

Suggestions for Application

Practical Tools for Building Connection and Trust

ACTIVE LISTENING

What it means:

Show genuine interest in others' needs and feelings

Tool:

Listen Reflect Respond
<http://bit.ly/46Ioh6q>

Try This:

Summarize what a staff member shares before responding.

PERSPECTIVE-TAKING

What it means:

Step into someone else's experience

Tool:

Empathy Mapping
<https://bit.ly/4mWD3uY>

Try This:

Shadow a teacher, paraprofessional, or student for 30 minutes.

EMOTIONAL SUPPORT

What it means:

Offer compassion and acknowledge struggles.

Tool:

Check In/Check Out
<https://bit.ly/4nRL6e8>

Try This:

Start one staff meeting with a 'How are you really?' round.
End with: 'What can I take off your plate today?'

OPEN DOOR POLICY

What it means:

Create a safe, accessible space for sharing.

Tool:

Anonymous Feedback
<https://bit.ly/4odqs7V>

Try This:

Block 30 minutes on your calendar for drop-in conversations.