

The Pennsylvania

JANUARY/FEBRUARY 2022

Psychologist

VOLUME 82, NUMBER 1

PPA 2022

CONVENTION PREVIEW



WHAT'S INSIDE

4 PPA2022 Convention
Information

24 Mindful
Moments



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The Pennsylvania Psychologist is the official bulletin of the Pennsylvania Psychological Association and the Pennsylvania Psychological Foundation. PPA dues include member subscriptions. Articles in *The Pennsylvania Psychologist* represent the opinions of the individual writers and do not necessarily represent the opinion or consensus of opinion of the governance or members or staff of PPA or PPF.

If you are interested in submitting an article to be published in *The Pennsylvania Psychologist* please contact Publications Chairperson, Helena Tuleya-Payne, DEd at publications@papsy.org.

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contents

VOLUME 82, NUMBER 1

JANUARY/FEBRUARY 2022

PAGE

4

PPA2022 Convention
Information



BEING IN THE ROOM
WHERE IT HAPPENS

PAGE

20

Taking Stock:
Considering the Role of
Psychological Research in
the Fight for Social Justice



PAGE

24

Mindful Moments



PAGE

15



ALSO INSIDE

23 | Classifieds

Welcome to

PPA 2022

BEING IN THE ROOM WHERE IT HAPPENS

We hope you enjoy this special issue of *The Pennsylvania Psychologist*, and that you will join us **May 18-21 at the Kalahari Resorts & Conventions** in Pocono Manor, PA!

Why Should You Attend PPA2022?

- Receive up to 30 CE credits, including ethics, Act 31, and Act 74. Everything you need for your license renewal, all in one place!
- PPA members have access to almost \$800 worth of CE credits at a discounted rate.
- Interact with leaders in psychology.
- Network with friends and colleagues.
- Influence PPA—talk with Board members and staff, and tell us how PPA can better meet your needs.
- Choose from over 30 different CE workshops.
- School Psychology personnel can earn Act 48 credits.



#PPA2022: Social Media Savvy When using social media (Twitter, Facebook, Instagram, LinkedIn), tag us by adding **#PPA2022** to all your posts and pictures. This tool allows us to easily search all social media entries and pictures from the 2022 convention.



WEDNESDAY, MAY 18

8:00 a.m. – 5:00 p.m.	Registration
9:00 – 11:00 a.m.	Act 31: Child Abuse Recognition and Reporting Breakfast
11:30 a.m. – 1:00 p.m.	Welcome and Keynote Luncheon
1:30 – 4:30 p.m.	Workshops
4:30 – 5:00 p.m.	Refreshment Break
5:00 – 8:00 p.m.	Workshops
6:30 – 8:00 p.m.	PennPsyPAC's Taste of Pennsylvania Fundraiser

THURSDAY, MAY 19

7:30 a.m. – 5:15 p.m.	Registration
7:30 – 8:30 a.m.	Continental Breakfast in Exhibit Hall
8:30 – 11:30 a.m.	Workshops
11:45 a.m. – 1:45 p.m.	Psychology in Pennsylvania Luncheon
2:00 – 5:00 p.m.	Workshops
5:00 – 6:30 p.m.	Exhibitor Wine & Cheese Reception
6:30 – 8:30 p.m.	PPA Annual Awards Dinner, including PPA Committee Awards

FRIDAY, MAY 20

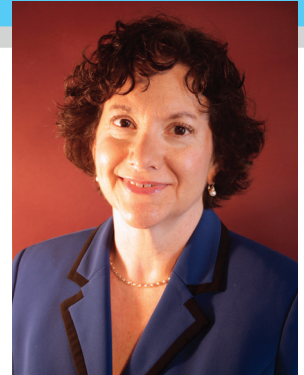
7:30 a.m. – 5:15 p.m.	Registration
7:30 – 9:00 a.m.	Continental Breakfast in Exhibit Hall
8:00 – 11:00 a.m.	Workshops
11:15 a.m. – 12:15 p.m.	PPA Presidents' Addresses and Lunch
12:25 – 1:25 p.m.	State Board of Psychology Session
1:30 – 4:30 p.m.	Workshops
5:30 – 7:30 p.m.	Student Foundation Awards Celebration and PPF Silent Auction
7:30 – 9:00 p.m.	Family S'mores Social and Closing of the Silent Auction

SATURDAY, MAY 21

7:30 a.m. – 3:00 p.m.	Registration
7:30 – 9:00 a.m.	Continental Breakfast
8:00 – 11:00 a.m.	Workshops
8:30 – 10:30 a.m.	General Assembly Brunch Celebration
11:30 a.m. – 2:30 p.m.	Diversity & Inclusion Lunch
3:00 – 5:00 p.m.	RxP FUND-Raiser
3:00 – 6:00 p.m.	Workshops



BEING IN THE ROOM
WHERE IT HAPPENS



in the Pocono Mountains of Pennsylvania

VALERIE LEMMON, PsyD, *Program & Education Board Chair*



After a postponed convention in 2020 and a virtual convention in 2021, PPA's Annual Convention is back in person! To meet contractual obligations because of cancellations as a result of COVID-19, we are meeting at an earlier date than usual. Be sure to note the new dates on your calendar: May 18-21, 2022.

Join us at the Kalahari Resorts & Conventions, Pocono Manor, one of America's largest indoor waterparks, resorts, and convention centers. Inspired by and reflecting the beauty of Africa, Kalahari highlights custom-crafted artwork throughout the buildings. Committed to fostering entrepreneurship, the owners and operators of Kalahari collaborate with a range of community partners to create sustainable and meaningful opportunities in art, health, and education for people in Africa. The staff and board of directors of PPA hope that you will be inspired by the stonework, glasswork, beadwork, woodwork, and textiles featured at Kalahari. In addition to being inspired, we hope that you will have fun at the indoor waterpark (from tranquil to moderate to extreme thrill levels), playing mini-golf, mini-bowling, and other recreational options. You can also relax, restore, and rejuvenate at the on-site spa and salon, and/or exercise at the fitness center. And, with almost a dozen dining options, there will be no loss for food!

The theme of this year's convention—*Being in the Room Where It Happens*—highlights what we have learned from a time of isolation: the value of social and professional connections, while addressing how COVID-19 has affected all our lives. This theme also highlights that despite our recognition that "privilege" provides advantage to some, we support the belief that greater diversity and inclusion ultimately provides greater benefit to all. In keeping with the theme, PPA will present workshops including **Diversity, Equity, and Inclusion: Leading the Way by Drs. Jade Logan and Jeff Sternlieb, and The Diversity and Needs of the Latinx Community by Dr. Carmen Lewis, as well as an LGBTQ+ Symposium facilitated by Dr. Molly Cowan.**

Continuing education opportunities include multiple high-quality workshops on assessment, therapy, and multiculturalism, as well as clinical supervision, trauma, and forensics. In addition to this wide variety of topics, there will be an opportunity to satisfy all mandatory continuing

education topics for license renewal, including **Act 31 Pennsylvania Child Abuse Recognition and Reporting, seven Ethics workshops, and three Suicide Prevention workshops.** We are grateful that Dr. Peter Langman, an expert on the psychology of perpetrators of mass violence, will return to present on **Lessons Learned from a Threat Assessment that Failed**, a case of a school shooting in which multiple factors of threat assessment did not adequately protect the victims. Lest we forget, considering the ongoing global pandemic, attendees can enhance their competence in a range of **topics related to COVID-19, including compassionate care, love, loss, and longhaulers.**

On Wednesday, May 18, the **Welcome and Keynote Luncheon—Decolonization of Psychology**—will be presented by Dr. Christopher Liang, Chairperson of the Department of Education and Human Services, and Professor of Counseling Psychology at Lehigh University. You can read more about Dr. Liang on page 12. We are



honored to welcome attendees to this opening luncheon as an included meal with registration.

We are thrilled to welcome Dr. Naomi Goldstein presenting on a **Successful Community-Based Program to Improve Juvenile Justice Policy and Practice on Thursday, May 19, for the Psychology in Pennsylvania Luncheon**. A separate ticket is required for this luncheon and you will receive 1.5 CE credits. Register at the All-Access Pass (AAP) rate and this event is included!


