. Trained and supervised interns and professionals from other disciplines in these protocols.
- 2018-2019 Clinical Psychology Intern Therapist, **VA Ann Arbor Healthcare System**
- Mental Health Clinic (MHC); Psychosocial Rehabilitation and Recovery Center (PRRC); Compensation & Pension (C&P)
Provided individual and group therapy to Veterans with chronic, severe mental illness, including schizophrenia, bipolar, and personality disorder spectrum diagnoses. Provided psychodiagnostic assessments for clinical purposes, and diagnostic evaluations for benefits and disability claims. Took a course in providing clinical supervision, then provided peer-supervision for other interns in my area of expertise, and team supervision of practicum student on the DBT team.
- 2014-2018 Practicum Student Therapist, **VA Ann Arbor Healthcare System**
- Mental Health Clinic (MHC)
Trained in evidence-based individual therapy modalities (DBT, IPT, ACT, CBT), couples' therapy (CBT), group therapy (DBT, ACT), and psychodiagnostic, personality, and suicide/homicide risk assessment. Presenting diagnoses included Borderline, Narcissistic, Antisocial, Obsessive-Compulsive, and Schizotypal Personality Disorders, Depression, Anxiety, OCD, and Delusional/Psychotic disorders.
- 2013-2018 Student Therapist, **Eastern Michigan University Psychology Clinic**
- Provided evidence-based individual therapy (DBT, ACT, CBT, Dynamic), group therapy (DBT) and assessment services (Intellectual, Personality/Psychodiagnostic) to adults and children/adolescents from the community. Presenting diagnoses included mood, psychosis, and chronic interpersonal difficulties. Took a course on providing clinical supervision, then peer-supervised junior graduate students.

Research Experience

2016-2021 Research associate, **VA Ann Arbor Healthcare System**

Projects included: DBT program evaluation research (supervisor Heather Cochran, Ph.D.), evaluating effectiveness of pre-treatment orientation on treatment completion (supervisor Rebecca Lusk, Psy.D.), and research on personality assessment measures (supervisor Robert Spencer, Ph.D.)

2012-2016 Lab Manager and Doctoral Fellow, **Eastern Michigan University**, Steven Huprich, PhD

Responsibilities included contributing to the development of lab projects (theoretically and design), complete and manage IRB submissions, grant and funding applications, perform statistical analyses (including factor analyses, regression, SEM, measurement invariance procedures, and others, utilizing SPSS and Mplus software), and oversee and mentor Master's and undergraduate students in the lab.

2010-2012 Associate Lab Manager, Research Assistant, **Pennsylvania State University**, Kenneth Levy, PhD

Management responsibilities included overseeing and assisting in the management of a 25-person lab, scheduling, training research assistants, organizing lab meetings, writing instructional manuals, writing and managing multiple IRBs across several sites. Other research responsibilities included recruiting and running studies, transcription of semi-structured interviews, coding, data management, data analysis, assisting in preparing and writing of grant application, manuscripts, and conference presentations, and utilizing EEG and fMRI for data collection, as well as training and administering diagnostic interviews to evaluate potential research participants.

Teaching Experience

2023-Current Asst Clinical Professor, **Pennsylvania State University**
Have taught: Summer Team (506, 1), Intro to Personality (238, WC, 2), Intro to Wellbeing and Positive Psychology (243, in person, 1), Intro to Clinical Psychology (481, WC, 1)

2016- 2020 Instructor, **Eastern Michigan University**

Psy 646 Personality Theory and Research, 1 section
12 Masters and Doctoral graduate students; online, synchronous

Psy 451 Dynamics of Personality, 9 sections
25-30 undergraduate students; taught in person, hybrid, or fully online (mix of synchronous and asynchronous)

Psy 360 Abnormal Psychology, 1 section

65 students; taught in person

Psy 301w Introduction to Experimental Psychology, 1 section
20 undergraduate students; taught in hybrid with reverse classroom format

Psy 101 Introduction to Psychology, 4 sections
Average 100 students; taught in person

2017, 2018 Led Archival Research trip to the Cummings Center for the History of Psychology, Akron, Ohio.
Organized and led an out-of-classroom learning opportunity where students traveled to the center in Ohio to learn how to do archival research, and conduct an archival research project utilizing original/historic personality assessment source materials.

