



## PIECES OF US: CELEBRATING WOMEN IN LEADERSHIP

### AGENDA

FEBRUARY 6-7, 2025

SAINT MARY'S SCHOOL

GUEST WIFI: #GOSAINTS!

#### **February 6, 2025**

**1:00 pm** | Smedes Hall Parlor

**Welcome & Opening Activity** | Stephanie Keaney, NCAIS

#### **Keynote | How To Lead Like You Mean It Through Word And Deed! | Page Fehling Sponsored by Sindy Wylie, Cetera Investors**

In this hilariously relatable and highly interactive keynote, Page Fehling draws on her experience (and bloopers) as a TV News Anchor to teach you how to communicate at your best by walking the walk AND talking the talk of leadership... even if that's not in your title or job description.

Through personal anecdotes, practical advice, and plenty of self-deprecating humor, attendees will learn and APPLY the N.E.W. inclusive model of leadership, how to speak so people will listen, and the art of being so inspirationally influential that you can tell someone to keep reading this sentence right now and they'll actually do it. See what she did there? Just imagine what she can do for you...

#### **2:30 pm | Grab-and-Go Snack & Stretch Break**

#### **2:45 pm | Financial Freedom for Women In Leadership | Brian Li, Providence Day School**

Women in leadership play an essential role in shaping the future of education, yet they often encounter unique financial challenges that can impact their professional and personal lives. The gender wealth gap and inequities in the education field underscore the importance of financial empowerment for women leaders. This engaging and interactive session will provide accessible strategies for investing, retirement planning, and building generational wealth. Tailored for women navigating leadership roles, the session offers actionable steps and resources to help participants confidently take control of their financial wellness. Join us in fostering a future where financial freedom supports bold, transformative leadership.



**4:00 pm | Sustaining Your Own Wellness | Panel Discussion with WIL Committee**

**Moderator:** Ayesha Swinton

**Panelists:** Patricia Sasser, Susan Perry, Gillian Goodman, Tiffany Gregory

**4:45 pm | Pieces of Us: Team Building & Networking Session | Stephanie Keaney**

**5:30 pm | Wine and Wisdoms | Saint Mary's Head of School Residence**

**Sponsored by Little Diversified Architectural Consulting, Inc.**

***\*\*Dinner on your own or join a group heading to a local restaurant***

**February 7, 2025**

**8:30 am | Continental Breakfast**

**9:00 am | Overcoming Imposter Syndrome: Empowering Women | Michelle Bostian**

Join us for an interactive workshop focused on understanding and overcoming imposter syndrome. This session will help you recognize the common signs of imposter syndrome, explore the psychological factors behind it, and provide practical strategies to build confidence and self-belief. Through group exercises, positive reinforcement, and evidence-based techniques, you'll learn how to shift your mindset, challenge self-doubt, and embrace your full potential as a leader. Walk away with actionable tools to support your growth, empower your leadership, and create a more resilient, positive approach to challenges.

Key Takeaways:

- Understand the root causes of imposter syndrome
- Practice strategies for shifting self-doubt to self-assurance
- Build a supportive network to reinforce your leadership potential
- Leave empowered with tools to navigate challenges and thrive as a leader

**10:30 am | Vocal Performance** by Saint Mary's Chorale led by Jennifer Moran

**Grab and Go Break**

**10:45 am | Breakout Session | Select One**

**Paper Bird Collage | Kara Elizabeth Lewis**

Unlock your creativity in this hands-on workshop designed for all experience levels. During this one-hour session, participants will create a vibrant paper bird collage using colorful paper options, templates, scissors, and glue. More than just a creative outlet, this project highlights the connection between mindfulness and play—offering practical insights into how artistic practices can be integrated into leadership and education. Come prepared to explore the power of creativity as a tool for personal wellness and professional growth while crafting your own unique masterpiece!

### **Unlocking Confidence in Public Speaking | Denise Musselwhite**

Your voice is one of the most powerful tools in leadership, yet fear of public speaking can silence even the most brilliant ideas. In this session, Denise will share behind-the-scenes tips and practical strategies to help you conquer the fear of speaking up and step more confidently into the spotlight. Whether you're leading meetings, presenting to teams, or sharing your vision on a larger stage, this session will give you the confidence to make your voice heard and your message remembered.

### **Navigating Your Own Leadership Journey: Starting with the Basics | Stephanie Keaney**

Have you considered stepping out of the classroom and into a leadership role within your school or beyond? What actionable steps can you take right now to clearly define your goals, articulate your core values and leadership expectations, and acquire the skills and knowledge you need before exploring opportunities? Join us for a fast-paced hour designed to give you a blueprint to follow as you build your career.

### **12:00 pm | Lunch**

### **1:00 pm | Shattering Ceilings: Reclaiming Your Power | Denise Musselwhite**

The most difficult barriers to success are often the ones we build within ourselves. In this engaging and fun whole-group session, Denise empowers women leaders to shatter the glass ceiling by embracing vulnerability, owning their power, and leading with authenticity —core principles of the T.H.R.I.V.E. Operating System™. Through candid stories and evidence-based strategies, you'll observe how internalized narratives can undermine your leadership. Together, we'll tap into your intrinsic strengths and values, leaving you with greater resilience and the courage to step boldly into YOUR leadership power.

### **2:30 pm | Pieces of Us | Gillian Goodman**

This culminating activity will be a celebration of our time together as well as our collective leadership journeys.

### **3:15 pm | Adjourn**