The **PennPsyPAC Fundraising Event on Wednesday evening, May 18, will celebrate a Taste of Pennsylvania**, featuring foods and beverages from our Commonwealth. Make sure you select this event when registering to support the future of psychology in Pennsylvania. Additionally, Thursday, May 19, will

feature the **Exhibitor Wine & Cheese Reception at 5:00p.m.** (included with registration!) and will be followed by the **Annual Awards Dinner at 6:30 p.m.** (ticket required; included with AAP). We are grateful to honor our 2022 PPA and Committee Award Winners! On Friday be sure to support the **Student Foundation Awards Celebration and PPF Silent Auction at a casual and family-friendly dinner** starting at 5:30p.m., followed by a Family S'mores Social at 7:30p.m. Each of these events will help support efforts to be in the room where it happens—benefiting our communities, mentoring others, and advocating for psychology—while networking with colleagues and connecting with friends.

On Friday, May 20, we will hear from our current and incoming PPA Presidents, Drs. Norford and Slattery at the **PPA**

Presidents' Addresses and Lunch (included in your registration), followed by a **special session presented by members of the State Board of Psychology**.

And, on Saturday, May 21, attendees will have an opportunity to hear about initiatives during the **Diversity & Inclusion Lunch - Culturally Informed Treatment is Ethical Treatment: The Effective Integration of Culturally Informed and Ethically Informed Treatment**, a panel presentation moderated by Dr. Jade Logan and featuring Dr. Howard Stevenson.

Whether you join us, for one, two, three, or all four days, we invite you to be inspired by being in the room where it happens! 

PPA would like to thank these early Convention sponsors:



Nulton Diagnostic
& Treatment Center

Please join us for the Student Awards Celebration

Friday, May 20
5:30 - 7:30 p.m.

All are welcome at the Pennsylvania Psychological Foundation Student Awards Celebration and Silent Auction! This awards and networking reception is a relaxed event that encourages interacting with friends, old and new. We hope you will all join us in celebrating this year's Student Education Award Winners!

You will also be able to support the Pennsylvania Psychological Foundation by bidding on auction items donated by committees and members of PPA. Proceeds help to fund PPF's Student Foundation Awards.

Tickets are \$35 and are available online with the PPA2022 Convention registration



Nulton Diagnostic
& Treatment Center



Pennsylvania Psychological
Foundation
LEAVING A LEGACY

DECOLONIZATION OF PSYCHOLOGY: A PSYCHOLOGY THAT LOOKS MORE LIKE US, WORKS MORE FOR US

The deaths of Black people of all genders at the hands of law enforcement, as well as attacks against people of Asian descent, over the last several years have reemphasized the need to address racial tensions that exist between groups and attend to how racial oppression operates within systems to influence the lives of people of color. In his talk, Dr. Liang identifies how White supremacy operates within psychological theory, practice, and research to harm people of color. Situated within a radical psychology, Liang positions intersectionality as a method for changing how psychologists conceptualize problems, treat clients, and engage the public.

**PPA is honored to welcome
our PPA2022 Keynote
Speaker**

Christopher T.H. Liang, PhD



Dr. Christopher T. H. Liang is Chairperson for the Department of Education and Human Services and a professor of counseling psychology at Lehigh University. He is a licensed psychologist and

has published over 50 articles and book chapters, and authored/edited two books, including an edited book entitled, *The Cost of Racism for People of Color: Contextualizing Experiences of Discrimination*. His areas of scholarship include the effects of racism on the well-being of people of color, the role and intersections of masculinity ideologies, and his current and primary focus:

the implementation and outcomes associated with building race-centered trauma-responsive schools. Dr. Liang works with school districts, universities, Departments of Health and Human Services, as well as not-for-profit community organizations to strengthen their capacity to serve diverse children, youth, and families, particularly in the context of racial trauma. He is a Fellow of the American Psychological Association (Divisions 17, 45, 51), former President of the Society for the Psychological Study of Men and Masculinities, and through his advocacy work in the community, recognized as a Citizen Psychologist by the APA.

**Please join us
in welcoming
Dr. Liang to
PPA2022 on
Wednesday, May
18, at 11:30 a.m.**

PROPOSAL SELECTION COMMITTEE

A special thank you to the Proposal Selection Committee members, who spent many hours reviewing and selecting proposals for PPA2022!

Valerie Lemmon, PsyD
*Chair, Program and
Education Board*

Eileen Barron, PhD
Molly Cowan, PsyD
Allyson Galloway, PsyD
Erin Johnson, PsyD
Andrea Rigby, PsyD
David Rogers, PhD
Dea Silbertrust, PhD, JD
Williametta Simmons, PsyD

DEVELOPING AND EVALUATING BEST PRACTICES IN JUVENILE JUSTICE



In this presentation, Dr. Naomi Goldstein will describe how she and her interdisciplinary Juvenile Justice Research and Reform Lab collaborate with community stakeholders to use social science research to improve outcomes for justice-involved youth and their communities. She will describe how they translate research findings on adolescent development, effective behavior change, and procedural justice into juvenile probation policy and practice at the local, state, and national levels. She will also discuss their evaluations of juvenile justice system changes—such as those addressing the school-to-prison pipeline—to ensure that policy and practice reforms produce their intended outcomes.

Naomi Goldstein, PhD, is Professor of Psychology, Co-Director of the JD/PhD Program in Law and Psychology, and Director of the Juvenile Justice Research and Reform (JJR&R) Lab at Drexel University. Dr. Goldstein collaborates with community stakeholders to use social science research to improve juvenile justice policy and practice. Partnering with juvenile justice agencies, she conducts translational research to guide large-scale system change, leads implementation projects to promote high-quality dissemination of juvenile justice reforms, and evaluates the effects of new programs and policy changes on youth and communities.

For more than 20 years, her interdisciplinary work has focused on the role of adolescent development in legal decision making and legal outcomes. She currently focuses on cross-systems efforts to dismantle the school-to-prison pipeline, reform juvenile probation systems, establish positive police practices, and reduce racial and ethnic disparities within the justice system.

Dr. Goldstein has served as primary investigator, co-investigator, or consultant on more than \$20 million in federal, state, and foundation grants and has authored or co-authored more than 100 peer-reviewed articles and book chapters, books, forensic assessment tools, juvenile justice treatment manuals, and police training curricula. Dr. Goldstein has authored, co-authored, and contributed to national and state juvenile justice legislation, policy reports, and amicus briefs to the U.S. Supreme Court.

Additionally, she has served on the editorial boards of multiple academic journals, strategic planning and research advisory committees of national organizations, and juvenile justice work groups and policy committees. Using her translational research and implementation science expertise, Dr. Goldstein and her interdisciplinary Juvenile Justice Research and Reform Lab also provide training and technical assistance to jurisdictions and agencies seeking to enhance their juvenile justice systems.

Don't forget to register for the Psychology in Pennsylvania luncheon on Thursday, May 19, at 11:45 a.m! This event is included in the price of the All-Access Pass.



WEDNESDAY, MAY 18

Act 31 Child Abuse Recognition and Reporting Breakfast

9:00 – 11:00 a.m.

Join us for this special pre-convention session to meet your Act 31 credit requirement for license renewal. A plated breakfast will also be provided for all attendees. *(The All-Access Pass includes a ticket for the Act 31 Breakfast.)*

Welcome and Keynote Luncheon – The Decolonization of Psychology:

11:30 a.m. – 1:00 p.m.

PPA welcomes all attendees to this year's Welcome and Keynote Luncheon! Join us for a FREE lunch to open this year's convention as keynote speaker Dr. Christopher Liang explores Dr. Brad Norford's presidential theme of Being in the Room Where It Happens. Learn more about Dr. Liang on page 12.

PennPsyPAC's Taste of Pennsylvania Fundraiser

6:30 – 8:00 p.m.

