

A psychologist integrated or colocated in your practice can help you identify and assess depressed patients

Warm hand off:

- Psychologist working in your clinic can come join you or take over assessment of the patient in your exam room (while you go see your next patient)

Curbside consult:

- Send a message/talk in work area with a psychologist about a recent patient to get reassurance/information on additional resources and approaches for patient care

Quick referral:

- Physician completes the assessment
- Sends a referral to a psychologist within clinic/department/system who can see the patient within the next few weeks
- Psychologist updates physician with shared notes in Electronic Medical Record

Provide training on:

- Screeners for your providers - Patient Health Questionnaire (PHQ-2, PHQ-9)
- SIGECAPS - Sleep, Interest, Guilt, Energy, Concentration, Appetite, Psychomotor function, and Suicide
- Interview approaches - Chronological Assessment of Suicide Events (CASE Approach)
- Suicide assessment
 - Columbia-Suicide Severity Rating Scale (C-SSRS)
 - Safety planning