IDAA A Recovery Fellowship for Healthcare Professionals and Their Loved Ones

October 2026 Newsletter



2027 Annual Meeting Information | Donate Now

IDAA Recovery News and Updates

October 2026 Newsletter

Not a member? Join Today!
If you are not a member of IDAA you are missing out on a number of services that are only available to IDAA Members through the **IDAA Member Compass!**

Save on your first year!
Use promo code: IDAAFIRSTYEAR

Not ready to commit?
Try IDAA free for 60 days!

Join IDAA or Start Your Free Trial

ROAD OF HAPPY DESTINY ORLANDO IDAA 2027

IDAA Conference July 21-25, 2027 - Orlando, FL

- Register Now
- Lodging
- Conference Flyer
- Zoom Conference Background
- Exhibitor and Sponsorship Information

IDAA Saturday Speaker Meeting Recording

We're excited to share that the recording of our recent Saturday Speaker Meeting is now available in the archive section of the Member Compass!

Speaker: Paul P.
Location: Reno, Nevada
Specialty: Internal Medicine



All members and their friends are welcome to join the IDAA Monthly Saturday Speaker Meeting—a wonderful chance to see the heart of our community and learn more about IDAA.

Do you know someone who might benefit from attending next month? **Click Here** for an image with the zoom details you can share with them!

Don't miss the chance to hear inspiring stories of experience, strength, and hope. Visit the portal now to access the recording:
Saturday Speaker Archives (Click Here)**
***Membership required to access*

ROAD OF HAPPY DESTINY
IDAA 2027
ORLANDO

2027 Annual Conference
July 21–25, 2027 | Renaissance Orlando at SeaWorld

Registration is Open!
We look forward to traveling the Road of Happy Destiny together.
Register today and be part of the magic!
***Early bird pricing ends April 30th!*

Exhibitor & Sponsorships Now Open!
Since 2021, IDAA has welcomed organizations and professionals dedicated to healthcare professionals' well-being, including those involved in the treatment, support, and monitoring of substance use disorders, to participate as exhibitors and sponsors at our annual conference.

Interested in exhibiting or sponsoring in Orlando? **[Learn more here]**



Know a physician wellness or well-being program?

IDAA is looking to strengthen connections with physician wellness and well-being programs across hospitals, medical societies, and other healthcare organizations.

Do you know of a wellness committee, physician well-being program, or similar initiative within your hospital, health system, state/local medical society, or professional organization?

Connections:
Information can be shared **[here]**. Even if you don't know the specific contact person, the name of the organization or program is helpful.



Save The Date! Virtual Meeting Of the Members

Mark your calendars! IDAA's 3rd Annual Virtual Meeting of the Members will take place on **Wednesday, February 10, 2027 at 9 PM ET**.

We look forward to bringing our membership together to share organizational updates, reflect on the past year, and look ahead to what's next for IDAA.

Meeting Highlights

Where: All meetings below are accessed through the IDAA Member Compass under the Meeting List tab.
Please note: We recommend signing in a few minutes before the meeting to confirm you can log in and access the Member Compass.
New IDAA members must be approved by Central Office before gaining access to the Member Compass, which includes meeting links. Please allow sufficient time during regular business hours for your membership to be approved prior to the meeting.

NEW! Parenting In Recovery

We're excited to announce a new meeting for parents navigating the unique experience of raising children while in recovery. This meeting is open to parents with children of all ages, from babies through age 18, and will provide a supportive space to connect, share experiences, and learn from one another.

📅 When: First Meeting Sunday, December 6th at 11 AM ET

Monthly Family Recovery Sunday Meeting

This virtual, monthly Family Recovery Meeting offers a supportive space for spouses, parents, and children of medical professionals with substance use disorder to connect, share experiences, and recover together.

📅 When: Third Sunday of every month at 8:00 PM ET

IDAA Singles Meeting

This virtual, weekly recovery meeting offers a welcoming space for health care professionals navigating single life in recovery to connect, share experiences, and support one another through reading and discussion.

📅 When: Every Wednesday at 7:00 PM ET

IDAA Couples Meeting
This virtual, topic-based meeting offers a confidential space for couples to connect, communicate, and learn alongside others who understand the recovery journey.

📅 **When:**4th Wednesday every month at 7:30PM ET

Are you a couple interested in sharing your experience at one of our monthly meetings? **[Click Here]** to sign up!

IDAA Students and Residents Meeting
For many in medical training, recovery can feel like a lonely path — but it doesn't have to be. IDAA hosts a monthly **virtual meeting** designed specifically for **students and residents** who seek support, connection, and community in recovery.

📅 **When:**4th Saturday every month at 8PM ET

Help Us Spread the Word!

Want an easy way to introduce someone to IDAA? Check out our IDAA Pitch Sheet for a quick overview of who we are, what we offer, and how our community supports healthcare professionals and their families.

Feel free to copy the link and share it with anyone who may benefit from learning more about IDAA.

[VIEW & SHARE THE IDAA PITCH SHEET]



IDAA's Upcoming Annual Conferences

July 21-25, 2027
Orlando, FL
Renaissance Orlando at Seaworld

July 26-30, 2028
Portland, OR
Hilton/ Duniway

July 18-22, 2029
Minneapolis, MN

Hilton

2030 - TBD (East Coast)

July 12-20, 2031
Portalnd, OR
Hilton/ Duniway

Other Meetings

NEPG Conference

- November 5-8, 2026
- The Nonantum - Kennebunkport, ME
- **Click Here** for more details

WDR Conference 2026

- February 25-28, 2027
- Palm springs, CA
- **Click Here** for more details

Know of a meeting we should include? Send the details to info@IDAA.org

Support IDAA Through Your DAF

Did you know you can make a meaningful impact on IDAA through your Donor Advised Fund (DAF)? It's an easy way to support our mission while leveraging your existing charitable giving account.

Our DAF partner, Charles Schwab, makes it simple to give:

Team: DAFgiving360
Phone: 1-800-746-6216
Website: DAFgiving360.org

Consider using your DAF to help us continue our mission. Every gift makes a difference!



IDAA
A Recovery Fellowship for Healthcare Professionals and Their Loved Ones

What is IDAA?

IDAA is a nonprofit organization committed to empowering healthcare professionals and their families in their journey to recovery from substance abuse disorder. We connect individuals struggling or in recovery from substance abuse and loved ones to supportive communities, both online and in person. Here, they can find inspiration, strength, and hope as they hear personal stories of recovery from addiction as told by fellow healthcare professionals. To further our mission, we gather annually for a conference, delving into the educational depths of addiction as a disease and providing invaluable spiritual support to one another.

Get In Touch

IDAA
5123 W 98th St., #1110,
Minneapolis, MN 55437
651-299-3452

Contact Us

Mission Statement: The mission of IDAA is to carry the message of recovery to healthcare professionals and their families.

Vision Statement: IDAA envisions recovery for all healthcare professionals and their families impacted by addictive disorders.

IDAA Inclusivity Statement: IDAA envisions Recovery for all health care professionals and their families impacted by addictive disorders. We celebrate Diversity and are committed to Equity and Inclusion of

people from all Racial, Ethnic, Cultural, Sexual/Gender and Spiritual identities. Many Recovery Pathways in addition to AA are represented at the IDAA Annual Meeting, Regional Meetings, and on our virtual and email meetings.

IDAA | 5123 W 98th St. #1110 | Minneapolis, MN 55437 US

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