Enjoy this reception featuring food and beverages from Pennsylvania, including some from the Poconos area. Support the future of psychology and the PennPsyPAC and enjoy some local flavors!

According to state campaign laws, only individuals and other political action committees are permitted to make contributions. PennPsyPAC contributions are not tax deductible as charitable contributions for federal income tax purposes.

(A separate \$75.00 ticket is needed for this event.)

THURSDAY, MAY 19

Psychology in Pennsylvania Luncheon— Developing and Evaluating Best Practices in Juvenile Justice

11:45 a.m. — 1:45 p.m.

This year's luncheon features Dr. Naomi Goldstein as she describes how she and her interdisciplinary Juvenile Justice Research and Reform Lab collaborate with community stakeholders to use social science research to improve outcomes for justice-involved youth and their communities.

(The All-Access Pass includes a ticket for the Psychology in Pennsylvania Luncheon.)

Exhibitor Wine & Cheese Reception

5:00 – 6:30 p.m.

Join your peers and our exhibitors in the exhibit hall for this event on Thursday evening! Visit exhibitor booths to get drink tickets and enjoy snacks during this time of socialization and networking that is always a popular event!

PPA Annual Awards Dinner

6:30 – 8:30 p.m.

Celebrate the recipients of this year's PPA and Committee Awards at this special dinner event! Concluding the event is the "passing of the gavel" from PPA's outgoing president, Dr. Brad Norford, to incoming president Dr. Jeanne Slattery. *(The All-Access Pass includes a ticket for the Annual Awards Dinner.)*

FRIDAY, MAY 20

PPA Presidents' Addresses and Lunch

11:15 a.m. – 12:15 p.m.

Grab your FREE lunch and take this opportunity to get updates on PPA—where the organization is and the direction in which we will be moving. Interact with leadership and hear from outgoing president, Dr. Brad Norford as he wraps up his presidential year, and incoming president, Dr. Jeanne Slattery as she highlights her goals for 2022-2023.

Updates from the State Board of Psychology

12:15 – 1:25 p.m.

This 1-CE workshop features Board members and professional staff as they present on a number of topics, including information about disciplinary action for licensure infractions.

Pennsylvania Psychological Foundation Student Awards Celebration and Silent Auction

5:30 – 7:30 p.m.

All are welcome at the Student Foundation Awards Celebration and PPF Silent Auction! This casual awards dinner is a relaxed event that encourages interacting with friends, old and new. Support PPF by bidding on auction items donated by committees and members of PPA. Proceeds fund PPF's Student Foundation Awards. PPA would like to thank Nulton Diagnostic & Treatment Center for sponsoring this event. *(A separate \$35.00 ticket is needed for this family-friendly event!)*

SATURDAY, MAY 21

Diversity & Inclusion Lunch - Culturally Informed Treatment is Ethical Treatment: The Effective Integration of Culturally Informed and Ethically Informed Treatment

11:30 a.m. – 2:30 p.m.

Join PPA's Diversity and Inclusion Officer, Dr. Jade Logan, for this FREE luncheon panel. Dr. Logan welcomes panelists Michael

DeStefano, PhD; Linda Knauss, PhD, ABPP; and Howard Stevenson, PhD, for this 3 CE program that will explore ways in which cultural humility and social justice is embedded in our ethics code and more.

PPA RxP FUND-Raiser

3:00 – 5:00 p.m.

PPA's RxP Work Group welcomes all PPA2022 attendees to join this fundraising reception for the RxP fund. Earn 1 CE credit and enjoy a complimentary beverage as you learn about the Master of Clinical Psychopharmacology programming at Farleigh Dickinson University. *(A separate \$100.00 ticket is required for this event.)*



Psychologists

PPA is approved by the American Psychological Association (APA) to sponsor continuing education credits for psychologists. PPA maintains responsibility for all our continuing education programs and their content. The continuing education credits for each workshop are designated in the workshop descriptions. You must attend the entire program in order to receive the credit(s), complete the Participant Satisfaction/Evaluation form, and return it to your presenter or monitor at the conclusion of the program.

Partial credits will not be given. A participant may arrive no more than 10 minutes late nor leave more than 10 minutes early to receive credit for a program. There will be no exceptions.

Certificates of Attendance will be available at papsy.org after the convention.

Act 48 Credits

PPA is an approved provider for Act 48 Continuing Professional Education Requirements as mandated by the Pennsylvania Department of Education.

Certified school psychologists who need Act 48 credits need to include their Professional Personnel ID (PPID) number on the registration form. Non-PPA members must pay an additional \$10 for this service.

Direct questions about Act 48 credits to Erin Brady, Manager of Member Communications, erin@papsy.org.

Social Workers, Marriage and Family Therapists, and Professional Counselors

Social workers, marriage and family therapists, and professional counselors can receive continuing education from continuing education providers approved by APA. Because PPA is approved by APA to sponsor continuing education, licensed social workers, licensed clinical social workers, licensed marriage and family therapists, and licensed professional counselors will be able to fulfill their continuing education requirement by attending PPA continuing education programs.

For further information, please visit the State Board of Social Workers, Marriage and Family Therapists and Professional Counselors website (dos.state.pa.us/social).

As an APA-approved sponsor of continuing education, PPA is committed to the identification and resolution of potential conflicts of interest in the planning, promotion, delivery, and evaluation of continuing education. Consistent with concepts outlined in the APA Ethical Principles of Psychologists and Code of Conduct, potential conflicts of interest occur when an individual assumes a professional role in the planning, promotion, delivery, or evaluation of continuing education where personal, professional, legal, financial, or other interests could reasonably be expected to impair his or her objectiveness, competence, or effectiveness. No conflicts of interest or commercial support have been identified for PPA2022.





PROGRAM CATEGORIES

INTRODUCTORY: Participants need no prior knowledge of the specific topic or content to participate fully and effectively in the workshop. The information or skills being taught might be unfamiliar to participants.

INTERMEDIATE: Participants should have some basic knowledge of the specific content but need not have in-depth knowledge or skills. The workshop will provide information at a level beyond the basic knowledge of the topic.

ADVANCED: To participate fully, those enrolled must possess a substantial working knowledge or skill level in the specific content area. Generally, the knowledge or skill involved is currently used by the participant in his or her job. At this level, advanced techniques or knowledge are offered to refine and expand current expertise.

Complete workshop descriptions are available online at papsy.org.

Workshop Handouts

In an effort to be environmentally friendly, all workshop handouts that are sent by presenters will be available online at papsy.org. If you'd like to have these handouts at PPA2022 you will need to print or download them to your electronic device.

Special Needs

PPA is committed to providing access and support to persons with special needs who wish to participate in the programs we sponsor. Persons with disabilities and special needs are asked to contact PPA before April 28, 2022.



WEDNESDAY, MAY 18

9:00 – 11:00 a.m.

2 CE Credits, Introductory

W01 Pre-Convention Breakfast Workshop - Act 31: Child Abuse Recognition and Reporting

Rachael Baturin, MPH, JD; Molly Cowan, PsyD

11:30 a.m. – 1:00 p.m.

1 CE Credit, Introductory

W02 Keynote Presentation and Luncheon: A Psychology that Looks More Like Us, Works More for Us

Christopher T.H. Liang, PhD

1:30 – 3:30 p.m.

2 CE Credits

W03 PPA 301: Nuanced Leadership

Dea Silbertrust, PhD; Cheryl Rothery, PhD; Julie Radico, PsyD; Cathy Petchel, MA; Erin Johnson, PsyD

1:30 – 4:30 p.m.

3 CE Credits, Introductory

W04 Panel Discussion on Loss of Clients to Suicide: Clinical, Legal, Ethical and Personal Considerations

Aviva Gaskill, PhD; Ann Itzkowitz, MA; Krista Mancarella, PsyD; Jeff Sternlieb, PhD

1:30 – 4:30 p.m.

3 CE Credits, Introductory

W05 Ethics, Values, & Decision-Making in Clinical Practice

John Gavazzi, PsyD, ABPP

1:30 – 4:30 p.m.

