



*A Recovery Fellowship for Healthcare Professionals and Their Loved Ones*

## Mission

The mission of IDAA is to carry the message of recovery to health care professionals and their families.

## Vision

IDAA envisions recovery for all health care professionals and their families impacted by addictive disorders.

## Inclusivity

IDAA envisions Recovery for all health care professionals and their families impacted by addictive disorders. We celebrate Diversity and are committed to Equity and Inclusion of people from all Racial, Ethnic, Cultural, Sexual/Gender and Spiritual identities. Many Recovery Pathways in addition to AA are represented at the IDAA Annual Meeting, Regional Meetings, and on our virtual and email meetings.

## Anonymity

IDAA maintains a secure database, utilizing cutting-edge technology and a state-of-the-art secure server, to store the confidential list of its members. The Executive and Administrative Directors of the IDAA Central Office ensure the protection and privacy of the information used within the organization. No individual member's information is disclosed without explicit written permission. It's important to note that IDAA operates independently and is not affiliated with any disciplinary or licensing entity, state professionals' monitoring program, or government agency.

## Contact Information



### Website



IDAA.org

### Phone Number



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# Who Are We?

IDAA (International Doctors in Alcoholics Anonymous) is a non-profit (501c3) that began in 1949 and is a worldwide organization of healthcare professionals and their families. Our primary purpose is to support each other in our recovery from the disease of addiction.

IDAA strongly supports 12-Step recovery programs and other mutual support groups for individuals and their families.

## Who is Eligible?

Doctoral Healthcare Professionals:

- Physicians
- Dentists
- Psychologists
- Veterinarians
- Physician Assistants
- Pharmacists
- Optometrists
- CRNAs
- ARNPs
- Chiropractors

Family members of those that qualify

## How does IDAA Help?

Preserving community presence and maintaining positive relationships with your medical patients can be challenging while navigating the world of recovery. IDAA provides a confidential, safe environment for members and their families to recover together.

# Experience Membership

Becoming a member of our community opens the door to a wealth of resources and connections, providing unparalleled support on your path to recovery. Here's a glimpse into the benefits:

- **Online Members-Only Portal:** Gain exclusive access to our secure online platform, specifically designed to cater to the needs of IDAA members. Inside, you'll discover a searchable comprehensive meeting list of over 200 meetings, encompassing both virtual and in-person gatherings. This ensures that you have a multitude of options to connect with peers who share your journey.
- **Engaging Bulletin Board:** Our interactive bulletin board serves as a hub for sharing, seeking advice, and fostering a sense of community.
- **Archived Conference Recordings:** Dive into a trove of knowledge and inspiration with access to an extensive collection of recorded sessions from previous conferences. These recordings serve as a wellspring of wisdom, available for you to revisit and draw inspiration from whenever you need it.
- **Email LISTSERVs:** Stay up-to-date and connected with the latest news, updates, and announcements through our exclusive email LISTSERVs. Receive valuable information about upcoming events, relevant resources, and opportunities for personal growth, directly in your inbox.
- **Monthly Speaker Meeting:** A virtual version of the Saturday night banquet at the Annual Conference

# The Annual Conference

One aspect that sets the Annual IDAA Conference apart from others is the invaluable chance to unite with fellow individuals in recovery and their families. This is particularly beneficial for children and teenagers, as they can establish connections with peers who have undergone similar experiences to their own.

The annual conference is designed for both IDAA Members and their families. Programming is vast and includes:

- Daily 12 Step Recovery Meetings
- IDAA Children's Program ages 7-12, Teen ages 13-19, and 20's Programming
- Combination of educational/academic (with CE) and recovery talks
- Presentations by renowned speakers in addiction medicine and recovery.
- Breakout groups by specialty or special interest (ie: anesthesiologists, Cyber-docs, LGBTQ, process addictions)
- Couples groups
- Support for those trying to get back to work, deal with licensing boards, and live with the rigors of monitoring programs.
- Opportunities for service
- 5K Fun Run for the entire family
- The opportunity to explore the different cities we visit
- Conference scholarships open March 1st each year to help support those in financial need

## Does IDAA Provide Treatment?

IDAA does not provide Treatment, Counseling, or Monitoring. Many meeting chairs are willing to confirm attendance at virtual and in-person meetings when asked.