

# STABILITY of COVID-19



**COVID-19** is **viable** for **up to three hours post aerosolization** (in the air) **according to a recent New England Journal of Medicine article.**<sup>1</sup>

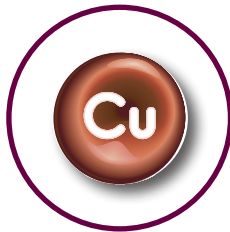
## The virus can live ...



up to two-three days on plastic and stainless steel



24 hours on cardboard



four hours on copper surfaces

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**COVID-19's longevity has implications on community and high-touch surfaces. The CDC recommends cleaning and disinfecting high-touch surfaces (e.g. tables, chairs, light switches, etc.) daily.**<sup>2</sup>

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**Pharmacists advise patients to use diluted household bleach, solutions that are at least 70% alcohol and any other EPA-registered disinfectant. However, hand hygiene remains the most critical, washing with soap and water for 20 seconds to prevent transmission to surfaces.**