3 CE Credits, Intermediate

W06 Working with Police

Donald McAleer, PsyD, ABPP; David Rogers, PhD; Cpl. Govan Martin, PA State Police (Retired)

1:30 – 4:30 p.m.

3 CE Credits, Introductory

W07 The Past and Present of the Lenape in Pennsylvania

Adam Waterbear DePaul, MEd

5:00 – 6:30 p.m.

1.5 CE Credits, Introductory

W08 Lessons Learned From a Threat Assessment That Failed

Peter Langman, PhD

5:00 – 8:00 p.m.

3 CE Credits, Intermediate

W09 Leveraging Feedback in Organizational Consulting and Talent Optimization

Ross DeSimone, MA

5:00 – 8:00 p.m.

3 CE Credits, Intermediate

W10 Teaching Integrated Care to Psychology and Physician Learners

Richard Kutz, PsyD; Julie Radico, PsyD; Tanya Vishnevsky, PhD

THURSDAY, MAY 19

8:30 – 11:30 a.m.

3 CE Credits, Introductory

W11 Who Am I Online?: Supporting Mental Health in the Social Media Age

Adrienne Bardo, Med; Courtney McLaughlin, PhD

8:30 – 11:30 a.m.

3 CE Credit, Intermediate

W12 The Ethics of Working with Gender Expansive and Gender Non-Binary Folx

Audrey Ervin, PhD

8:30 – 11:30 a.m.

3 CE Credits, Intermediate

W13 Ethical Issues in Telepsychology

Molly Cowan, PsyD; Linda Knauss, PhD, ABPP

9:30 – 11:30 a.m.

2 CE Credits, Intermediate

W14 Neuropsychological Assessment of COVID Longhauers: Current Status and Case Examples

Tad Gorske, PhD

11:45 a.m. – 1:45 p.m.

1.5 CE Credits, Intermediate

W15 Psychology in Pennsylvania Luncheon: Developing and Evaluating Best Practices in Juvenile Justice

Naomi Goldstein, PhD

2:00 – 3:30 p.m.

1.5 CE Credits, Intermediate

W16 Drugs of Abuse as False Messengers: The Opioids

Kent Vrana, PhD

2:00 – 5:00 p.m.

3 CE Credit, Introductory

W17 Compassionate Care and Grief in the Time of Covid: Caring for Frontline Providers and for Patient Survivors of COVID-19

Dina Goldstein Silverman, PhD

2:00 – 5:00 p.m.

3 CE Credits, Intermediate

W18 Evidence-Based Cognitive Behavioral Strategies for Treating Depression and Anxiety in a Primary/Integrated Care Setting

Kyle Holsinger, PsyD; Sheri L. Goldstrohm, PhD; Julie Radico, PsyD

2:00 – 5:00 p.m.

3 CE Credits, Intermediate

W19 Discussions of Difficult Ethical Issues in Diverse Populations

Jeanne Slattery, PhD; Linda K. Knauss, PhD, ABPP; Lavanya Devdas, PhD; Kathryn M. Jones, PhD

FRIDAY, MAY 20

8:00 – 11:00 a.m.

3 CE Credits, Introductory

W20 What Every Clinician Needs to Know About the H-P-A and Never Got Around to Finding Out

Dan Warner PhD; Michael Ansonoff, PhD

8:00 – 11:00 a.m.

3 CE Credits, Introductory

W21 Clinical Applications of Forgiveness

Valerie Lemmon, PsyD

8:00 – 11:00 a.m.

3 CE Credits, Intermediate

W22 LGBTQ+ Symposium

Molly Cowan, PsyD; Heidi Dalzell, PsyD; Robin Hornstein, PhD

9:00 – 11:00 a.m.

1 CE Credit, Introductory

W23 Bridging the Gap: Promoting Healing in the Wake of Trauma

Patricia Obilo-Azandegbe, MEd, LPC

11:15 a.m. – 12:15 p.m.

Non-CE

W24 PPA Presidents' Addresses and Lunch

Brad Norford, PhD; Jeanne Slattery, PhD

12:25 – 1:25 p.m.

1 CE Credit, Introductory

W25 Disciplinary Actions of the State Board of Psychology: Myths and Facts

Cathy Spayd, PhD; Don McAleer, PsyD, ABPP; Vito DonGiovanni, PsyD

1:30 – 4:30 p.m.

3 CE Credit, Intermediate

W26 Diversity, Equity, and Inclusion: Leading the Way

Jade Logan, PhD, ABPP; Jeff Sternlieb, PhD

1:30 – 4:30 p.m.

3 CE Credit, Intermediate

W27 Psychology in the Time of COVID

Samuel K Schachner, PhD

1:30 – 4:30 p.m.

3 CE Credit, Intermediate

W28 The Elephant in the Room: Substance Use Disorders

Mark D. Schenker, PhD

1:30 – 4:30 p.m.

3 CE Credit, Intermediate

W29 The Moral Character: Cultivating Embodiment of Ethical Principles

Max Shmidheiser, PsyD; Valerie Lemmon, PsyD

SATURDAY, MAY 21

8:00 – 11:00 a.m.

3 CE Credits, Intermediate

W30 Love in the Time of COVID: How Are Couples Coping?

Laurie Appel, PsyD

8:00 – 11:00 a.m.

3 CE Credits, Introductory

W31 Suicide Assessment and Prevention in College-Aged Clients

Rachel Daltry, PsyD

8:00 – 11:00 a.m.

3 CE Credits, Introductory

W32 How to Respond to a Court or Legal Related Therapy Request

Samuel K Schachner, PhD

9:00 – 11:00 a.m.

2 CE Credits, Introductory

W33 An Introduction to Gender-Affirming Services for Transgender and Non-Binary Clients

Meg Hoffer-Collins, PsyD

11:30 a.m. – 2:30 p.m.

3 CE Credits, Intermediate

W34 Diversity & Inclusion Lunch - Culturally Informed Treatment is Ethical Treatment: The Effective Integration of Culturally Informed and Ethically Informed Treatment

Michael DeStefano, PhD; Linda Knauss, PhD; Jade Logan, PhD, ABPP; Howard Stevenson, PhD

3:00 – 6:00 p.m.

3 CE Credits, Intermediate

W35 Effective Clinical Supervision: Theories, Competencies, & Case Application

Kristin Mehr, PhD; Rachel Daltry, PsyD

3:00 – 6:00 p.m.

3 CE Credits, Introductory

W36 The Diversity and Needs of the Latinx Community

Carmen Lewis, PsyD; Guadalupe J. Meza, MSW, LSW; . Jari Santana-Wynn, PhD

3:00 – 6:00 p.m.

3 CE Credits, Introductory

W37 Brain Injury 101: An Overview for Psychologists

Max Shmidheiser, PsyD

REGISTRATION RATES

	By April 17 (Early Bird Registration)		After April 18		May 16 - May 21 (On-site Registration)	
	Full	Daily	Full	Daily	Full	Daily
All-Access Pass (Members Only) <i>Save \$150 over registering for all individual events, plus get a special gift!</i>	\$595.00		\$695.00		\$895.00	
PPA-Member	\$495.00	\$250.00	\$595.00	\$300.00	\$695.00	\$395.00
Nonmember	\$895.00	\$450.00	\$995.00	\$500.00	\$1,095.00	\$595.00
Retired Member	\$295.00	\$150.00	\$395.00	\$200.00	\$495.00	\$250.00
Non-CE Rate: First-Year Post-Doc Member; Graduate Student Member; Affiliate Member; Guest/Spouse <i>Includes breakfasts, breaks, and Exhibitor Reception, does not include CE or other ticketed meal events.</i>	\$195.00	\$95.00	\$295.00	\$195.00	\$395.00	\$295.00

Registration fees cover attendance at most activities. See below for exceptions. The All-Access Pass is all inclusive.

PPA Member—To qualify for the member rate, PPA membership dues must be current for the 2021–2022 association year. New members may qualify for the PPA member rate by submitting their completed membership application and first year's dues (\$99) before their convention registration form. If you would like more information regarding membership, please contact Iva Brimmer, Business Manager, at 717-232-3817 or iva@papsy.org.

