



# IDAA

*A Recovery Fellowship for Healthcare Professionals and Their Loved Ones*

September 2024 Newsletter

[2025 Annual Meeting Information](#)

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## IDAA Recovery News and Updates

September 2024 Newsletter

### Not a member? Join Today!

If you are not a member of IDAA you are missing out on a number of services that are only available to IDAA Members through the **IDAA Member Portal!**

1st Year Discount, use code: *IDAA2024*

Join  
Today



IDAA 2025 - SPOKANE

### IDAA Conference July 9-13, 2025

- Spokane, WA:

- [Register Now](#) (Early Bird Rates!)
- [Spokane Merchandise](#)
- [Lodging Now Open](#)

### IDAA Saturday Speaker Meeting



### IDAA Saturday Speaker Meeting Recording

We're thrilled to share that the recording of our recent Saturday Speaker meeting is now available in the archive section of the members-only portal!

**Speaker:** Jim W.

**Location:** Hudson Valley, NY

**Specialty:** Pharmacist

Don't miss the chance to listen to each speaker's unique experiences, strengths, and the hope. Visit the portal now to access the recording!

[Saturday Speaker Archives \(Click Here\)](#)

*\*Must be logged in to access*



## IDAA Member Compass

Introducing IDAA Member Compass: Your Guide to Exclusive Benefits!

We're excited to announce that the IDAA Members-Only Portal has been renamed the Member Compass! This platform will continue to provide you with access to all the valuable resources exclusively available to our paid members.

### [Member Compass](#)

*\*Must be logged in to access*



## IDAA Ambassador

### **Conference Season is Here!**

Are you planning to attend an upcoming conference? NAADAC? NEPG? AAAP?...

We are seeking IDAA Ambassadors to help spread the message of hope and recovery and IDAA fellowship at upcoming conferences. Please reach out if you are interested or need printed materials, [info@idaa.org](mailto:info@idaa.org).

Already served as an ambassador? Please remember to complete the form ([click here](#)) so we can track where IDAA has been

represented!

[Click Here for Additional Details & Resources!](#)



**An IDAA community of spouses, partners, parents, and children supporting medical professionals with substance use disorder.**

## IDAA Family Recovery Meeting

On behalf of the IDAA Family Recovery representatives, we invite you to join our meeting on **October 22nd at 8 PMEST**. Following the discussion at IDAA's annual meeting in July, we're starting a series of quarterly meetings for our Family Recovery members. More information along with the zoom details will be sent to all current IDAA Family Recovery members.

An email including meeting information will be sent to all Family Recovery Members.

Unsure if you are on the list? Email [info@idaa.org](mailto:info@idaa.org).



## Planned Giving

A planned gift to IDAA can make a lasting impact on our organization's future. Whether it's a bequest, retirement assets, or other charitable gift arrangement, a planned gift provides critical funding to IDAA in the years to come. Learn more on the various planned giving vehicles you can utilize, as well as the tax advantages associated with each vehicle on our website ([click here](#)).



## Whova App: Access ends soon!

Just a quick reminder that access to our 2024 Conference information in the Whova app ends on **October 14th, 2024**. Be sure to download or save any information you might need before then!

## NEPG 2024

November 7-10, 2024  
The Nonantum  
Kennebunkport, ME

46th Annual Meeting



Register for the Conference and Hotel @ [neprofessionalgroup.org](http://neprofessionalgroup.org)

## New England Professional Group Meeting

Join NEPG at The Nonantum in Kennebunkport, ME November 7-10th, 2024 as they walk the path of recovery in the fellowship of friends and colleagues. Conference registration includes snack break, coffee, Friday and Saturday luncheon and Saturday Banquet Buffet.

A limited amount of scholarships are also available. Learn more [here](#).

[Register Here](#)

## IDAA Member Brett K.'s podcast episode with Sober Life Rocks

From the Stigma of Addiction to Power of Community : Dr. Brett Kessler's Journey

Episode Description: The journey of addiction and recovery is often fraught with challenges, not least of which is the stigma attached to admitting there's a problem, especially for professionals in high-stakes careers like dentistry. Sober Life Rocks had the extraordinary honor of welcoming Dr. Brett Kessler,

President-Elect of the American Dental Association, on the Sober Life Rocks podcast where he shared his powerful story of overcoming addiction, the role community played in his recovery, and his mission to support others facing similar battles.

[Listen here](#)



## Forever Sober

We are deeply saddened to share the news of the passing of the following IDAA members:

**John Lichtenstein**

11/13/1944-8/30/2024

**John David Goldberg**

9/30/1948- 9/13/2024

**Donald C. Meek**

10/16/1935-9/15/2024



## Upcoming International and US Meetings:

### October 10-13, 2024

- **British Doctors + Dentists Group (BDDG) – Annual Convention**
- Venue: Denham Grove Hotel, Tilehouse Lane, Denham, Uxbridge, Bucks, UB9 5DG, UK
- [Click Here for Details](#)

### November 7-10, 2024

- **46th Annual New England Professionals Group (NEPG) Conference**
- Venue: The Nonantum, Kennebunkport, ME
- [Click Here for Details](#)

### February 20-23, 2025

- **Western Doctors in Recovery (WDR)**
- Venue: Hyatt in La Jolla
- [Click Here for Details](#)

### June 6-8, 2025

- **28th Annual Australian & NZ Doctors in Recovery Annual Meeting**
- Location: Cairns, Queensland, Australia
- [Click Here for Details](#)



July 9-13, 2025

- **76<sup>th</sup> Annual IDAA Annual Conference – International Doctors in AA**
- Venue: The Davenport Grand - Spokane, Washington
- [Click Here for Details](#)

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## What is IDAA?

IDAA is a nonprofit organization committed to empowering healthcare professionals and their families in their journey to recovery from substance abuse disorder. We connect individuals struggling or in recovery from substance abuse and loved ones to supportive communities, both online and in person. Here, they can find inspiration, strength, and hope as they hear personal stories of recovery from addiction as told by fellow healthcare professionals. To further our mission, we gather annually for a conference, delving into the educational depths of addiction as a disease and providing invaluable spiritual support to one another.

## Get In Touch

### International Doctors in Alcoholics Anonymous

5123 W 98th St., #1110,  
Minneapolis, MN 55437

Contact Us



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**Mission Statement:** The mission of IDAA is to carry the message of recovery to healthcare professionals and their families.

**Vision Statement:** IDAA envisions recovery for all healthcare professionals and their families impacted by addictive disorders.

**IDAA Inclusivity Statement:** IDAA envisions Recovery for all health care professionals and their families impacted by addictive disorders. We celebrate Diversity and are committed to Equity and Inclusion of people from all Racial, Ethnic, Cultural, Sexual/Gender and Spiritual identities. Many Recovery Pathways in addition to AA are represented at the IDAA Annual Meeting, Regional Meetings, and on our virtual and email meetings.

International Doctors in Alcoholics Anonymous | 5123 W 98th St. #1110 | Minneapolis, MN  
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