



# IDAA

*A Recovery Fellowship for Healthcare Professionals and Their Loved Ones*

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Dr. Malini Madanahalli



Dr. Penny Ziegler

Hello,

We are excited to announce that each week leading up to the 76th Annual Conference in Spokane, WA, we will be highlighting one of our esteemed CE (Continuing Education) speakers! This week, we're thrilled to shine the spotlight on **Penny Ziegler and Malini Madanahalli**, who will be sharing their expertise on **REDI: Racial/Ethnic Equity, Diversity and Inclusion**.

**Penelope "Penny" Proctor Ziegler, M.D.** is a semi-retired addiction psychiatrist who is Medical Director Emerita of Florida's

Professionals Resource Network (PRN). She is also the former executive director of IDAA. She has been medical director of three state physician health programs, and medical director of several addiction treatment programs. She is certified by the American Board of Psychiatry and Neurology in general and addiction psychiatry, and in addiction medicine by the American Board of Addiction Medicine. She is a Distinguished Life Fellow of the American Psychiatric Association.

**Dr. Malini Madanahalli**, originally from Bangalore, India, graduated from

Medical College Bellary before moving to the U.S. in 1993 to pursue a medical career as a Foreign Medical Graduate. After completing her Internal Medicine residency in Youngstown, Ohio, she developed a strong interest in caring for older adults. She moved to the Bay Area, California, in 1999 and began working at the Veterans Administration in Menlo Park, which inspired her to complete a Geriatrics fellowship through the Stanford-VA program. Since then, she has served the elderly in various roles, including at Santa Clara Valley Medical Center and, since 2020, at PAMF Geriatrics, where she focuses on consultative care and skilled nursing facility transitions. Dr. Madanahalli is Board Certified in both Internal Medicine and Geriatrics and is a member of the American Geriatrics Society.

To find out when Dr. Ziegler and Dr. Madanahalli will be presenting as part of our 2025 agenda, [[Click Here](#)].

**The objectives of Penny and Malini's CE presentation are outlined below:**

1. Increase awareness of and recognize disparities in healthcare practice, including examples of systemic racism, impact of bias in workplace and in quality of patient care;
2. Recognize and implement opportunities to address disparities and to promote diversity and inclusion in IDAA and in professional practice;
3. Work with IDAA to improve diversity and inclusion of minorities in membership and in leadership.

Stay tuned as we introduce additional CE speakers in the coming weeks. Our CE credits are approved by the appropriate accrediting bodies and can help you meet licensure and certification requirements. [Click here](#) to see the types of CE credits that are available. Our 2025 CE Accreditation Statement can be found [here](#).

We can't wait to see you at the conference! [Register Here!](#)

Yours in Service,  
Michael M. & Newaj A. - Spokane CE Co-Chairs

Register for  
Spokane

## Get In Touch

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