

WHAT IS SNAP?



The Supplemental Nutrition Assistance Program (SNAP) offers low-income families additional resources to expand their grocery budget, so they can purchase nutritious food essential for well-being. SNAP used to be delivered in the form of food stamps. The program is administered through the United States Department of Agriculture in partnership with each state. The federal government pays for 100% of SNAP benefits and splits administrative costs with the states.

WHO QUALIFIES FOR SNAP?

Eligibility rules are generally set at the federal level, though states have some flexibility as well. There are a few ways to qualify for SNAP benefits, but income guidelines exist for each of them:



A Nebraska family of 4 with no members who qualify as elderly or disabled must meet the following maximum income requirements.

GROSS INCOME: 165% FPL OR \$4,290 PER MONTH*
NET INCOME: 100% FPL OR \$2,600 PER MONTH

There are also limitations on liquid assets, which would be \$3,000 for a Nebraska family of 4 with no elderly or disabled members. These assets exclude the value of their home, retirement or educational savings and a portion of a vehicle's value.

*In 2021, Nebraska used broad based categorical eligibility provisions to **raise the gross income limit from 130% of the FPL to 165%**, although households must still meet the other asset tests (LB 108, 2021). Following an extension in 2023, **this increase is set to expire September 30, 2025 unless it is extended by the 109th Nebraska Legislature.**

INELIGIBLE FOR SNAP

INELIGIBLE TO ENROLL IN SNAP



UNDOCUMENTED
INDIVIDUALS



EMPLOYEES ON
STRIKE



COLLEGE
STUDENTS



PEOPLE WITH DRUG
FELONY CONVICTIONS

INELIGIBLE PURCHASES



ALCOHOL AND
TOBACCO



HOT AND
PREPARED FOODS

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SNAP IN NEBRASKA BY THE NUMBERS



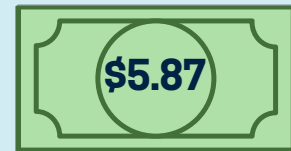
Total SNAP Benefits paid to
Nebraskans (FY 2024)

\$332 Million

Average Benefit, Per Person Per Month



Average Benefit, Per Person Per Day



- **155,000 Nebraska residents**, or 8% of the total population qualify for SNAP benefits
- More than **30%** of participants are in families with members who are older adults or are disabled
- More than **68%** of SNAP participants are in **families with children**
- More than **8,000 Nebraskans** were newly eligible for SNAP benefits under the expanded income guidelines enacted in LB 108

BENEFITS OF SNAP FOR NEBRASKANS



Research following children from SNAP-enrolled families through adulthood showed that SNAP participants were more likely to:

- ✓ Live longer
- ✓ Own their own home
- ✓ Be economically self-sufficient
- ✓ Avoid criminal justice involvement

Every \$1 spent on SNAP generates an additional \$1.54 in economic activity.

This benefits the **1,400 Nebraska businesses** that accept SNAP benefits, including local farmers markets, butchers, grocery stores, and community supported agriculture (CSA) programs.



Low-income adults participating in SNAP incur an average of about **\$1,400, or nearly 25 percent, less in medical care costs** in a year than low-income non-participants. The difference is even greater for those with hypertension (nearly \$2,700 less) and coronary heart disease (over \$4,100 less).

Elderly SNAP participants are less likely to forego prescription medications due to cost.

The USDA allows states to enact incentive programs to promote healthy eating and improve nutrition security. Nebraska's "Double Up Bucks" program had **4,300 participants**, last year. Together, they **spent over \$325,000 on produce** across 20+ locations, including local farmers markets, where Nebraska-grown fruits, vegetables and herbs are eligible.



Sources: <https://www.cbpp.org/research/food-assistance/snap-is-linked-with-improved-health-outcomes-and-lower-health-care-costs>
https://www.nber.org/system/files/working_papers/w26942/w26942.pdf
<https://www.cbpp.org/research/food-assistance/a-closer-look-at-who-benefits-from-snap-state-by-state-fact-sheets#Nebraska>
<https://doubleupnebraska.org/>

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SCAN FOR MORE ABOUT SNAP

