

**DIY Ultrasound Guidance Trainer Supply List** (with links to online merchants)

Item	Quantity sufficient for
<a href="#">Reuseable plastic drinking straws—0.31 in/8 mm diameter</a>	Several trainers
<a href="#">1/8 in wooden dowels</a>	Several trainers
<a href="#">1/2 in wooden beads with 1/8 in hole</a>	Several trainers
<a href="#">Air dry modeling clay—2.2 lb. block</a>	2-3 trainers
<a href="#">Card stock 8.5"x11" sheets</a>	Several trainers
<a href="#">2-3 inch ferrous metal disk or washer</a>	Several trainers
<a href="#">2-3 inch strong ceramic magnet</a>	1 trainer
<a href="#">Super glue</a>	Several trainers
<a href="#">Glitter spray paint</a>	2-3 trainers
<a href="#">One-gallon Ziploc bag</a>	Several trainers
<a href="#">Clear packing tape</a>	Several trainers
<a href="#">1 gallon low viscosity (green) ultrasound gel</a>	1 trainer
<a href="#">9x9x3 inch square plastic food container</a>	2 trainers
Washcloths or paper towels	