Affiliate Member—Affiliate members are persons with a legitimate professional, educational, or scientific interest in the field of psychology who are not eligible for a higher level of membership (high school teachers of psychology, for example).

Student Member—Includes both Graduate and Undergraduate Student PPA members.

Retired Member—Retired member rates apply to PPA members 65 years of age or older who are retired and no longer in practice or working less than 10 hours per week. Please email Erin Brady (erin@papsy.org) to receive the promotional code for this registration type.

Guests and Spouses—Guests and spouses of convention registrants must accompany someone registered for the convention to qualify for this rate. This special rate applies only to those guests or spouses who are not in a mental health profession (e.g., social work, psychiatric nursing) but wish to participate in the program. One cannot be the guest of a presenter unless that presenter is registered for the convention. Please email Erin Brady (erin@papsy.org) to register a guest or spouse to attend.

Ticketed Event Fees:

PennPsyPAC Taste of Pennsylvania Fundraiser: \$75.00

Act 31 Breakfast (includes plated breakfast and 2 CE credits): \$75.00

Psychology in Pennsylvania Luncheon (includes lunch and 1.5 CE credits): \$65.00

PPA Annual Awards Dinner (includes dinner and one adult beverage): \$75.00

PPF Student Awards Celebration and Silent Auction: \$35.00

RxP FUND-Raiser (includes 1 CE credit and one adult beverage): \$100.00

What Is the All-Access Pass?

PPA's All-Access Pass at the convention is perfect for convention attendees who are interested in attending not just the educational sessions but the social and meal functions as well. This rate includes your registration at the convention and everything that entails (all workshops and PPA events, including the Keynote and PPA Presidents' Luncheons) as well as the ticketed events listed below, all at a special, discounted rate!

The All-Access Pass includes:

- PPA2022 registration—all four days of the convention
- All 30 required credits for license renewal
- All ticketed events, including:
 - Act 31 Breakfast (includes 2 CE credits and plated breakfast)
 - Psychology in Pennsylvania Luncheon (includes 1.5 CE credits and your meal)
 - Exhibitor Wine & Cheese Reception (complimentary drink ticket included)
 - PPA Annual Awards Dinner (includes dinner and beverage)
 - Special PPA Embroidered Canvas Bag

All this at a discounted rate – a savings of \$150 over registering for individual events! Select "All-Access Pass" during the registration process to take advantage of this great deal!

Registration is now open at papsy.org. Payment is required to process all registrations. Early registration deadline: April 17, 2022.

Preregistration

So that we may properly plan for the convention, please select which workshops you will be attending. Every effort will be made to register you in the workshops of your choice; however, due to space limitations or presenters' requests to limit the number of participants, this may not be possible. Workshops are listed on the registration form by date, time, workshop number, and abbreviated title.

If you decide to change workshop selections at the convention, space availability cannot be guaranteed. Workshop preregistration is first come, first served. If you choose to register on site for convention workshops, please be aware that there is a higher registration fee, and that many of the workshops may already be closed.

Registration

On-site registrations will be accepted at a **higher convention rate** and on a space-available basis. Workshops with insufficient registration as of April 22, 2022, may be canceled. Convention registration fees cover attendance at all activities except those listed as meals or special events with prices. **Meal and event tickets are not refundable.**

COVID-19 Policy

PPA's Health and Safety Goals

Our goal is to host safe and meaningful conferences. We recognize that the situation and applicable guidance may continue to evolve up to and through PPA2022. Please check your email and the PPA website (www.papsy.org) for future updates. We thank you for your commitment to PPA and safety, and we look forward to seeing you in person in May!

Safety Precautions

PPA is monitoring the evolving public health guidance regarding large gathering settings and will continue to provide updates and additional guidance. We continue to ask all attendees, exhibitors, and staff to follow all applicable regulations and make informed choices about travel and on-site and external engagement.

Masks are required for all PPA attendees, exhibitors, and staff at the Kalahari Resorts & Conventions; please view the hotel website for policies for public, indoor spaces in the hotel:
<https://www.kalahariresorts.com/pennsylvania/>.

The following protocols will also be in place during PPA2022:

- Socially distanced seating options will be provided in meeting spaces, including at all education sessions and networking events, where available.
- Masks and hand sanitizer will be available at registration.
- Attendees, exhibitors, and staff must complete an attestation confirming compliance with all health and safety protocols.
- All attendees, exhibitors, and staff should:
 - Not attend PPA2022 if they are experiencing any flu-like symptoms;
 - Wash hands often with soap for at least 20 seconds and/or use an alcohol-based hand sanitizer;
 - Avoid touching their eyes, nose, and mouths with unwashed hands; and
 - Engage in additional responsible health and safety practices at PPA2022.

We recognize that there are those who are not able or are seeking an alternative to attending in person. **Select workshops will be available virtually.** This programming is an extension of PPA's in-person experience—not a duplication or full live stream of on-site activities. **Many additional virtual opportunities will be available throughout the year.**

PPA plans to ensure that each person can choose the attendance path that best fits their personal needs.

If you cannot or choose not to comply with the PPA on-site health and safety requirements, we encourage you to explore our virtual programming.

Event Cancellation

PPA reserves the right to cancel, alter, or reschedule PPA2022 for any reason, including if PPA determines in its sole discretion that the convention cannot be held as planned. PPA also reserves the right to close registration when tickets are sold out. For these reasons, registrants are advised against making nonrefundable travel arrangements. Should you purchase nonrefundable airline tickets or make nonrefundable hotel reservations, you do so at your own risk.

*Should PPA cancel, alter, or reschedule some or all of the in-person portion of PPA2022 for any reason, your fees **will be refunded to a virtual event level.** If the convention is canceled, all paid attendees will automatically be provided with virtual access to the workshops for which they registered.*

Our top priority is the well-being of our members, event attendees, and staff. We will closely monitor the situation with COVID-19 and variant surges.

Cancellation Policy

All workshop registration cancellation requests must be made in writing to Iva Brimmer, Business Manager (iva@papsy.org). No phone cancellations will be accepted. Cancellation requests made more than 72 hours before the workshop will result in a 50% refund of the registration fee. PPA cannot postpone registrations and/or transfer fees to future events. **Meal and event tickets are not refundable.**

Cancellations made less than 72 hours before the workshop and no-shows will result in forfeiture of the entire registration fee.

PPA recognizes that serious issues out of an attendee's control may arise that could prevent an attendee from canceling registration by the cancellation deadline. Please contact PPA within one week of the final date of the conference if you have any questions about your cancellation.

Special Needs

PPA is committed to providing access and support to persons with special needs who wish to participate in the programs we sponsor. Persons with disabilities and special needs are asked to contact PPA before April 18, 2022.



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CONVENTION QUESTIONS? Please call 717-232-3817.

Kalahari Resorts & Conventions

Kalahari Resorts & Conventions, 250 Kalahari Blvd. Pocono Manor, PA 18349, will be the host hotel for PPA2022. Please make your reservations directly with the hotel.

You may call 570-580-6000 or 877-525-2427 and mention the Pennsylvania Psychological Association **to obtain the discounted convention group rate.**

To make your reservation online with the convention dates and group rate code pre-entered, visit
<https://book.passkey.com/e/49914506>


GROUP ROOM RATES: \$165 plus tax. The group rate is protected until April 17. If the room block is sold out before April 17, reservations will be accepted on a space availability basis only, and the rate you are charged will be higher. **Make your reservation early!** We expect the room block to sell out before April 17.

For those who are interested in extending their stay into Sunday, please note that there are a LIMITED number of rooms held on Saturday night at the PPA rate. Book early to guarantee you get this great rate!

NOTE: You are responsible for all hotel room charges.

All rooms include four passes to the waterpark.



Plan a getaway your family will never forget at America's Largest Indoor Waterparks - included with your stay. Make the short drive and join us for the ultimate family vacation. From toddlers to teens and moms to dads, everyone finds their oasis at Kalahari Resorts & Conventions in Pocono Mountains, Pennsylvania. The getaway boasts hair-raising water slides, world-class spas, kids' play areas, and diverse dining options. Go ahead, make everyone's day. 



