

# COURSE AGENDA

## Sustaining Purpose: Strategies for Prosecutorial Wellness, Resilience, and Long Term Success

April 28-30, 2026  
Hotel Champlain Burlington, Curio Collection by Hilton  
Burlington, VT

*Attendees must wear their name tags to all events.  
Please turn off cell phones during all sessions.*

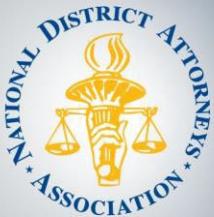
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### TENTATIVE SCHEDULE OF INSTRUCTION\*

#### DAY 1: Tuesday, April 28, 2026:

8:00 AM	Check-in and Registration
9:00 – 9:15 AM	Welcome Remarks <i>Sarah George, State's Attorney, Crittenden County, VT Doug DiSabito, State's Attorney, Grand Isle County, VT</i>
9:15 – 10:30 AM	Connectivity in the Workplace - the Foundation for Personal and Organizational Fortitude <i>Kirsten Pabst</i>
10:30 – 10:45 AM	Break
10:45 – 12:00 PM	It's Time to Take a Beat: A Mindful Approach to Dealing with Vicarious Trauma <i>Judge Gayle William Beyers</i>
12:00 – 1:30 PM	<b>Lunch (provided)</b>
1:30 – 2:30 PM	The Brain on Prosecution (part I) <i>Megan Zwisohn</i>
2:30 – 3:00 PM	<b>Mindfulness Break</b>
3:00 – 4:00 PM	The Brain on Prosecution (part II) <i>Megan Zwisohn</i>

*Adjourn for the day.*



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## **DAY 2: Wednesday, April 29, 2026:**

7:00 – 8:00 AM	Optional Activities: Standing Yoga (led by Andy) Nature Walk (led by Kirsten)
9:00 – 10:15 AM	Attachment Styles <i>Bianca Bentzin</i>
10:15 – 10:30 AM	Break
10:30 – 11:45 PM	Identifying and Aligning Values for Workplace Satisfaction <i>J. Sam Rodgers</i>
11:45 – 1:00 PM	<b>Lunch (on your own)</b>
1:00 – 2:15 PM	Meditation – The Fourth Pillar <i>AJ "Andy" Rosenberg</i>
2:15 – 3:30 PM	Breakouts – Meditation (Andy), support circles (Kirsten and Bianca), values assessment (John and Elizabeth)
3:30 – 4:45 PM	Prosecutorial Safety Considerations <i>Stephen Marquardt and Marco Mercado</i>

*Adjourn for the day.*

## **DAY 3: Thursday, April 30, 2026**

9:00 – 10:15 AM	The Quiet Docket – Putting Lessons into Practice <i>Katrina Self &amp; Madison Kirkland</i>
10:15 – 10:30 AM	Break
10:30 – 11:45 AM	Reenergizing your passion for the job <i>Bianca Bentzin</i>
11:45 – 12:00 PM	Closing remarks

\* Please note that this is a tentative schedule. Course titles, content and speakers may be subject to change. No part of this schedule may be duplicated by any means. No audio or videotaping of any presentation is allowed during this course. Statements, points of view or opinions stated during this course or in publications distributed during the course are those of the speakers or authors and do not represent the official position of the National District Attorneys Association. Information dealing with a specific legal matter should be researched in original and current sources of authority.