

# Sustaining Purpose: Strategies for Prosecutorial Wellness, Resilience, and Long-Term Success

April 28-30, 2026  
Hotel Champlain Burlington, Curio Collection by Hilton  
Burlington, VT

*Attendees must wear their name tags to all events.  
Please turn off cell phones during all sessions.*

---

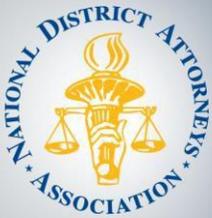
## TENTATIVE SCHEDULE OF INSTRUCTION\*

### DAY 1: Tuesday, April 28, 2026

8:00 AM	Check-in and Registration
9:00 – 9:15 AM	Welcome Remarks <i>Sarah George, State's Attorney, Crittendon County, VT</i> <i>Doug DiSabito, State's Attorney, Grand Isle County, VT</i>
9:15 – 10:30 AM	Connectivity in the Workplace - the Foundation for Personal and Organizational Fortitude <i>Kirsten Pabst, County Attorney (ret), Missoula County, MT</i>
10:30 – 10:45 AM	Break
10:45 – 12:00 PM	It's Time to Take a Beat: A Mindful Approach to Dealing with Vicarious Trauma <i>Judge Gayle Williams-Byers (ret), Judicial Fellow, National Judicial College</i>
12:00 – 1:30 PM	Networking Lunch
1:30 – 2:30 PM	The Brain on Prosecution (Part I) <i>Megan Zwisohn, Chief Deputy Commonwealth Attorney, Rockbridge County, VA</i>
2:30 – 3:00 PM	<b>Mindfulness Break</b>
3:00 – 4:00 PM	The Brain on Prosecution (Part II) <i>Megan Zwisohn, Chief Deputy Commonwealth Attorney, Rockbridge County, VA</i>

*Adjourn for the day.*

---



## **DAY 2: Wednesday, April 29, 2026**

- 7:00 – 8:00 AM Morning Activities (Optional)
- *Standing Yoga*
  - *Nature Walk*
- 9:00 – 10:15 AM Attachment Styles  
*Bianca Bentzin, Criminal Prosecution Division Chief, Travis County, TX*
- 10:15 – 10:30 AM Break
- 10:30 – 11:45 PM Identifying and Aligning Values for Workplace Satisfaction  
*J. Sam Rodgers, Chief Assistant District Attorney, Madison County, NY*
- 11:45 – 1:00 PM Networking Lunch
- 1:00 – 2:15 PM Meditation – The Fourth Pillar – A Multifunctional Means to Increase Resilience and Wellbeing  
*AJ “Andy” Rosenberg, Senior Commonwealth Attorney, City of Virginia Beach, VA*
- 2:15 – 3:30 PM Breakout Groups
- *Meditation*
  - *Support Circles*
  - *Values Assessment*
- 3:30 – 4:45 PM Prosecutorial Safety Considerations  
*Stephen Marquardt, Chief, Special Operations, San Diego County, CA*  
*Marco Mercado, Commander, Special Operations, San Diego County, CA*

*Adjourn for the day.*

## **DAY 3: Thursday, April 30, 2026**

- 9:00 – 10:15 AM The Quiet Docket – Putting Lessons into Practice  
*Katrina Self, Assistant State Attorney, Fifth Judicial Circuit, FL*  
*Madison Kirkland, Assistant State Attorney, Fifth Judicial Circuit, FL*
- 10:15 – 10:30 AM Break
- 10:30 – 11:45 AM Reenergizing Your Passion for the Job  
*Bianca Bentzin, Criminal Prosecution Division Chief, Austin, TX*
- 11:45 – 12:00 PM Closing Remarks

\*Please note that this is a tentative schedule. Course titles, content and speakers may be subject to change. No part of this schedule may be duplicated by any means. No audio or videotaping of any presentation is allowed during this course. Statements, points of view or opinions stated during this course or in publications distributed during the course are those of the speakers or authors and do not represent the official position of the National District Attorneys Association. Information dealing with a specific legal matter should be researched in original and current sources of authority.

---