OPPORTUNITIES TO **GIVE AT PPA2022**

ANN MARIE FRAKES, MPA, *Executive Director*

Our annual convention is a great time for us to make the most of so many PPA members being physically together! We are so excited to offer a variety of opportunities for our members and friends to support PennPsyPAC, the Pennsylvania Psychological Foundation and the community at large at PPA2022.

1. Support our Political Action Committee, PennPsyPAC, at PPA2022 this year by attending our Taste of Pennsylvania Reception on Wednesday, May 18. This reception will feature food and beverages from the Commonwealth and plenty of time for socialization with other attendees. Tickets are \$75 each. You can register online for this event at www.papsy.org/PennPsyPAC.
2. Support the Pennsylvania Psychological Foundation by donating an item for our silent auction. Do you have a vacation property that you could donate a week's stay? Are you an artist who would like to donate a piece of art or create a special work in honor of PPA? Do you have access to sporting event or concert tickets? All types of auction items are needed for us to raise funds to support our foundation and specifically our student awards. With your help, we know that our auction items will be amazing.
3. Pennsylvania Psychological Foundation Student Awards Celebration and Silent Auction: Attend this casual, family-friendly dinner on Friday, May 20 at 5:30 pm and support PPF and our student award winners by donating to PPF directly, or by bidding on items in the Silent Auction. Bidding will also be available

to those who cannot attend convention in person with online bidding through GiveSmart. We hope that all our members and exhibitors will bid often and high! It is our goal to raise \$15,000 to support PPF! Celebration tickets are \$35 each.

4. RxP FUND-Raiser: Support PPA's RxP Work Group by attending this fundraising reception on Saturday afternoon, May 21, at 3:00 pm. Earn one CE credit and enjoy a cocktail as you learn about prescription privileges for psychologists and get updates on our efforts to advance legislation on this important topic. Tickets are \$100 each.
5. Exhibits and Sponsorships: Support the Convention as a whole through a sponsorship or exhibit! These opportunities are open to anyone who is interested in supporting PPA or is looking to provide goods or services to psychologists. Sponsorships can be for any program, and for as little as \$50. Do you know someone who might benefit from exhibiting at PPA2022? Please share this information with them, or contact the PPA office at (717) 232-3817 or judy@papsy.org.

Please attend PPA2022 and take the opportunity to support the future of psychology and the wider community. Looking forward to seeing you in May!

Silent Auction

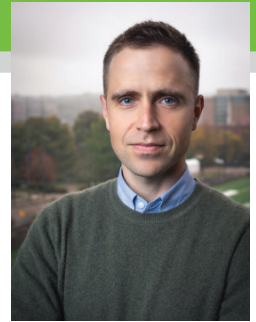
Chaired by Dr. Rosemarie Manfredi

To make PPF's fundraising auction as successful as possible, we need as many great auction items as possible! Do you have a favorite location you'd like other people to check out? Donate a stay at a local B&B or a dinner at a nearby restaurant. Maybe you have your own vacation home you'd be willing to share for a weekend getaway. Perhaps you are an artist or craftsperson (or know an artist or craftsperson) who would be willing to donate a one-of-a-kind item. Do you have a talent or skill you are willing to share in a workshop for a lucky winner? Or perhaps you just have a great idea of a themed basket and have been looking for an excuse to put it together. Even donations of cash are welcome and will be used by to purchase items for the auction.

Donated items need to make their way to the PPA offices by April 4 to allow enough time for staff to write descriptions, take photos, and load it all onto the auction site. Visit www.papsy.org/Foundation to access a form to complete for donated items. This way the auction team knows exactly what was donated and by who; donors will also receive a letter documenting their donation for tax purposes. Questions? Reach out to Rosemarie Manfredi at contact@neuroassessmentconsult.com or Ann Marie Frakes at annmarie@papsy.org

Thank you for your support!





TAKING STOCK:

Considering the Role of Psychological Research in the Fight for Social Justice

LUCAS GOODWIN, MA

2021 Patricia M. Bricklin Student Ethics Award Recipient

What part will psychological research play in the fight for social justice? In “The Role of the Behavioral Scientist in the Civil Rights Movement” (1968), Dr. Martin Luther King, Jr. evokes the “tremendous responsibility” that sits on the shoulders of social scientists in, “moulding the minds of young men and women all over our country,” (p. 180). Dr. King insists that because of this responsibility, which is a form of power, the social sciences must play a critical role in advancing the civil rights movement. Not only are the social sciences to provide African Americans with a sense of “direction” and “self-understanding,” qualities that the assaults of interpersonal and systemic racism have largely denied them; the social sciences are to open White America’s eyes to the brutal realities of racism by, “carefully document[ing]” racist phenomena such that they become “consequently more difficult to reject” (King Jr., 1968, p. 180). Dr. King (1968) hoped that through these efforts, and other forms of engagement with the civil rights movement, the social sciences would eventually enable the American public to arrive at an experience of “cosmic discontent,” the profound sense of psychological and moral disease that arises in the face of racial injustice, and a necessary predicate to large-scale social change (p. 184).

Although Dr. King addressed the role of the social sciences in the civil rights

movement over 50 years ago, his reflections on the matter are as relevant today as ever. Sadly, “the problem,” systemic racism, remains “deep ... gigantic in extent, and chaotic in detail” (King, 1968, p. 184). Even if the legal rights of African Americans have decidedly grown over the years, the persistence of racial discrimination in all aspects of contemporary American society (Alexander, 2010; Feagin, 2001) highlights the extent to which Dr. King’s goal of racial equality has yet to be realized. Working within the framework Dr. King (1968) provides, it seems that the social sciences have been somewhat unsuccessful influencing public opinion and furthering the aims of justice. Therefore, the social

sciences, and psychological science in particular, must decide how to respond today to the systemic inequalities and racial violence that continue to plague American society.

Given current understandings of racism and equality, how might the psychological research community adapt its approach to the study of racist phenomena in order to prove a more effective force for social change? What ethical and methodological frameworks will guide this shift in psychological research as the field reengages the fight for social justice? And crucially, how might psychological research best facilitate the experience of “cosmic discontent” that Dr. King refers to, and in



so doing, inch America ever closer to the fulfillment of its “destiny,” which, as Dr. King (1968) reminds us, is still “freedom” (p. 185)?

Fortunately, great ethical and methodological strides have been made in the social sciences in the last 50 years that may aid the psychological research community in its renewed fight for social justice. Community-based participatory research (CBPR) (Mikesell et al., 2013; Wallerstein, 2021), participatory action research (PAR) (Brydon-Miller, 1997), and critical participatory policy research (CPPR) (Fine, 2013) are but a few of the research models to have emerged in this time that may currently be of use. Although each of these research models has a distinct history, and thus reflects a unique approach to social scientific enquiry, they share many of the same ethical and methodological principles, as well as research aims.

CBPR, PAR, and CPPR tend to be implemented in, and with, communities that have suffered the most from systemic inequalities. By blurring the line between the researcher and the researched, allowing community members to actively participate as equals throughout the research process, CBPR, PAR, and CPPR seek to empower community partners by creating platforms for community members’ unique experiences and concerns. It is hoped that by giving voice to these perspectives, perspectives that have traditionally been sidelined by the social sciences, the systemic conditions responsible for a community’s particular struggles may be more effectively identified and, eventually, redressed. In this regard, CBPR, PAR, and CPPR serve an explicitly activist function; that is, these research models have been designed to actively confront systems of social control and oppression for the sake of positive social change.

