



NAVIGATING THE LEGAL LANDSCAPE: PRESENTED FOR THE MEDICAL FITNESS ASSOCIATION

*Empowering Nutrition Coaches with a
Comprehensive Understanding of
Scope of Practice*



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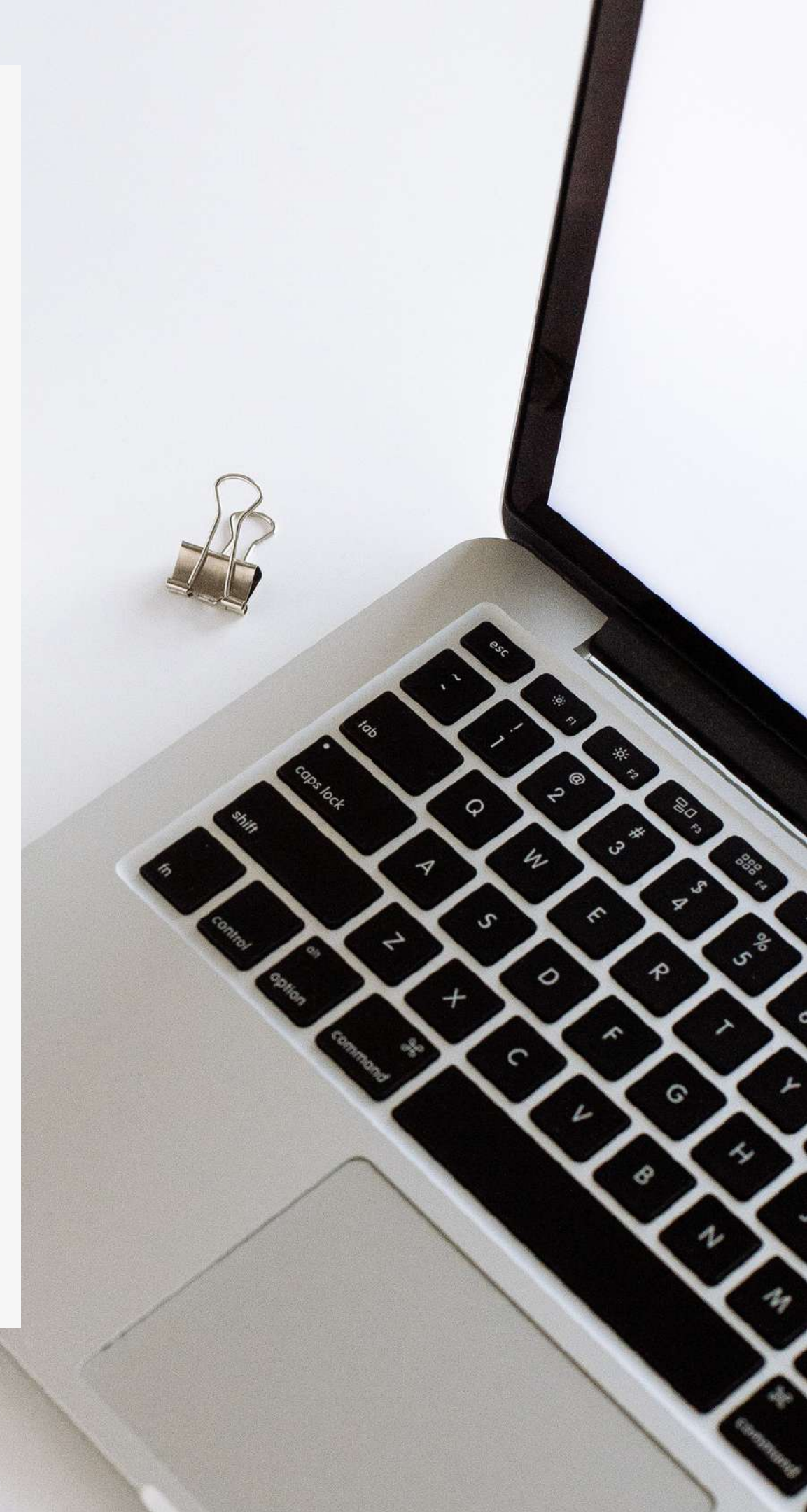


DISCLAIMER

Although we are licensed attorneys in the State of Texas, we are not your attorney.

Nothing in this presentation is legal advice and it does not create an attorney-client relationship.

We always recommend that you consult with an attorney in your jurisdiction to advise you on any specific legal questions that you may have.



MINDSET SHIFT

→ Legal jargon and uncertainty can be overwhelming, but we're here to simplify it for you. *Contact us at any time at support@dottedlinesco.com. We want to be your partner.*

→ Building a business without a strong legal foundation is like building a house made of straw. *Let us help you fortify your business foundation and gain peace of mind.*



WHAT YOU'RE GOING TO LEARN TODAY

ALL OF THIS



WHAT IS SCOPE OF PRACTICE?