2015-2017 Lecturer at Interview Prep Panel, Mock Interview Panel
Organized and hosted a panel of doctoral students for an annual class on “preparing for graduate school interviews,” open to undergraduate and master’s students from throughout the university. Assisted in mock interview panel to help McNair students prepare for graduate school interviews.

2011 Undergraduate Teaching Assistant, **Pennsylvania State University**
Dr. Kenneth Levy, PhD – Psy 490

Service & Professional Experiences

Current President for the International Society for the Study of Personality Disorders
2020-2025 Board member for the International Society for the Study of Personality Disorders (2 terms); Communications chair

2017-present Reviewer for:
BMC Psychiatry
Assessment
Journal of Personality Disorders
Frontier

2021 Postdoctoral Training Committee representative, University of Michigan

2019-2020 President for the Society for Personality Assessment Graduate Student association

2016-2019 Communications Chair for the International Society for the Study of Personality Disorder’s Student Council

2018 Lecturer Award Selection Committee, Eastern Michigan University

2017 Served on the Eastern Michigan Doctoral Training Committee Parenting Policies for Students Committee

2017 Initiated and compiled database of community job placement possibilities for EMU Psychology Undergraduates

2015-2017 Psychology for Social Justice, Eastern Michigan University

2015-2016 Doctoral Training Committee Student Representative at Eastern Michigan University

2014-2016	Student Wellness Committee member, Eastern Michigan University Psychology Department
2014-2015	Diversity Committee member, Eastern Michigan University Psychology Department

Grants

2025	Machine Learning and personality disorders in healthcare system data (\$6000)
2025	Mentorship grant: personality assessment (\$3000)
2025	AI for use in nonprofit program evaluation and qualitative analysis (\$5000)
2024	Title: Center for Evaluation and Implementation Resources Major Goals: CEIR will develop VA training opportunities on program evaluation standards and best practices to build internal capacity to support program evaluation, promote and coordinate emerging rapid evaluation mechanisms, and provide direct evaluation support to operational offices to address VA high priority areas. Status of Support: Active Project Number: EBP 22-106 Name of PD/PI: Bowersox (Nelson, S. M. - Co-PI) Source of Support: VA/QUERI Primary Place of Performance: Ann Arbor Veterans Affairs Medical Center Project/Proposal Start and End Date: 09/1/2023-08/30/2028 Total Award Amount (including Indirect Costs): \$4,090,540
2022	Early Career Travel Scholarship (\$550)
2021	Postdoctoral Advanced Fellowship 3 rd year competitive research position funding (\$56,336)
2018	Dissertation Grants, Graduate School (\$750)
2017	Dissertation Grants, Psychology Department (\$500)
2013-2018	Psychology Department Travel Award (\$400, each year)
2013-2018	College of Arts and Sciences Travel Award (\$400, each year)
2013-2018	Graduate School Travel Award (\$400, each year)
2017, 2018	Student Professional Development Fund (\$250)
2013, 2015, 2017	Society for Personality Assessment Student Travel Award (\$200)
2013, 2014	EMU Psychology Clinic Training Fund (\$500)
2012-2017	Doctoral Fellowship (\$16,500 annually plus tuition remission)

Honors and Awards

2017	Part-Time Lecturer Distinguished Teaching Award, \$500, Eastern Michigan University, considered the most prestigious award for part-time lecturers presented by the university.
2016	Most Valuable Professor Award from Eastern Michigan University's Volleyball Team

2016	Inducted into the Alpha Nu Omega Alumni Association
2015	Honorable mention for co-authored poster from the Society for Personality Assessment
2015	Chosen for TRUEMU Graduate Student Campaign for Eastern Michigan University
2014	Student Gold Medallion Award by Eastern Michigan University, considered the most prestigious award presented by the university, awarded for demonstrating exemplary commitment, vision, and passion for community in service to the campus or local community
2012	Wisniewski Family Enhancement Fund, \$750, awarded to graduate or undergraduate student working towards a career related to mental health and neuroscience
2012	Undergraduate representative for the ground breaking of the Moore Building, Penn State University
2012	Nominee for Outstanding Adult Student Award by the Division of Student Services
2011	Catherine Shultz Rein Trustee Scholarship
2011	Inducted into Psi Chi: The International Honor Society in Psychology
2011	Sapphire Award of Service from the National Residence Hall Honorary
2010	Outstanding Leadership Service from the National Residence Hall Honorary
2009	Inducted into the National Residence Hall Honorary
2008	Inducted into the Phi Theta Kappa Honor Society

