



Sustaining Purpose: Strategies for Prosecutorial Wellness, Resilience, and Long-Term Success

April 28-30, 2026

Hotel Champlain Burlington, Curio Collection by Hilton
Burlington, VT

*Attendees must wear their name tags to all events.
Please turn off cell phones during all sessions.*

SCHEDULE OF INSTRUCTION*

DAY 1: Tuesday, April 28, 2026

7:45 – 8:45 AM	Breakfast Buffet Foyer – Green Mountain Ballroom
8:00 AM	Check-in and Registration
9:00 – 9:15 AM	Welcome Remarks <i>Timothy Lueders-Dumont, Esq., Executive Director, Vermont Department of State's Attorneys and Sheriffs</i>
9:15 – 10:30 AM	Connectivity in the Workplace - the Foundation for Personal and Organizational Fortitude <i>Kirsten Pabst, County Attorney (ret), Missoula County, MT</i>
10:30 – 10:45 AM	Break
10:45 – 12:00 PM	Peak Prosecution: Why Wellness Is Your Secret Weapon in Public Service <i>Judge Gayle Williams-Byers (ret), Judicial Fellow, National Judicial College</i>
12:00 – 1:30 PM	Networking Lunch
1:30 – 2:30 PM	Your Brain on Prosecution (Part I) <i>Megan Zwisohn, Chief Deputy Commonwealth Attorney, Rockbridge County, VA</i>
2:30 – 3:00 PM	Mindfulness Break
3:00 – 4:00 PM	Your Brain on Prosecution (Part II) <i>Megan Zwisohn, Chief Deputy Commonwealth Attorney, Rockbridge County, VA</i>

Adjourn for the day.



DAY 2: Wednesday, April 29, 2026

- 7:00 – 8:00 AM Morning Activities (Optional)
- *Standing Yoga*
 - *Nature Walk*
- 8:15 – 8:45 AM Breakfast Buffet
Foyer – Green Mountain Ballroom
- 9:00 – 10:15 AM How your Personality and Attachment Styles Impact your Work and your Level of work Satisfaction
Bianca Bentzin, Criminal Prosecution Division Chief, Travis County, TX
- 10:15 – 10:30 AM Break
- 10:30 – 11:45 PM Identifying and Aligning Values for Workplace Satisfaction
J. Sam Rodgers, Chief Assistant District Attorney, Madison County, NY
- 11:45 – 1:00 PM Lunch (On Your Own)
- 1:00 – 2:15 PM Meditation – The Fourth Pillar – A Multi-functional Means to Resilience and Wellbeing
A.J. “Andy” Rosenberg, Senior Commonwealth Attorney, City of Virginia Beach, VA
- 2:15 – 3:30 PM Breakout Groups
- *Meditation*
 - *Support Circles*
 - *Values Assessment*
- 3:30 – 4:45 PM Prosecutorial Safety Considerations
Stephen Marquardt, DDA, Division Chief, Special Operations, San Diego County, CA
Marco Mercado, DAI, Commander, Special Operations, San Diego County, CA

Adjourn for the day.

DAY 3: Thursday, April 30, 2026

- 7:45 – 8:45 AM Breakfast Buffet
Foyer – Green Mountain Ballroom
- 9:00 – 10:15 AM The Quiet Docket – Putting Mindfulness into Practice
Katrina Self, Assistant State Attorney, Fifth Judicial Circuit, FL
Madison Kirkland, Assistant State Attorney, Fifth Judicial Circuit, FL
- 10:15 – 10:30 AM Break
- 10:30 – 11:45 AM Reenergizing Your Passion for the Job
Bianca Bentzin Criminal Prosecution Division Chief, Travis County, TX
- 11:45 – 12:00 PM Closing Remarks

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