### **PPAGS**



## **April 2017**

#### Relax and Learn with us at the 2017 Annual PPA Convention!







The Annual PPA Convention will be held Wednesday, June 14 through Saturday, June 17. This year's venue is the beautiful Omni Bedford Springs Resorts. Check out their website at <a href="https://www.omnihotels.com/hotels/bedford-springs">https://www.omnihotels.com/hotels/bedford-springs</a>.

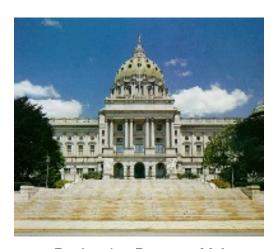
This year's theme is "Striving to Overcome Interpersonal Violence." The Keynote Speaker is Barbara Amaya, a person who survived, healed, and transformed her life, after being a victim of human trafficking. Her talk will be Wednesday, June 14, at 10:30 AM. Learn more about Barbara by visiting her website, which includes her inspiring Ted Talk, at <a href="http://www.barbaraamaya.com/index.html#.WNpyljvD9lc">http://www.barbaraamaya.com/index.html#.WNpyljvD9lc</a>.

Friday, June 16 is "Student Day" and is jam-packed with fun, informative programming for students! This year's offerings were voted on by YOU, PPAGS students, and include:

- 11:00 AM 2:00 PM: Student Research Poster Sessions
- 1:00 PM 3:00 PM: Self-Care while Networking: Using Your Resources
- 3:15 PM 4:15 PM: Getting into Private Practice: Practical and Ethical Considerations
- 4:15 PM 5:15 PM: Preparing for the EPPP and PPLE
- 5:00 PM 7:00 PM: Early Career Psychologist and Student Networking Reception (including free wine, hors d'oeuvres, and giveaways!)
- 7:15 PM 8:45 PM: Movie and Q&A Session: The Hunting Ground (http://thehuntinggroundfilm.com/)

Online registration at <a href="www.papsy.org">www.papsy.org</a> opens Saturday, April 1. Please contact Erin at <a href="mailto:erin@papsy.org">erin@papsy.org</a> with any registration questions.

# Advocacy Day is May 8... Will you invest in the future of your career?



By Jessica Dougan, M.A. 4th Year Doctoral Student Marywood University

Why should you attend Advocacy Day? Most legislators do not have a background or experience in mental health and psychology, so why should they alone decide the future of our careers and the care our clients receive? Legislators need our expertise about how psychology works and what we need to practice effectively and best serve our clients. The bottom line is that nobody advocates for the future of our career but us. Do not be a "social loafer" and assume others will do this for you-take the initiative! Join other students and psychologists from around the state in speaking directly with legislators about the future of our profession.

When is Advocacy Day? Join us on Monday May 8, 2017, at the Pennsylvania State Capital Building in Harrisburg. Registration begins at 8:45 AM and typically wraps up early in the afternoon.

**How do I sign up?** Step 1) Click this link: <u>SIGN UP FOR ADVOCACY DAY HERE</u>. Step 2) Tell your friends and colleagues to sign up. Step 3) Travel to Harrisburg on May 8th to take part in advocating for your career! This event is FREE for students!

**Have questions?** Contact Jessica Dougan, PPAGS Chair Elect, at <a href="mailto:imdougan@m.marywood.edu">imdougan@m.marywood.edu</a>

Featured PPAGS Member
Rachael B. Goldberg, M.A. from La Salle University



As a fourth year doctoral student, the transition from student to professional becomes increasingly salient. As graduation approaches, I find myself focusing more on issues impacting professional psychologists in a variety of contexts. I often consider how graduate students can proactively engage with matters of professional psychology even before they are launched from student-status to that of independent professional. So, when Keri Smotrich, PPAGS Communications Chair, spoke to La Salle Psy.D. students at our colloquia, my interest in PPAGS and student advocacy was piqued. From there, I volunteered to serve as a PPAGS campus representative at my school.

Doctoral students are spread thin between various commitments (e.g., classes, externship, teaching, etc.), and so the prospect of committing to another project may seem daunting. However, serving as a PPAGS campus representative is a manageable way to become involved. As a campus representative at my university, I serve as a liaison between students and the PPA. In this role, I facilitate discussions about issues pertaining to professional psychology, such as statewide and national training, and licensure requirements. I also disseminate information about important programs like PPA's Advocacy Day (which will be on May 8, 2017 and is free for students!). In doing so, I am working alongside peers and mentors to ensure a bright future for the field of psychology in our great state.

Access past PPAGS E-Newsletters here.

#### Pennsylvania Psychological Association

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