Additional Clinical Training

2021 (on-going)	Transference-Focused Psychotherapy (TFP) training, supervised by Frank Yeomans, MD, PhD, virtual
2019	Transference-Focused Psychotherapy (TFP) workshop, Kenneth N. Levy, PhD, Vancouver, Canada
2017	Good Psychiatric Management of Borderline Personality Disorder, John Gunderson, PhD, University of Michigan
2017	New Developments in Transference Focused Psychotherapy, Otto Kernberg, PhD, Heidelberg, Germany
2016	Transference Focused Psychotherapy (TFP) workshop, Frank Yeomans, MD, PhD, Johnathan Shedler, PhD, John Chardavoyne, MD, Denver, Colorado
2016	Navigating the Therapeutic Impasse, Jeremy Safran, Ph.D., Christopher Muran, PhD, Catherine Eubanks, PhD, The New School, New York City
2014	R-PAS Workshop, Gregory Meyer, PhD, Eastern Michigan University
2013	Psychological Report Writing: Resources, Research, and Strategies, Gary Groth-Marnat, PhD, online training
2013	Dialectical Behavior Therapy (DBT) Workshop for Borderline Personality Disorder, Janice Kuo, PhD, trainer/consultant for Behavioral Tech, LCC, Ryerson University, Toronto, Canada
2013	Understanding <i>DSM-5</i> and <i>ICD</i> , American Psychological Association, Eastern Michigan University (virtual)
2010-2011	SCID/IPDE/AAI Interview Training, Joe Beeney, PhD, Pennsylvania State University

Additional Research/Statistical/Management Training

2022	Diversity & Inclusion in Teams, Tippie College of Business Executive and Professional Education, Dr. Ken Brown
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2022	Leading Others Through Times of Uncertainty, Tippie College of Business Executive and Professional Education, Dr. Amy Colbert
2020	Diversity and Inclusive Teaching Seminar, University of Michigan-Center for Research on Learning and Teaching (CRLT) and The Program on Intergroup Relations (IGR), with support from Rackham Graduate School and IGR. 5-week course, competitive acceptance, attendance funded by programs listed above
2018	A Review of Statistics for Reviewers, David Streiner, PhD & Daniel Sass, PhD
2017	Comparison of EFA, CFA, ESEM, and Bayesian CFA: Selecting the Best Modeling Approach, Daniel Sass, PhD
2017	Multi-level analyses for the study of personality traits and dysfunctions, Johannes Zimmermann
2017	How to Review Papers, David Streiner, PhD, Daniel Sass, PhD
2015	Applying for Grant Funds, Eastern Michigan University Graduate School
2015	Structural Equation Modeling Course, Todd Little, Ph.D. & Noel Card, Ph.D.
2014	NSF Grant Writing Workshop, David Coppola, Ph.D., NSF Program Officer
2011	CHCPR Methods Workshop: Using Software in Qualitative Analysis (ATLAS.ti & MAXQDA)
2010	fMRI Safety Training, Susan Lemieux, SLEIC MRI Safety Officer
2009	EEG Training, Andrea Seisler, SLEIC Laboratory Manager

Additional Work/Community Service Experiences

2017-2022	Coach; kayaking, Washtenaw County Special Olympics
2013-2014	Board Member/Conference Planner, MISIBS Organization
2010-2012	Advocate/Board Member, Centre County Down Syndrome Society
2006-2009	Chairperson, Art Association of Harrisburg
2004-2007	Retina Technician, Pennsylvania Retina Specialist

References

Research

Kenneth N. Levy, PhD – klevy@psu.edu
Steven Huprich, PhD – huprichst@udmercy.edu
Ellen Koch, PhD – ellen.koch@emich.edu
John McCarthy, PhD – John.McCarthy2@va.gov

Clinical

Rebecca Lusk, PsyD – Rebecca.Lusk@va.gov
Clayton B. Nelson, PhD – Clayton.Nelson2@va.gov
Roberta Hitt, PhD – robertahitt@hotmail.com

