Providing Effective Supervision to Maintain Quality Employees

Tammy Sassaman, LCSW 11/6/25

Administrative Assistant Office Assistant Receptionist

Data Entry Clerk Office Administrator Program Manager

Office Manager Executive Assistant Operations Manager,

Facilities Manager Administrative Technician Chief Executive Officer

Senior Receptionist Community Liaison Director of Operations

Administration Manager Senior Executive Assistant Executive Director

Chief Administrative Officer Team Supervisor

Program Coordinator Communications Specialist

Gain Credibility

- Lead by example
- Have confidence in yourself
- Consistency
- Willingness to change
- Be accountable
- Be approachable
- Be considerate

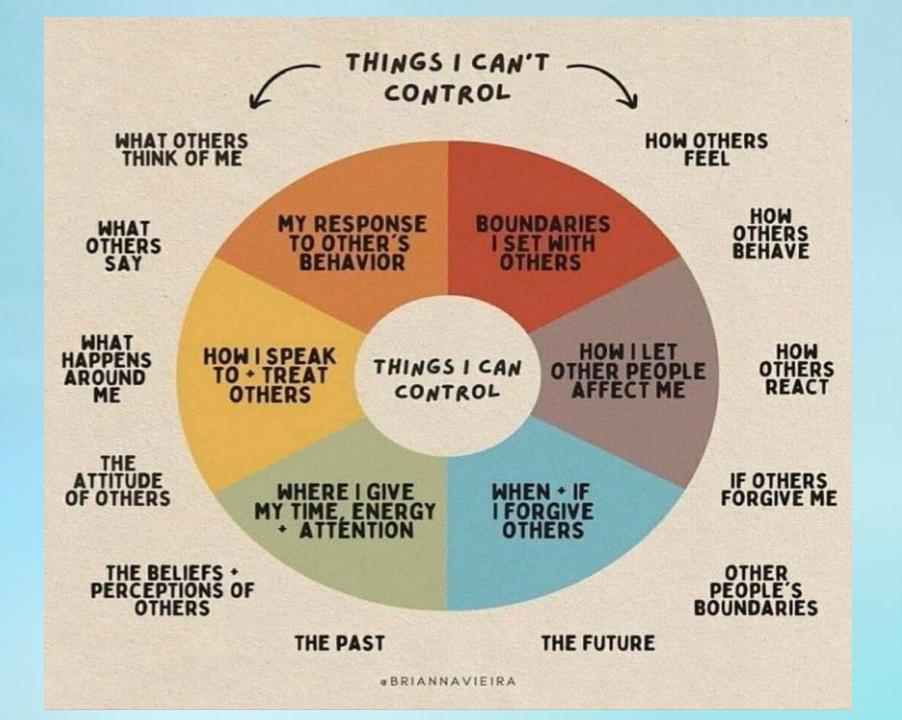


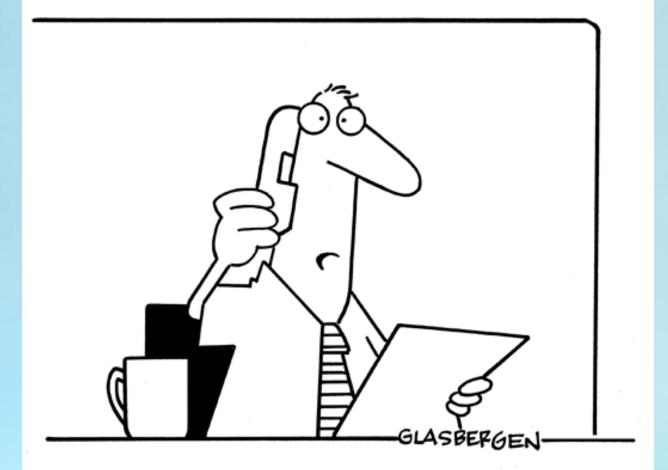
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Getting the Most Out of Your Team



- Communicate
- Set reasonable expectations
- Delegate
- Acknowledge and reward accomplishments
- Encourage Growth
- Address Conflict
- Value your employees





"Twenty-two years at the same job and my boss still doesn't know my name. I'm a very lucky man."

Meeting the Demands of the Job

- Don't procrastinate
- Find solutions/Adapt to changes
- Challenge yourself
- Set goals
- Be supportive
- Streamline processes
- Be resilient



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10 Tips For First-Time Supervisors by Sharlyn Lauby (2014)

- 1) Don't try to be everyone's friend.
- 2) Fair and equal are not the same thing.
- 3) Ask for feedback and input.
- 4) Learn how to run a good meeting.
- 5) Find time to relax.
- 6) Find someone you can trust (and vent to) about work.
- 7) Take every opportunity to improve your people skills.
- 8) Learn how to say "no" comfortably.
- 9) Understand how you manage change.
- 10) Master the art of delegation.

Leadership

 Leadership style is how you behave when you are trying to influence the performance of someone else.

