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UPCOMING EVENTS

MARK YOUR CALENDARS AND SAVE THE DATE!

 **ILADS®**
International Lyme and
Associated Diseases Society

**2026 ILADS
Annual Scientific
Conference**

*Reframing Complex Disease:
Pathways to Treatment*



**EARLY BIRD
DEADLINE:
AUG. 15TH!**

 **October 22 - 25, 2026** |  **Hyatt Regency Dulles, Herndon, VA**

Join us this October at the Hyatt Regency Dulles in Herndon, Virginia, for the 2026 ILADS Annual Scientific Conference. Registration is filling quickly—register by **August 15 to take advantage of Early Bird pricing** and save \$275!

[Register Now](#)[See Speakers](#)

Put Your Research in the Spotlight at ILADS!

Have research, a compelling clinical case, an innovative treatment approach, or an emerging discovery to share? Submit a poster for the 2026 ILADS Annual Scientific Conference and showcase your work to an international community of clinicians and researchers while sparking conversations, collaboration, and new ideas that can advance patient care.

Poster Submission Deadline: **August 31**

[Poster Submission Application](#)



ILADEF Gala Fundraiser: A New Season of Hope!

Enjoy an inspiring evening with colleagues, friends, and supporters featuring a cocktail reception, dinner, silent and live auctions, entertainment, and dancing—all in support of ILADEF's mission to advance Lyme disease education and research.

Tickets are \$250 through October 21, and sponsorship opportunities are available for individuals, practices, organizations, and corporate partners. Can't attend? Donations are also welcome and directly support ILADEF's mission.

We hope you'll join us for an unforgettable evening of celebration, generosity, and hope!

[Buy Tickets](#)

[Gala Poster](#)

[Donation Form](#)

Conference Video Package

Not able to attend in-person? Pre-order the conference videos and save 30% and receive CME! ***(Select the Register button and scroll to the Conference Video Package Option in the Registration screen).***

[Order Conference Videos](#)

ILADS Vector-Borne Illness Fundamentals (Sponsored by the Illinois Lyme Association)

Illinois Lyme Association (ILA) presents Foundations in Tickborne Diseases, a one-day Midwest Regional Medical Conference.

This year's event features the ILADS course, **Vector-Borne Illness Fundamentals**, providing essential clinical education for healthcare professionals **free of charge**.

For complete details on registration, accommodations, and event logistics, please explore the links below:

[Conference Information](#)

[Registration](#)

NOTEWORTHY NEWS

Upcoming Educational Webinars

Free for Members

\$49 for Non-Members



Shaina Cahill, PhD

Exploring Fecal Microbiota Transportation (FMT) in Post-Treatment Lyme Disease Syndrome (PTLDS) and Gut Microbiome-Autoimmunity Connection.

Date: Wednesday, August 26, 2026

Time: 7:00 PM ET

Presenter: Shaina Cahill, PhD

[Register](#)



Somer DelSignore, DNP

Demystifying Pediatric Terrain

Explore how pediatric terrain, early-life exposures, immune dysfunction and inflammation may influence complex chronic illness later in life.

Date: Thursday, September 23, 2026

Time: 7:00 PM ET

Presenters: Somer DelSignore, DNP, BC-PNP and Christine L. Saba, MD, PharmD



Christine Saba, MD

[Register](#)



Tania Dempsey, MD

Case Study Presentations and Discussion

Through real-world cases and clinical discussion, experienced clinicians will share practical insights, treatment considerations, and approaches to caring for patients with complex tick-borne illness.



Nancy, O'Hara, MD

Presenters: Tania Dempsey, MD and Nancy O'Hara, MD

[Register](#)

MEMBERS' CORNER

Member Spotlight

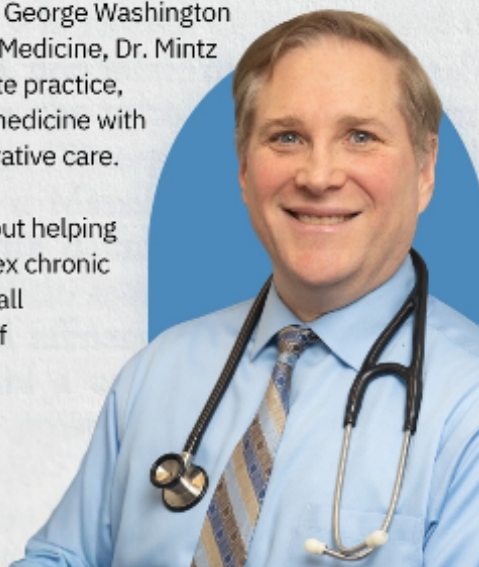


Meet Matthew Mintz *MD, FACP*

Focus: *Internal Medicine, Functional + Integrative Medicine*

After 20 years at the George Washington University School of Medicine, Dr. Mintz transitioned to private practice, combining internal medicine with functional and integrative care.

He is passionate about helping patients with complex chronic illnesses that often fall through the cracks of conventional care.





Did you know your ILADS membership includes access to free courses and webinars?

This month, explore three presentations examining **peptides and peptide therapies**, including their emerging role in supporting immune function, reducing inflammation, promoting healing, and addressing complex chronic illness.

Unlocking the Potential of Peptides

- [Peptide Therapy for Chronic Tick Borne Disease Patients](#)
- [How Peptides Help with Chronic Disease](#)
- [Peptide Therapy in Chronic Complex Illness](#)

WE APPRECIATE YOUR SUPPORT!

HELP SUPPORT ILADEF, THE FOUNDATION ARM OF
ILADS, WITH A TAX-DEDUCTIBLE DONATION.



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4000 Legato Road, Suite 1100, Fairfax, Virginia 22033

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