In addition to empowering communities and enacting social change, CBPR, PAR, and CPPR strive to promote trust between the social sciences and communities that have, historically, suffered “research abuse” (Lucero et al., 2020, as cited in Wallerstein,

2021, p. 251). Furthermore, these research models aim to improve cultural humility and awareness within the social sciences and to develop critical consciousness, the mode of consciousness required for truly liberatory psychological and social transformation (Brydon-Miller, 1997; Martín-Baró, 1994). In order to achieve these goals without doing further harm to the communities in question, CBPR, PAR, and CPPR rely heavily on the ethics of collaboration (Mikesell et al., 2013) and participation (Fine, 2013) to inform both research methods and the researcher’s manner of engagement with community members and research participants. As such, these ethical principles entail both methodological and interpersonal practices rooted in transparency, mutuality, and shared experience and leadership (Mikesell et al., 2013) and often require “ongoing discussions about power, ownership, and control” (Fine, 2013, p. 696).

Research models such as CBPR, PAR, and CPPR offer the psychological research community an exceedingly ethical and rigorous means of addressing social justice issues. Moreover, these approaches to scientific enquiry reflect a significant shift that has taken place in the social sciences since the civil rights movement. By practicing the ethics of community engagement (Mikesell et al., 2013) and challenging the institutional, political, and cultural norms that define mainstream social scientific research, CBPR, PAR, and CPPR may be seen as effectively democratizing the research process and in so doing, directly confronting those systems of oppression of which the social sciences are but a part. This shift not only signals a highly refined degree of reflexivity that was presumably absent from social scientific research in Dr. King’s day; it suggests that as research models, CBPR, PAR, and CPPR are particularly well suited to the challenges posed by a systemic construction of racism, that is, the dominant construction of racism in social scientific discourse today.

If the psychological research community

is to engage the fight for social justice, will it employ the most effective tools at its disposal? Will these tools be sturdy enough to enlarge the sense of “cosmic discontent ... in the bosoms of people of good will all over this nation” (King, 1968, p. 184)? Will these tools be sharp enough to deliver America to the “freedom” that Dr. King saw as its “destiny” (1968, p. 185)? And will these tools be wielded in such a way that we “emerge from the bleak and desolate midnight of man’s inhumanity to man, into the bright and glittering daybreak of freedom and justice” (King, 1968, p. 185). There’s only one way to find out.

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You're Invited

PennPsyPAC's Taste of Pennsylvania Fundraiser

Featuring food and beverages from Pennsylvania, many from the Poconos area. Support the future of psychology and the PennPsyPAC and enjoy some local flavors!

Wednesday, May 18, 2022

6:30 - 8:00 p.m. ★ Kalahari Resorts & Conventions

Kalahari Resorts & Conventions
250 Kalahari Boulevard, Pocono Manor, PA 18349
During PPA2022 Convention

\$75 donation per person

RESERVE YOUR SPOT TODAY!

Register online at www.papsy.org/PennPsyPAC.

Checks must be made payable to PennPsyPAC and can be mailed to the PPA Office at 5925 Stevenson Avenue, Suite H, Harrisburg, PA 17112.





UNDERSTANDING BILLING

for Individual Psychotherapy (90832, 90834 & 90837)

RACHAEL L. BATURIN, MPH, JD

Director of Government, Legal and Regulatory Affairs

MOLLY COWAN, PSYD

Director of Professional Affairs

CPT CODE:	CODE DESCRIPTION:	TIME RANGE:
90832	Psychotherapy 30 minutes	16 to 37 minutes
90834	Psychotherapy 45 minutes	38 to 52 minutes
90837	Psychotherapy 60 minutes	53 minutes or more

Please note: The time reflects the actual time that you spend with your patient.

When billing these codes, it is crucial that psychologists use the code that accurately reflects the service provided to the patient. Your documentation for the codes should include the correct amount of time spent with the patient and the services performed during the session.

Although the information above seems straightforward, psychologists often are not sure what code to bill when billing insurance companies. This is a direct result of insurance companies' reimbursement policies and audits conducted for these codes. Some insurance companies have adopted policies that discourage the use of 90837; for example, some insurers will only allow out-of-network providers to bill for 90834 and will not reimburse them for 90837. Others reimburse the same rate for 90834 and 90837. Lastly, some insurers have tried to reduce the use of 90837 by looking at the psychologists' utilization rate of 90837 and telling the psychologist that they are an outlier and that they are using this code too frequently.

Psychologists cannot let insurance companies shape the way that they bill. The reason for this is that if you down code your services to 90834 from a 90837, you are committing insurance fraud. Remember that the use of the CPT code must accurately reflect both the time spent with the patient and the service performed. So, if you spend 38 to 52 minutes with your client, you should bill 90834 and if you spend 53 minutes or more with your client, you should bill 90837. Consequently, it is imperative that psychologists bill insurers using the accurate CPT code. Also, you may use 90834 for one session and a 90837 for the next session. The code billed should always reflect the actual time you spent with your patient.



CLASSIFIEDS

OFFICE SPACE AVAILABLE: BALA CYNWYD

Attractive, furnished, windowed office includes Wi-Fi, fax/copier, café, free parking, flexible hours weekdays and weekends. Perfect for therapy and evaluations. 610-664-3442.

PSYCHOLOGY SERVICES

Psychology company is hiring Psychologists, LCSWs, and LPCs to see clients in person or on telehealth during Covid. We require a minimum of 8 client hours per week. Administrative staff handles preauthorization, intakes, billing, and collections. Email CV to pps@ppstherapy.net, fax 215-545-7870 or call Kim at 215-545-7800. Visit our website at www.ppstherapy.net.

Mindful Moments:

From the Leadership and Professional Development Committee

JEFF STERNLIEB, PHD & JULIE RADICO, PSYD, ABPP

2021 has truly been a roller coaster year, and, if we are realistic and honest with ourselves, 2022 does not look like it will be much different. It has been full of stressors and many hopes and expectations have been followed by disappointments and frustrations.



The impact on each of us has been to make us all a little bit more vulnerable, both physically and emotionally. I believe that we have one or two fewer layers of protection, resilience or resistance. For many, this may be accompanied by decreased tolerance for frustration, or possibly the surprise appearance of a tear while witnessing another sad story.

We can do ourselves a favor by asking and answering a few questions in order to acknowledge the year past and hopefully prepare for the year yet to come:

What stressors have you been experiencing?

Name the emotions that you experienced during 2021:

"What are your core values?" "At the end of this next year, I would like my friends and family to say that I showed the virtues of..."

What barriers limit you in achieving your goals?

What supports (social/emotional) help you in your work and your life?

Sam Knapp and I asked these questions during a webinar we conducted 15 months ago. We ended by encouraging participants to write a Haiku of hope—three lines with five syllables, then seven syllables, and finally five syllables. Perhaps you might write your own Haiku of hope to guide you through 2022. And when you do, please share it with our PPA community.

Maya Angelou: "I have written eleven books, but each time I think, 'Uh oh, they're going to find out now.'"



During this month, information on the imposter phenomenon/syndrome will be shared on the PPA listserv. You have likely experienced this phenomenon, which results in you doubting your qualifications or that you deserve a recognition you received. (I know I have.) Imposter phenomenon may be more prevalent for women, those early in their career, and racial and ethnic groups.

I regularly strive to catch myself when I minimize my accomplishments and/or discount my contributions to a successful team effort. For example, when I was promoted to associate professor last year, while putting my dossier together, I caught myself thinking things like, "I don't think I've done enough," "I haven't earned getting promoted," and "they'll definitely reject me." I was having these thoughts even as I was told by my departmental promotion committee, mentors, and colleagues that I had accomplished a great deal and was a "slam dunk" for promotion.

One of the strategies to fighting imposter phenomenon is to pay attention to how you respond to praise and encouragement from others, and to aim to speak more positively about yourself. I hope these posts help you recognize when you feel like an imposter and become a more consistent advocate for yourself.

convention



BEING IN THE ROOM
WHERE IT HAPPENS

ANNUAL 2022 CONVENTION

May 18-21, 2022

Kalahari Resorts & Conventions
Pocono Manor, PA

Other Ways to Support PPA2022

For almost 90 years, we have been successfully linking vendors and psychologists during our annual convention. More than 300 psychologists and graduate students who work in private practice, hospitals, schools, community mental health centers, academic institutions, veterans hospitals, medical schools, health maintenance organizations, as well as many other areas will attend the four-day convention. In addition to linking with the convention attendees, you'll be front and center of the 3,000+ PPA members throughout the year.