**TYPES OF LAWS GOVERNING
SCOPE OF PRACTICE**



**HOW TO KNOW WHAT LAWS
APPLY TO YOU**



**PRACTICAL TIPS TO AVOID
VIOLATING SCOPE OF
PRACTICE LAWS**

- Makes clear the activities that a licensed individual is authorized to perform
- Enacted by state legislatures
- Monitored by licensing boards

SCOPE OF PRACTICE



- **MEDICAL DOCTOR**
- **REGISTERED DIETITIAN**
- **CERTIFIED NUTRITION
SPECIALIST**
- **NON-LICENSED
PRACTITIONER**
- **HEALTH COACHES**
- **MENTAL HEALTH
THERAPIST**
- **PHYSICAL THERAPIST**

EXAMPLES OF TYPES OF PRACTITIONERS IN THE NUTRITION FIELD

IMPORTANCE OF SCOPE OF PRACTICE

ETHICAL CONSIDERATIONS

Avoid harming a client by providing services you aren't trained to provide



LICENSING CONSIDERATIONS

Violating state laws
Loss of licensure
Fines + Penalties

LIABILITY CONSIDERATIONS

More likely a court would find actions negligent and impose legal liability if acting outside scope



MEDICAL SCOPE OF PRACTICE

- Felony to commit the unauthorized practice of medicine
- Actions reserved for medical doctor's scope of practice:
 - Diagnosing a condition or disease
 - Treating a condition or disease
 - Prescribing medications to treat a condition or disease

REGISTERED DIETITIAN

SCOPE OF PRACTICE

- RDs are allowed to practice Medical Nutrition Therapy which "involves in-depth individualized nutrition assessment; determination of the nutrition diagnosis; determination and application of the nutrition intervention personalized for the individual or group; and periodic monitoring, evaluation, reassessment and intervention tailored to manage or prevent the disease, injury, or condition."
- Issuance of licenses governed by state boards after completion of certain requirements.



STATE LAW

Resources to learn more



**REVIEWING STATE STATUTE IS
CRITICAL**



**QUICKLY LOCATE STATUTES
THROUGH ONLINE RESOURCES**



**VISIT
WWW.THEANA.ORG/ADVOCATE**



**STATE LAWS DIVIDED INTO
CLASSIFICATIONS - RED, YELLOW,
GREEN**

WHICH STATE'S LAWS APPLY?

①

Which state do
you reside in?

②

What is the
address of your
business
address?

③

Which state was
your business
formed?

④

Which state are
your clients
located?



PRACTICAL CONSIDERATIONS

- Study the laws that apply to you - take ownership of understanding the limitations of your scope
- Risk analysis
- Insurance is important
- Use of contracts is critical
- Pay careful attention to written documents and those generally available to the public (advertisements/websites/etc.)
- Use disclaimers frequently and transparently

ACTIONS TO TAKE IN THE EVENT OF ENFORCEMENT

- Stop. Pause. Breathe. Stay calm.
- Enforcement actions are rare, but the ramifications can be severe (loss of licensure and even jail time in severe cases)
- Consider hiring an attorney.
- Check to see if insurance could cover costs of defense.
- Documentation becomes critical - another reason why solid contracts and disclaimers are important.





1) JOIN

the legally
ready bundle
community

2) WATCH

the template
tutorial videos

3) COMPLETE

the contract
templates

4) WATCH

legal
educational
lessons

5) GET

peace of mind
and legal
protection

5 SIMPLE STEPS

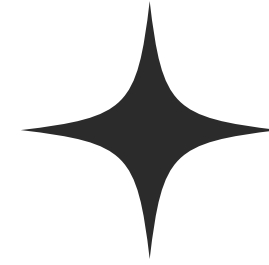
**TO GET LEGALLY
PROTECTED**

**THE LEGALLY
READY BUNDLE**

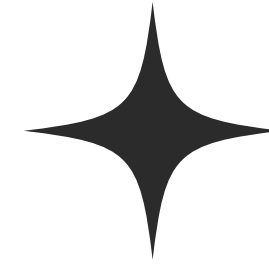


WHAT'S INCLUDED IN THE LEGALLY READY BUNDLE

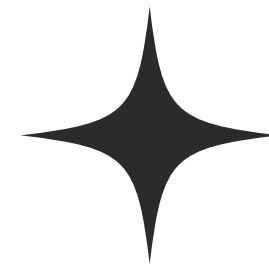
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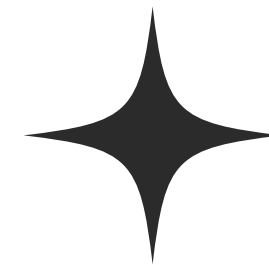
**15 ATTORNEY DRAFTED
CONTRACT TEMPLATES**



**15 TEMPLATE TUTORIAL
VIDEOS**



**40+ EDUCATIONAL
LESSONS**



**MEMBERS ONLY
FACEBOOK COMMUNITY**

BEFORE LEGALLY READY



AWAKE AT NIGHT

worried about liability



LIVING IN ANXIETY

that business is not legally compliant



CONSTANT WORRY

contracts don't protect you



LACK OF CONFIDENCE

about business ops

AFTER LEGALLY READY



EMPOWERED

no fear you holding back



CONFIDENT

knowing business is protected



PROFESSIONAL

clear customer experiences



CALM + AT PEACE

knowing your contracts protect you

FREE RESOURCES



1

Free Legally Ready Guide: 15 Step Legal Start-Up Guide (sign up through our website)

2

Legal & Operations Start-Up Checklist (e-mailed to you)





LET'S KEEP IN TOUCH



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www.dottedlinesco.com