Admin sections:

Professional Work Relevant to Administrative Positions:

2021-2025 Research Science Specialist (Evaluation Specialist); **VHA Center for Evaluation and Implementation Resources**, QUERI, Ann Arbor, MI- Part time

Role includes:

- Developing a national training program that teaches clinicians to conduct program evaluation. Role includes running a committee of experts in the field, including **overseeing several subcommittees tasked with developing training materials and policies.**
- Overseeing the development of a national research trainee mentorship series. Role includes **running a committee of experts in implementation science, overseeing the recruitment of trainees, managing the recruitment and scheduling of speakers, establishing online platforms to host both talks (through Microsoft Teams) and community of practice discussions (through Slack).**
- Provide consultations. Role **involves meeting with clinicians, administrative staff, national program offices, to provide brief consultation on their work.** This can include consulting on research design, program evaluation steps, implementation science training, grant reviews, and discussions on how to frame work to influence policy.
- Develop grant management system for one VHA funding mechanism. Role includes developing a team to **manage grant application receipt**, scoring requests, **mid- and end-year reporting**, as well to **develop a plan for conducting a program evaluation** to better understand the impact of this grant mechanism.
- Design and or conduct evaluations of national VHA programs. Role can include writing and conducting qualitative interviews, **meeting with heads of departments in order to identify program evaluation needs, and identifying and meeting with program stakeholders to elicit feedback.** Participate in team coding and report writing.

2021-2023 Research Science Specialist (Evaluation Specialist); **VHA Serious Mental Illness Treatment, Resource, and Evaluation Center**, Ann Arbor, MI

Role includes:

- **Utilizing national datasets** to assess issues around suicide prevention, morbidity, and mental health care.
- **Develop evaluation projects that utilize electronic medical record data** and could inform national VHA policy and in response to congressional mandates.
- Collaboratively **design qualitative chart reviews** of both VHA and DoD data sets in order to address issues related to suicide prevention.
- Have conducted evaluations using national datasets, then **presented findings to national leadership.**
- Personal work centralized around personality disorders, serious mental illness, and suicide prevention.

2020-
present

Board member for the International Society for the Study of Personality Disorders (2 terms); Communications chair, then Treasurer

Role includes:

- **Creating a multi-year plan** for a communications strategy and presenting the report to the ISSPD board.
- Overseeing the **development of a communications committee, including several subcommittees.**
- **Managing several graduate students** in handling of ISSPD social media accounts.
- Overseeing efforts to update branding and marketing ideas for ISSPD, including **overseeing the technical team** in developing and launching an updated website.

2014-2019 Editorial Assistant, **Journal of Personality Assessment**

Role includes:

- Working closely with the journal editor, publisher, and authors to **quickly address and liaison issues as they arise.**
- Review and organize submissions, assessing compliance with journal and publishing standards.
- **Collect and organize lists** of possible reviewers, AEs, and authors that have submitted.
- **Manage and run numbers for end-of-year reports**, including number of submissions, geographic regions of authors who have submitted, and general status of reviewer speed.
- Served as **point person for systems issues**, as well as general journal questions.
- Assessed and proposed updates for the author submission guidelines.

2017-2018 Student Clinic Co-Director, **Eastern Michigan University Psychology Clinic**

Role includes:

- Being the student-level co-director of the **psychology department's community-facing low-fee clinic, serving a diverse and low-SES community**
- Serving as **on-site after-hours supervisor**
- **Managing and supervising undergraduate students working at the front desk**
- Managed clinical treatment and assessment materials, including **tracking quantity of individual measures**, developing sign out and tracking processes to better assess current content, **work with publishing companies to ensure best prices for purchasing materials.**
- Help in managing billing and electronic client files, including **collecting and tracking payments**, notifying clinicians when payments are delinquent, and preparing funds for bank delivery.

- **Training staff** in answering phones, taking messages, scheduling clients, and brief phone intakes. In addition, how to handle aggravated or frustrated callers.
- Developed updated referral sheet to distribute to wait list.
- Oversaw opening and closing of the clinic.
- Manage multiple calendars, including **therapist availability, client scheduling, front desk staff schedule, and clinic room availability.**