

2026 ILADS Annual Scientific Conference Agenda

(Subject to change)



Thursday, October 22

Time	Activity
7 AM–6 PM	Registration Open
7–8 AM	Breakfast
8 AM–4:30 PM	Vector-Borne Illness Fundamentals (full day track)
8 AM–4:30 PM	Neuropsychiatric and CNE Manifestations (full day track)
12:30–1:30 PM	Sponsored Lunch Presentation: BlueOakNX Guest speaker: Sundeep Dugar, PhD Session Title: Mitochondria - Central to Health and Healthspan Overview: The role of mitochondria in health is well established, however very little is known about improving mitochondrial function and level effectively. Achieving such an outcome would be a significant contribution for improving patient outcomes. Dr. Dugar will describe the elucidation of the mechanism of exercise induced mitochondria biogenesis and development of a flavanol that mimics this process, present the results of clinical studies in healthy patients and efficacy studies in diabetics with cardiomyopathy, patients with muscular dystrophy and hypertriglyceridemia.
4:30–5:30 PM	ILADS Annual Meeting (open to ILADS members only)
5:30–6:30 PM	Welcome Reception
6:30–8 PM	Fundamentals Dinner – Sponsored by NutraMedix Guest speaker: Teresa Holler, PA

Friday, October 23

Time	Activity
7 AM–6 PM	Registration Open
7–8 AM	Breakfast
8 AM–12:30 PM	Plenary Programming
12:30–1:30 PM	Sponsored Lunch Presentation: 60 Degrees Pharmaceuticals Guest speaker: Geoff Dow, PhD Session Title: Tafenoquine for Babesiosis - A Clinical Development Update Overview: This presentation will provide an update on the tafenoquine clinical development program for Babesiosis, including recent data from ongoing clinical trials. The talk will also highlight how these studies are improving our understanding of the course of Babesia infection and its associated clinical illness.
1:30–5:30 PM	Afternoon Breakout Sessions Afternoon Track 1: Peptides, Immunometabolism & Advanced Therapeutics Afternoon Track 2: Environmental Illness, Mold & Terrain Medicine Afternoon Track 3: Persistent Infection, Co-infections & Diagnostics
5:30–6:30 PM	ND Networking Reception - all NDs are invited

Saturday, October 24

Time	Activity
7 AM–6 PM	Registration Open
7–8 AM	Breakfast
8 AM–12:30 PM	Plenary Programming
12:30–1:30 PM	Sponsored Lunch Presentation: Integrative Peptides Guest speaker: Kent Holtorf, MD Session Title: Stop Beating a Dead Borrelia: Resuscitating the Lyme Patient After the Antibiotics Run Out ^{SEP} Overview: Eradicating the Borrelia spirochete is merely the first, insufficient step in recovery. This lecture redefines chronic tick-borne illness as a severely altered biologic response rather than a persistent infection. We explore this "Lyme-Long-Haul" pathophysiology, detailing the debris-driven activation of toll-like receptor 2 (TLR2), the cell danger response, and aberrant fibroblast growth factor (FGF) signaling. These hijacked pathways are the true drivers of gut chaos, mitochondrial collapse, bystander apoptosis, and multilayer immune exhaustion, ultimately trapping the host in an accelerated biologic aging phenotype. To resuscitate patients, we must pivot from antimicrobial warfare to the use of epigenetic regulators, signaling decoys, and total host resuscitation.
1:30–5:30 PM	Afternoon Breakout Sessions Afternoon Track 1: Pediatrics, Development & Prevention Afternoon Track 2: Mast Cells, Hormones & Reactive Patients Afternoon Track 3: Regenerative, Pain & Integrative Therapies
6–9:30 PM	ILADEF Gala Fundraiser – all attendees are invited. Tickets available for \$250 per person

Sunday, October 25

Time	Activity
7–8 AM	Breakfast
9 AM–12 PM	Putting it All Together Selected case study presentations and group discussion.