



IDAA

A Recovery Fellowship for Healthcare Professionals and Their Loved Ones

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Hello,

We are excited to announce that each week leading up to the 76th Annual Conference in Spokane, WA, we will be highlighting one of our esteemed CE (Continuing Education) speakers! This week, we're thrilled to shine the spotlight on **Amanda Janner**, who will be sharing her expertise on **Physical Activity in Substance Use Disorder Treatment**.

Dr. Janner is a licensed psychologist at Florida Recovery Center, where she conducts neuropsychological evaluations with healthcare professionals to make recommendations for safety to practice. She received her bachelor's degree in psychology from the University of Florida. She continued her studies at UF, earning a master's degree in exercise and sport psychology with a focus on eating pathology and body image. She earned her doctorate in psychology from Florida Tech and worked in private practice specializing in substance use, mood disorders, anxiety, and forensic practice before joining FRC. Her research interests include physical activity in recovery, behavioral addictions, and personality pathology.

To learn more about Dr. Janner and find out when he will be presenting as part of our our 2025 agenda, [[Click Here](#)].

The objectives of Dr. Janner's CE presentation are outlined below:

1. Examine the benefits of physical activity as applied to SUD recovery
2. Review the neurobiological bases associated with physical activity and SUD
3. Synthesize the research on practical recommendations for implementation

Stay tuned as we introduce additional CE speakers in the coming weeks. Our CE credits are approved by the appropriate accrediting bodies and can help you meet licensure and certification requirements. [Click here](#) to see the types of CE credits that are available. Our 2025 CE Accreditation Statement can be found [here](#).

We can't wait to see you at the conference! [Register Here!](#)

Yours in Service,
Michael M. & Newaj A. - Spokane CE Co-Chairs

Register for
Spokane

Get In Touch

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