

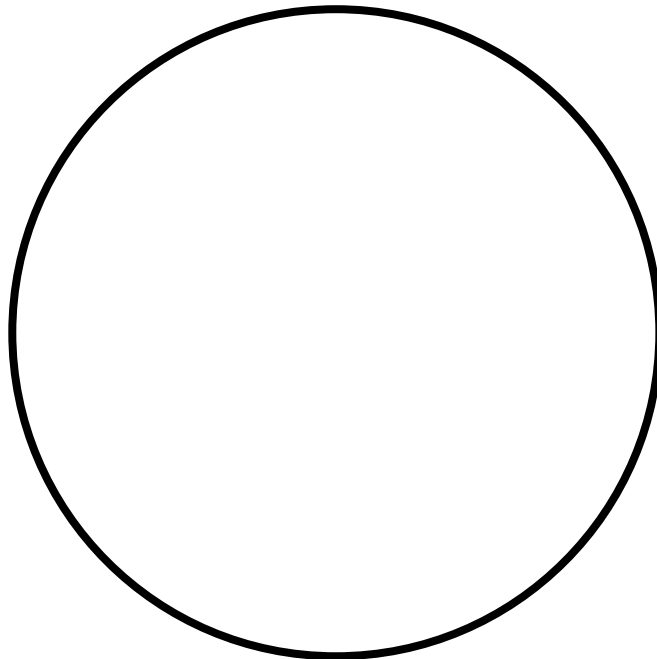
## Lesson 3: Personal & Group Identities

### 💡 Reflection Activity

Think for a moment: What makes you, you?

- Which aspects of your identity feel most central (e.g., culture, language, gender, role, beliefs)?
- Which aspects do you rarely think about, but still shape your experience?

**Identity Mapping Activity:** Inside the circle below, list words that describe your personal identity (your unique traits, experiences, personality). Around the outside, list your group identities (communities you belong to: profession, ethnicity, gender, religion, etc.).



### 💬 Discussion Questions

1. How does your personal identity intersect with your group identities?
2. Which parts of your identity feel most visible in the workplace? Which feel invisible?
3. How might these identities affect how others perceive you—or how you perceive others?

### Action Step

☀️ One way I can honor my own identity at work is:

☀️ One way I can respect the identities of others is: