

Lead Poisoning

Know the risks
and
reduce exposure



Common Sources of Lead

Lead was added to household paint before 1978, especially before 1950
Children spending time in older homes are most at risk for lead exposure



Possible Health Effects



Learning Disabilities & Difficulty Paying Attention



Growth Problems



Aggressive Behavior



Anemia

Prevent Lead Poisoning



Hire Lead-Safe Certified Contractors

For renovations, repairs or painting in pre-1978 homes, hire lead-safe certified renovators



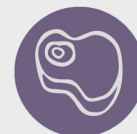
Avoid Friction

Minimize opening and closing doors and windows that have old lead paint



Keep Kids Away

Keep kids away from lead paint dust and chips, and remove kids from the house when repairs are being made



Eat Meals High In Iron

Meals high in iron, vitamin C and calcium keep young bodies from absorbing lead



Wet Clean

Clean the home regularly, especially window sills. If necessary use a HEPA filtered vacuum

What Tenants Should Do	What Landlords Should Do
Ask your doctor to test your child for lead.	Get certified or hire lead-safe certified companies and workers for all work disturbing paint in pre-1978 units.
Minimize opening and closing windows that have old, peeling or chipping paint.	Maintain surfaces so they are free of chipping and peeling paint.
Keep your children away from lead paint dust and chips and wash their hands frequently.	Cover child-accessible bare soil areas with grass or a thick layer of mulch.
Provide meals high in iron, vitamin C, and calcium. These minerals and vitamins help prevent young bodies from absorbing lead.	If home is older than 1978, replace old windows with new windows when possible.
Wear protective gloves, cover peeling or chipping paint with duct tape until it can be removed.	When repainting exterior, do not dry sand or open flame burn existing paint.
Avoid repeatedly bumping furniture or other items into walls that may have been painted with lead-based paint.	Contact the Leadline with questions about lead paint.
Remove your children from the house while repairs are being made and until all the lead paint chips and dust have been removed.	
Submit a work order to repair peeling or chipping paint when needed.	

Resources

Leadline

Free lead testing, water testing kits and lead inspections for those who qualify

1-800-369-5060

Portland area: 503-988-4000

www.leadline.org

Find A Lead-Safe Certified Contractor

503-378-4621

http://ccb.state.or.us/search/lead_safe_county.asp

Community Energy Project

Lead poisoning prevention workshops

503-284-6827

www.communityenergyproject.org

Oregon Health Authority

Find a training class to get certified for lead-safe renovation

www.healthoregon.org/lead