



2026 ILADS European Scientific Conference Schedule

Thursday, April 16

Time	Session Description	Speaker
9 AM-5 PM	Registration Open	
12:00-1:30 PM	Lunch and Exhibit Viewing	
1:30-1:35 PM	Welcome Remarks – ILADS President	Steven Harris, MD
1:35-1:45 PM	Introduction to European Vector-Borne Illness	Sigrid Blehle, MD, PhD
1:45-2:00 PM	Borrelia	
2:00-2:25 PM	Bartonella	
2:25-2:50 PM	Babesia	
2:50-3:10 PM	Children and Tick-Borne Illness	Sigrid Blehle, MD, PhD
3:10-3:30 PM	Psychiatric Disorders	Robert Bransfield, MD
3:30-4:00 PM	<i>Break - Exhibits and Poster Viewing</i>	
4:00-4:45 PM	Diagnostics	
4:45-5:15 PM	Therapeutic Strategies	
5:15-5:45 PM	Panel Discussion with Experts	All Speakers
6:00-7:00 PM	Welcome Reception	
7:00-9:00 PM	Dinner at Hotel (<i>included in registration</i>)	

Friday, April 17

Time	Session Description	Speaker
7:00-8:00 AM	Registration and Exhibits Open	
8:00-8:15 AM	Welcome Remarks- ILADS Executive Director	Sarah Quillen, CFRE
8:15-8:45 AM	Mast Cell Targeted Therapy in Patients with Vector-Borne Infections with Metabolic Dysfunction	Tania Dempsey, MD
8:45-9:15 AM	The role of Mast Cell Activation Disorder (MCAD) in Chronic Infection and the Role the Endocrine Systems can have on Mast Cell Reactivity and Ill Health	Clare Ashby, MD
9:15-9:45 AM	An Endocrinologist's Experience of Treating Patients with PoTS, Hypermobility EDS, MCAS - a 10 Year Plus Journey	Abbi Lulsegged, BSc, MB.BS, FRCP
9:45-10:00 AM	Q&A Discussion	
10:00-10:30 AM	<i>Break</i>	
10:30-11:00 AM	Optimizing Peptide and Bioregulator Therapies for Chronic Lyme and Complex Multi-System Disorders	Nafysa Parpia, ND
11:00-11:30 AM	Plasmapheresis as a Tool for Immune Reset and Detoxification in Complex Multi-System Illness	Eric Gordon, MD
11:30 AM-12:00 PM	Principles of Herbal Formulating in Vector-Borne Disease: The Science Behind Herbal Synergism and Anti-resistance Effects for Optimizing Treatment Outcomes Including Case Examples	Lynn Klassen, MD
12:00-12:30 PM	The Wisdom In The Body: Mind-Body Self-Regulation of Autonomic and Limbic System Dysfunction in Vector Borne and Complex Inflammatory Disease	Jacey Goddard, DO
12:30-2:00 PM	<i>Lunch</i>	

Program subject to change

2:00-2:30 PM	Demographic, Clinical and Laboratory Profiles of Patients with COVID-19- Review of Care and Care Outcomes.	John (Jack) Lambert, MD, PhD
2:30-3:00 PM	Lyme, Post Covid/Post Vac and other Chronic Infections. How to Handle it?	Sigrid Blehle, MD, PhD
3:00-3:30 PM	<i>Break</i>	
3:30-4:00 PM	Understanding Long COVID: From Biological Mechanisms to Clinical Care	Binita Kane, MBChB, MSc, PhD
4:00-4:30 PM	Shared and Divergent Cellular Immune Activation Patterns in Long COVID and Suspected Chronic Tick-Borne Infections including Lyme Disease	Athanasios Vergopoulos, MD
4:30-5:00 PM	Q&A Discussion - Panel Discussion led by Dr. Lambert	
6:00-8:00 PM	Dinner at Hotel (included in registration fee)	

Saturday, April 18

Time	Session Description	Speaker
7:00-8:00 AM	Registration and Exhibits Open	
8:00-8:30 AM	Congenital Tick-Borne Infections as Emerging Drivers of Pediatric Autoimmune Encephalopathy and Autism Spectrum Phenotypes: A Systems-Based Diagnostic and Therapeutic Framework	Somer DelSignore, MS, DNP, BC-PNP
8:30-9:00 AM	What Am I Missing in Treating Vector-Borne Diseases? Could It Be Cerebral Folate Deficiency?	Nancy O'Hara, MD, MPH, FAAP
9:00-9:30 AM	Mind the Mitochondria: Why Our Patients Don't Get Better	James Neuenschwander, MD
9:30-10:00 AM	<i>Break</i>	
10:00-10:30 AM	Babesiosis and analysis of the evidence for infection in the UK	Michael Cook, BSc
10:30-11:00 AM	Building a Clinical Diagnosis Model for Machine Learning Analysis.	Marc Shawky, PhD
11:00-11:30 AM	TBD Testing in the UK: Challenges and Opportunities	Gilian Crowther, ND, NT
11:30 AM-12:00 PM	The Laboratory Perspective of 16 Cases: Habitual Abortion due to Lyme and Bartonella - remission and 50%+ Healthy Pregnancy after Therapy	Andras Bozsik, MSc, PhD Candidate
12:00-12:30 PM	Q&A Discussion	
12:30-2:00 PM	<i>Lunch</i>	
2:00-2:30 PM	Poster Presentations	
2:30-3:00 PM		Brigitte Konig, PhD
3:00-3:30 PM	Development of Dual-Platform Biosensors for Early and Multiplex Detection of Lyme Disease	Saba Niaz, PhD
3:30-4:00 PM	<i>Break</i>	
4:00-4:30 PM	A Historical Perspective on Neuropsychiatric Lyme Disease	Rosalie Greenberg, MD
4:30-5:00 PM	Overcoming Controversial Barriers Impeding Progress with Lyme Disease Globally	Robert Bransfield, MD
5:00-5:30 PM	Q&A Discussion	
5:30 PM	Closing Remarks- ILADS President	Steven Harris, MD