



Guardianship: Less-Restrictive Options

Minnesota law says a judge cannot appoint a guardian unless other ways to support the person have been considered and tried. These are called less-restrictive options. They help the person keep as much independence as possible while still getting the help they need.

This worksheet helps you show what you've tried and if more support is needed.

If you have questions on how to utilize these options, you can call Katie Hestness, Supported Decision-Making Education Navigator, for consultation at 651-310-9424 or Katie.Hestness@lssmn.org.

1. Have you utilized assistance through technology? Examples include calendars, alarms, communication devices, etc.

Yes No

Did this meet the needs?

Yes No

Describe: _____

2. Are there any community or residential services? Examples include waiver supports, group home support, case managers, day programs, etc.

Yes No

Did this meet the needs?

Yes No

Describe: _____

3. Have you utilized informal supported decision-making supports? Examples include family, friends, etc.

Yes No

Did this meet the needs?

Yes No

Describe: _____

4. Has a health care directive been completed and a health care agent named?

Yes No

Did this meet the needs?

Yes No

Describe: _____

5. If receiving social security funds, is there a rep payee?

Yes No N/A

Did this meet the needs?

Yes No

Describe: _____

6. If receiving VA benefits, is there a VA fiduciary?

Yes No N/A

Did this meet the needs?

Yes No

Describe: _____

7. Is there a special needs or supplemental needs trust established, if appropriate?

Yes No N/A

If yes, did this meet the needs?

Yes No

Describe: _____

8. Is banking or bill-paying assistance being utilized?

Yes No

Did this meet the needs?

Yes No



Describe: _____

9. Has a Power of Attorney been established?

Yes No N/A

Did this meet the needs?

Yes No

Describe: _____

10. Has an authorized representative been named for county benefits?

Yes No N/A

Did this meet the needs?

Yes No

Describe: _____

11. Are there any other less-restrictive means that have been attempted?

Yes No

Did this meet the needs?

Yes No

Describe: _____