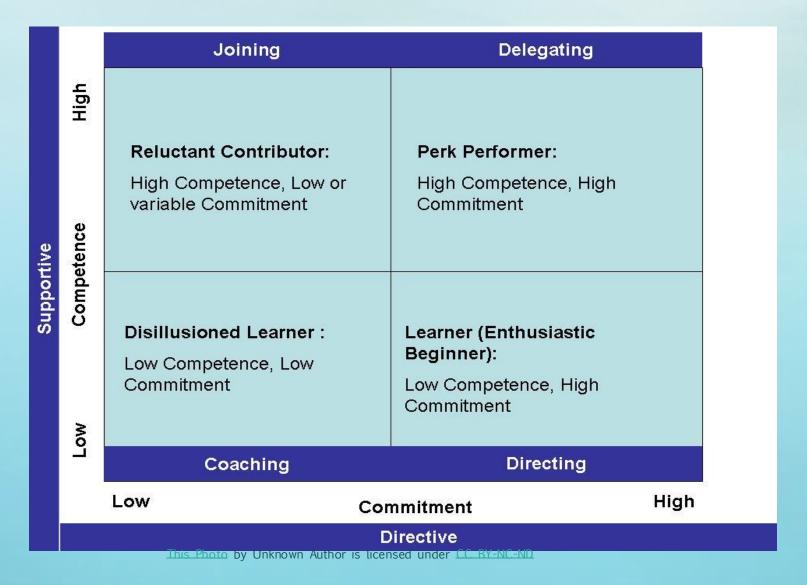


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Leadership style is a combination of directive and supportive behaviors:

- Directive Behavior —Involves: clearly telling people what to do, how to do it, when to do it, and then closely monitoring their performance.
- Supportive Behavior —Involves: listening to people, providing support and encouragement for their efforts, and then facilitating their involvement in problem-solving and decision-making.

• 4 leadership styles: Directing, Coaching, Supporting, and Delegating but...there is no one best Leadership Style.



Qualities of a Leader (according to Becky Margiotta)

- ✓ Leaders are absolutely unwilling to micro-manage
- ✓ Leaders challenge people to question their assumption—challenge us to challenge the status quo
- ✓ Leaders clean toilets—do the "dirty" work; show that you are willing to do the work your employees do
- ✓ Leaders build consensus toward bold qualifiable aims
- ✓ Commit—gather your energy and moving forward
- ✓ Leaders can hear the word "no"
- ✓ Leaders can say "no"
- ✓ Leaders liberate people to be their best selves and do their best work
- ✓ Leaders appreciate—authentic appreciation

How to Know if You are on the Right Track as a Leader

- 1) Distinct Goals—SMART Goals

 Specific, Measurable, Attainable, Relevant, Time-Based
- 2) Have a clear vision for your team and organization
- 3) Trust within your team
- 4) Express yourself openly and candidly
- 5) Inspire others
- 6) Foster innovation
- 7) Maintain high standards



Leader vs. Manager

Leads

- Connects daily work with goals
- Thinks of people as people
- Earn respect
- Excited with team members achieve great things
- Empowers people with transparency & honesty
- If the team falls short, a leader takes the responsibility
- Cares mainly about results



Manages

- Focuses only on short-term
- Sees only titles
- Wants to be liked
- Is threatened with employees' accomplishments
- Only shares if benefits personally
- Blames the team
- More concerned with the process
- Direct



"If you wait long enough, difficult people either quit, retire or die. That's my management style."

Leadership & Management

Instilling an inspiring vision

Getting important things done

Instilling good operational processes

Evaluations

- Power of evaluations
- Regularly completed
- Intended not to blind-side
- Employee growth
- Effectiveness



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- Open door policy
- Schedule times
- Take lunch breaks
- Take restroom breaks
- Get some sun
- Organize
- Mindfulness
- Energy and Time
- Have Fun/Laugh

Caring for Yourself & Your Team



Maintaining Work Life Balance

Vacations



Family Time



Maintaining Work Life Balance

Self

Be Yourself, but be your Best Self. WWW.LIVELIFEHAPPY.COM

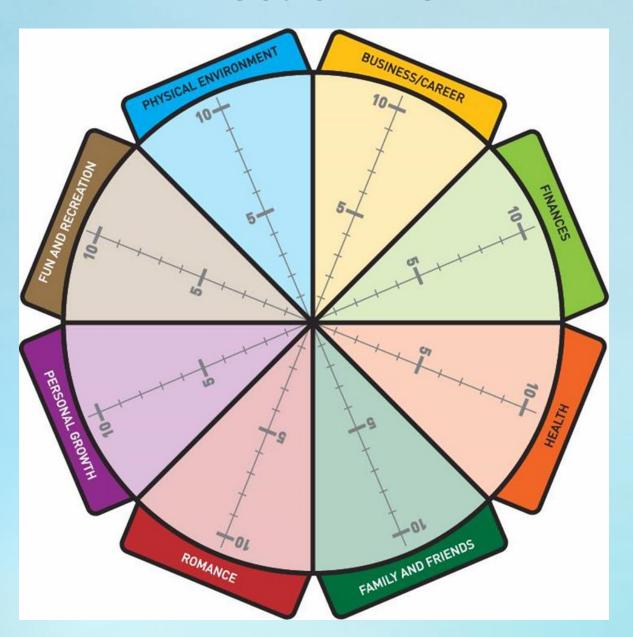
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Work



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Wheel of Life



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