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Welcome to the “-ber” months, and October will be here before you know it! Make plans to join us at the Hyatt Regency in Herndon, Virginia, for the ILADS 27th Annual Scientific Conference.

[Register Now](#)[See Speakers](#)



ILADEF Gala Fundraiser: A New Season of Hope!

Join colleagues, friends, and supporters for an inspiring evening featuring cocktails, dinner, auctions, entertainment, and dancing—all benefiting ILADEF's Lyme disease education and research initiatives.

Tickets are \$250 through October 21. Sponsorships and donations are also welcome. Join us for an unforgettable evening of celebration, generosity, and hope!

[Buy Tickets](#)[Auction Items](#)

Save the Date for 2027! 📌

Join us for the **ILADS 28th Annual Scientific Conference**, October 21–24, 2027, at the Bethesda North Marriott Hotel & Conference Center in Bethesda, Maryland. Details are coming in spring 2027.

NOTEWORTHY NEWS

Upcoming Educational Webinars

Free for Members

\$49 for Non-Members



Demystifying Pediatric Terrain

Explore how pediatric terrain, early-life exposures, immune dysfunction, and inflammation may influence complex chronic illness later in life.

Date: Wednesday, September 23, 2026

Time: 7:00 PM ET

Presenters: Somer DeSignore, DNP, BC-PNP, and Christine L. Saba, MD, PharmD

[Register](#)

Case Study Presentations and Discussion

Through real-world cases and clinical discussion, experienced clinicians will share practical insights, treatment considerations, and approaches to caring for patients with complex tick-borne illness.

Date: Wednesday, September 30, 2026

Time: 7:00 PM ET

Presenters: Tania Dempsey, MD, and Nancy O'Hara, MD

[Register](#)

We Asked. Patients Answered.

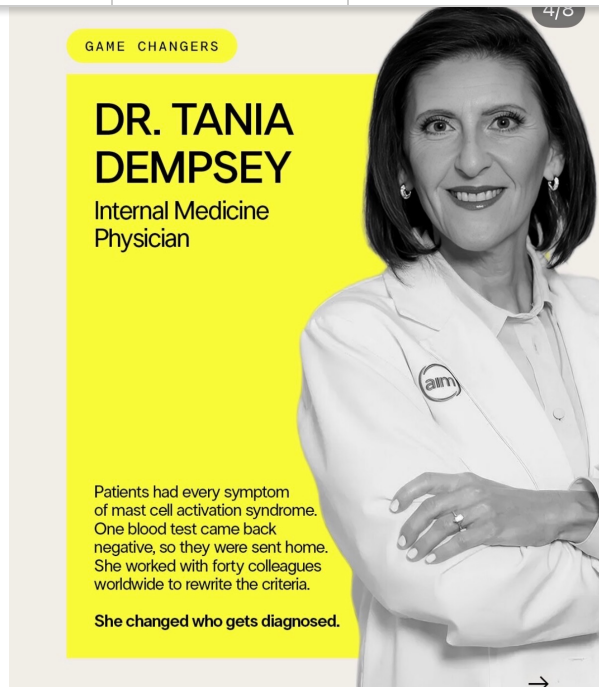
In Collaboration with Moresco PR

This spring, patients across 12 countries and four continents shared their feedback to help ILADS strengthen its communications and community connections.



WE ASKED.
PATIENTS
ANSWERED.

Dr. Tania Dempsey — A Game-Changing Woman



We are proud to share that ILADS Board Member **Tania Dempsey, MD** was featured by Gary Brecka of *The Ultimate Human* as one of six remarkable women who have changed the game.

This recognition celebrates Dr. Dempsey's groundbreaking work, leadership, and dedication to advancing care for patients with complex chronic illnesses.

Congratulations, Dr. Dempsey, on this well-deserved honor!

ILADS Members Leading the Conversation

ILADS members are sharing their expertise on today's most pressing health topics. Explore recent conversations featuring Dr. Tania Dempsey on mast cells and hidden inflammation, Dr. Eboni Cornish on brain longevity and neuroinflammation, and Dr. Amy Offutt on Lyme disease, integrative medicine, and true healing.

[Dr. Tania Dempsey: Mast Cells, Chronic Fatigue, & Hidden Inflammation](#)

[Dr. Eboni Cornish: Brain Longevity, Neuroinflammation, and What Quietly Damages the Brain](#)

[Dr. Amy Offutt: Lyme, Integrative Medicine, and True Healing](#)

MEMBERS' CORNER

Welcome New ILADS Members!

Sava Andreea, MD – Galati, Romania

Amy Berke, MD – Clarkston, Michigan

Cassandra Fugo-Rutale, APRN, MSN – New Windsor, New York

Amy Gibbens, NP – Harrisonville, Missouri

Donna Grather, MSN, NP – Allentown, Pennsylvania

Vanessa Holman, RN – Winslow, Maine

Shawna Hutton, APRN, NP – Allentown, Pennsylvania

Sara Korsunsky, ND – Winnipeg, Canada

Sergio Maldonado, MD, MPH – Puerto Vallarta, Mexico

Christine McGuinness, NP – Allentown, Pennsylvania

Elissa Mendenhall, ND – Walnut Creek, California

Rebecca Metcalf, APRN – Mansfield, Ohio

Aaron Newman, APRN, DC – Brea, California

Emily Stahl, APRN – Wabash, Indiana

Jake Vonfeldt, DC, MS – Fort Myers, Florida

Kyle Warren, DC – Edina, Minnesota

Geniene Wilson, MD, MPH – Woodstock, New York



**DID YOU
KNOW?**

Four Common Lyme Disease Misdiagnoses

- 01** **Fibromyalgia:** Symptoms like widespread pain, fatigue, and brain fog can overlap.
- 02** **ME/CFS:** Persistent exhaustion can make these conditions difficult to distinguish.
- 03** **Depression & Anxiety:** Lyme disease can affect mood, sleep, cognition, and overall mental health.
- 04** **Rheumatoid Arthritis:** Joint pain and inflammation may lead some patients to initially receive an autoimmune diagnosis.

WE APPRECIATE YOUR SUPPORT!

HELP SUPPORT ILADEF, THE FOUNDATION ARM OF
ILADS, WITH A TAX-DEDUCTIBLE DONATION.



DONATE!





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