Typically, suppliers of psychological products and services exhibit at our annual convention. We have a mix of new exhibitors and exhibitors that have been with us for almost 20 years. Join us and find out why they keep coming back! We encourage our members to share this information with any suppliers or those they think might be interested in supporting PPA in this way!



BONUS NETWORKING EVENT THIS YEAR!!

You won't want to miss the **PA Psychological Foundation Silent Auction & Student Awards Ceremony!** This is your opportunity to network one last time before the convention concludes.

sponsorships

Sponsorships include signage and recognition at all events, plus recognition and reserved seating at select convention events.

PLATINUM: \$7,500

SPONSOR BENEFITS:

ANNUAL CONVENTION

- Pre and post-convention emails sent to attendees with logo and sponsor recognition
- Wine & Cheese Reception (hors d'oeuvre and wine upgrade)
- Logo on name badge lanyards
- Complimentary Table (8 seats) in a prominent location at PPA Annual Awards Banquet
- 3-minute commercial at a convention event; assigned on first-come, first-served basis
- 3-minute commercial introduction during one workshop
- Plus...
- A list of all event registrants, including email addresses (attendees will have the option to opt out.)
- Exhibitor Package
- Convention registration for four representatives
- Full page ad in on-site program
- **Bonus:** Additional networking opportunities at PPF's Silent Auction & Student Foundation Awards Ceremony on Friday night, May 20.

WEBSITE

- Company logo on PPA website for 6 months (w/ link)
- Four social media posts (w/ link)

THE PENNSYLVANIA PSYCHOLOGIST

- One full page ad in July/August 2022 electronic issue
- One full page ad in September 2022 printed issue

GOLD: \$5,000

SPONSOR BENEFITS:

ANNUAL CONVENTION

- 3-minute commercial at a convention event; assigned on first-come, first-served basis
- 3-minute commercial introduction during one workshop
- 4 complimentary seats in a prominent location at PPA Annual Awards Banquet
- Plus...
- A list of all event registrants, including email addresses (attendees will have the option to opt out.)
- Exhibitor Package
- Convention registration for three representatives
- Half page ad in on-site program
- **Bonus:** Additional networking opportunities at PPF's Silent Auction & Student Foundation Awards Ceremony on Friday night, May 20.

WEBSITE

- Company logo on PPA website for 4 months (w/ link)
- Two social media posts (w/ link)

THE PENNSYLVANIA PSYCHOLOGIST

- One half page ad in July/August 2022 electronic issue
- One half page ad in September 2022 printed issue

Sponsorships continued on next page

Customized options available to meet your budget and marketing needs. Contact Ann Marie Frakes to discuss all opportunities at 717-510-6355 or at annmarie@papsy.org

sponsorships

Sponsorships include signage and recognition at all events, plus recognition and reserved seating at select convention events.

SILVER: \$2,500

SPONSOR BENEFITS:

ANNUAL CONVENTION

- Exhibitor Package
- Convention registration for two representatives
- Quarter page ad in on-site program
- 2 complimentary tickets to PPA Annual Awards Banquet
- **Bonus:** Additional networking opportunities at PPF's Silent Auction & Student Foundation Awards Ceremony on Friday night, May 20.

WEBSITE

- Company logo on PPA website for 2 months (w/ link)
- Two social media posts (w/ link)

THE PENNSYLVANIA PSYCHOLOGIST

- One quarter page ad in July/August 2022 electronic issue
- One quarter page ad in September 2022 printed issue

BRONZE: \$1,000

SPONSOR BENEFITS:

ANNUAL CONVENTION

- Exhibitor Package
- Convention registration for one representative
- Quarter page ad in on-site program
- One complimentary ticket to PPA Annual Awards Banquet
- **Bonus:** Additional networking opportunities at PPF's Silent Auction & Student Foundation Awards Ceremony on Friday night, May 20.

WEBSITE

- Company logo on PPA website for 1 month (w/ link)
- One social media post (w/ link)

exhibiting

CONVENTION EXHIBITOR: \$395

Exhibiting dates: Thursday, May 19, 2022 and Friday, May 20, 2022

- Maximum accessibility to PPA2022 attendees — the exhibit hall is immediately adjacent to the general session room
- Recognition in the Convention Issues of *The Pennsylvania Psychologist* (if applicable and payment is received by deadlines for January/February and March issues), and in the On-Site Program
- Exhibit at the Thursday Evening Wine & Cheese Reception. This event is free to all convention registrants. Each booth will receive drink tickets to offer to attendees and drive traffic to your booth.

Plus...

- One 6 ft. table and registration for two representatives in the Exhibit Hall
- A list of all convention registrants with mailing address only.
- **BONUS NETWORKING EVENT THIS YEAR!!** Additional networking opportunities at PPF's Silent Auction & Student Foundation Awards Ceremony on Friday night, May 20.

Special
"Welcome
Back"
Pricing

Please save the PDF to your computer, complete the form and email it back to Judy Huntley, CMP (judy@papsy.org).

SPONSORSHIP CONFIRMATION

Company (Please Print): _____

Contact Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: (____) _____ Email: _____ Website: _____

☐ Logo attached to email ☐ Logo to be emailed

Annual Sponsorship Selection

☐ PLATINUM ☐ GOLD ☐ SILVER ☐ BRONZE ☐ EXHIBITOR Total: \$ _____

For questions regarding these options, please contact Judy Huntley, CMP at (717) 510-6343 or judy@papsy.org.

REGISTER NOW!

PPA2022

May 18 - 21, 2022



**KALAHARI RESORTS &
CONVENTIONS**

POCONO MANOR, PA

PPA 2022

BEING IN THE ROOM
WHERE IT HAPPENS

Home Study CE Courses

Act 74 CE programs

Essential Competencies When Working with Suicidal Patients—1 CE

Four Ways to Enhance Your Suicide Assessments (Webinar)—1 CE

Talking About Suicide: The Patient's Experience and the Therapist's Experience (Webinar)—1 CE

The Assessment, Management, and Treatment of Suicidal Patients: 2020—3 CE

The Essentials of Managing Suicidal Patients: 2020—1 CE

The Essentials of Screening and Assessing for Suicide Among Adolescents—1 CE

The Essentials of Screening and Assessing for Suicide Among Adults—1 CE

The Essentials of Screening and Assessing for Suicide Among Older Adults—1 CE

The Essentials of Treating Suicidal Patients—1 CE

Act 31 CE Programs

Pennsylvania Child Abuse Recognition and Reporting—2 CE Version

Pennsylvania Child Abuse Recognition and Reporting—3 CE Version

Pennsylvania Child Abuse Recognition and Reporting (Webinar)—2 CE

General

*Ethical Issues with COVID-19 (Webinar)**—1 CE

*Ethical Responses When Dealing With Prejudiced Patients (Webinar)**—1 CE

*Ethics and Self-Reflection**—3 CE

*Foundations of Ethical Practice: Update 2019**—3 CE

Integrating Diversity in Training, Supervision, and Practice (Podcast)—1 CE

Interdisciplinary Collaboration in Assessing Capacity in the Elderly (Webinar)—1 CE

Introduction to Working With Chronic Health Conditions—3 CE

*Legal and Ethical Issues With High Conflict Families**—3 CE

Mental Health Access in Pennsylvania: Examining Capacity (Webinar)—1 CE

*Record Keeping for Psychologists in Pennsylvania**—3 CE

Telepsychology Q&A (Webinar)—1 CE

Why the World Is on Fire: Historical and Ongoing Oppression of Black African American People in the United States (Webinar)—1.5 CE

***This program qualifies for contact hours for the ethics requirement as mandated by the Pennsylvania State Board of Psychology.**

Act 74 CE Programs qualify for the suicide requirement mandated by the Pennsylvania State Board of Psychology.

Act 31 CE Programs have been approved by the Department of Public Welfare and the Pennsylvania Department of State to meet the Act 31 requirements.

Visit PPA's online store for a full listing of our home studies.