

AI Technologies in Ethical Practice
Use Cases and Ethical Decision-making

Pennsylvania Psychological Association
October 2026

Important Instructions Ahead of the Workshop

Page 1 has mandatory instructions

Page 2 has writings by me, if interested, as they are applicable.

I. Course Overview

This course will introduce you to the world of Large Language Models (LLMs). You will learn about their capabilities, limitations, and how to effectively interact with them, especially in terms of ethical decision-making skills.

II. Bookmark and Set Up Your LLM. This is mandatory for the training.

We will be using LLMs throughout the training. Therefore, you need to go to any of the following websites to set up the FREE version of the LLM. I am LLM agnostic, so it does not matter which one you use. Feel free to access more than one.

III. Here are some of the recommended links to sign up for one or more LLMs

The links work. Just click on the link to take you to the web page and user interface.

Google's Gemini: <https://gemini.google.com/app> (click on "Sign in")

Anthropic's Claude: <https://www.anthropic.com/> (click on "Talk to Claude")

Perplexity: <https://www.perplexity.ai/>

Qwen: <https://chat.qwen.ai/>

DeepSeek: https://chat.deepseek.com/sign_in

I will also be using Notebook LM today. [Here is the link to Notebook LM](#)

VI. Sign in, then bookmark the page.

We will be using LLMs during the training.

V. If you want more detailed explanations, please look at the following articles. This is not mandatory. These will help deepen your knowledge should you find the training interesting.

Unpublished Guide for trainings

The RISEN Framework: A Structured Prompt System for Psychologists Using LLMs

Gavazzi, J. D. (2024). Ethical dimensions of integrating Artificial Intelligence in clinical psychology. *The National Psychologist*, Spring/Summer, 3-4.

[Link to Google Drive](#)

Gavazzi, J. D. (2024). The Power of Partnership: How AI Can Enhance Psychological Report Writing. *The Pennsylvania Psychologist*, Volume (84)4, 15-16.

[Link to Google Drive](#)

Gavazzi, J. D. (2025). Beyond Algorithms: The Irreplaceable Human in Psychological Care. *The Pennsylvania Psychologist*, Vol 85(1) Spring 2025, 28-30.

[Link to Google Drive](#)

Gavazzi, J. D. (2025). The Advantages of Human Evolution in Psychotherapy: Adaptation, Empathy, and Complexity. *On Board with Professional Psychology*, Issue 5, online publication for the American Board of Clinical Psychology.

[Link to Google Drive](#)

Gavazzi, J. D. (2025). The Evolution from Large Language Models to Artificial General Intelligence: Implications for Psychological Practice. *The Pennsylvania Psychologist*, Vol 85(2), 25-27.

[Link to Google Drive](#)

Gavazzi, J. D. And Knapp, S. (2025). Asimov's Laws: A Blueprint for Ethical AI in Psychological Practice? *The Pennsylvania Psychologist*, Vol 85(1) Spring 2025, 32-35.

[Link to Google Drive](#)

Gavazzi, J. (2026, July 17). Magnifica Humanitas: Human dignity, artificial intelligence, and the essence of psychological practice. *Ethics and Psychology*. <https://www.ethicalpsychology.com/2026/07/magnifica-humanitas-human-dignity.html>

Gavazzi, J. (2026). The illusion of competence: How AI tools can mask the erosion of clinical judgment. *Psychotherapy Bulletin*, 61(2). <https://societyforpsychotherapy.org/the-illusion-of-competence-how-ai-tools-can-mask-the-erosion-of-clinical-judgment/>